



DATE  
**18**  
FEBRUARY  
2024

**MFUNDO ARNOLD LUSHABA  
HALF MARATHON  
2024**

**AWARDS AND INFORMATION**

Medals will be awarded to all official finishers. T-Shirts to the first 200 entries

**Prize Money 21.1KM Males & Females Open**

1. R10 000 2. R4 000 3. R2 000  
4. R1 000 5. R 700

**Age Categories Male & Female 21.1KM**

60+	40 - 49	50 - 59	Juniors
R1 000	1 - R1 000	1 - R1 200	1 - R1 200
R 500	2 - R 500	2 - R 500	2 - R 800
			3 - R 500

In addition to 21.1km (Team Prize M/F R200\*4 =R800)  
First Local Athlete M&F to receive R1000 (Umzumbe)

Prize Money 10km Run - Male & Female	Walkers
<b>OPEN</b>	1. R 600
R4 000 2. R1 500 3. R1 000	2. R 300

**Age Category Male & Female 10KM**

Juniors. 1 **R1000. 2 R700. 3 R500**  
40-49. 1 **R800. 2 R500**  
50-59. 1 **R800. 2 R500**  
60+. 1 **R800. 2 R500**

**ENTRIES**

Online entries open on **18 January 2024. Close on 12 February 2024**  
@ [www.finishtime.co.za](http://www.finishtime.co.za)

**Manual registration And collection:** Umzumbe Municipal Offices  
on the **17th February 2024** from 10am to 19pm. And on the race day  
**18 February 2024** from **04:00am to 05:30am** at the **Start**  
(Esibanini).

**5km Fun Runners,  
You welcome with your  
R10 entry fee.**

**RACE RULES AND GENERAL  
INFORMATION ON HOW TO ENTER**

- The race is run in accordance with and subject to **WA, ASA & KZNA Rules.**
- All foreign athletes must abide by WA CR 1.7, TR 4.1 and TR 4.2 together with ASA Rule 9.
- Participants must be 16 years or older for 21km, 14years older for 10km
- KZNA approved age category tags must be worn at the front and back of vest/crop top and must be clearly visible.
- Junior athletes must be 19 years of age and younger on 31 December in the year of he competition.
- Temporary licences at the back and race numbers at the front of vest/crop top and must be clearly visible.
- Temporary Licensed Athletes are not covered a National insurance Policy, Refer to ASA Rule 25,6,15
- Unregistered athletes running with Temporary Licenses must run in neutral colours and adhere to WA and ASA Advertising Rules
- Holders of temporary licenses will be eligible for individual prizes and may claim age category prizes in keeping with WA and ASA Rule 25.6.13
- 2024 License numbers must be worn at the front and back of the vest/crop top with the race number at the front and must be clearly visible.
- Cut off time 21km : 3 hours.
- Cut off time 10km: 1 hour 30 minutes.
- Prize giving will commence at 9:30 am.
- Proof of age category may be required.
- Your entry fee will not be refunded if you do not participate.
- Personal seconding will not be allowed.
- Participants must obey the race officials , marshals and traffic officers.

<b>Distance</b>	<b>21km</b> <input type="checkbox"/>	<b>10km</b> <input type="checkbox"/>
<b>PERSONAL INFORMATION</b>		
ID Number	Date of Birth:	
Surname	Y	M
First Name	Gender <input checked="" type="checkbox"/>	M
E-mail		
Cellphone no.	Passport no.	
Club Name	License no.	
<b>RESIDENCY</b>		
South Africa	International	
<b>Background of an athlete, Umzumbe LM = Yes / No</b>		
T-shirt size	<b>XL</b> <input type="checkbox"/>	<b>L</b> <input type="checkbox"/>
	<b>M</b> <input type="checkbox"/>	<b>S</b> <input type="checkbox"/>
<b>MEDICAL INFORMATION</b>		
Do you have any allergies	Yes	No
Special Medical Condition	Yes	No
Medical Aid	Yes	No
Next of kin:	Name	Number
		Contact number
<b>ENTRY FEE</b>		
10KM RUN / WALK	<b>R500.00</b>	
21.1 KM RUN	<b>R100.00</b>	
TEMPORARY LICENCES	10KM R60	
	21.1KM R80	

**DIRECT DEPOSIT**

Runners may also pay their entry fee using bank details, surname and ID or passport number as a reference.

**BANK :** FNB  
**ACCOUNT HOLDER :** FINISH TIME  
**ACCOUNT NUMBER :** 6247 2947 583  
**BRANCH CODE :** 22426  
**ACCOUNT TYPE :** CURRENT

**RELEASE AND WAIVER**

I am in good health, physically fit and have sufficiently trained to participate in this event. I agree to comply with the rules, conditions of entry and regulations for this event which includes the payment of the entry fee. I hereby release and discharge the organizer of Mfundo Arnold Lushaba Half Marathon, all staff, consultants and *Sponsors of Mfundo Arnold Lushaba*.

This waiver applies to my executors, heirs, administrators, assigns and myself. I grant permission to the organizers and sponsors, in terms of *section 51 of the Electronic Communications Transactions Act 25 of 2002*, to use my name, race information and any photographs, video tape, broadcast and or /cast footage in which I may appear, for whatever use at no charge.

Signature

Date

ENTRY FORM

**NOTE: PERSONAL SECONDING WILL NOT BE ALLOWED.**

Prize giving will commence at **9:30 am** to process the results on website.

**Further enquiries** must be directed to **EMMANUEL LUSHABA** on **0829359220** or **NOEL CELE** @ **0828709321**

