

*Cross the line!*

HALF MARATHON

**SUNDAY, 16 APRIL 2023**

**FOOD LOVER'S MARKET, BOKSBURG**

*Limited entries!!*

**21.1KM, 10KM & 5KM**

**PHYSICAL AND VIRTUAL RACES**

**FOOD LOVER'S MARKET**



# RACE DETAILS

## PHYSICAL ADDRESS

Food Lover's Market, Corner Northrand & Goodman Rd, Beyers Park, Boksburg

Medals are not included in the entry fee, and can be purchased if wanted.

Pacing charts are available at [www.www.crosstheline.co.za](http://www.www.crosstheline.co.za)

Substitutions/upgrades/downgrades carry an administration fee of R60

## START TIMES & TIMING

**21.1km & 10km**      **6:00am**  
**5km**                      **6:15am**

Timing will be done by Peak Timing. Your timing chip will be built into your race number. No external timing chip will be required.

**Race cutoff: 9:00am. Prize giving: 8:00am.**

## RACE PACK COLLECTION

14<sup>th</sup> & 15<sup>th</sup> April | 12:00pm to 15:00pm | Food Lovers Market, Boksburg  
16<sup>th</sup> April | from 4:30am | Food Lovers Market, Boksburg  
**(NOTE: Numbers can be collected on race day, but shirts will only be handed out on 14 and 15 April at Food Lovers Market)**

Virtual run participants will receive the same benefits as physical entrants. They may collect their tshirts at the race venue on 14 or 15 April 2023, or a courier service can be used. If they have chosen to buy a medal, they will be able to collect it after the race from the information desk.

## ENTRIES

- **NO ENTRIES WILL BE DONE AT FOOD LOVERS MARKET**
- **Running High Store**  
Shop 5 Bedford Arcade,  
57 Van Buuren Road, 2007,  
Bedfordview Extensions
- **The Sweatshop Dunkeld**  
West Centre, Jan Smuts Avenue  
011 325 2567/8
- **Enter online at**  
[www.crosstheline.co.za](http://www.crosstheline.co.za)

Online entrants must provide a copy of the entry and proof of payment when collecting their race number

## PRIZE MONEY (Male & Female)

21.1km	Open	40-49	50-59	GM 60+
1 <sup>st</sup>	R1000	R500	R300	R300
2 <sup>nd</sup>	R500	R300	R250	-
3 <sup>rd</sup>	R300	R300	R250	-
10km	Open	40-49	50-59	GM 60+
1 <sup>st</sup>	R500	R250	R250	R200
2 <sup>nd</sup>	R250	R200	R200	-
3 <sup>rd</sup>	R250	R200	R200	-

Online entries close  
31 March 2023, or when  
entries sell out

## ENTRY FEES

Race medals are not included in the entry fee.

Late entry  
(from 1 April)

21.1km	R260	R300
10km	R240	R260
5km	R100	R150
Temp License	R100	R100
Medal	R25	R25

## SHIRT INFO

Long Sleeve moisture management t-shirts will be given to the first 800 entrants in the 10km & 21km events (combined)

(Your allocated race number does not indicate your time of entry)

\* Please request your t-shirt size on the tear-off entry form on the opposite page. We will endeavour to supply requested sizes but cannot guarantee size or fit. T-shirts will NOT be exchanged on race day \*

## T-SHIRT COLLECTION

Your race number will indicate whether or not you qualified for a moisture management long sleeve t-shirt. Shirt fittings will not be allowed.



# CUT OFF TIME

All participants must finish within 3:00 hours (9:00am)

There will be marshalls and Metro Police officers on the route. Please note that traffic will have right of way, and all rules of the road must be strictly adhered to.

## PARKING

There is limited parking available at Builder's Warehouse, and in the field behind Food Lover's Market. Please try to carpool with other runners, and arrive early to assist with congestion.

## GAZEBO SETUP

No gazebos allowed at the finish venue. Clubs are encouraged to support runners along the route.

# DIFFERENT NAME....SAME QUALITY

The *Cross Your Line Half Marathon* was previously known as the *Birchwood Half Marathon*. Sadly, the covid pandemic proved particularly hard for the hospitality industry, and the Birchwood Hotel was not immune to necessary cut backs and adjustments in order to survive. As a result, the hotel is not in a position to host the race this year. As we begin this new running journey, we thank the Birchwood Hotel for their commitment to our race and the high level of excellence they have always put forth.

## WHAT TO EXPECT IN 2023

The same route, hospitality and extreme quality that you have become used to will still be present at the new *Cross The Line Half Marathon*. You will just find it a few hundred metres down the road at the Food Lover's Market complex, Corner Northrand & Goodman Rd, Beyers Park, Boksburg. Food Lover's Market have partnered with us to ensure that our runners experience the best possible race, and we can't wait to have you all line up on the 16th of April.

