











# RACE INFORMATION

#### 2023 SOSHANGUVE GREAT RUN RACE

Distance Start Time Cut-off Time Minimum Age 07h00 2.5 hours 14 years fun-run 07h30 1.5 hours All ages All ages

### ENTRY INFORMATION

PRE-ENTRIES: ONLINE - closing date: 11 June 2023 Entries accepted at the following area:

AGN Office (Pilditch Stadium) - Corner Maltzan & Church Streets Pretoria West (012) 327-4930

10km Race = R120 pre-entries and R140 for late entries at the venue 5km Race = R80 pre-entries and R100 for late entries at the venue 1Mile Race = R50 pre-entries and R70 for late entries at the venue

ONLINE ENTRIES: Closing Date: 11 June 2023

Online Entry Link: https://www.entryninja.com/events/79064-soshanguve-great-run

ATHLETES MUST BRING ALONG PROOF OF PAYMENT WHEN COLLECTING THEIR RACE NUMBERS

Entries accepted at the venue: Soshanguve Crossing Mall Corner Ruth First Road & Aubrey Matlakala Str

12, 13, 14, 15 & 16 June 2023 from 14h00 to 17h00

17 June 2023 from 04h00 until 15 minutes before starting time of the races

### RULES & INFORMATION

- 1. All entrants participate at their own risk and their entry indemnifies the organisers (Sohanguve Great Run) of any liabilities or claims. 2. All entrants must wear a valid 2023 license numbers on the back and front (as per the new ASA rules); and race number on the front of the vest.
- All unlicensed athletes of the 10km race must purchase a temporary license number which must be worn on the back.
- 4. The race will take place under the rules of ASA and AGN. Race referees' decisions are final.
- Marshals and traffic official instructions must be obeyed at all times.
  No seconding vehicles on the route will be permitted during the race.
- 7. It is the responsibility of each athlete to ensure that he or she is medically fit and healthy to participate in any of the races.
- All categories may only compete in the age category as entered. The age category must be displayed on the running vest. Walkers should display "W" on the vest and are not allowed to run.
- 9. The race committee reserves the right to accept or reject any entry. No Soshanguve Great Run members will be allowed to participate.
- 11. Tog bag facilities are available and are used at own risk.
- Fast Food and refreshments will be on sale.
- 13. We regret to inform you that, no wheelchair athletes or prams will be allowed due to traffic conditions.
- 15. Sufficient parking available
- 16. Water points at approximately every 3 kms.
- 17 No nets will be allowed
- 18. Entry fees will not be refunded, cancelled or exchanged on account of the weather or unforeseen circumstances beyond the control of the event organisers.

# CONTACT MEMBERS

For any enquiries call: Thabang - 068 175 7706

Lesetja - 076 120 2388

# **ENTRY FORM**

## ENTRY FEES

**10KM** 

Pre-Entry	R 120,00	R 80,00	R 50,00	
Temporary License	R 50,00	N/A	N/A	
Grandmaster	R 80,00	R 40,00	N/A	
Great Grandmaster	Free	Free	N/A	
Name:				
Surname:				
ID No:	Date of Birth:		Age:	
		Cell No:		
E-mail address:				
Athletics Club (in full):				
2023 License No. (if a	pplicable):			
Province:				
□ AGN □ CGA □ Other	r			
Age Category:				
20 - 39 \( \text{ 40 - 49} \) \( \text{ 5} \)	50 - 59 □ 60 <del>-</del> 69 0	□ 70+ □ 80+ □ 15 –	19	
Gender:				
□ Male □ Female				
PAYMENTS:				
□ 10km □ 5km □ 1Mil	le			
Temporary License *(F	R50.00)			
TOTAL AMOUNT:				

5KM Fun Run 1Mile

\*Participants who do no have a 2023 license number must purchase a temporary license for R 50.00 Release and Waiver: In consideration of the acceptance of my entry, I for myself, my executors, heirs, administrators

and assigns, do hereby release and discharge Athletics South Africa, any and all sponsors, Soshanguve Great Run, Clubs, any and all volunteer groups, all medical personnel, any and all local authorities from all claims for injuries, damage or property loss I may suffer caused by the negligence of any of them and arising out of my participation in this event and assume all risks for such participation. I accept all rules, conditions and regulations, which include the terms of payment of the entry fee and will comply with them.

Signature: \_\_\_\_ Signature of Parent / Guardian (if under 18):