

ENTRY FORM 2023



8TH
EDITION

**HARRY GWALA DISTRICT
PRESTIGIOUS**

marathon

hosted by



KWAZULU NATAL ATHLETICS CLUB



**START : R617 HIGHFLATS
FINISHING: UMZIMKHULU COLLEGE**

14 May 2023, Sunday, 06:30 am

STARTING TIMES

42,2 km - 06:30 am

21,1km - 07:00 am

10km - 07:15am



KWAZULU-NATAL PROVINCE
SPORT AND RECREATION
REPUBLIC OF SOUTH AFRICA

PERSONAL INFORMATION					
ID Number			Date of Birth		
Surname			Year	Month	Day
First Name			Gender	Male	Female
E-Mail Address					
Cellphone no.			Passport Number		
Club name in full			License Number		
RESIDENCY					
South African			International		
If not South African- Indicate Country					
Province					
REGISTRATION VENUES					
UBUHLEBEZWE MUNICIPALITY	HARRY GWALA DISTRICT MUNICIPALITY		UMZIMKULU MUNICIPALITY		
T-Shirt	<i>The t-shirts will be provided to the first 1500 entrants of 42.2, 21.1 & 10km races</i>				
HISTORY					
Have you entered before?	Yes	No	Number of races		
MEDICAL INFORMATION					
Do you have any allergies?	Yes	No	Please Specify		
Special medical condition	Yes	No	Please Specify		
Medical Aid	Yes	No	Name	Number	
Emergency contact person	Cell Number		Full Name		
ENTRY FEE					
5 km Fun	R100.00		70 years + (FREE ENTRY)		DISABILITY (FREE ENTRY) Proof required
10km	R250.00				
21.1km	R300.00				
42.2km	R350.00				
Temporary licenses: 10km – R70 21.1km – R90					
<i>Late entries from 1 May 2023 will pay R50 more for each race category</i>					
Total					
DIRECT DEPOSIT			RELEASE AND WAIVER		
<p>Runners may pay their entry fee by DIRECT DEPOSIT into a Capitec Bank and use your ID number as Reference HARRY GWALA DISTRICT MARATHON. P.O. BOX 132 IXOPO 3276</p> <p>Bank Details: BANK: Capitec BRANCH: Pavilion ACCOUNT NUMBER: 1543764345 BRANCH CODE: 470010 Acc. Holder: Eventtiming (KH Bradfield @ 082 5564966) Account Type: Savings</p> <p>Please write your ID number on the slip and attach this to the entry form. WhatsApp your slip with your reference endorsed on it to: 061 5051416 or Fax to 086 6513492</p>			<p>I am in good health, physically fit and have sufficiently trained to participate in this event. I agree to comply with the rules, conditions of entry and regulations for this event which includes the payment of the entry fee. I hereby release and discharge the organizer of the Harry Gwala District Marathon, all staff, consultants, sponsors, volunteer groups, medical personnel, any and all local authorities, from any loss or damage, however caused, arising from my participation in the event, including pre-race and post-race activities.</p> <p>This waiver applies to my executors, heirs, administrators, assigns and myself. I grant permission to the organizers and sponsors, in terms of section 51 of the Electronic Communications Transactions Act 25 of 2002, to use my name, race information and any photographs, video tape, broadcast and/or telecast footage in which I may appear, for whatever use, at no charge.</p>		
			SIGNATURE:		

Race Rules and General Information

1. The race is run strictly in accordance with the rules of WA, ASA and KZN Athletics. Athletes MUST familiarize themselves with these rules.
2. Foreign athletes must comply with WA Rule 4.2, 22.1 & 142, and ASA Rule 9.
3. All participants must be 20 years and older for 42.2km, 16 years and older for the 21.1km, 14 years and older for the 10km and 9 years and older for 5km.
4. All participants must wear the following:
 - a. Their correct club Colours
 - b. Race number on front of vest or crop top
 - c. 2023 Provincial license number on front and back of vest or crop top
5. ASA Approved Age category identification tags (i.e., J, 35, 40, 50 & 60) must be worn on the front and back of your vest or crop top and must be clearly visible in order to qualify for the age category prize.
6. Walkers to display Walker tags.
7. Refreshments tables will be provided, and NO personal seconding will be allowed.
8. Tog bag facility will be provided. Tog bags will be kept at owner's risk.
9. Prize giving will commence at 11h30am
10. Cut-off time for 42.2km run is 12h30.
11. Proof of age will be required for category prize winners.
12. A junior athlete must be 19 years and younger on 31st December in the year of the competition.
13. Athletes MUST obey race officials, Marshals, and Traffic officials.
14. Pacing will not be allowed.
15. Athletes MUST make their own arrangements to Start and Finish.
16. Temporary License holders MUST wear plain color with NO advertising.
17. All Prizes will be held by the Organizer pending receipt of Anti-Doping results from ASA.

