

CORRECTIONAL SERVICES 10KM - ST ALBANS, PORT ELIZABETH - 2023/03/25

POS	LIC NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
1	1836	XOLISA	NDLUMBINI	VUKANI	M	40	40-44M	0.31.49	5
2	2211	SICELO	MASHABA	MADIBAZ	M	22	SM	0.33.07	5
3	5085	PATRIDGE	CHIMWENDO	TEMP	M	20	SM	0.33.26	0
4	1458	GEORGE	NTSHILIZA	NEDBANK	M	43	40-44M	0.33.53	5
5	1768	THULANI	MDLALO	TRANSNET	M	38	35-39M	0.34.21	5
6	401	BONGANI	BANDA	CHILLIE	M	23	SM	0.34.39	5
7	854	SIBUSISO	THU	NEDBANK	M	35	35-39M	0.35.52	5
8	865	MNCEDI	KHANTI	NEDBANK	M	43	40-44M	0.36.18	5
9	1443	DENYS	WOLMARANS	NEDBANK	M	44	40-44M	0.36.28	5
10	1806	BATHANDWA	MOOI	VUKANI	M	38	35-39M	0.36.41	5
11	5086	BRYN	DUGMORE	TEMP	M	19	JM	0.37.28	0
12	2255	XOLISA	KULA	SIBALEKA	M	33	SM	0.37.39	4
13	1082	PAUL	WOLFF	ACH	M	54	50-54M	0.37.58	5
14	1255	ERROL	WHITTAL	ELITEAC	M	47	45-49M	0.38.02	5
15	5097	DALLIAN	OERSON	TEMP	M	16	JM	0.38.02	0
16	20040	REECE	FREEMAN	ACT AC	M	15	JM	0.38.03	3
17	426	ONATHI	STUURMAN	CHILLIE	M	24	SM	0.38.03	3
18	999	GRAHAM	ESHMADE	CHARLO	M	45	45-49M	0.38.30	5
19	1925	SIYANDA	PETER	SIBALEKA	M	34	SM	0.38.35	3
20	565	SEBASTIAN	KLEU	RUN4C	M	47	45-49M	0.38.40	5
21	1642	NICO	SMITH	MADIBA	M	37	35-39M	0.38.45	4
22	1398	MUTEKILE	RASMENI	NEDBANK	M	58	55-59M	0.38.52	5
23	1436	NTSIKELELO	SEBE	NEDBANK	M	40	40-44M	0.38.54	4
24	20540	RAY	BRUINTJIES	MADIBA	M	19	JM	0.38.54	3
25	1707	DAMIAN	OLIVER	GELVAN	M	32	SM	0.38.59	3
26	157	STANTON	FREEMAN	ACT AC	M	45	45-49M	0.39.04	5
27	1216	WESSEL	WOLMARANS	ELITEAC	M	45	45-49M	0.39.08	5
28	1658	ANNALISE	SCHOLTZ	MADIBA	F	40	40-44F	0.39.19	5
29	1752	LWAZI	MDUNYA	TRANSNET	M	37	35-39M	0.39.27	3
30	20081	Avon	Williams	CSEP	M	14	JM	0.39.28	3
31	20086	Henrico	Louw	CSEP	M	14	JM	0.39.38	3
32	52196	BONGOLETHU	TAWO	CSBOR	M	39	35-39M	0.39.48	0
33	993	THEMBEKILE	MSIPA	CHARLO	M	48	45-49M	0.40.05	5
34	1340	WELCOME	LOLIWE	NEDBANK	M	58	55-59M	0.40.08	5
35	1465	HENRY	CRAUSE	NEDBANK	M	40	40-44M	0.40.10	4
36	5996	TINASHE	MUMBIRE	REALGIJ	M	40	40-44M	0.40.25	0
37	1359	THEMBINKOSI	HAMBIYANI	NEDBANK	M	51	50-54M	0.40.37	5
38	1046	JEMAIN	WILSON	XCEL	M	35	35-39M	0.40.38	3
39	217	SAPHO	NKATA	CSEP	M	45	45-49M	0.40.47	4
40	20136	VUSEKANI	NOMTSHATSHO	CHILLIE	M	19	JM	0.41.11	3
41	20228	Sivenathi	Sodladla	SIBALEKA	M	16	JM	0.41.12	3
42	20091	LUTHO	MGATIWA	CSEP	M	17	JM	0.41.16	3
43	858	INGE	WILLIAMS	NEDBANK	F	33	SF	0.41.22	4
44	411	SIYABONGA	ZULU	CHILLIE	M	41	40-44M	0.41.26	3
45	1055	Kaitlyn	Wolff	ACH	F	20	SF	0.41.31	4
46	20550	RONAN	VAN DER VAART	ACH	M	17	JM	0.41.32	3
47	5655	LEBOHANG	SENTI	TEMP	M	36	35-39M	0.41.40	0
48	898	PATRIC	MAKWENKWE	CHARLO	M	56	55-59M	0.41.40	5
49	1397	THEMBINKOSI	MDYOGOLO	NEDBANK	M	54	50-54M	0.41.54	5
50	931	ANDILE	NYOKA	CHARLO	M	50	50-54M	0.42.05	4
51	301	IAN	PATTERSON	MUIRITE	M	59	55-59M	0.42.12	5
52	834	VUYISILE	SIMAYILE	NEDBANK	M	36	35-39M	0.42.13	3
53	1639	VANDRE	NEL	MADIBA	M	38	35-39M	0.42.19	3
54	1516	THERESA	BUCHNER	32GI	F	37	35-39F	0.42.28	4
55	2243	THOBELA	NTAMO	DESPATCH	M	37	35-39M	0.42.31	3
56	1859	KESETSELEMANG	THAGAKANE	HOLLYWOO	M	39	35-39M	0.42.34	3
57	5223	ABONGILE	PHILLIP	TEMP	M	30	SM	0.42.35	0
58	878	DANE	CRONJE	CHARLO	F	25	SF	0.42.37	3
59	625	ROBIN	LAKE	ASPEN	M	33	SM	0.42.43	2
60	547	DANNY	SAULS	RUN4C	M	36	35-39M	0.43.01	2
61	1748	RICHARD	RAMATSASA	GELVAN	M	47	45-49M	0.43.02	3
62	1526	CANDICE	RICHARDS	32GI	F	30	SF	0.43.09	3
63	706	STEPHEN	MCCARTHY	CRUSADE	M	62	60-64M	0.43.18	5

