

# BRACKENFELL **HYPER**

Come check out the newly revamped **P n P**

# EASTERNS ATHLETIC CLUB



# 15km

ROAD RACE

# 5km

FAMILY FUN RUN/WALK

## SATURDAY, 20 MAY 2023 -

### 15km Road Race

- Starts: 07h00
- Medals to the first 1 200 finishers
- Cut-off time: 09h40

### 5km Family Fun Run/Walk

- Starts: 07h10
- Medals to the first 300 finishers
- Cut-off time: 09h40

**Children under 12 years, must be accompanied by an adult.**

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## Race Costs

15km Race Athletes  
Licenced  
(Including Juniors) R120  
Unlicenced R170

5km Family Run/Walk R50

## Prize Money

#	JUNIORS	OPEN	40 - 49	50-59	60-69	70+
1 <sup>st</sup>	R400	R1 000	R600	R500	R500	R500
2 <sup>nd</sup>	R300	R600	R450	R350	R350	R350
3 <sup>rd</sup>	R200	R400	R300	R200	R200	R200

## Registration

- Online: [www.webtickets.co.za](http://www.webtickets.co.za)
- **Entries close 17 May 2023**
- Pre-Race number collections on Friday, 19 May 2023 from 13h00 - 18h00 at Brackenfell Hyper, Entrance 3.
- On race day entry from 05h00 at Brackenfell Hyper, Entrance 1.



MEDICROSS  
HEALTH CARE GROUP

Coca-Cola  
Peninsula  
Beverages



WESTERN PROVINCE ATHLETICS

## Race Information

1. Contact Ashley Johnson on 083 546 4520 for any enquiries.
2. Online entries are available at [www.webtickets.co.za](http://www.webtickets.co.za). Once you've confirmed your selection to pay at Pick n Pay and/or their partners during online registration, a 12-digit booking reference number will be displayed on screen. Present this booking reference to the cashier when making your payment.
3. In store entries are available at Pick n Pay, Pick n Pay Clothing, Pick n Pay Liquor and BP Express Stores.
4. To view the stores where you can enter for the 15km and 5km events please visit <http://www.webtickets.co.za/pnpoutlets.aspx>, email [info@webtickets.co.za](mailto:info@webtickets.co.za) or WhatsApp Webtickets at +27721371226 (no additional cost).
5. Collection of online entries will be available on Friday 19 May 2023 from 13h00 – 18h00 at Brackenfell Hyper entrance 3. Entries will also be available for purchase at entrance 3 on Friday 19 May 2023. Collection of online entries can be collected on the day of the race and entries will be available for purchase at entrance 1 from 05h00 and card facilities will be available.
6. The 15km race starts at 07h00 at Brackenfell Hyper's parking area and ends at Brackenfell Hyper's parking area.
7. The 5km family fun run/walk starts at 07h10 at Brackenfell Hyper's parking area and ends at Brackenfell Hyper's parking area.
8. Tog bag facilities will be available on the day. Please note this service provided will be at the runners' own risk. Organisers (and all their affiliates) will not be held responsible for any loss or damages. Do not leave valuables or cash in your bag.
9. Entry fee for licensed athletes (including juniors) is R120.
10. Entry fee for unlicensed athletes R120 + R50 (for a temporary license).
11. Entry fee for the Family fun run/walk is R50.
12. Entry fees are non-refundable.
13. Social walkers are welcome to participate. Walkers to start at the back and to keep to the side of the road.

## Entry Rules

1. The race is run according to the rules of ASA and WPA.
2. Runners are to obey traffic officers, race marshals and race officials at all times.
3. Participants in the 15km race must be 15 years or older on the day of the race.
4. No personal seconding permitted except at official refreshment stations.
5. The cut-off time is 09h40 (the 15km time limit is 2 hours 40 minutes).
6. Licensed runners should run in their official club clothing and a valid 2023 license should be worn on the front and back of their vest. If licensed runners don't have their license number, a temporary license should be purchased and worn on the back of their vest.
7. Unlicensed runners should purchase a temporary license in addition to their entry fee. The temporary license must be worn on the back of their vest/t-shirt and the race number on the front of their vest/t-shirt. Upon registration, temporary license holders must complete and hand in the tear off strip from the number to be eligible to compete.
8. Age category (including juniors) tags must be worn on the front and back of runners' vests (and be visible for the entire race) to be eligible for any age category prizes.
9. Temporary license holders must wear plain clothing with no visible advertising.
10. Race numbers will be issued and must be worn on the front of the vest, partially covering the ASA license, so that the ASA license sponsor remains visible.
11. The use of music players with headphones will not be allowed and may result in disqualification.
12. Runners to carry their entry cards throughout the race and handed in at the finish.
13. Water and Powerade sachets will be available along the route and at the finish.
14. Prize giving will commence shortly after 09h45.
15. Participants in this event take part at their own risk and release and discharge the organisers, sponsors (and all their affiliates), provincial and national athletic bodies and all persons assisting in staging this event from any responsibility, liability or costs relating to any injury, loss or damage of whatever nature, however caused, directly or indirectly from their participation in the event.
16. The organisers (and all persons assisting), sponsors, landlord and its employees (and all their affiliates), agents, representatives, contractors, managers, WPA or any other persons acting under the landlord's control (collectively called 'the owner') shall not be responsible or liable for any claim, loss or damage arising or suffered by any person participating in the event. Including but not limited to personal injury or death, or any harm caused to/by any person, any damages, loss or destruction of any person arising from negligence by the owner, theft or from any other cause whatsoever.
17. Do not litter. Please dispose of sachets and cups in a responsible manner by using the boxes provided or by carrying them to the finish line. Please report any offenders to the race referees. #RunClean #CarryYourOwn.
18. Athletes in wheelchairs must please contact the organisers timeously to discuss arrangement of their participation.
19. Detailed rules are available at the WPA office, [www.wpa.org.za](http://www.wpa.org.za) or upon request from the organisers.

## Prizes

1. In addition to the open prizes, participants will only be eligible for an age category prize in the age category they enter.
2. Corresponding numerical age category tags must be worn on the front and back of the runners' club vests.
3. Participants may enter in the age category corresponding to their chronological age or any age category younger down to senior.
4. Temporary licensed participants are eligible for age category prizes provided they enter the relevant age group, wear the appropriate age tags and provide proof of age.
5. Junior runners born 2004 or later must display age tags and provide proof of age.
6. Licensed athletes must wear a valid 2023 license on the front and back of their vest and the race number on the front of their vest.
7. Unlicensed athletes must wear the race number on the front of their vest/t-shirt and a valid temporary license on the back of their vest/t-shirt.

**Please DO NOT leave any valuables in your car!**

# BRACKENFELL HYPER



**Coca-Cola** Peninsula Beverages

