



Hosted by



KANYAMAZANE HALF MARATHON

3-IN-1 2023

4.9KM
R50.00
START 6:10AM

10KM
R100.00
START 6:05AM

21KM
R120.00
START 6:00AM

01
APRIL
2023

MEDALS
All Finishers

START & FINISH
KANYAMAZANE
STADIUM

T-SHIRTS
R120.00

PRIZE MONEY

21km	10km
Men and Ladies.	Men and Ladies.
Open	Open
1. R1500.00	1. R1000.00
2. R800.00	2. R500.00
3. R400.00	3. R300.00
Jnr. R300.00	Jnr. R200.00
40+ R300.00	40+ R100.00
50+ R300.00	50+ R100.00
60+ R300.00	60+ R100.00
Walker. R200.00	Walker. R100.00

ASA Rules apply:

- REFEREES' DECISION IS FINAL
- Obey all Traffic Officials and Race Marshals.
- The race will be run according to the rules of ASA, WORLD ATHLETICS (WA) & AMPU House rules.
- Ages: Athletes for 10km must be 14 years, 21 km must be 16 years or older on the day of the race.
- Proof of age (ID) to be produced upon request on day of race.
- All athletes participate at their own risk and by entering the event they acknowledge that they are medically fit to participate.
- Registered athletes must wear full club colours.
- 2023 license numbers on the front and back of the vest.
- Temporary license must be fixed on the back of the vest.
- Age category ID tags must be clearly displayed for the duration of the event (back and front) by athletes competing for a category prize AND must be fixed on all 4 corners and not be covered by rain jacket or any shirt.
- Only athletes with a race number and license numbers will be allowed into event area. Race number must be worn on the front of the vest.
- ASA license numbers must not be covered with any paper race numbers / race bib.
- Walkers competing for Walkers prize must have the "W" fixed on the left front and back of the vest, all 4 corners must be fixed.
- No littering, please make use of waste boxes at the start/finish – RUN CLEAN
- All participants must take note that photographs might be taken at the event and placed on social media.
- The use of ear phones during the race is not allowed and may lead to disqualification
- Circle route No seconding will be allowed.

Contact details of the race organizer : Siphon Langa 082 661 4818



ENTER ONLINE: WWW.ENTRYGEEK.COM

PRE-ENTRIES CLOSE 28 MARCH 2023

ONLINE ENTRIES QUERIES: ABIGAIL 071 8891265

RACE QUERIES: SIPHO LANGA 082 661 4818

MANUAL ENTRIES

UNITY TECHNOLOGIES

SHOP 7 SIGRIT CENTRE DE WAAL STR NELSPRUIT