64	545	RUHAN	VAN RENSBURG	RUN4C	M	31	SM	0.43.27	2
65	1221	TERRAY	POTHIER	ELITEAC	F	32	SF	0.43.30	3
66	1803	ABELANG	MOSWEU	VUKANI	M	38	35-39M	0.43.34	2
67	1441	MARTIN	JANSEN	NEDBANK	M	54	50-54M	0.43.37	3
68	203	NDODOMZI	TAKANE	CSEP	M	40	40-44M	0.43.42	2
69	1847	MHLENGI	MAHLABA	HOLLYWOO	M	31	SM	0.43.43	2
70	1457	RICHARD	MAZUNGULA	NEDBANK	M	46	45-49M	0.43.45	3
71	1416	CHRISTINE	CLAASEN	NEDBANK	F	58	55-59F	0.43.47	5
72	1637	CHARL	MEISTRE	MADIBA	M	38	35-39M	0.43.48	2
73	323	CLIVE	VAN RAYNER	MUIRITE	M	55	55-59M	0.43.50	5
74	985	CHRISTOFF	PUREN	CHARLO	M	32	SM	0.43.55	2
75	5231	BRUCE	LE GRANGE	TEMP	M	30	SM	0.44.02	0
76	1569	NEEVRA	BELLINGAN	DESPATCH	F	36	35-39F	0.44.03	3
77	957	PIERRE	RENSHAW	CHARLO	M	49	45-49M	0.44.03	3
78	51411	THAMSANQA	JACK	KHULANI	M	46	45-49M	0.44.04	0
79	554	PETRUS	RADEMEYER	RUN4C	M	48	45-49M	0.44.06	3
80	1957	HENRY	PIENAAR	BLUEBAY	M	51	50-54M	0.44.11	3
81	264	BUYILE	NTSHIKILA	TINARHA	M	60	60-64M	0.44.13	5
82	1810	XOLANI	NTEYI	VUKANI	M	44	40-44M	0.44.21	2
83	890	SIMPHIWE	BLOU	CHARLO	M	50	50-54M	0.44.22	3
84	380	MBOLEKWA	MAYILA	IKHAMVA	M	43	40-44M	0.44.28	2
85	20456	DANIEL	KRUGER	SCHOOL	M	15	JM	0.44.30	2
86	1405	NTOMBESINTU	MFUNZI	NEDBANK	F	41	40-44F	0.44.31	4
87	1385	KOOS	OLIVIER	NEDBANK	M	65	65-69M	0.44.36	5
88	1334	SUZETTE	VICTOR	NEDBANK	F	52	50-54F	0.44.36	5
89	1235	PHILLIP	KEMP	ELITEAC	M	40	40-44M	0.44.43	2
90	1822	MZWANELE	NQOQO	VUKANI	M	45	45-49M	0.44.46	3
91	5235	STEYN	WILLIAMS	TEMP	M	23	SM	0.44.51	0
92	1754	FREEK	DANIELS	TRANSNET	M	56	55-59M	0.45.08	4
93	1761	SLULAMI	JACK	TRANSNET	M	47	45-49M	0.45.14	2
94	189	SIVIWE	MOYAKE	CSEP	M	51	50-54M	0.45.19	3
95	919	KELVIN	JOOSTE	CHARLO	M	36	35-39M	0.45.25	2
96	1431	GIDEON	MENGO	NEDBANK	M	45	45-49M	0.45.38	2
97	20412	LUKE	CLOTZ	SCHOOL	M	18	JM	0.45.39	2
98	619	BRETT	HOLMES	ASPEN	M	48	45-49M	0.45.42	2
99	360	LUVUYO	BANGAZI	IKHAMVA	M	46	45-49M	0.45.46	2
100	1621	CHARL	DE LANGE	MADIBA	M	38	35-39M	0.45.48	2
101	20083	Abigail	Van der berg	CSEP	F	17	JF	0.45.53	2
102	1263	KAHN	LANGFORD	VWAC	M	44	40-44M	0.45.59	2
103	1033	SALWYN	DENNIS	XCEL	M	45	45-49M	0.46.09	2
104	5084	JUSTIN	KIGHTLEY	TEMP	M	51	50-54M	0.46.11	0
105	948	THOMAS	MARAIS	CHARLO	M	36	35-39M	0.46.18	2
106	263	LINDIKHAYA	NTEYI	TINARHA	M	43	40-44M	0.46.22	2
107	1027	SIYABONGA	PANDLE	XCEL	M	54	50-54M	0.46.26	3
108	2209	FREDAH	NCUBE	MADIBAZ	F	40	40-44F	0.46.27	3
109	5242	ALEXANDER	DALEMAN	TEMP	M	23	SM	0.46.31	0
110	1370	WERNER	MEYER	NEDBANK	M	49	45-49M	0.46.32	2
111	555	BURNITA	STRYDOM	RUN4C	F	54	50-54F	0.46.43	5
112	978	CHRISTOPHER	AYERST	CHARLO	M	55	55-59M	0.46.43	3
113	1083	ALAN	TAYLOR	ACH	M	65	65-69M	0.46.50	5
114	869	NKOSIPHENDULE	NGCOZA	NEDBANK	M	26	SM	0.47.04	2
115	1566	RUAN	WELGEMOED	DESPATCH	M	28	SM	0.47.08	2
116	1782	SERGEI	BENJAMIN	VUKANI	M	36	35-39M	0.47.18	2
117	1256	JANINE	WHITTAL	ELITEAC	F	41	40-44F	0.47.21	3
118	1626	GERRIT	FYVER	MADIBA	M	38	35-39M	0.47.28	2
119	1907	SONWABISO	JIKA-JIKA	SIBALEKA	M	37	35-39M	0.47.30	2
120	5653	BRANDON	VAN RENSBURG	TEMP	M	21	SM	0.47.33	0
121	283	LORENZO	SAMUELS	MUIRITE	M	38	35-39M	0.47.34	2
122	1035	JEROME	MAY	XCEL	M	56	55-59M	0.47.36	3
123	20414	CARLA	CLOTZ	SCHOOL	F	16	JF	0.47.52	2
124	952	CINDY	MARAIS	CHARLO	F	45	45-49F	0.47.55	3
125	893	HISHAAN	BHANA	CHARLO	M	26	SM	0.47.57	2
126	1666	Julia	Hofart	MADIBA	F	39	35-39F	0.47.59	2
127	551	RODGER	GYSMAN	RUN4C	M	49	45-49M	0.48.04	2
