

**N2 CITY BLUEWATER BAY 15KM - BLUEWATER BAY - 2023/02/11**

POS	RNO	LICNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
1	1	355	MELIKHAYA	FRANS	IKHAMVA	M	33	SM	0.46.31	5
2	187	1361	ANDILE	MOTWANA	NEDBANK	M	26	SM	0.47.00	5
3	2	363	CWENGA	NOSE	IKHAMVA	M	22	SM	0.48.01	5
4	475	9755	LITHEBE	MENZELELELI	BOXER AC	M	23	SM	0.48.30	0
5	4	357	SINAWO	POTI	IKHAMVA	M	21	SM	0.50.21	5
6	663	356	LUYANDA	TSHANGANA	IKHAMVA	M	39	35-39M	0.50.22	5
7	657	358	MZWANELE	MAPHEKULA	IKHAMVA	M	46	45-49M	0.50.59	5
8	3	370	DESMOND	ZIBI	IKHAMVA	M	59	55-59M	0.51.23	5
9	660	376	HOPEWELL	JABAVU	IKHAMVA	M	39	35-39M	0.52.01	5
10	203	1458	GEORGE	NTSHILIZA	NEDBANK	M	43	40-44M	0.52.05	5
11	169	1335	ANELE	MALIZA	NEDBANK	M	45	45-49M	0.52.44	5
12	145	1825	KHAYA	GQWETHA	VUKANI	M	37	35-39M	0.53.08	5
13	195	1836	XOLISA	NDLUMBINI	VUKANI	M	40	40-44M	0.53.08	5
14	659	378	SIYABONGA	HONNI	IKHAMVA	M	39	35-39M	0.54.05	5
15	719	5890	MELIKHAYA	KEPE	TEMP	M	46	45-49M	0.54.16	0
16	225	20014	SIYABO	RHAFUZA	NEDBANK	M	18	JM	0.54.27	5
17	341	20115	LITHETHA	GCUME	CHILLIE	M	17	JM	0.55.08	4
18	210	1339	MILA	PASIYA	NEDBANK	M	43	40-44M	0.55.10	5
19	349	20245	SIMTHANDILE	GOLIATH	ACT AC	M	14	JM	0.55.42	4
20	100	6000	THULANI	MDLALO	TRANSNET	M	37	35-39M	0.56.23	5
21	567	994	MASANDE	MLONYENI	CHARLO	M	42	40-44M	0.56.31	5
22	272	1415	MANDISI	ZAMANI	NEDBANK	M	30	SM	0.56.35	4
23	353	59	SANUSE	MBONENI	ACT AC	M	38	35-39M	0.56.49	4
24	335	20127	SIBUSISO	COLEPI	MOTHER	M	18	JM	0.57.03	4
25	186	537	BATHANDWA	MOOI	VUKANI	M	38	35-39M	0.57.06	4
26	270	1443	DENYS	WOLMARANS	NEDBANK	M	43	40-44M	0.57.08	5
27	24	5924	ONATHI	STUURMAN	TEMP	M	23	SM	0.57.56	0
28	640	20222	SINELIZWI	VENENE	CHILLIEP	M	15	JM	0.57.56	4
29	764	1342	JEANDRY	DEERLING	IKHAMVA	M	30	SM	0.57.58	4
30	399	1728	NOEL	ADAMS	GELVAN	M	50	50-54M	0.58.23	5
31	267	1255	ERROL	WHITTAL	ELITEAC	M	47	45-49M	0.59.12	5
32	331	1752	LWAZI	MDUNYA	TRANSNET	M	37	35-39M	0.59.19	4
33	635	1400	KELLY	VAN VLIET	NEDBANK	F	35	35-39F	0.59.20	5
34	517	999	GRAHAM	ESHMADE	CHARLO	M	45	45-49M	0.59.34	5
35	447	1127	BRADLEY	MACKENZIE	ACH	M	51	50-54M	0.59.40	5
36	209	693	SAZISO	PANGINDAWO	NMBMUN	M	40	40-44M	1.00.04	4
37	304	1130	DARYL	NORTH	ACH	M	45	45-49M	1.00.08	5
38	23	5923	GODFREY	STUURMAN	TEMP	M	22	SM	1.00.09	0
39	571	4442	BANELE	MTABA	CHILLIEP	M	16	JM	1.00.39	3
40	185	1413	TUMELO	MOCHELENYANE	NEDBANK	M	40	40-44M	1.00.58	4