The Organizing Club and Sponsors will not be held responsible for any injury/illness occurring during, or as a result of the race or for any loss of property or damage on the course or in the changing area. All athletes must be medically fit and take part entirely at their own risk.

AWARDS & INFORMATION
General Awards

Medals will be awarded to all official finishers who complete the full distance within 6-hour cut-off.

42.2km

Gold Medals First 10 Men and Women Prize Money (42.2km Only)

<u>Position</u>	<u>Open</u>
Position 1	R50 000
Position 2	R30 000
Position 3	R15 000
Position 4	R10 000
Position 5	R8 000
Position 6	R7 000
Position 7	R6 000
Position 8	R 5 000
Position 9	R 4 000
Position 10	R 3 000

Age Category Prizes (42.2km) Men and Women

35 -39 years	Position 1 R1000 Position 2 R800 Position 3 R500
40 -49 years	Position 1 R1000 Position 2 R800 Position 3 R500
50 - 59 years	Position 1 R1000 Position 2 R800 Position 3 R500
60 - 69years	Position 1 R1000 Position 2 R800 Position 3 R500
70 years +	Position 1 R1000 Position 2 R800 Position 3 R500

Harry Gwala District Athlete

The first Harry Gwala District athlete (Male and Female) affiliated with Harry Gwala Clubs to complete the event will each receive R5000. 00 (42.2 km only).

21.1km

Gold Medals First 10 Men and Women

Prize Money (21.1km only)

<u>Position</u>	<u>Open</u>
Position 1	R10 000
Position 2	R 7000
Position 3	R6000
Position 4	R5000
Position 5	R4000
Position 6	R3000
Position 7	R2500
Position 8	R2000
Position 9	R1500
Position 10	R1000

Age Category Prizes (21.1km) Men and Women

Juniors	Position 1 R500 Position 2 R300 Position 3 R200
35 -39 years	Position 1 R500 Position 2 R300
40 -49 years	Position 1 R500 Position 2 R300
50 - 59 years	Position 1 R500 Position 2 R300
60 – 69 years	Position 1 R500 Position 2 R300
70 years +	Position 1 R500 Position 2 R300

RACE WALK – 10km Only
Men and Women

<u>Position</u>	<u>Open</u>
Position 1	R 2000
Position 2	R 1000
Position 3	R 800
Position 4	R 700
Position 5	R 600
Position 6	R 500
Position 7	R 450
Position 8	R 400
Position 9	R 350
Position 10	R 300

10km

Prize Money (10 Km Only)

<u>Position</u>	<u>Open</u>
Position 1	R5 000
Position 2	R3 000
Position 3	R2 000
Position 4	R1 500
Position 5	R 1000
Position 6	R 900
Position 7	R 800
Position 8	R 700
Position 9	R 600
Position 10	R 500

Age Category Prizes (10km) Men and Women

Juniors	Position 1 R500 Position 2 R300 Position 3 R200
35 -39 years	Position 1 R500 Position 2 R300
40 -49 years	Position 1 R500 Position 2 R300
50 - 59 years	Position 1 R500 Position 2 R300
60 – 69 years	Position 1 R500 Position 2 R300
70 years +	Position 1 R500 Position 2 R300

Note: All prizes including prize money, trophies, and/or special medals will only be issued once drug test results have been received and subject to clearance. All prize money is subject to South African tax laws; this may take up to three (3) months to process.

AGE CATEGORIES

An athlete is not eligible for a prize in more than one age category, i.e. an athlete is only eligible for a prize in the age category applicable to him/her or the younger category chosen by him/her down to senior level provided he/she is wearing the relevant age category tag. An athlete, male or female, who finishes the race in first to tenth position, may, however, win his/her position prize as well as any applicable age category prize. Unless you specifically request in writing to HARRY GWALA DISTRICT MARATHON organizers to change your age category to a lower age category, you will be entered in the age category of your chronological age. Appropriate numerical age category tags must be worn on the front and back of the upper body garment. An athlete must provide positive identification to verify proof of age

FURTHER ENQUIRIES:

HARRY GWALA DISTRICT
MARATHON
P.O. Box 6306
IXOPO
3276
Telephone: 068 2177108
Cellphone: 072 948 8779
Email: thembaisaacg@gmail.co.za
Web: www.ubuhlebezwe.gov.za