128	1282	SEBASTIAN	HAARHOFF	VWAC	M	45	45-49M	0.48.06	2

129	1360	SITHEMBILE	MPAKO	NEDBANK	M	62	60-64M	0.48.10	3
130	922	Sherwin	Plaatjies	CHARLO	M	42	40-44M	0.48.27	2
131	188	Lulama	Tanatu	CSEP	M	43	40-44M	0.48.39	2
132	1081	MICHELLE	REED	ACH	F	37	35-39F	0.48.41	2
133	584	BRENDON	SLABBERT	RUN4C	M	27	SM	0.48.46	2
134	564	GAVIN	SILLS	RUN4C	M	49	45-49M	0.48.47	2
135	2126	LUTHANDO	NDZAMBO	MADIBAZ	M	39	35-39M	0.48.48	2
136	1711	JACOBUS	JULIUS	GELVAN	M	48	45-49M	0.48.52	2
137	508	OLWETHU	BOMVANA	MOTHER	F	36	35-39F	0.49.00	2
138	455	JODI	PIENAAR	WALMER	M	29	SM	0.49.07	2
139	50	MICHAEL	DEKKER	SAPPE	M	50	50-54M	0.49.08	2
140	277	DE WET	WILLIAMS	MUIRITE	M	61	60-64M	0.49.11	3
141	857	GEORGINA	DAVIDSON	NEDBANK	F	20	SF	0.49.14	2
142	1010	JAN	VAN EEDEN	NEDBANK	M	64	60-64M	0.49.14	3
143	86	WAYNE	MARAI	INFINITY	M	37	35-39M	0.49.17	2
144	1954	LEONARD	CONRADIE	BLUEBAY	M	68	65-69M	0.49.18	3
145	556	ARTHUR	WILLIAMS	RUN4C	M	60	60-64M	0.49.19	3
146	1597	EDVIN	DONLEY	DESPATCH	M	45	45-49M	0.49.23	2
147	883	LINDI	VAN TONDER	CHARLO	F	45	45-49F	0.49.24	3
148	1001	AMANDA	SHAW	BODYCON	F	58	55-59F	0.49.27	5
149	913	ZENE	GERBER	CHARLO	F	21	SF	0.49.28	2
150	914	ETIENNE	GERBER	CHARLO	M	53	50-54M	0.49.29	2
151	1018	IVO	MEYER	BODYCON	M	48	45-49M	0.49.29	2
152	1233	CURT	ROBERTS	ELITEAC	M	38	35-39M	0.49.30	2
153	982	PRISHEN	RYAN	CHARLO	M	32	SM	0.49.30	1
154	765	LESLIE	FERREIRA	CRUSADE	M	27	SM	0.49.37	1
155	1922	Sinethemba	Ngabase	SIBALEKA	M	20	JM	0.49.40	1
156	1614	ISCHKE	LAMBRECHTS	DESPATCH	F	39	35-39F	0.49.41	2
157	1554	HELGARD	POTGIETER	DESPATCH	M	51	50-54M	0.49.41	2
158	867	BONGANI	NDZOMBANE	NEDBANK	M	47	45-49M	0.49.44	2
159	5656	THULANI	VENGE	TEMP	M	43	40-44M	0.49.45	0
160	1031	CHESTER	BROOKS	XCEL	M	65	65-69M	0.49.46	3
161	637	MARK	GODDARD	ASPEN	M	26	SM	0.49.47	1
162	634	JO-ANNE	FORSON	ASPEN	F	35	35-39F	0.49.48	2
163	1250	PETER	VAN RENSBURG	ELITEAC	M	64	60-64M	0.49.54	2
164	1212	EDMUND	DRAKE	ELITEAC	M	32	SM	0.49.56	1
165	980	CLINTON	SMITH	CHARLO	M	37	35-39M	0.49.57	2
166	944	DISEMBA	BLOU	CHARLO	M	64	60-64M	0.50.01	2
167	1827	NDABA	NDZOMBANE	VUKANI	M	62	60-64M	0.50.05	2
168	278	CATHY	CURTAIN	MUIRITE	F	52	50-54F	0.50.05	3
169	1420	GRAEME	TING CHONG	NEDBANK	M	54	50-54M	0.50.22	2
170	771	SUNE	DIEDERICKS	CRUSADE	F	52	50-54F	0.50.32	3
171	1592	BENNIE	THYSSE	DESPATCH	M	65	65-69M	0.50.38	3
172	32	LUVUYO	CAMAGU	PEAAC	M	32	SM	0.50.40	1
173	91	DENZIL	KOOPMAN	INFINITY	M	52	50-54M	0.50.46	2
174	1693	GILROY	DOMINGO	GELVAN	M	50	50-54M	0.50.53	2
175	1378	THEMBELANI	MABONGO	NEDBANK	M	45	45-49M	0.50.57	2
176	5238	SHEZELLE	VAN WYK	TEMP	F	18	JF	0.51.12	0
177	1258	MARTIN	LANGLEY	ELITEAC	M	43	40-44M	0.51.14	1
178	1267	ANAND	NAIDOO	VWAC	M	53	50-54M	0.51.40	2
179	1236	STEPHEN	KLUE	ELITEAC	M	64	60-64M	0.51.43	2
180	435	NKOSINATHI	CLAY	CHILLIE	M	58	55-59M	0.51.44	2
181	1481	WAYNE	SCHOLTZ	32GI	M	42	40-44M	0.51.47	1
182	1623	SUSAN	ALCOCK	MADIBA	F	57	55-59F	0.51.49	3
183	50964	KHUNJULWA	MGOLODELA	REALGIJ	F	36	35-39F	0.51.53	0
184	1575	LESLEY-ANN	BUSH	DESPATCH	F	50	50-54F	0.51.57	2
185	1588	JACQUES	BOTHA	DESPATCH	M	48	45-49M	0.51.58	1
186	934	RYAN	BURTON	CHARLO	M	38	35-39M	0.52.04	1
187	1448	THELMA	MCOPELO	NEDBANK	F	40	40-44F	0.52.12	2
188	1527	WILMA	MEYER	32GI	F	45	45-49F	0.52.17	2
189	1512	CHARL	GERBER	32GI	M	46	45-49M	0.52.18	1
190	1777	JAMAL	ASANI	VUKANI	M	36	35-39M	0.52.21	1
