



**7 MAY
2023**

MARSHALLS WORLD OF SPORT STELLA ROYAL 2023

With Discovery Vitality

**25KM
RUN**

**10KM
RUN/WALK**

**5KM
FUN RUN**

Medals to all finishers and T shirts for 10/25KM online entries
Enter online at www.eventtiming.co.za

 **marshalls**
WORLD OF SPORT **BET ON IT**





RACE INFORMATION

START & FINISH Stella Sports Club, 175 Helen Joseph Road, Glenwood

START TIME:

25km: 06h00
10km Run / Walk: 06h30
5km Fun Run: 07h00

ENTRIES

Entries open on 20 January - 2 May 2023
Enter at www.eventtiming.co.za
Late entries can be dropped at Stella Sports Club on Saturday, 6th May 2023, 10h00 – 16h00

ENTRY FEE

5km Fun Run: R100
10km Run / Walk: R150 (Late entry R170)
25km Run: R180 (Late entry R200)
Participants over 70 years:
FREE ENTRY
Temporary License 10km: R70
Temporary License 25km: R100

NUMBER COLLECTION

06 May 2023, 10h00 - 16h00
07 May 2023 04h00 - start of the races

All finishers will receive a Discovery Vitality Series Medal. All online entries for 10km and 25km races will receive a T-shirt

PRIZE MONEY

25km										10km					
Open		35 - 39		40 - 49		50 - 59		60 +		Run		Walk		Junior	
Male	Female	Male	Female	Male	Female	Male	Female	Male	Female	Male	Female	Male	Female	Male	Female
1 st	1500	1500	500	500	500	500	500	400	400	750	750	750	750	400	400
2 nd	1000	1000								500	500	500	500	300	300
3 rd	750	750								350	350	350	350	200	200

Race Rules & Information

- The race will be run in accordance with the Rules of WA, ASA and KZNA and all participants to abide by these rules
- All foreign athletes must comply with the WA rules 4.2, 22.1 and 142 and ASA rule 9
- Refreshments will be provided along the route and no personal seconding will be permitted
- Runners and walker to obey Marshalls, traffic and technical officials
- Age Restriction 25km – Participants must be 19 years and older on race day
- Age Restriction 10km – Participants must be 14 years and older on race day
- 5km Fun Run – Participants under 12 must be accompanied by an adult

- Proof of age will be required for age category winners
- ASA/KZNA approved age category tags and Walker tags must be worn on top front and back of vest / crop top, to be eligible for age category prizes
- Junior athletes, 19 years or younger on 31 December in the year of the race, must wear a "J" on the upper front and back of vest / crop top in order to be eligible for prizes and must provide proof of age on race day
- ASA LICENSE NUMBERS:** Organisers/Athletes may NOT replace ASA license numbers with Competition/Race Numbers /Stickers under any circumstances. Where a Competition/Race Number is used, it must be placed so that the ASA License Sponsor and the ASA Province/Year remains visible

above the Competition/Race Number. The License numerals may be covered. Athletes who fail to adhere to this rule may be disqualified (Refer to ASA Rule 26.1.7)

TEMPORARY LICENSES:

- Temporary licensed athletes are not covered by a national insurance policy. (Refer to ASA Rule 25.6.13)
- Unregistered athletes running with Temporary licenses must run in neutral colours and adhere to WA and ASA rules.

- Holders of temporary licenses will be eligible for individual prizes and may claim age category prizes in keeping with WA and ASA Rule 25.5.13

For further information, please look at www.stellaathleticclub.co.za or on Facebook at Marshalls World of Sport Stella Royal with Vitality