41	803	1439	SIMPIWE	MASELE	NEDBANK	M	34	SM	1.01.05	3
42	222	1398	MUTEKILE	RASMENI	NEDBANK	M	58	55-59M	1.01.16	5
43	576	908	KAYLA	NELL	CHARLO	F	28	SF	1.01.27	5
44	432	182	LUVUYO	DYANI	MOTHER	M	52	50-54M	1.01.30	5
45	802	1353	MZUKISI	KLAAS	NEDBANK	M	54	50-54M	1.01.59	5
46	248	1642	NICO	SMITH	MADIBA	M	37	35-39M	1.02.02	3
47	703	1330	RUAN	SMALBERGER	NEDBANK	M	33	SM	1.02.04	3
48	417	565	SEBASTIAN	KLEU	RUN4C	M	46	45-49M	1.02.13	4
49	705	1359	THEMBINKOSI	HAMBIYANI	NEDBANK	M	51	50-54M	1.02.28	5
50	727	5829	KGOTSO	MAJARA	TEMP	M	42	40-44M	1.02.31	0
51	120	1465	HENRY	CRAUSE	NEDBANK	M	40	40-44M	1.02.33	3
52	342	1493	THANDOLWETHU	NOBATANA	32GI	M	36	35-39M	1.02.42	3
53	240	2064	ANNALISE	SCHOLTZ	MADIBA	F	40	40-44F	1.02.46	5
54	570	993	THEMBEKILE	MSIPA	CHARLO	M	48	45-49M	1.02.52	4
55	431	175	BULELANI	MTSHWANE	SPAREC	M	31	SM	1.03.01	3
56	140	396	STANTON	FREEMAN	ACT AC	M	45	45-49M	1.03.14	4
57	407	1707	DAMIAN	OLIVER	GELVAN	M	31	SM	1.03.26	3
58	167	1344	CHRISTOPHER	MABENGEZA	NEDBANK	M	56	55-59M	1.03.47	5
59	368	5853	SKONGISENI	MJILO	TEMP	M	33	SM	1.03.55	0
60	476	1046	JEMAIN	WILSON	XCEL	M	35	35-39M	1.04.05	3
61	801	1406	REFELOE	SOLOMONS	NEDBANK	F	41	40-44F	1.04.14	5
62	568	20223	KHWEZI	MNQOJANA	CHILLIEP	M	18	JM	1.04.44	2
63	497	5811	JEZWIN	KOETAAN	TEMP	M	21	SM	1.04.56	0

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64	348	20030	EMIHLE	HOTATA	ACT AC	M	14	JM	1.04.57	2
65	243	1436	NTSIKELELO	SEBE	NEDBANK	M	40	40-44M	1.05.21	3
66	636	1437	DARREN	VAN VLIET	NEDBANK	M	39	35-39M	1.05.39	2
67	89	5989	INGE	WILLIAMS	TEMP	F	33	SF	1.05.47	0
68	367	5869	NKANGELEKO	NGCOSHOLA	32GI	M	31	SM	1.05.54	2
69	598	20226	ASANELE	PUZI	CHILLIEP	M	17	JM	1.05.54	2
70	618	20139	AKHONA	Tem bani	CHILLIEP	M	16	JM	1.05.54	2
71	763	572	THOZAMILE	BOKOLO	MADIBAZ	M	61	60-64M	1.06.05	5
72	6	5906	JONATHAN	BLANDFORD	TEMP	M	37	35-39M	1.06.08	0
73	582	1822	MZWANELE	NQOQO	VUKANI	M	45	45-49M	1.06.16	3
74	575	406	LONWABO	NDLALANI	CHILLIEP	M	45	45-49M	1.06.27	3
75	793	72	SEITSHIRO	MOLEMI	SANDFEP	M	38	35-39M	1.06.27	2
76	639	20228	LATHITHA	VENA	CHILLIEP	M	14	JM	1.06.30	2
77	480	1366	ZUKILE	PIPE	NEDBANK	M	44	40-44M	1.06.35	3
78	627	414	MNQWENO	TYOKOLO	CHILLIEP	M	40	40-44M	1.06.41	3
79	290	1571	WERNER ZEELIE	ZEELIE	DESPATCH	M	42	40-44M	1.06.42	3
80	747	5088	SIYAMTHANDA	KALASHE	TEMP	M	14	JM	1.06.49	0