191	1203	ANNEMIE	DU TOIT	ELITEAC	F	38	35-39F	0.52.41	1
192	926	TREVOR	VAN RENSBURG	CHARLO	M	70	70+M	0.52.42	2
193	327	ELWIN	WOODS	MUIRITE	M	59	55-59M	0.52.47	2

194	20508	Arney	Mc Carthy	GELVAN	M	17	JM	0.52.49	1
195	20507	GIFT	RAMATSASA	GELVAN	M	19	JM	0.52.49	1
196	1680	JANI	DEYZEL	MADIBA	F	29	SF	0.52.51	1
197	801	DEON	ENGELBRECHT	NMBAC	M	55	55-59M	0.53.04	2
198	1656	SCHOOMBEE	PRETORIUS	MADIBA	M	65	65-69M	0.53.08	2
199	20222	Yedwa	Blouw	SIBALEKA	M	16	JM	0.53.10	1
200	915	LUCA	LA MONICA	CHARLO	M	22	SM	0.53.14	1
201	5093	RICHARD	KUNNEKE	TEMP	M	51	50-54M	0.53.16	0
202	1214	BENITA	GERBER	ELITEAC	F	58	55-59F	0.53.24	2
203	967	MIKE	BURGER	CHARLO	M	63	60-64M	0.53.25	2
204	1201	CATHY	ALLERS	ELITEAC	F	61	60-64F	0.53.29	3
205	1224	SHAUN	NEL	ELITEAC	M	48	45-49M	0.53.30	1
206	428	THABISO	SETHUOA	CHILLIE	M	33	SM	0.53.47	1
207	975	ROBERTO	ARDUINI	CHARLO	M	37	35-39M	0.53.48	1
208	633	DAVID	NEL	ASPEN	M	35	35-39M	0.53.49	1
209	187	SIMO	NDYOKO	CSEP	M	41	40-44M	0.53.53	1
210	1225	SUSANNA	KEMP	ELITEAC	F	39	35-39F	0.54.12	1
211	52212	NOTHEMBA	GENU	CSBOR	F	27	SF	0.54.13	0
212	1301	DESTIN	SAUER	VWAC	M	41	40-44M	0.54.22	1
213	930	IMKE	SMIT	CHARLO	F	34	SF	0.54.30	1
214	741	MARGARET	LLOYD	CRUSADE	F	59	55-59F	0.54.32	2
215	781	YENZILE	MDODANA	NMBAC	F	31	SF	0.54.36	1
216	1671	LEON	GROENEWALD	MADIBA	M	56	55-59M	0.54.37	1
217	750	PIETER	ROUX	CRUSADE	M	68	65-69M	0.54.39	2
218	1208	CHRISTINE	BIRD	ELITEAC	F	51	50-54F	0.54.40	2
219	1555	LYDIA	POTGIETER	DESPATCH	F	48	45-49F	0.54.42	2
220	5236	JEREMY	SCOTT	TEMP	M	51	50-54M	0.54.43	0
221	1429	RIKA	TERBLANCHE	NEDBANK	F	45	45-49F	0.54.52	1
222	1567	JACOBUS	WYATT	DESPATCH	M	59	55-59M	0.54.53	1
223	5246	IVAN	MOSES	TEMP	M	60	60-64M	0.54.58	0
224	705	OCTAVIA	BOSHOFF	CRUSADE	F	53	50-54F	0.54.59	2
225	745	KATHLEEN	FLANAGAN	CRUSADE	F	37	35-39F	0.54.59	1
226	1160	JANENE	OOSTHUIZEN	JBAY	F	44	40-44F	0.55.03	1
227	618	KELLY	HOLMES	ASPEN	F	46	45-49F	0.55.08	1
228	1007	JANETTE	SCHIERZ-CRUSIUS	BODYCON	F	62	60-64F	0.55.10	2
229	961	LARA	VAN HEERDEN	CHARLO	F	47	45-49F	0.55.13	1
230	1234	DEWALD	DEYSEL	ELITEAC	M	40	40-44M	0.55.14	1
231	50495	MANDABANDILE	MASIZA	CSBOR	M	56	55-59M	0.55.28	0
232	1995	YOLANDIE	LANDMAN	PROFILES	F	47	45-49F	0.55.29	1
233	1115	ANNE	WALLIS	ACH	F	41	40-44F	0.55.45	1
234	389	WALTER	ZIMBEVA	SPAREC	M	43	40-44M	0.55.45	1
235	2272	MONDLI	MTHEMBU	BODYCON	M	26	SM	0.55.47	1
236	1008	VERONICA	SMITH	BODYCON	F	56	55-59F	0.55.48	2
237	1285	EUGENE	MAC GEAR	VWAC	M	54	50-54M	0.55.51	1
238	1935	XENOPHON	FERREIRA	BLUEBAY	M	61	60-64M	0.55.54	1
239	990	KIM	VENTER	CHARLO	F	38	35-39F	0.55.55	1
240	1227	CLAUDETTE	LE ROUX	ELITEAC	F	38	35-39F	0.55.57	1
241	1264	LAVINIA	PIETERSE	VWAC	F	48	45-49F	0.55.58	1
242	285	VANESSA	COETZEE	MUIRITE	F	46	45-49F	0.56.00	1
243	1594	ADELE	JANSE VAN RENSBURG	DESPATCH	F	52	50-54F	0.56.03	1
244	1582	MARINET	VAN TONDER	DESPATCH	F	44	40-44F	0.56.05	1
245	1600	YVETTE	JONKER	DESPATCH	F	50	50-54F	0.56.06	1
246	1610	Petrus	Bothma	DESPATCH	M	41	40-44M	0.56.08	1
247	412	NOSITO	NQWATA	CHILLIE	F	40	40-44F	0.56.23	1
248	388	MZWABANTU	SWAPI	SPAREC	M	43	40-44M	0.56.23	1
249	533	LINDA	LE ROUX	RUN4C	F	51	50-54F	0.56.26	1
250	1673	COLIN	INGRAM	MADIBA	M	63	60-64M	0.56.26	1
251	1503	TENIELLE	DE ANDRADE	32GI	F	37	35-39F	0.56.27	1
252	82	LETA	DOS SANTOS	INFINITY	F	58	55-59F	0.56.36	2
253	903	KESVAL	CHETTY	CHARLO	M	58	55-59M	0.56.39	1
