



SINCE 1967

# 18 **18th ANNUAL** VAN WETTENS 4.5km & 10km NITE RACE 18

**RACE DATE: Friday 27 January 2023**

**TIME: 17h30**

**VENUE: KWANYONI LODGE**

(Bar/ Refreshments etc. Available)

**R1000 TO SCHOOL WITH MOST RUNNERS (4.5km only)**

**ENTRIES: Online entries only: [www.entrygeek.com](http://www.entrygeek.com)**

Entries close on **Thursday 26 January** at midnight.

No late entries. No entries on race day.

**ENTRY FEE: 10km - R100 / 4.5km - R50**

(R40 - temporary license for the 10km race if you are not affiliated with a running club. Need to be purchased online with your entry. No temporary licenses will be sold on race day)

**Medals to all finishers!!**

Race enquiries: **Mirandi** at **082 855 4094**

**PLEASE  
NOTE**

**NO DOGS  
NO BIKES  
ALLOWED**

**BRING YOUR  
HEAD LAMPS /  
TORCHES**

# VAN WETTENS NITE RACE 2023 - Entry Form

SURNAME \_\_\_\_\_

FIRST NAME \_\_\_\_\_ ID NUMBER \_\_\_\_\_

GENDER \_\_\_\_\_ AGE \_\_\_\_\_

CELL / TEL NO \_\_\_\_\_ EMAIL \_\_\_\_\_

Club \_\_\_\_\_ Valid 2022 ASA License No \_\_\_\_\_

Category J\*  / S  / 40+  / 50+  / 60+  / W

CLUB / SCHOOL NAME \_\_\_\_\_

RACE 10KM - R100  4.5KM - R50  TEMP. LICENCE - R40  (For 10km without ASA No only)

TEAM ENTRY 6 X R40 = R240  (For 4.5km only) FAMILY OF 4 TEAM = R120  (For 4.5km only)

I declare that I am an amateur and shall participate according to the rules laid down at my own risk, and that I indemnify the organisers and sponsors of this race against any claim which may result from my participation.

Competitor's Signature: \_\_\_\_\_ DATE: \_\_\_\_\_

(Parent or guardian if under 21 years of age)

## PRIZE MONEY

1ST OPEN R1000  
2ND OPEN R700  
3RD OPEN R500  
1ST JUNIOR R500

1ST 40+ R500  
1ST 50+ R500  
1ST 60+ R500  
WALKER R500

TEAM 4.5KM R600 voucher  
WINNER 4.5KM R300 voucher  
JUNIOR 4.5KM R100 voucher

## ASA Rules apply:

### REFEREES' DECISION IS FINAL

- Obey all Traffic Officials and Race Marshals.
- Temporary licence do not have insurance attached to them.
- The race will be run according to the rules of ASA, WORLD ATHLETICS (WA) & AMPU House rules.
- Ages: Athletes for 10km must be 14 years, 21 km must be 16 years or older on the day of the race.
- Proof of age (ID) to be produced upon request on day of race.
- All athletes participate at their own risk and by entering the event they acknowledge that they are medically fit to participate.
- Registered athletes must wear full club colours.
- 2022 license numbers on the front and back of the vest.
- Temporary license must be fixed on the back of the vest.
- Age category ID tags must be clearly displayed for the duration of the event (back and front) by athletes competing for a category prize AND must be fixed on all 4 corners and not be covered by rain jacket or any Shirt.
- Only athletes with a race number and license numbers will be allowed into event area. Race number must be worn on the front of the vest.
- ASA license numbers must not be covered with any paper race numbers /race bib.
- Walkers competing for Walkers prize must have the "W" fixed on the left front and back of the vest, all 4 corners must be fixed.
- There will be no Prize Giving. Prize money will be transferred electronically.
- No littering, please make use of waste boxes at the start/finish – RUN CLEAN
- All participants must take note that photographs might be taken at the event and placed on social media.
- No earphones, iPods and similar devices are allowed, as they are in contravention of the WA Rule 6.3 and will lead to disqualification.
- Two waterpoints on the route. Circle route No seconding will be allowed.
- Race numbers will be emailed, please print out and bring it on race day. Or can be collected before race day from Unity Technologies, Mbombela.