81	486	5824	STANDIWE	BANGISO	TEMP	M	21	SM	1.06.57	0
82	113	1516	THERESA	BUCHNER	32GI	F	37	35-39F	1.06.58	3
83	585	931	ANDILE	NYOKA	CHARLO	M	50	50-54M	1.06.59	3
84	379	5880	SANELE	SAM	TEMP	M	30	SM	1.07.02	0
85	457	1869	KESETSELEMANG	THAGAKANE	HOLLYWOO	M	39	35-39M	1.07.09	2
86	416	301	IAN	PATTERSON	MUIRITE	M	59	55-59M	1.07.10	4
87	554	898	PATRIC	MAKWENKWE	CHARLO	M	56	55-59M	1.07.14	4
88	759	800	GRAHAM	TERBLANCHE	MADIBAZ	M	58	55-59M	1.07.17	4
89	214	1855	MARIO	PLAATJIES	GELVAN	M	42	40-44M	1.07.44	2
90	334	640	SAMKELO	SINYONGO	ASPEN	M	41	40-44M	1.07.48	2
91	396	1416	CHRISTINE	CLAASEN	NEDBANK	F	58	55-59F	1.07.50	5
92	792	341	GEDDES	GALLANT	SANDFEP	M	56	55-59M	1.07.56	4
93	588	1719	ANDRE	OWNHOUSE	GELVAN	M	55	55-59M	1.08.00	4
94	1969	1969	DQ		TEMP	M	42	40-44M	1.08.07	0
95	12	5912	ANNEMIE	HOLTZHAUZEN	TEMP	F	37	35-39F	1.08.14	0
96	551	1395	MICHAEL	MAGSON	NEDBANK	M	46	45-49M	1.08.18	3
97	96	5996	ERIK	KEMP	TEMP	M	46	45-49M	1.08.43	0
98	469	706	STEPHEN	MCCARTHY	CRUSADE	M	61	60-64M	1.08.50	5
99	343	4000	VUYISILE	SIMAYILE	NEDBANK	M	35	35-39M	1.08.51	2
100	226	1526	CANDICE	RICHARDS	32GI	F	30	SF	1.08.51	3
101	196	1639	VANDRE	NEL	MADIBA	M	38	35-39M	1.09.00	2
102	615	2134	SIZWE	SOLANI	HOLLYWOO	M	47	45-49M	1.09.07	2
103	717	970	MALCOLM	BLANDY	CHARLO	M	40	40-44M	1.09.10	2
104	597	985	CHRISTOFF	PUREN	CHARLO	M	32	SM	1.09.28	2
105	785	60	THANDO	NCIPHA	SAPPE	M	30	SM	1.09.43	2
106	75	5975	SIMAMKELE	NGCINGOLO	TEMP	M	25	SM	1.09.48	0
107	162	625	ROBIN	LAKE	ASPEN	M	33	SM	1.09.51	2
108	690	51411	THAMSANQA	JACK	KHULANI	M	45	45-49M	1.10.05	0
109	366	1422	RICHARD	RAMATSASA	GELVAN	M	47	45-49M	1.10.14	2
110	783	50941	MHANGASELELE	MNTUYEDWA	REALGIJ	M	38	35-39M	1.10.16	0
111	572	4443	APHELELE	Mtshilita	CHILLIEP	M	16	JM	1.10.36	2
112	312	1851	BASIL	STEVENS	GELVAN	M	51	50-54M	1.10.39	3
113	230	731	GAVIN	ROGERS	CRUSADE	M	58	55-59M	1.10.49	3
114	680	758	WERNER	DE LANGE	CRUSADE	M	35	35-39M	1.10.56	2
115	246	564	GAVIN	SILLS	RUN4C	M	49	45-49M	1.11.04	2
116	539	919	KELVIN	JOOSTE	CHARLO	M	36	35-39M	1.11.05	2
117	175	1457	RICHARD	MAZUNGULA	NEDBANK	M	46	45-49M	1.11.06	2
118	55	5955	MKHUSELI	DANISA	TEMP	M	28	SM	1.11.08	0
119	440	545	RUHAN	VAN RENSBURG	RUN4C	M	30	SM	1.11.11	2
120	64	5964	NICHOLAS	KELLY	TEMP	M	38	35-39M	1.11.14	0
121	704	1441	MARTIN	JANSEN	NEDBANK	M	54	50-54M	1.11.31	2
122	462	1032	CHRISTIAN	DU PREEZ	XCEL	M	53	50-54M	1.11.37	2
