



# JOHNSON CRANEHIRE MARATHON 2023

42km 21km 10km 5km



29 JAN 2023  
SUNDAY - 06H00

WILLOWMOORE  
PARK  
HARPUR AVE  
BENONI



42.2km **Marathon** - 5:30am

21.1km **Run/Walk** - 5:30am

10km **Run/Walk** - 6:00am

*The 42km, 21km & 10km races are timed by*

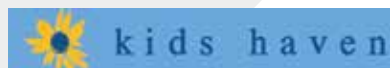


## RACE OFFICE

083 299 1412 (Whatsapp/Voice messages)  
info@johnsoncranemarathon.co.za

*The first 3000 Marathon and Half Marathon entrants will receive a moisture management t-shirt*

Please support our charity drive



THIS IS A CGA APPROVED RACE



CENTRAL GAUTENG ATHLETICS



# IMPORTANT RACE INFORMATION AND RULES OF THE RACE



Race Office: Email [info@johnsoncranemarathon.co.za](mailto:info@johnsoncranemarathon.co.za) • 083 299 1412

I confirm that I have read the RACE RULES and WAIVERS and ACCEPT and AGREE TO ABIDE by them. I note that COVID Regulations may CHANGE to be aligned with Government Regulations and that these changes will be sent to by SMS and/or email.

## RULES, REGULATIONS, RACE INSTRUCTIONS AND INFORMATION

All entrants will participate under the rules of World Athletics, ASA and CGA and it is the athlete's responsibility to familiarize themselves with the rules. The World Athletics and ASA rules can be downloaded from their respective web sites

[www.worldathletics.org](http://www.worldathletics.org) and <https://athleticsa.org.za/ASARules>

- In addition to the above there are specific race rules that will be enforced:
- By agreeing to enter the event, the runner automatically agrees to abide by the above rules, race rules, and any final instructions issued prior to race day.
- Foreign runners whether long stay or visiting must apply for the (new) foreign temporary number and have a specific waiver to complete. For this reason, entry must be made directly through the race office.
- Runner must provide a valid mobile number and email address. This will be used exclusively by race organisation for important notices to runners. Please ensure you read and act on each message. These will NOT be used for promotion or marketing and runners.

## COMPULSORY ONLINE /INTERNET ENTRIES.

- In order to ensure correct runner data, and particularly those runners applying for Elite / Contender / Good For Age status, only Online entries will be permitted through web site [www.johnsoncranemarathon.co.za](http://www.johnsoncranemarathon.co.za).
- Clubs and fellow members are requested to assist club members who do not have access to internet

## MINIMUM AGES

- 14 Years for 10km
- 16 years for the 21,1km
- 20 years for the 42,2km

## ENTRY PROCESS:

- Every runner will be required to indicate a previous performance from one of stated distances to enable seeding of ALL Wave Starts.
- Runners who do not provide any, or incorrect, performance details will be placed in the last wave.
- Runners may move back in a wave but may not move forward. Any runner moving forward to an earlier wave, whether at the start or from timing at the start will be disqualified
- Timing in all waves after the first will be mat to mat and makes runners ineligible for awards but ensures the best qualification times for both Comrades and Two Oceans
- ATTENTION IS DRAWN TO THE ASA RULES 7 AND 34.
- The criteria to qualify for "seeded runner" makes allowance for distance, gender, and age. The table is available on the website and online entry page.
- The race committee reserves the right to accept or reject any entry.

## ELITE, CONTENDER AND GOOD FOR AGE – "SEEDED ATHLETES" ENTRIES:

- The Johnson Crane Marathon will be using a combination of batches and wave starts.
- The first start in each distance will be for verified Elite / Contenders / and good for age. (ASA Rule 1.1.D.4). These runners MUST enter and prove their previous performance is better than the stated criteria for their distance. They will receive confirmation of acceptance as Elite / Contender or Good for age.
- These athletes wish to be considered as professional in approach and therefore its important for number printing that these entries close on Monday 16th January 2023.
- The criteria to qualify for "seeded runner" makes allowance for distance, gender and age.
- Only runners who enter, are verified, and start in this batch will be eligible for awards.
- The timing for the first wave is Gun to Mat. All other waves are mat to mat making them ineligible for awards.
- All world athletics, and ASA rules will be strictly applied to the "Seeded Athletes" wave.
- ATTENTION IS DRAWN TO THE ASA RULES 7 AND 34.
- Seeded runners will have two race numbers and will wear these over the normal ASA license numbers such that the ASA sponsors are visible.
- Seeded Athletes must wear the Numerical age category tags on the centre front and back of vests. These will be printed on the race number for seeded runners.
- ID documents at number collection will be required to confirm correct age tags.
  - Where the number is collected by a manager or third party the number will only be issued on production of a certified ID copy.

