



BOKSBURG ATHLETIC CLUB

Boksburg Athletic Club proudly presents the COLGATE ROAD RACE 2023

It's the event to add to your race calendar in preparation for the Comrades Marathon.

We are better than ever before with

Colgate
GOODIE BAGS FILLED TO THE BRIM FOR EACH ENTRANT

This is a CGA approved Race



CENTRAL GAUTENG ATHLETICS



Join us on the 7th of May
at Boksburg Stadium
and show us your
Colgate Smile!



START
15 & 32km
6:30am
5km Fun Run
7:00am

ENTRY FEES

5Km - R100 \ 15km - R200 \ 32km - R300
Grandmaster - R80 \ Great Grandmaster Free

TEMP LICENCE FEES

15km- R60 \ 32km- R80

Race Rules will be available on
Finishtime as well as Entry Ninja

PRIZE MONEY

32km	1st	2nd	3rd
Open men and woman	R1400	R800	R500
Vet men and woman	R900		
Master men and woman	R700		
Grandmaster	R300		
Great Grandmaster	R200		

15KM	1st	2nd	3rd
Junior Boy and girl	R400	R300	R200
Open men and woman	R600	R500	R400
Vet men and woman	R500		
Master men and woman	R300		
Grandmaster	R300		
Great Grandmaster	R200		

Late Entries, on Race Day
is as Follows

5km	R150
15km	R250
32km	R350
Grandmaster	R100
GGM	Free

ENTRIES ARE LIMITED! AVOID DISAPPOINTMENT, ENTER ON ENTRY NINJA TODAY!

www.colgateroadrace.co.za

<https://web.facebook.com/groups/boksburgac>

[#showusyourcolgatesmile](#)

part



IMPORTANT RACE INFORMATION AND RULES OF THE RACE 083 299 1412 RULES, REGULATIONS, RACE INSTRUCTIONS AND INFORMATION

All entrants will participate under the rules of World Athletics, ASA and CGA and it is the athlete's responsibility to familiarize themselves with the rules. The World Athletics and ASA rules can be downloaded from their respective web sites www.worldathletics.org and <https://athleticssa.org.za/ASARules> • In addition to the above there are specific race rules that will be enforced: • By agreeing to enter the event, the runner automatically agrees to abide by the above rules, race rules, and any final instructions issued prior to race day. • Foreign runners whether long stay or visiting must apply for the (new) foreign temporary number and have a specific waiver to complete. For this reason, entry must be made directly through the race office. • Runner must provide a valid mobile number and email address. This will be used exclusively by race organisation for important notices to runners. Please ensure you read and act on each message. These will NOT be used for promotion or marketing and runners. **COMPULSORY ONLINE /INTERNET ENTRIES.** • In order to ensure correct runner data, and particularly those runners applying for Elite / Contender / Good For Age status, only Online entries will be permitted through website www.colgateroadrace.co.za. • Clubs and fellow members are requested to assist club members who do not have access to internet **MINIMUM AGES** • 14 Years for 15km • 20 years for the 32km **ENTRY PROCESS: • ATTENTION IS DRAWN TO THE ASA RULES 7 AND 34.** • The timing is Mat to Mat. • **ATTENTION IS DRAWN TO THE ASA RULES 7 AND 34**• ID documents at number collection will be required to confirm correct age tags. o Where the number is collected by a manager or third party the number will only be issued on production of a certified ID copy.

Goodie bags and T-Shirts will only be handed out with race numbers from 3 May to 6 May. No Goodie bags or T-Shirts will be handed out on Race Day or after the event. • If you are not running, you must still collect your goodie bag and shirt at race number collection.

RACE AND LICENSE NUMBERS: • ANY runner without a) 2023 license or b) failing to wear the necessary Temporary License or c) without the required race number, will be removed prior to the finish line: will **NOT** be provided with a time: will **NOT** receive a medal nor any other finishers items: WILL be reported to both their provincial federation and their club for further disciplinary procedures.

LICENSED RUNNERS: • All licensed entrants must wear valid 2023 license numbers, one on the front & one on the back of their vest in accordance with ASA rule 24. **ONLY** if ASA declare an extension to the 2022 licenses will these be allowed for this race. • The race number issued by the organizers must also be worn on the front of the vest, over the license number however not covering any ASA sponsors. • Contenders will be provided with two numbers: one for the front and one for the back. These numbers have chips and must not be folded in anyway. • In the event you do not have a 2023 license you must purchase and run with a temporary license which will be pinned at all four corners on the back of your vest. Temporary Licenses must be purchased at time of entry.

