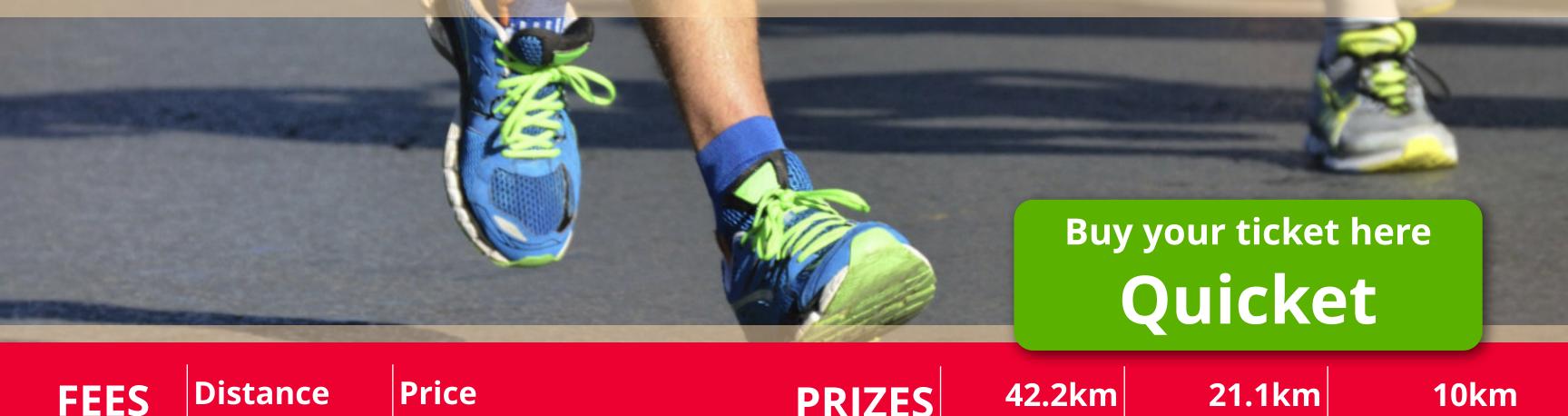
Standerton Goldi 4-IN-1 Race

START AND FINISH AT HOëRSKOOL STANDERTON

START 6:00 ENTRIES ONLINE & AT VENUE FROM 4:00







	42.2km	R140	1st	R800	R500	R350
	21.1km	R110	2nd	R500	R300	R200
	10km	R80	3d	R300	R150	R100
	Fun Run	R30	1st 40-49 (M&L)	R300	R200	R150
MEDALS Medals for all finishers			2nd 40-49 (M&L)	R200	R150	R100
			1st 50-59 (M&L)	R300	R200	R150
		2nd 50-59 (M&L)	R200	R150	R100	
FACEBOOK Like our event:			1st 60+ (M&L)	R200	R150	R100
			1st 70+ (M&L)	R100	R150	R100
CLICK HERE		Walkers 1st (M&L)	NIL	R200	R150	
<u>CONTACT</u> Heidi: 072 391 0788 Lukas: 082 412 4161			Juniors 1st B&G	NIL	R200	R150
			Juniors 2nd B&G	NIL	R150	R100

Manus: 082 886 5849



RULES

ASA rules apply Temporary license: R40 Online tickets on Quicket: (Click Here)

ASA RULES APPLY

REFEREES' DECISION IS FINAL

- Asa license numbers must not be covered with any paper race numbers /race bib.
- **Obey all Traffic Officials and Race Marshals.**
- The race will be run according to the rules of ASA, WA (World Athletics) & AMPU House rules.
- No seconding will be allowed. No pacing of any kind.
- Ages: Athletes for 10km must be 14 years, 21.1km must be 16 years, 42.2km must be 20 years or older on the day of the race.
- Proof of age (ID) to be produced upon request on day of race.
- All athletes will participate at their own risk.
- Registered athletes must wear full club colours.
- 2023 license numbers on <u>the front and back</u> of the vest.
- Temporary license at the front on the vest.
- Remember to complete the <u>Temporary license tear off slip</u> immediately and hand it back to the organizer.
- Age category ID tags must be <u>clearly displayed for the</u> duration of the event (back and front) by athletes competing for a category prize AND must be fixed on all 4 corners and not be covered by rain jacket or any shirt

- This is a close competition for runners, walkers with a fix "W" welcome.
- Prize giving will be conducted at the finish after the main race
- Any Foreign athlete must have a confirmation letter or permit from their Sport Federation.
- 12% levy on entry fee must be paid over to Athletics Mpumalanga by race organizer
- No littering, please make use of waste boxes on the route – RUN CLEAN
- All participants must take note that photographs may be taken at the event and placed on social media
- For the 42.2km race, there will be a cut-off at the halfway mark at 2.5 hours. Runners not reaching the haflway mark by 2.5 hours will be picked up and transported back to the finish