



21st WESKUS MARATHON **SATURDAY, 18 MARCH 2023**

An Unforgettable Run in the West Coast National Park

COUNTRY ESTATE TUS MARATY

42.2km

MARATHON

21.1km

HALF

Social walkers welcome

START 06:15

MARATHON

START 06:30

10km

RUN

Social walkers

START 06:45

5km

FUN RUN/ WALK

Social walkers

Organised by Langebaan Strandlopers in association with West Coast Honorary Rangers RUN IN ACCORDANCE WITH ASA and BOLAND ATHLETICS RULES Hosted at the stunning venue LANGEBAAN COUNTRY ESTATE.



ENTRIES CLOSE ON 14 MARCH 2023 (MARATHON FIELD LIMITED TO 1500 ENTRIES) No Late Entries for the 42.2km, 21.1km & 10km at Registration.

















HOW TO ENTER

LANGEBAAN WESKUS MARATHON

- Enter online at www.weskusmarathon.co.za or enter at any Pick n Pay store
- Entries for 5km FUN RUN will only be taken at Langebaan Registration.
- The marathon is a Two Oceans Ultra and Comrades Qualifier



COSTS

MARATHON (Licensed athletes) R240.00 (Incl R30 bus fee) MARATHON (Unlicensed athletes) R310.00 (Incl R30 bus fee) ½ MARATHON (Licensed athletes): R145.00 ½ MARATHON (Unlicensed athletes): R205.00

10km (Unlicensed athletes): R130.00 10km (Licensed junior): R50.00 10km (Unlicensed junior): R75.00 5km FUN RUN R30.00 ONLINE ENTRIES 5.75% ADMIN FEE

REGISTRATION - WHERE

10km (Licensed athletes): R90.00

Friday 17 March 2023: 12:00 - 18:00 at Sportsman's Warehouse Tyger Valley. 16:00 - 20:00 at Langebaan Country Estate (LCE) Saturday 18 March 2023:

Marathon: 03:30 - 04:40 (LCE).

Half Marathon & 10km: 04:30 to 30 minutes before races (LCE)

LCE Registration at Clubhouse. Finishing venue at LCE Driving Range.

SPECIAL HIGH QUALITY DRI FIT WESKUS **MARATHON T-SHIRTS AT R300 PER SHIRT**

TOG BAG FACILITY AVAILABLE AT START POINTS.

YOUR DISPOSABLE TIMING CHIP WILL BE PLACED ON YOUR RACE NUMBER. LOADS OF LUCKY DRAWS RUNNING SHOES. RUNNING GEAR, RESTAURANT VOUCHERS, **EXCLUSIVE HAMPERS, ACCOMMODATION VOUCHERS & MORE!**

PASTA EVENING FOOD STALLS

BUSES WILL TRANSPORT ALL 42.2KM RUNNERS FROM LCE REGISTRATION POINT INSIDE PARK. LAST BUS DEPARTS AT 04:50 (50KM DRIVE AT 50KM/H)

TOTAL PRIZE MONEY R63 760

SPONSORED BY:



FOR DETAIL RACE & ENTRY INFORMATION: www.weskusmarathon.co.za EVENT INFO - Tel: 074 233 8865 | Email: weskusmarathon@gmail.com WEBTICKETS & ENTRY INFO - Tel: 021 834 5000 | info@webtickets.co.za DETAILED RULES AVAILABLE ON - www.bolandathletics.com TOURISM INFO - www.capewestcoastpeninsula.co.za

ALL DONATIONS TO WEST COAST NATIONAL PARK | LANGEBAAN ONLY 125KM FROM CT

