FOOD LOVER'S  
MARKET



# RULES & REGULATIONS

1. Runners must wear their event race number with disposable chip to get results.
2. The race is held under the rules of ASA and CGA.
3. All athletes participate at their own risk & acknowledge by entering the event that they are medically fit to participate. All athletes must supply the name and contact number of their next of kin during the entry process.
4. The minimum age for entry is 16 years old on race day.
5. No littering on route and anyone found to be littering may be disqualified.
6. All athletes must wear the event race number provided on the front of their vests and must ensure the title sponsor on the provincial licence is clearly visible.
7. Licenced athletes must:
  - belong to a club affiliated to ASA
  - wear their club colours
  - wear their 2023 licence number on the front & back of their vests or purchase a temporary license
8. Licenced athletes not wearing their club colours may face disqualification.
9. Unlicensed athletes must buy a temporary

- licence at registration and wear plain clothing with the temporary license on the back of their vests.
10. Athletes indemnify national, provincial and regional bodies, sponsors and organisers of the race against all and any actions of whatsoever nature that may occur during the race.
  11. No seconding or bicycles are allowed along the route. Ample refreshment stations are provided.
  12. No blades, cycles, scooters or mechanically operated devices.
  13. No 2, 3 or 4 wheel carts/prams that are mechanically or manually operated by participants, or wheelchair athletes will be permitted to participate without special permission from the race organiser.
  14. We regret that athletes are not allowed to participate with pets..
  15. No refunds. Should live events be cancelled due to circumstances beyond our control, physical entries will automatically be changed to a virtual entry.
  16. Foreign athletes are not allowed to run with an ASA Provincial licence and are required to purchase a temporary licence or face disqualification. (Refer to IAAF rule 4.)

17. Foreign athletes are not allowed to run in club colours unless such club exists in their country of origin or they are in possession of a refugee status permit or are naturalised citizens of RSA. (Refer to IAAF rule 4.)
18. No duplicate of lost numbers will be issued.
19. Copy of ID is required at registration.
20. No earphones allowed and contravention of IAAF rule 144.2b, may lead to disqualification.
21. It's illegal to run with another athlete's race number and all athletes found to be in contravention of this rule will be reported to CGA and their respective club.
22. No athlete may participate in our race without buying an official entry and if found in contravention of this rule, will be liable for all late entry penalties with habitual offenders will be reported to CGA and their respective club.
23. All instructions from traffic & race officials/ marshals must be obeyed at all times.
24. The race organiser retains the right to refuse entry and eject persons under the influence of drugs or alcohol, who are disorderly, or engage in inappropriate behaviour, vandalism or evade paying for admission.

## ENQUIRIES

Kate Wood (Race director)

082 903 9722 | kate@multiplicitysa.co.za

Carol Wallace (Organiser)

082 886 2898 | carol@multiplicitysa.co.za

ENTER AT [WWW.CROSSTHELINE.CO.ZA](http://WWW.CROSSTHELINE.CO.ZA)

# Cross The Line!

PERSONAL INFORMATION										
ID/PASSPORT NUMBER:										
SURNAME								DATE OF BIRTH		
FIRST NAME								XXXX/XX/XX		
EMAIL ADDRESS		GENDER		MALE		FEMALE				
CELLPHONE NUMBER										
CLUB NAME						CLUB NUMBER				
PAYMENT										
21.1km	R260	X	10km	R240	X	5km	R100	X		
Temp License		R100		X		Medal		R25		X
T-SHIRT SIZE	S		M		L		XL		XXL	
	X		X		X		X		X	

## RACE PACK COLLECTION RELEASE & WAIVER

I am in good health, physically fit and have sufficiently trained to participate in this event. I agree to comply with the rules, conditions of the entry and regulations for this event which includes the payment of the entry fee. Participants in the Cross The Line Half Marathon ("the Event") acknowledge that although all precautions have been taken by the organising body, there may be dangers inherent in participating in the Event. Participants voluntarily assume such risks and waive all claim of whatsoever nature and howsoever arising in relation to the Event against any parties, including but not limited to the organising body, sponsors, advertisers, local authorities, directors, employees and suppliers of these parties and any individual, marshal or agent ("the Parties").

Participants irrevocably agree to and consent to their photograph being used to market and/or publicise the Event by the Event organisers. The participants further agree to receive marketing material from the Parties and indemnify the Parties against any liabilities or claims of any nature whatsoever and howsoever arising (whether directly or indirectly, whether from negligence, albeit gross and/or from involvement in or passage to or from the Event), including but not limited to liability or delay, inconvenience, expenses sustained, incurred or put to by participants and/or by any minor child under the care or control of participants.

Parents or guardians authorising a minor's participation in the Event hereby consent to such a minor not being capable of waiving his/her rights as stipulated above. Please note: We are fully within our rights to say entries cannot be refunded, cancelled, returned or exchanged on account of the weather or unforeseen events occurring beyond the control of the event organisers.

If an athlete can't participate, they may allow another athlete to use their number, but must provide a letter confirming the substitution, as well as a copy of their ID. An admin fee of R100 is charged for substitutions, to be paid in cash. Substitutions can only be made at race number collection (excluding race morning) using the original race number

## PAYMENT & ENTRY OPTIONS

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**Virtual race participants will be able to collect their shirts during this time as well. Anyone who has purchased a medal can collect it from the information desk after the race.**

**Substitutions, upgrades or downgrades on 14 & 15 April ONLY. Administration fee of R100**

SIGNATURE

DATE