## T-SHIRTS

- T-Shirts, if purchased, can ONLY be collected at race number collection. No T-shirts will be handed out on Race Day or after the event.
- If you are not running, you must still collect your shirt at race number collection.

## RACE AND LICENSE NUMBERS:

- ANY runner without a) a 2022/2023 license or b) failing to wear the necessary Temporary License or c) without the required race number, will be removed prior to the finish line: will NOT be provided with a time: will NOT receive a medal nor any other finishers items: WILL be reported to both their provincial federation and their club for further disciplinary procedures.

## LICENSED RUNNERS:

- All licensed entrants must wear valid 2023 license numbers, one on the front & one on the back of their vest in accordance with ASA rule 24. ONLY if ASA declare an extension to the 2022 licenses will these be allowed for this race.
- The race number issued by the organizers must also be worn on the front of the vest, over the license number however not covering any ASA sponsors.
- Contenders will be provided with two numbers: one for the front and one for the back. These numbers have chips and must not be folded in anyway.
- In the event you do not have a 2023 license you must purchase and run with a temporary license which will be pinned at all four corners on the back of your vest. Temporary Licenses must be purchased at time of entry.

## UNLICENSED RUNNERS

- Unlicensed athletes must purchase a temporary license number at time of entry.
- Temporary License number must be worn on the back
- The race number issued by the organizers must be worn on the front.
- Unlicensed runners may only wear plain clothing in accordance with ASA advertising rules.

## RACE BEHAVIOUR:

- Marshals and traffic officials must be obeyed at all times. Failure to comply with their instructions will lead to immediate disqualification.
- Any abusive or threatening action or comments to marshals, traffic officials, or technical officials will result in security removing the runner from the race and a report to both the Provincial federation and the runner's club for additional disciplinary procedures.
- NO SECONDING OR VEHICLES WILL BE ALLOWED on the route:
- Littering is an offence (rule 28). Do your bit to ensure that the race is litter free.
- Regret no wheelchairs, rollerblades, cycles, or mechanically operated device allowed in the races.
- No animals are allowed in the races.
- No pushing of prams or other wheeled carrier is allowed.
- Failure to wear race and / or relevant license numbers will result in disqualification

## RACE PACK COLLECTIONS:

- Race pack collection will be held at: *Boksburg Sportsmans Warehouse Cnr Rietfontein & Madeley Rd Shop 5-6, East Rand Value Mall, Hughes, Boksburg, 1459, South Africa +27 11 823 3203*
- Runners must show their ID and Race Number confirmation which will be sent out in the race week.
- Any consideration for multiple number collections will indicated on the race mailer.

## RACE PARKING, ARRIVAL, AND STARTS:

- There is race parking at Willow Park with access from Tom Jones.
- There are maps showing the preferred routes to the parking at Willow Park and in surrounding streets. Do NOT PARK in the highlighted areas as these block the race routes.
- Entrance to the ground will only be as follows:
  - From Tom Jones as pedestrian or vehicle to parking and then through to batches (this is preferred entrance)
  - Pedestrians ONLY from Liverpool Street (which is blocked at Harpur Road Fire station) from back gate.
- The 42km /21km race will be started in batches based on seeding. Race numbers will indicate the holding area batch. Seeded runners will line up in the street. All other batches will be in the Willow Park grounds as shown
- Batches will be advanced into the start area in timed rotation.
- The 10km Seeded runners will also start in the road after the last marathon batch. The procedure will be the same for both starts.

## TIMING:

- Peak Timing will be used to time all events.
- The timing chip will be attached to your race number
- Please do not fold or bend your race number as this may damage the timing chip
- All starts except the "Seeded" first waves are timed mat-to-mat and marathon performances can be used for Comrades and Two Oceans qualification
- Please make sure you cross all timing mats and check points.

## REFRESHMENT STATIONS / MEDICAL /ROUTE FACILITIES:

- Refreshment stations (+3km) will provide Coke and water.
- All tables on the second lap will provide snack and food for marathon runners
- Medical facilities are provided at the venue and along the route at waterpoints.