UNLICENSED RUNNERS • Unlicensed athletes must purchase a temporary license number at time of entry. • Temporary License number must be worn on the back • The race number issued by the organizers must be worn on the front. • Unlicensed runners may only wear plain clothing in accordance with ASA advertising rules.

RACE BEHAVIOUR: • Marshals and traffic officials must be obeyed at all times. Failure to comply with their instructions will lead to immediate disqualification. • Any abusive or threatening action or comments to marshals, traffic officials, or technical officials will result in security removing the runner from the race and a report to both the Provincial federation and the runner's club for additional disciplinary procedures.

• **NO SECONDING OR VEHICLES WILL BE ALLOWED** on the route: • Littering is an offence (rule 28). Do your bit to ensure that the race is litter free. • Regret no wheelchairs, rollerblades, cycles, or mechanically operated device allowed in the races.

• No animals are allowed in the races. • No pushing of prams or other wheeled carrier is allowed. • Failure to wear race and / or relevant license numbers will result in disqualification

• Race pack collection will be held at: **Boksburg City Stadium Jubilee Road Boksburg**. Wednesday the 3rd of May until Saturday the 6th of May from 10am-5pm. Late entries and Race number collection on the day will be from 4:30-6am.

NO GOODIE BAGS will be handed out on race day

• Entrance to the ground will only be as follows: Jubilee Street Boksburg.. • The 5km will start at 7am on at the start of the Boksburg Park run route. **TIMING:** Finishtime will be used to time all events. • The timing chip will be attached to your race number • Please do not fold or bend your race number as this may damage the timing • Please make sure you cross all timing mats and check points. **REFRESHMENT STATIONS / MEDICAL /ROUTE FACILITIES:** • Refreshment stations (+3km) will provide Coke and water. • All tables on the second lap will provide snack and food for marathon runners • Medical facilities are provided at the venue and along the route at waterpoints. **LISTENING DEVICES:** • The race route is **NOT** fully closed to traffic.

For safety reasons, participants are not allowed to use any form of earphones, ear Pods, etc during the race. This excludes hearing aids **FINISH AND MEDICAL:** • The Cut Off's for the 15km and 32km is 5 hours • There are 'No Go Zones' 20 metres before and after the finish line, which are to be kept clear by everyone. These allow medical services to see and assist runners, officials to see runners and allows media to cover the race. Runners must clear these zones as fast as possible. • Selfies may not be taken in the No-Go zones. An official photographer will be taking photos of every runner immediately prior to the finish. • Any doping control or official interaction will occur immediately after the 20m zone • Runners will collect their medal, finishers drink etc in the tent after the No Go Zone. **PRIZE GIVING AND AWARDS:** • The results will be posted with the race announcer and at the technical centre and subject to the World Athletics rule 8.2 • If doping control is actioned at the event, prize money will be paid within 60 days of the results. • The 15km prize giving will be held after 08:30 • The 32km prize giving will be scheduled for after 09:30 **INDEMNITY AND WAIVERS** Athletes indemnify the national, provincial, and regional bodies as well as sponsors and organizers of the race against all or any actions whatsoever nature, whether same may arise out of their participation in the race or otherwise. Entries cannot be refunded, returned, or exchanged on account of weather or unforeseen events occurring beyond the control of the event organizers. I also grant my permission to the Organizers or its agents, in terms of Section 51 of the Electronic Communications Transactions Act 25 of 2002, to use my name, race information and any photographs, video tapes, broadcast and/or telecast footage in which I may appear, for whatever use, at no charge. I confirm that I will abide by all covid regulations, restrictions and instructions put in place by the organizers and understand that the requirements at time of entry may be changed by regulations applied by Government, local authority and / or Athletics South Africa by race date and that the organizers have committed to adhering to all necessary Covid regulations, while trying to minimize the impact on runners and race logistics.

CANCELLATION NOTE: There is no intention of cancellation of this event, but if cancellation is enforced then all fees are non-refundable, and a percentage will be donated to nominated charities