254	475	DANIE	VAN RENSBURG	WALMER	M	61	60-64M	0.56.44	1
255	525	WESSEL	EBERSOHN	RUN4C	M	33	SM	0.56.45	1
256	1284	DEAN	BOSMAN	VWAC	M	40	40-44M	0.56.48	1
257	526	NIEKE	EBERSOHN	RUN4C	F	31	SF	0.56.51	1
258	1424	SAM	ERASMUS	NEDBANK	M	65	65-69M	0.56.51	1

259	5101	CARMEN	DE LANGE	TEMP	F	34	SF	0.57.02	0
260	1065	DANIELLE	LUDEN	ACH	F	38	35-39F	0.57.06	1
261	992	PETER	VENTER	CHARLO	M	42	40-44M	0.57.07	1
262	928	ALLISTER	MARRAN	CHARLO	M	47	45-49M	0.57.08	1
263	5087	GERARD	FELIX	TEMP	M	45	45-49M	0.57.08	0
264	1011	KEN	CRAIG	BODYCON	M	48	45-49M	0.57.12	1
265	615	KATHERINE	NEL	ASPEN	F	33	SF	0.57.20	1
266	946	DONOVAN	AUSTIN	CHARLO	M	43	40-44M	0.57.29	1
267	575	ANTONIE	GROBLER	RUN4C	M	70	70+M	0.57.29	1
268	1826	AKHONA	NTANJANA	VUKANI	F	35	35-39F	0.57.33	1
269	1687	NORMAN	SILKE	MADIBA	M	44	40-44M	0.57.35	1
270	935	BRENTON	SCHNETLER	CHARLO	M	48	45-49M	0.57.36	1
271	5225	MELANIE	CHRISTIE	TEMP	F	38	35-39F	0.57.40	0
272	746	JOHAN	BARNARD	CRUSADE	M	68	65-69M	0.57.45	1
273	186	BONGANI	HUMANI	CSEP	M	36	35-39M	0.57.47	1
274	1291	ASHENDA	MAKONIE	VWAC	F	47	45-49F	0.57.56	1
275	838	BABALO	MAKALIMA	NEDBANK	M	39	35-39M	0.57.58	1
276	1552	THERESA	OOSTHUIZEN	DESPATCH	F	51	50-54F	0.57.59	1
277	1576	MARCELLE	VAN LOOGERENBERG	DESPATCH	M	56	55-59M	0.58.00	1
278	170	THANDEKA	MHLANGA	ACT AC	F	32	SF	0.58.01	1
279	837	PRESTON	PETERSEN	NEDBANK	M	34	SM	0.58.20	1
280	1689	SILKE	BOTHA	MADIBA	F	26	SF	0.58.25	1
281	1665	JACQUELINE	SCHOEMAN	MADIBA	F	33	SF	0.58.25	1
282	5088	RYAN	GELDERBLOEM	TEMP	M	41	40-44M	0.58.30	0
283	1045	YUSUF	SAMUELS	XCEL	M	63	60-64M	0.58.31	1
284	1644	JAN	LE ROUX	MADIBA	M	34	SM	0.58.38	1
285	2004	JOHN	BEZUIDENHOUT	PROFILES	M	30	SM	0.58.40	1
286	5244	MEEKA	BLOM	TEMP	F	17	JF	0.58.43	0
287	969	GARY	KELLEHER	CHARLO	M	65	65-69M	0.58.55	1
288	1280	CHRISTOPHER	BRUINTJIES	VWAC	M	50	50-54M	0.59.12	1
289	5098	SUSAN	SCOTT	TEMP	F	58	55-59F	0.59.14	0
290	1994	VERNON	LANDMAN	PROFILES	M	48	45-49M	0.59.14	1
291	1271	LEZELL	HARRIS	VWAC	F	49	45-49F	0.59.31	1
292	1627	NATASHA	SMITH	MADIBA	F	36	35-39F	0.59.32	1
293	1012	MARITZA	CRAIG	BODYCON	F	47	45-49F	0.59.37	1
294	1331	JAN	LE ROUX	NEDBANK	M	63	60-64M	0.59.39	1
295	956	NEELESH	BHANA	CHARLO	M	51	50-54M	0.59.41	1
296	5220	AMY	JORDAAN	TEMP	F	29	SF	0.59.45	0
297	1598	LERENZO	FRANCIS	DESPATCH	M	36	35-39M	0.59.46	1
298	5248	VENESH	ATHIMOOLAM	TEMP	M	54	50-54M	0.59.49	0
299	5232	JIMMY	STYAN	TEMP	M	70	70+M	0.59.50	0
300	281	MONIQUE	RICHARDSON	MUIRITE	F	27	SF	0.59.56	1
301	1625	HELENA	FYVER	MADIBA	F	38	35-39F	0.59.57	1
302	882	ARMIN	BRANDLE	CHARLO	M	71	70+M	0.59.58	1
303	5090	TINKY	HODGSON	TEMP	F	56	55-59F	1.00.02	0
304	371	SONWABO	MADIKANE	IKHAMVA	M	40	40-44M	1.00.05	1
305	72	HERMAN	DEKKER	SAPPE	M	78	70+M	1.00.21	1
306	1317	CHARMELLE	MAY	NEDBANK	F	42	40-44F	1.00.36	1
307	1248	EULIDA	OELOFSE	ELITEAC	F	49	45-49F	1.01.06	1
308	726	KEITH	VOSLOO	CRUSADE	M	59	55-59M	1.01.31	1
309	925	NADIA	MULLER	CHARLO	F	33	SF	1.01.41	1
310	1579	JHANINEN	BOSHOFF	DESPATCH	F	57	55-59F	1.01.46	1
311	433	NCUMISA	KEPE	CHILLIE	F	43	40-44F	1.01.46	1
312	984	BELINDA	BAIN	CHARLO	F	60	60-64F	1.01.52	1
313	410	JANUARY	MTSHWENI	CHILLIE	M	40	40-44M	1.01.54	1
314	1641	DEBBIE	HILTON	MADIBA	F	51	50-54F	1.01.56	1
315	52197	PATRICK	MAXHAYI	CSBOR	M	49	45-49M	1.01.57	0
316	1316	RUBERTO	MAY	NEDBANK	M	45	45-49M	1.01.58	1
317	871	RICHARD	DE ANDRADE	CHARLO	M	62	60-64M	1.02.02	1
318	1762	KAREL	DANIELS	TRANSNET	M	57	55-59M	1.02.07	1