## LISTENING DEVICES:

- The race route is NOT fully closed to traffic. For safety reasons, participants are not allowed to use any form of earphones, ear Pods, etc during the race. This excludes hearing aids

## FINISH AND MEDICAL:

- The Cut Off's for the marathon and half marathon is 5 hours 30 minutes
- There are 'No Go Zones' 20 metres before and after the finish line, which are to be kept clear by everyone. These allow medical services to see and assist runners, officials to see runners and allows media to cover the race. Runners must clear these zones as fast as possible.
- Selfies may not be taken in the No-Go zones. An official photographer will be taking photos of every runner immediately prior to the finish.
- Any doping control or official interaction will occur immediately after the 20m zone
- Runners will collect their medal, finishers drink etc in the tent after the No Go Zone.

## PRIZE GIVING AND AWARDS:

- The results will be posted with the race announcer and at the technical centre and subject to the World Athletics rule 8.2
- If doping control is actioned at the event, prize money will be paid within 60 days of the results.
- The 10km prize giving will be held after 09:15
- The 21km prize giving will be scheduled for after 09:40
- The 42km prize giving will be scheduled for after 10:15

## INDEMNITY AND WAIVERS

Athletes indemnify the national, provincial, and regional bodies as well as sponsors and organizers of the race against all or any actions whatsoever nature, whether same may arise out of their participation in the race or otherwise.

Entries cannot be refunded, returned, or exchanged on account of weather or unforeseen events occurring beyond the control of the event organizers.

I also grant my permission to the Organizers or its agents, in terms of Section 51 of the Electronic Communications Transactions Act 25 of 2002, to use my name, race information and any photographs, video tapes, broadcast and/or telecast footage in which I may appear, for whatever use, at no charge.

I confirm that I will abide by all covid regulations, restrictions and instructions put in place by the organizers and understand that the requirements at time of entry may be changed by regulations applied by Government, local authority and / or Athletics South Africa by race date and that the organizers have committed to adhering to all necessary Covid regulations, while trying to minimize the impact on runners and race logistics.

## CANCELLATION

**NOTE: There is no intention of cancellation of this event, but if cancellation is enforced then all fees are non-refundable, and a percentage will be donated to nominated charities**

The Kids Haven [www.kidshaven.org](http://www.kidshaven.org).  
iThemba Rape and Trauma Support Centre [www.traumasupport.org](http://www.traumasupport.org)  
Bramley Child and Youth Care Centre [www.childwelfare.co.za](http://www.childwelfare.co.za)



FOUNDED 1906



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CENTRAL GAUTENG ATHLETICS



40th  
 **JOHNSON CRANEHIRE**  
 RUNNING & WALKING RACES  
 ACKNOWLEDGEMENTS  
 & SPONSORS

**SERVICE & ASSISTANCE**

1000km Promotions, ABI, Benoni High School (Pipe Band), B-One Hiring, Boost 'n Run, City of Ekurhuleni, CMS Security, Easterns Cricket Union, Family and Friends (BHAC), MPR Hiring, Pete's Sound, SBGHSS, Sportsvendo, St Johns, Thulane Car Guards, Vikings Cycling Club **CHARITIES** Bramley Child Care, iThemba Trauma Centre, Kids Haven **TIMING** Peak Timing **WATER TABLES** Benoni Scouts, CT Hydraulics, ELB Equipment, Ixaxa Office, Johnson Crane Hire, Pro Brake and Clutch, Shereno Printers, Strictly Signs CC

**ENTRY FEES** *(Excludes online transaction costs)*

42.2km R280 (Grandmaster R140)      21.1km R220 (Grandmaster R110)

10km R120 (Grandmaster R60)      5km R60

Temporary License Fees R60 (10km) | R70 (21.1km) | R200 (42.2km)

**PRIZE MONEY (MEN & WOMEN)**

Position	Category	Race		
		42.2km	21.1km	10km
First	Open	R2365	R2365	R605
Second	Open	R1210	R1210	R385
Third	Open	R715	R715	R165
First	Walker (Open)	R1775	R1775	R455
Second	Walker (Open)	R910	R910	R290
Third	Walker (Open)	R535	R535	R125

**PRIZE GIVING: 10KM AFTER 09H15, 21.1KM AFTER 09H40, 42.2KM AFTER 10H15**

Position	Category	Race		
		42.2km	21.1km	10km
First	Veteran	R715	R715	R385
Second	Veteran	R495	R495	R165
First	Master	R495	R495	R385
First	Grand Master	R275	R275	R165

*Please note that Junior runners must be 20 years old prior to 31 December 2023*



If you have any enquiries regarding a new project, or if you just simply have a comment or suggestion, contact us at 0860 CRANES (272637)

- 1 Mountjoy Street, Wilbart, Germiston, 1401
- PO Box 22, Edenvale, 1610
- Tel: +27 (0) 11 455 9222 • Fax: +27 (0) 11 455 9230
- Website: [www.jch.co.za](http://www.jch.co.za)



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