

21.1KM, 10KM & 4.8KM FUN RUN

BETHAL 2-IN-1

27 APRIL 2023

HOSTED BY

BETHAL MARATHON CLUB



MARIETJIE VAN NIEKERK SCHOOL

Market Ave, New Bethal East, Bethal



07:00 - 21.1KM & 10KM

07:30 - 4.8KM MOOV'N FUN RUN SERIES



FUN RUN - R40

10KM - R90

21KM - R190

TEMP LIC - R40

ENTRIES FROM 05:30

RUNNERS OF BETHAL MARATHON CLUB
MAY NOT PARTICIPATE ON RACE DAY:
MEMBERS RACE DATE WILL COMMUNICATED

ENQUIRIES:

PIETER BOTES

017 647 5315 | 082 920 7555



THANK YOU BETHAL CPF
FOR OUR SAFETY ON ROUTE



MOOV'N

FUN RUN SERIES

REFEREES DECISION IS FINAL

- Obey all Traffic Officials and Race Marshals.
- The race will be run according to the rules of ASA, WORLD ATHLETICS (WA) & AMPU House rules. No seconding will be allowed. No pacing of any kind.
- Ages: Athletes for 10km must be 14 years or older on the day of the race.
Athletes for 21.1km must be 16 years or older on the day of the race
Proof of age (ID) to be produced upon request on day of race.
- All athletes will participate at their own risk.
- Registered athletes must wear full club colours.
- 2023 license numbers on the front and back of the vest.
- Temporary license at the front on the vest.
- Remember to complete the Temporary license tear off slip immediately and hand it back to the organizer.
- Age category ID tags must be clearly displayed for the duration of the event (back and front) by athletes competing
for a category prize AND must be fixed on all 4 corners and not be covered by rain jacket or any shirt.
- Asa logo on the license numbers must not be covered with any paper race numbers /race bib.
- This is a close competition for runners, walkers with a fix "W" welcome.
- Category winners must be present at the prize giving ceremony or make prior arrangements to collect award, failing to do so the athlete will forfeit his/her prize money.
- No Tag bag area available
- Any foreign athlete must have a confirmation letter or permit from their Sport Federation required under WA Rule 4 from taking part in the event.
- **NO LITTERING, please make use of waste boxes on the route - PLEASE RUN CLEAN.**
- **ALL PARTICIPANTS MUST TAKE NOTE THAT PHOTOGRAPHS MIGHT BE TAKEN AT THE EVENT AND PLACED ON SOCIAL MEDIA.**
- The use of any type of earphones is not allowed on this race and will lead to disqualification.

ATHLETES PARTICIPATE AT THEIR OWN RISK, CLUB WILL NOT BE HELD RESPONSIBLE FOR ANY INJURIES OCCURRED DURING THE RACE

PRIZE MONEY	Category	10 Km Male/Female	21 Km Male/Female
	Overall winner	R400	R800
	Overall second	R300	R500
	Overall third	R200	R300
	First (40+)	R150	R200
	First (50+)	R150	R200
	First (60+)	R150	R200

I declare that I run at my own risk and indemnify the organizers / sponsors of any responsibility for injuries or loss.

Athletes, entering for this event, and use medication to treat an illness or condition which fall under the PROHIBITED LIST, should complete a THERAPEUTIC USE EXEMPTION (TUE) form before entering for the event and obtain authorisation from SAIDS to take the needed medicine or method.



MEDALS
TO ALL FINISHERS
UNDER 3 HOURS