123	58	5958	NOSIPHO	DLAMINI	TEMP	F	35	35-39F	1.11.37	0
124	4796	1370	WERNER	MEYER	NEDBANK	M	49	45-49M	1.11.38	2
125	505	546	CHARLES	CORBY	RUN4C	M	52	50-54M	1.11.51	2
126	418	404	MAX	SOFUTE	CHILLIEP	M	44	40-44M	1.12.01	2
127	587	1385	KOOS	OLIVIER	NEDBANK	M	65	65-69M	1.12.04	5

POS	RNO	LICNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
128	720	5892	GRANT	MISKIN	TEMP	M	29	SM	1.12.05	0
129	365	1848	DENVER	PETERSEN	GELVAN	M	39	35-39M	1.12.13	2
130	710	5881	MONDRE	GALLANT	TEMP	M	34	SM	1.12.18	0
131	410	179	LONWABO	MTSHAKE	SPAREC	M	52	50-54M	1.12.18	2
132	569	964	JUSTIN	MOGRIDGE	CHARLO	M	34	SM	1.12.27	2
133	552	1394	DAVERA	MAGSON	NEDBANK	F	48	45-49F	1.12.34	3
134	347	20033	INDIPHILE	MKHOSANA	ACT AC	F	16	JF	1.12.35	2
135	378	5879	BONGINKOSI	NTOSE	TEMP	M	15	JM	1.12.35	0
136	614	2362	Sivenathi	Sodladla	SIBALEKA	M	15	JM	1.12.35	2
137	212	1968	HENRY	PIENAAR	BLUEBAY	M	51	50-54M	1.12.43	2
138	313	1612	BRUCHANE	WILLIAMS	GELVAN	M	36	35-39M	1.12.51	2
139	158	1235	PHILLIP	KEMP	ELITEAC	M	40	40-44M	1.12.54	2
140	163	1263	KAHN	LANGFORD	VWAC	M	44	40-44M	1.13.03	2
141	401	965	THEMBISILE	MSUTHU	VUKANI	M	44	40-44M	1.13.04	2
142	463	1489	REBECCA	JORDAAN	32GI	F	32	SF	1.13.08	2
143	679	1040	NIGEL	DANIELS	XCEL	M	47	45-49M	1.13.11	2
144	600	957	PIERRE	RENSHAW	CHARLO	M	49	45-49M	1.13.23	2
145	553	477	MHLENGI	MAHLABA	HOLLYWOO	M	31	SM	1.13.26	2
146	174	1035	JEROME	MAY	XCEL	M	56	55-59M	1.13.29	2
147	645	1334	SUZETTE	VICTOR	NEDBANK	F	52	50-54F	1.13.30	4
148	687	5969	SITHA	SIGENU	REALGIJ	F	39	35-39F	1.13.32	0
149	629	2299	ETIENNE	VAN GREUNEN	MADIBA	M	22	SM	1.13.36	2
150	748	5153	ATHULE	NTSHUNTSHA	TEMP	M	26	SM	1.13.44	0
151	264	1138	MICHAEL	WALLIS	ACH	M	44	40-44M	1.13.50	2
152	506	878	DANE	CRONJE	CHARLO	F	25	SF	1.13.52	2
153	129	1659	HANNES	ELS	MADIBA	M	73	70+M	1.13.58	5
154	373	5872	JOLENE	ROSSOUW	MADIBA	F	26	SF	1.14.10	2
155	498	5812	CALEB	DOMINGO	TEMP	M	15	JM	1.14.16	0
156	266	2323	JANINE	WHITTAL	ELITEAC	F	41	40-44F	1.14.17	2
157	31	890	SIMPHIWE	BLOU	CHARLO	M	50	50-54M	1.14.18	2
158	788	1647	JUSTIN	LEESON	MADIBA	M	37	35-39M	1.14.20	2
159	699	1754	FREEK	DANIELS	TRANSNET	M	56	55-59M	1.14.20	2
160	256	1010	JAN	VAN EEDEN	NEDBANK	M	64	60-64M	1.14.21	3
161	393	5839	PUCK	MERCEY	TEMP	F	33	SF	1.14.35	0
162	602	1262	SABIR	SALIE	VWAC	M	35	35-39M	1.14.38	2
163	422	1872	AYANDA	GROOTBOOM	HOLLYWOO	M	38	35-39M	1.14.41	2
