

# Gate Rite<sup>®</sup>

Cash & Carry

154 Wick Street • Verulam  
(Opposite the Market, Next to the Mosque)



# CHALLENGE

## 17TH SEPTEMBER 2023

## SUNDAY

## 6:30am

## 10km RUN / WALK

## 21.1 km RUN

NEW

# VENUE

ALERT

START **MOUNTVIEW SECONDARY SCHOOL** FINISH

1 Russom Street, Verulam

## VERULAM ATHLETIC CLUB

**FIRST 1000 ONLINE ENTRIES FOR 10 & 21.1KM WILL RECEIVE A T-SHIRT & MEDAL**

### RACE INFORMATION:

START & FINISH: MOUNTVIEW SECONDARY SCHOOL  
START TIME: 21.1KM / 10KM 6H30

### ENTRIES:

ONLINE ENTRIES OPEN 15TH AUGUST TO 13TH SEPTEMBER 2023

ENTER AT: <https://WWW.WEBTICKETS.CO.ZA>  
<https://WWW.FINISHTIME.CO.ZA>

LATE ENTRY [CASH ONLY] AT MOUNTVIEW SECONDARY SCHOOL 1 RUSSOM STREET, VERULAM

### ENTRY FEE:

10KM RUN/WALK: **R160**  
LATE ENTRY **R180**  
TEMPORARY LICENSE **R50**

21.1KM RUN: **R180**  
LATE ENTRY **R200**  
TEMPORARY LICENSE **R80**

RACE NUMBER COLLECTION:  
MOUNTVIEW SECONDARY SCHOOL

SATURDAY 16TH SEPTEMBER 2023 **13H00 TILL 17H00**  
SUNDAY 17TH SEPTEMBER 2023 **05H30 TILL 06H30**

# VERULAM ATHLETIC CLUB

## ENTRY FORM:

FULL NAME:   
 ID/PASSPORT NUMBER:   
 CONTACT NUMBER:   
 CLUB:  PROVINCE:   
 ASA NUMBER:  TEMPORARY LICENSE REQUIRED: YES  NO

RACE EVENT:  21.1km  10km RUN  10km WALK

AGE CATEGORY:  JUNIOR  OPEN  35-39  40-49  50-59  60+

PRIZE MONEY	21.1km RUN					10km	
	OPEN	35-39	40-49	50-59	60+	WALK/RUN	JUNIOR
	MALE/FEMALE	MALE/FEMALE	MALE/FEMALE	MALE/FEMALE	MALE/FEMALE	MALE/FEMALE	MALE/FEMALE
<b>1st</b>	R1000	R400	R400	R400	R300	R500	R500
<b>2nd</b>	R700						
<b>3rd</b>	R450						

QUERIES CONTACT: 0837836363/0828042420 EMAIL: anaicker@yahoo.com

## RACE RULES & INFORMATION:

\* The Race Will Be Run In Accordance With The Rules Of WA,ASA & KZNA And All Participants To Abide By These Rules.

\* All foreign athletes must comply with WA competition Rule 1.7 and ASA Rule 9.

\* Refreshments will be provided along the route and no personal seconding will be permitted.

\* Runners & walkers to obey all marshalls,traffic and technical officials

\* Age restriction:21.1km-participants must be 16 years and older on race day/10km-participants must be 14 years and older on race day.

\* Proof of age will be required for age category winners.

\* ASA/KZNA approved age category tag and walker tags must be worn on top front and back of vest/crop top to be eligible for age category prizes.

\* ENTRY FEES ARE NON REFUNDABLE

\* Cut off time 4hours

\* Prize giving:10km 8h30

:21.1km 9h30

\* ASA license number: organisers/athletes may not replace ASA license number with competition/race number/stickers under any circumstances.Where a competition/race number is used,it must be placed so that the ASA license sponsor and the asa province/year remains visible above the competition/race number.The license numerals may be covered.Athletes who fail to adhere to this rules may be disqualified.