319	1558	HANNEKE	STRYDOM	DESPATCH	F	38	35-39F	1.02.09	1
320	1589	INKE	KALTENBRUNN	DESPATCH	F	26	SF	1.02.09	1
321	563	LINDA	SILLS	RUN4C	F	41	40-44F	1.02.15	1
322	728	Paul	Lubbe	CRUSADE	M	61	60-64M	1.02.29	1
323	5245	LIEZEL	GOUSSARD	TEMP	F	40	40-44F	1.02.51	0

324	808	LULAMILE	PHONGOLA	NMBAC	M	65	65-69M	1.02.59	1
325	2226	KHULISO	NEPHALAMA	ASPEN	M	32	SM	1.03.07	1
326	1712	BRAMWELL	FLEURS	GELVAN	M	44	40-44M	1.03.27	1
327	1220	ANDRE	FOURIE	ELITEAC	M	75	70+M	1.03.28	1
328	1407	BUKEKA	HELA	NEDBANK	F	50	50-54F	1.03.33	1
329	1936	MARKUS	KUNNEKE	BLUEBAY	M	53	50-54M	1.03.41	1
330	1956	SONJA	OLIVIER	BLUEBAY	F	55	55-59F	1.03.42	1
331	85	CARINA	MARAIS	INFINITY	F	30	SF	1.03.44	1
332	1421	ANNELINE	RAUTENBACH	NEDBANK	F	55	55-59F	1.03.45	1
333	888	LESTER	HEN-BOISEN	CHARLO	M	55	55-59M	1.03.47	1
334	5243	MARK	BOTHA	TEMP	M	51	50-54M	1.03.47	0
335	1609	WILLEMEN	DU RANDT	DESPATCH	F	48	45-49F	1.03.52	1
336	2169	WAYNE	MAC GEAR	MADIBAZ	M	59	55-59M	1.03.54	1
337	2195	ALVADO	ARENDSE	MADIBAZ	M	48	45-49M	1.03.58	1
338	1801	LUNGISA	MKOSI	VUKANI	M	35	35-39M	1.04.03	1
339	5100	KHATHUSHELO	TSHIKOVHI	TEMP	M	24	SM	1.04.04	0
340	1611	Magdalena	Bothma	DESPATCH	F	41	40-44F	1.04.06	1
341	1631	AMANDA	BLIGNAULT	MADIBA	F	63	60-64F	1.04.07	1
342	1624	ESTELLE	DE KLERK	MADIBA	F	56	55-59F	1.04.07	1
343	52162	GILES	ALEXANDER	ESKOM	M	50	50-54M	1.04.08	0
344	100	LYNETTE	CRAUSE	INFINITY	F	63	60-64F	1.04.09	1
345	1348	XOLILE	GOMOMO	NEDBANK	M	70	70+M	1.04.18	1
346	5221	TANYA	BENTLEY	TEMP	F	30	SF	1.04.18	0
347	1468	CAITLYN	FERREIRA	NEDBANK	F	33	SF	1.04.20	1
348	826	UNATHI	NDAMASE	NEDBANK	F	37	35-39F	1.04.23	1
349	298	SANET	BOUCHER	MUIRITE	F	43	40-44F	1.04.25	1
350	25925	VICTORIA	GOODALL	CCJHB	F	41	40-44F	1.04.35	0
351	573	BRITTANY	CILLIERS	RUN4C	F	30	SF	1.04.40	1
352	1207	CHARL	GRIESSEL	ELITEAC	M	59	55-59M	1.04.52	1
353	1349	CAROLINE	ZINTO	NEDBANK	F	42	40-44F	1.05.05	1
354	5234	DOLLY	NDUDE	TEMP	F	51	50-54F	1.05.18	0
355	681	CHRISTINE	WALE	VITALITY	F	42	40-44F	1.05.27	1
356	927	ANTON	VAN WYK	CHARLO	M	55	55-59M	1.05.32	1
357	2227	YOLANDA	SIDWABA	ASPEN	F	32	SF	1.05.33	1
358	2198	NONDUMISO	PHAKATHI	MADIBAZ	F	41	40-44F	1.05.40	1
359	923	EVA	CHETTY	CHARLO	F	54	50-54F	1.05.48	1
360	5239	TABOGO	MALATJI	TEMP	M	29	SM	1.05.51	0
361	20226	KHUSELWA	MJONGILE	SIBALEKA	F	18	JF	1.06.02	1
362	397	THANDO	FRANS	SPAREC	M	45	45-49M	1.06.16	1
363	387	NANDIPA	MYELEYELE	SPAREC	F	35	35-39F	1.06.16	1
364	1333	MBULELO	SOBIKWA	NEDBANK	M	68	65-69M	1.06.30	1
365	20216	JODY	PRIMO	GELVAN	M	14	JM	1.06.32	1
366	5227	GARFIELD	TSATSANE	TEMP	M	57	55-59M	1.06.32	0
367	1737	LYNDLE	NAIDOO	GELVAN	F	31	SF	1.06.32	1
368	1742	DESIREE	TITUS	GELVAN	F	57	55-59F	1.06.35	1
369	5215	DARREN	GEORGE	TEMP	M	39	35-39M	1.06.38	0
370	328	MADRE	WELMANS	MUIRITE	F	54	50-54F	1.06.41	1
371	612	MANDY	SAPTOE	ASPEN	F	38	35-39F	1.06.52	1
372	1466	AT	SCHOEMAN	NEDBANK	M	66	65-69M	1.06.58	1
373	1913	LINDIWE	TOKWE	SIBALEKA	F	50	50-54F	1.07.08	1
374	544	JACQUELENE	DU TOIT	RUN4C	F	50	50-54F	1.07.09	1
375	35	JEANETTE	PIENAAR	PEAAC	F	74	70+F	1.07.12	1
376	1151	BRIAN	MERRINGTON	JBAY	M	76	70+M	1.07.20	1
377	1663	ESTELLE	PAXTON	MADIBA	F	57	55-59F	1.07.36	1
378	1266	DAVID	CHENGWE	VWAC	M	45	45-49M	1.07.41	1
379	52210	HLUMELA	MASEKWANA	CSBOR	F	32	SF	1.07.46	0
380	742	TRACY	COCKROFT	CRUSADE	F	60	60-64F	1.07.49	1
381	920	LOCHI	LOCHNER	CHARLO	M	75	70+M	1.08.00	1
