

RULES

- Race held in accordance with WA, ASA and KZNA rules.
- All Provinces are required to enter athletes based on the respective individual provincial qualifying times and standards.
- The license number may be covered with the competition issued number.
- Both provincial licenses MUST be worn on the upper part of the vest /crop top (front and back)
- Please bring proof of payment when collecting race number.
- Post hydration provided.
- Tog bag facilities will be provided - use of them is at participant's own risk (race officials / organizers are not liable for loss of personal belongings)
- All participants must wear ASA-approved licences and relevant age category tags on the upper part of vest / crop top (front and back) to qualify for prizes.
- All relevant age categories must be clearly visible.
- No refunds
- No pacing permitted
- Club kit to be worn
- Participants must obey Marshalls, traffic officials, and race officials.
- All foreign / international athletes must comply with WA rules 4.2, 22.1, 142 and ASA rule 9
- All International athletes to buy and wear temporary licences at the back of their race shirts and race number on the front, failure to do so will result in automatic disqualification.
- International Athletes not representing a local club must wear neutral colours i.e. (white/black/ grey)
- 10km participants must be from 14 years of age / 21.1km participants must be from 16 years of age / 42.2km participants must be from 20 years of age and above.
- Please note, Only athletes who are of age 19 years and younger on the the 31st December 2023 are eligible for a junior prize.
- Proof of ID required for prize giving.
- All prize winners must be present at the prize giving ceremony, failure to attend prize giving ceremony will result in forfeiture of prize money.



2023

26 FEB

START CITY HALL FINISH MSUNDUZI ATHLETICS STADIUM PMB

RUN
42.2KM

05:00 AM

RUN
21.1KM

05:00 AM

RUN
10KM

07:00 AM

FOR FURTHER INFOR VISIT: <http://www.capitalcity42.co.za/> OR SCAN QR CODE

ENTRY DETAILS




ENTRIES ARE NOW OPEN

EARLY BIRD ENTRIES CLOSE 18 FEB 2023

Make sure to enter early to get your race t-shirt at registration.

Late entries do not qualify to receive race t-shirts.

To enter please visit: www.webtickets.co.za or visit your nearest 

Athletes with their own private vehicles must please park their vehicles at the designated parking areas at the finish venue and walk to the start venue.

Medals will be awarded to all race finishers.

10 000 permitted participants will be allowed to enter the race.

For more Info: Siphwe Ngcobo 063 185 3447 / email: info@capitalcity42.co.za





ENTRY FEES

RUN
42.2KM

R350

Plus
8%
Admin Fee

RUN
21.1KM

R250

Plus
8%
Admin Fee

RUN
10KM

R190

Plus
8%
Admin Fee

TEMP LICENCE

R100

R80

R60

THE R100.00 FOR THE 42.2KM TEMPORARY LICENCE ONLY APPLIES TO ELITE / INTERNATIONAL ATHLETES

Please Note: An 8% admin fee of **R17.50** will be included on the entry fee **Per Athlete** which is payable on the website: www.webtickets.co.za using the provincial drop down menu.

Please Note: All entry fees will be the same for early & late entries. Early entrants are guaranteed a free race t-shirt at registration. Unfortunately late entrants will miss out on getting a race t-shirt.

Entries **ARE NOW OPEN** and will close on **Saturday 18th Feb 2023** or once entry limits have been reached.

REGISTRATION

Entrants must collect their race numbers from **Msunduzi Athletics Stadium** between **10am & 6pm on Friday 24** or **Saturday 25th Feb 2023** between **9am & 5pm**, no collection on raceday.

PRIZES

42.2KM
MEN / FEMALE

21.1KM
MEN / FEMALE

10KM
MEN / FEMALE

OPEN
1ST **R10 000**
2ND **R5 000**
3RD **R2 500**

35 - 39
1ST **R500**
2ND **R300**
3RD **R200**

40 - 49
1ST **R500**
2ND **R300**
3RD **R200**

50 - 59
1ST **R500**
2ND **R300**
3RD **R200**

60 +
1ST **R500**
2ND **R300**
3RD **R200**

OPEN
1ST **R2500**
2ND **R1500**
3RD **R1000**

35 - 39
1ST **R500**
2ND **R300**

40 - 49
1ST **R500**
2ND **R300**

50 - 59
1ST **R500**
2ND **R300**

60 +
1ST **R500**
2ND **R300**

JUNIOR
1ST **R500**
2ND **R300**

OPEN
1ST **R1500**
2ND **R1000**
3RD **R750**

35 - 39
1ST **R500**

40 - 49
1ST **R500**

50 - 59
1ST **R500**

60 +
1ST **R500**

JUNIOR
1ST **R500**

CUT-OFF TIME

Marathon participants who have not passed the half marathon turn in by 3 hours 15 minutes (9:15) will not be allowed to continue but may complete the half marathon until the 4 hours' time limit. Participants who have not completed 21.1km by the 4hrs will be called off the road.

10KM - 10:00am (3 hours)

21,1KM - 08:30am (3:30 hours)

42,2KM - 11:00am (6 hours)

MARATHON

1. 24 km mark by 4 hours (9am)

2. 27 km mark by 4 hours & 30 minutes (9:30am)

3. 31 km mark by 5 hours (10am)

4. 36 km mark by 5 hours and 30 minutes (10:30am)

5. 42,2 km mark by 6 hours (11am)

INDEMNITY

I acknowledge that any payments not honored by my bank will render me liable for any costs incurred as well as disqualifying me from participation. I'm medically fit to run and fully understand that I now enter at my own risk and indemnify race sponsors and organizers against any claim which may arise from my participation.

Race Director

Siphiwe Ngcobo

Cell: **063 185 3447**

Email: info@capitalcity42.co.za

SCAN QR CODE



Or Visit our website

www.capitalcity42.co.za