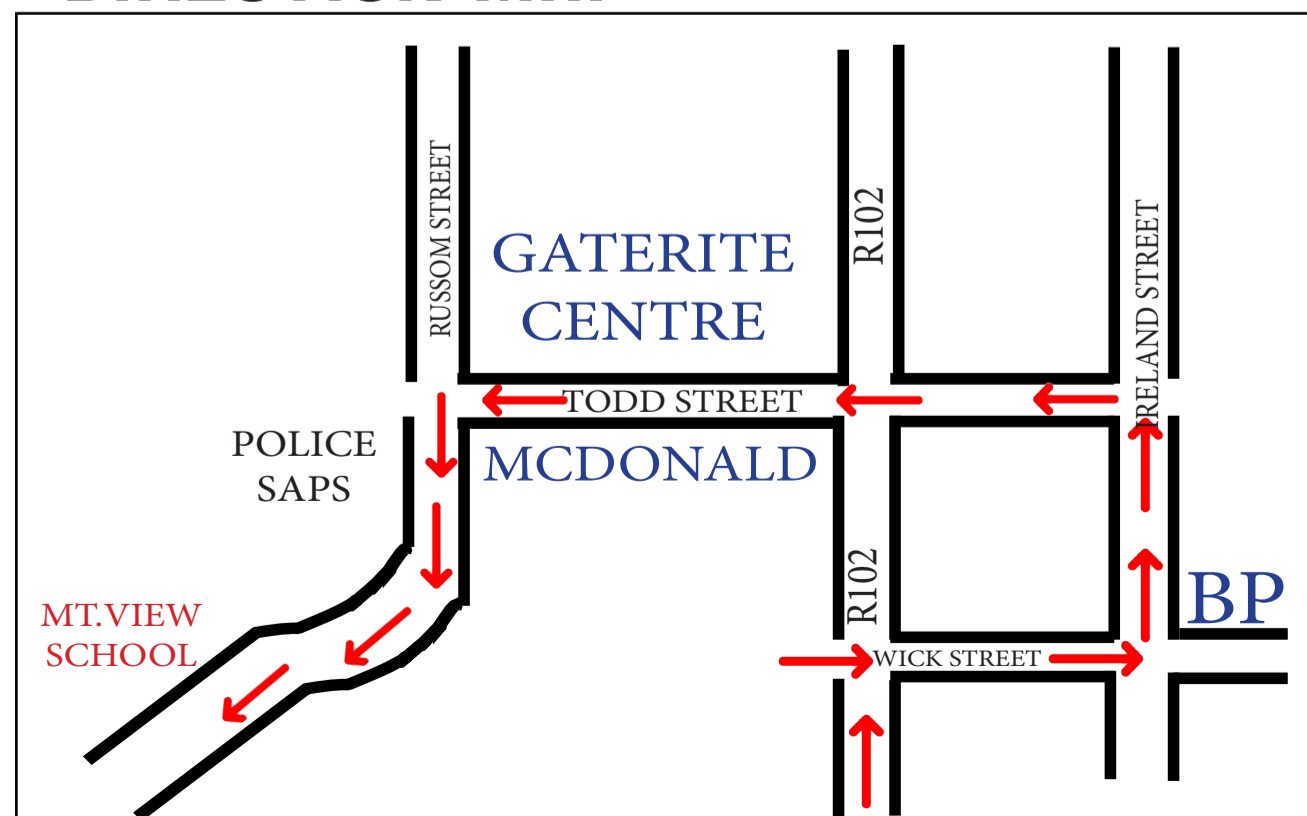
\* TEMPORARY LICENSES:temporary licensed athletes are not covered by a national insurance policy.Refer to ASA Rule 25.6.15.

\* Unregistered athletes running with temporary licenses must run in neutral colours and adhere to WA and ASA advertising rules.

\* Holders of temporary licenses will be eligible for individual prizes and may claim age category prizes in keeping with WA and ASA Rule 25.6.13.

\* junior athletes, 19 years or younger on 31 December in the year of the competition,must wear a "J" on the upper front and back of vest/crop top in order to be eligible for prizes and must provide proof of age on race day.

## DIRECTION MAP



*Coca-Cola*



KWAZULU NATAL ATHLETICS