382	1634	TANIA	TRUTER	MADIBA	F	50	50-54F	1.08.07	1
383	562	JUDITH	NIENABER	RUN4C	F	63	60-64F	1.08.10	1
384	97	INA	MEAKER	INFINITY	F	61	60-64F	1.08.14	1
385	5249	MARISKA	KRUGER	TEMP	F	45	45-49F	1.08.43	0
386	400	RONEL	DE TARNOWSKY	SPAREC	F	42	40-44F	1.08.46	1
387	95	ZELDA	KRIGE	INFINITY	F	62	60-64F	1.08.46	1
388	286	SANET	BLOM	MUIRITE	F	55	55-59F	1.09.08	1

389	5237	SONJA	VAN WYK	TEMP	F	41	40-44F	1.09.13	0
390	1231	HELENE	OPPEL	ELITEAC	F	73	70+F	1.09.29	1
391	886	CELEST	JOYCE	CHARLO	F	54	50-54F	1.09.42	1
392	572	SHANTE	DU PLESSIS	RUN4C	F	30	SF	1.09.53	1
393	686	BRENDA	MUKOMBE	VITALITY	F	35	35-39F	1.09.58	1
394	402	VUYOKAZI	NONCEMBU	CHILLIE	F	50	50-54F	1.10.00	1
395	714	KARIEN	JOUBERT	CRUSADE	F	35	35-39F	1.10.03	1
396	624	BANDLAKAZI	CABA	ASPEN	F	35	35-39F	1.10.06	1
397	299	JOHANNES	HERBST	MUIRITE	M	77	70+M	1.10.08	1
398	1915	NOMBINI BRILLIA	GXUMISA	SIBALEKA	F	38	35-39F	1.10.36	1
399	1660	COBUS	PAXTON	MADIBA	M	57	55-59M	1.10.51	1
400	1239	YOLANDE	KNOETZE	ELITEAC	F	55	55-59F	1.10.52	1
401	1375	BARRY	NELSON	NEDBANK	M	71	70+M	1.11.14	1
402	753	PLACXEDES	NDHLOVU	CRUSADE	F	48	45-49F	1.11.14	1
403	570	PIETER	GERBER	RUN4C	M	64	60-64M	1.11.27	1
404	52238	THEMBISILE	NTONI	TEMP	M	75	70+M	1.12.04	0
405	50034	SANELISIWE	FUNANI	MTHATHA	M	39	35-39M	1.12.19	0
406	5647	FUNDISWA	CHONCO	CSCGA	F	46	45-49F	1.12.47	0
407	5652	MICHELLE	BLOM	TEMP	F	45	45-49F	1.12.48	0
408	5250	LISA	RANDALL	TEMP	F	42	40-44F	1.12.54	0
409	5224	ERICA	ERASMUS	TEMP	F	53	50-54F	1.13.15	0
410	1830	ZIZIPHO	MDEUKA	VUKANI	F	27	SF	1.13.19	1
411	20188	Lauren	Gerber	ELITEAC	F	15	JF	1.13.25	1
412	2223	Pieter	Gerber	ELITEAC	M	47	45-49M	1.13.26	1
413	1772	ABENA	DLAKAVU	VUKANI	F	35	35-39F	1.13.38	1
414	1791	NOZUKO	DLAMBA	VUKANI	F	46	45-49F	1.13.38	1
415	5089	PUMZA	GWABENI	TEMP	F	40	40-44F	1.13.50	0
416	51473	DAVID	GWABENI	UNKNOWN	M	44	40-44M	1.13.50	0
417	1296	PIETER	STEYN	VWAC	M	64	60-64M	1.13.55	1
418	566	JANINE	VILJOEN	RUN4C	F	53	50-54F	1.13.59	1
419	917	VICKY	TSOUKNIDAS	CHARLO	F	45	45-49F	1.14.03	1
420	2125	EMELISA	MEIRING	32GI	F	31	SF	1.14.05	1
421	2124	ELMAR	LANDMAN	32GI	M	29	SM	1.14.06	1
422	1606	FANIE	CLAASSEN	DESPATCH	M	65	65-69M	1.14.10	1
423	1921	HADIGAH	FULANI	SIBALEKA	F	19	JF	1.14.15	1
424	543	NIEKIE	OOSTHUIZEN	RUN4C	F	52	50-54F	1.14.16	1
425	557	CHARLENE	RADEMEYER	RUN4C	F	41	40-44F	1.14.20	1
426	77	JUNET	MARAIS	INFINITY	F	65	65-69F	1.14.20	1
427	5216	GERHARD	SCHOEMAN	TEMP	M	48	45-49M	1.14.31	0
428	52163	MARUSHKA	ALEXANDER	ESKOM	F	43	40-44F	1.14.35	0
429	90	GLORIA	ESAU	INFINITY	F	53	50-54F	1.14.48	1
430	1794	NOMLINDO	MAKUBALO	VUKANI	F	48	45-49F	1.14.58	1
431	1117	GRAHAM	NELL	ACH	M	71	70+M	1.15.00	1
432	929	ANUSHA	NAIDU	CHARLO	F	56	55-59F	1.15.16	1
433	48	ABEGAIL	TEYISE	SAPPE	F	50	50-54F	1.15.59	1
434	324	JOHNDAVID	METCALF	MUIRITE	M	65	65-69M	1.16.09	1
435	1928	VUYELWA	FUNANI	SIBALEKA	F	51	50-54F	1.16.09	1
436	326	NEIL	GROBLER	MUIRITE	M	63	60-64M	1.16.16	1
437	5228	ZIMKITHA	DAYI-SIBANGELE	TEMP	F	37	35-39F	1.16.27	0
438	5222	TRENTON	BOWERS	TEMP	M	47	45-49M	1.16.30	0
439	1695	ARDEN	GROOTBOOM	GELVAN	F	41	40-44F	1.16.48	1
440	94	DENISE	TERBLANCHE	INFINITY	F	75	70+F	1.17.12	1
441	5230	YOLANDE	DE VOS	TEMP	F	48	45-49F	1.17.28	0
442	1758	ANDILE	NOGAYA	TRANSNET	M	41	40-44M	1.18.06	1
443	1655	ANITA	COETZER	MADIBA	F	49	45-49F	1.19.03	1
444	550	LIEZEL	WAIT	RUN4C	F	50	50-54F	1.19.09	1
