

# Human Rights RG Ultra 50km



## ENTRY FORM

RACE NUMBER

DATE : 19 March 2023

START: ZWELITSHA & FINISH: Masizakhe Children's Home

TIME : 05h30

Entry Fee: R200

**5KM FUN RUN: Start & Finish @ Maizakhe, Start time – 07h30, Entry Fee : R50**

TRANSPORT: R50 (Departs from Sisa Dukashe stadium @ 04h30) Y / N

### Personal Details

Surname.....Name..... Age.....

\*Club.....2023 Lic.No.:..... Gender M  F

ID no.:.....Date of Birth:.....

5km  50km  \* Contact Details: .....

\*Next of Kin Details: Name:..... Contact No.....

\* Compulsory for ultra-athletes

Category: Open  40+  50+  60+

I declare that I participate at my own risk & will not hold event organizers/sponsors liable for any loss/damage to property or injury incurred during my participation in this event

Signature.....

## General information and race rules

Online entries from 01 February

<https://www.webticket.co.za/v2/event.aspx?itemid=1524142935>

Manual entries open on the 30<sup>th</sup> January at participating sports shops listed below

Race run under & in strict accordance with ASA & Border Athletics (BA) rules

Race number to be worn in front on the outermost piece of clothing

ASA license numbers to be worn front & back as per ASA rules

Online entries close on the 13<sup>th</sup> March 2023@23h59

Manual entries close on the 16<sup>th</sup> March 2023@10am

### Participating sport shops:

Sportsmans Warehouse(EL)-**race number supplied/wrist band(5km)**

TotalSports: Mdantsane-**race number supplied/wristband**

Late entries, registration and race number collection at:

**Beacon Bay Country Club: 17 March 13h00 – 18h00, 18 March 10h00 – 13h00**

**Masizakhe Children's Home :17 March 15h00-18h00, 18 March 15h00 – 18h00**

**Race start time: 05h30, NO ENTRIES AT THE START**

No race number, no results, no handout

Medals to 1<sup>st</sup> 500 finishers

### RGU Prize Money

<b>Position</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
<b>Open</b>	<b>R5000</b>	<b>R4000</b>	<b>R3000</b>	<b>R2000</b>	<b>R 1000</b>
<b>Position</b>	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>
<b>Open</b>	<b>R800</b>	<b>R600</b>	<b>R400</b>	<b>R200</b>	<b>R100</b>
<b>Position</b>	<b>1</b>	<b>2</b>	<b>3</b>		
<b>Stalwart's awards</b>	<b>R500</b>	<b>(for RG members only)</b>			
<b>Categories</b>	<b>R1000</b>	<b>R600</b>	<b>R400</b>		
<b>Team Prize</b>	<b>R1000</b>	<b>R400</b>	<b>(club of 4 members)</b>		

For more information contact Sonwabo:0839401576/Nkosana:0823950787