445	5226	LIANI	SLABBERT	TEMP	F	24	SF	1.19.32	0
446	583	CHRISTELLE	SLABBERT	RUN4C	F	51	50-54F	1.19.33	1
447	1720	NOLEEN	NORRIS	GELVAN	F	65	65-69F	1.19.35	1
448	1908	NOMBUYISELO	MBAVA	SIBALEKA	F	52	50-54F	1.19.42	1
449	1906	ANDISIWE	GULUBELE	SIBALEKA	F	28	SF	1.19.42	1
450	294	ANNA	WELGEMOED	MUIRITE	F	53	50-54F	1.19.54	1
451	311	NICKI	VAN NIEKERK	MUIRITE	F	69	65-69F	1.19.59	1
452	5229	TEMPTATION	NCUBE	TEMP	F	33	SF	1.20.03	0
453	5219	THANDIWE	MAGALELA	TEMP	F	61	60-64F	1.20.13	0

454	971	DEIDRE	GERBER	CHARLO	F	51	50-54F	1.20.21	1
455	531	NEVILLE	MARTIN	RUN4C	M	63	60-64M	1.20.36	1
456	1215	HELEN	FOURIE	ELITEAC	F	53	50-54F	1.21.10	1
457	312	LISA-MARIE	PATTERSON	MUIRITE	F	51	50-54F	1.21.24	1
458	51301	MBALI	ZUMA	DEPTRA	F	40	40-44F	1.21.30	0
459	331	MARGARET	DU TOIT	MUIRITE	F	61	60-64F	1.21.47	1
460	452	SHARON	POTGIETER	WALMER	F	58	55-59F	1.22.43	1
461	453	JO-ANNE	MUIR	WALMER	F	53	50-54F	1.22.43	1
462	474	SUNETH	VAN RENSBURG	WALMER	F	58	55-59F	1.22.44	1
463	5233	RICKY	MUNDELL	TEMP	F	68	65-69F	1.22.54	0
464	75	HESTER	DEKKER	SAPPE	F	51	50-54F	1.23.57	1
465	20001	ZANTE	DEKKER	SAPPE	F	16	JF	1.25.05	1
466	70	BIANCA	SWARTS	SAPPE	F	20	JF	1.25.05	1
467	910	RAE	LUCKMAN	CHARLO	F	53	50-54F	1.25.15	1
468	962	MILE	VERMAAK	CHARLO	F	56	55-59F	1.25.26	1
469	93	STEPHANIE	HAY	INFINITY	F	67	65-69F	1.25.56	1
470	81	JOSE	DOS SANTOS	INFINITY	M	57	55-59M	1.26.05	1
471	995	BERNADETTE	LOOCK	CHARLO	F	43	40-44F	1.26.35	1
472	5247	LUMKA	SODLAKA-NONCEMBU	TEMP	F	39	35-39F	1.27.03	0
473	712	NDILEKA	THOMPSON	CRUSADE	F	45	45-49F	1.28.20	1
474	571	RITA	GERBER	RUN4C	F	62	60-64F	1.28.35	1
475	580	MONIQUE	DOYLE	RUN4C	F	43	40-44F	1.29.26	1
476	987	SHANTE	WRIGHT	CHARLO	F	24	SF	1.30.25	1
477	966	SONJA	BOSCH	CHARLO	F	60	60-64F	1.30.30	1
478	945	DEON	BOSCH	CHARLO	M	65	65-69M	1.30.31	1
479	1749	STACEY	RODGERS	GELVAN	F	28	SF	1.30.34	1
480	275	JONEL	VORSTER	MUIRITE	F	33	SF	1.31.03	1
481	942	EDITH	MAC GEAR	CHARLO	F	55	55-59F	1.31.10	1
482	1362	TANYA	SMALBERGER	NEDBANK	F	41	40-44F	1.32.57	1
483	1315	SHELDINE	SEPTOE	NEDBANK	F	61	60-64F	1.33.28	1
484	34	LEE-ANN	GARDNER	PEAAC	F	60	60-64F	1.33.41	1
485	1350	DOROTHY	HART	NEDBANK	F	85	70+F	1.33.42	1
486	5657	SIXOLILE	NTLANTSANA	TEMP	F	57	55-59F	1.34.14	0
487	936	MARGOT	SCHNETLER	CHARLO	F	45	45-49F	1.34.37	1
488	5658	KUTLWANO	CHIDI	TEMP	F	28	SF	1.35.51	0
489	5095	CLAUDIUS	MARAIS	TEMP	M	58	55-59M	1.37.29	0
490	1095	MOF	BOTHA	ACH	M	67	65-69M	1.37.39	1
491	1650	PIERRE	KNOESEN	MADIBA	M	68	65-69M	1.37.43	1
HELPERS RUN									
H1	212	MALAKHIWE	YSTERMAN	CSEP	M	32	SM	0.32.06	5
H2	201	MPUMZI	MAPASA	CSEP	M	32	SM	0.38.10	3
H3	482	MAKHI	MONDILE	ADVEN	M	51	50-54M	0.43.25	4
H4	2287	CECIL	MAHALUBA	ADVEN	M	51	50-54M	0.44.17	3
H5	490	MELUSI	SIBANDA	ADVEN	M	42	40-44M	0.45.05	2
H6	485	LAWRENCE	MAFUZE	ADVEN	M	49	45-49M	0.47.41	2
H7	539	SERGIO	PETERSON	RUN4C	M	44	40-44M	0.49.11	2
H8	496	VUYO	PHEKANA	ADVEN	M	41	40-44M	0.49.13	2
H9	220	BONGA	MBIZELA	CSEP	M	39	35-39M	0.56.00	1
H10	213	SHARON	SMUTS	CSEP	F	56	55-59F	0.58.31	1
H11	196	VUYISILE	DELIWE	CSEP	M	47	45-49M	0.59.00	1
H12	1684	ERIKA	FOREMAN	MADIBA	F	52	50-54F	1.04.11	1
H13	1325	SHANNON	THEOBALD	NEDBANK	F	47	45-49F	1.04.36	1
H14	210	Lumanyano	Sodo	CSEP	M	35	35-39M	1.06.09	1
H15	2298	MAKEDAMA	MAKEDAMA	ADVEN	M	50	50-54M	1.10.30	1
H16	1683	SUNET	HARRIS	MADIBA	F	49	45-49F	1.12.37	1
H17	1417	GENEVIEVE	LAYCOCK	NEDBANK	F	53	50-54F	1.15.49	1