164	786	1801	LUNGISA	MKOSI	VUKANI	M	35	35-39M	1.14.41	2
165	211	324	SERGIO	PETERSON	RUN4C	M	44	40-44M	1.14.43	2
166	557	952	CINDY	MARAIS	CHARLO	F	45	45-49F	1.14.56	3
167	141	692	GODFREY	GELDERBLOEM	NMBMUN	M	54	50-54M	1.15.03	2
168	669	5803	MELANIE	GORMAN	TEMP	F	38	35-39F	1.15.10	0
169	269	448	INGE	WILLIAMSON	PROFILES	F	29	SF	1.15.12	2
170	667	5800	JESSICA	DE LANGE	TEMP	F	29	SF	1.15.24	0
171	584	263	LINDIKHAYA	NTEYI	TINARHA	M	43	40-44M	1.15.35	2
172	492	5834	BRENDAN	BOSMAN	TEMP	M	38	35-39M	1.15.39	0
173	491	5833	MZWANDILE	MQELA	TEMP	M	40	40-44M	1.15.49	0
174	408	1721	LIZETTE	OLIVER	GELVAN	F	36	35-39F	1.15.50	2
175	652	4419	AKHONA	ZAKE	CHILLIEP	F	17	JF	1.16.20	2
176	224	1081	MICHELLE	REED	ACH	F	37	35-39F	1.16.44	2
177	451	561	DARRYL	CALVERT	RUN4C	M	47	45-49M	1.16.45	2
178	123	1275	PLAAITJIE	DAMONS	VWAC	M	59	55-59M	1.16.45	2
179	104	1316	SERGEI	BENJAMIN	VUKANI	M	36	35-39M	1.16.53	1
180	377	5874	LEKELA	NKONKI	TEMP	M	51	50-54M	1.16.54	0
181	308	51589	COBUS	SPIES	DESPATCH	M	46	45-49M	1.16.57	2
182	749	2352	DUMISA	KINQANA	VOLO	M	33	SM	1.17.07	1
183	784	1809	SIBONGILE	MGQEBA	VUKANI	F	35	35-39F	1.17.10	2
184	556	948	THOMAS	MARAIS	CHARLO	M	36	35-39M	1.17.20	1
185	336	20051	MAZALENI	TEYISE	ACT AC	M	18	JM	1.17.23	1
186	387	5863	FREDAH	NCUBE	TEMP	F	40	40-44F	1.17.28	0
187	340	1323	VUSUMZI	SIMAKUHLE	NEDBANK	M	57	55-59M	1.17.37	2
188	634	883	LINDI	VAN TONDER	CHARLO	F	44	40-44F	1.17.42	2
189	362	5867	COLLEN	MOTSEPE	TEMP	M	38	35-39M	1.17.45	0
190	327	4729	MALWANDE	MAGADLA	SABC	M	34	SM	1.17.47	0
191	250	555	BURNITA	STRYDOM	RUN4C	F	54	50-54F	1.17.47	3

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192	306	1060	DEAN	FINLAY	ACH	M	56	55-59M	1.17.49	2
193	672	5808	CANDICE	SHARP	TEMP	F	39	35-39F	1.18.03	0
194	149	1666	Julia	Hofart	MADIBA	F	39	35-39F	1.18.07	2
195	39	893	HISHAAN	BHANA	CHARLO	M	26	SM	1.18.10	1
196	329	1839	REBECCA	GATANGI	VUKANI	F	37	35-39F	1.18.16	2
197	725	5898	MOJALO	SELLO	TEMP	M	36	35-39M	1.18.16	0
198	2018	2018	DQ		TEMP	M	42	40-44M	1.18.17	0
199	328	1621	CHARL	DE LANGE	MADIBA	M	38	35-39M	1.18.21	1
200	13	5913	DEON	HOLTZHAUSEN	TEMP	M	37	35-39M	1.18.24	0
201	522	914	ETIENNE	GERBER	CHARLO	M	53	50-54M	1.18.34	2
202	59	5959	THANDO	DLELAPHANTSI	TEMP	M	30	SM	1.18.45	0
203	427	508	OLWETHU	BOMVANA	MOTHER	F	36	35-39F	1.18.46	2
204	52	5952	MTUTUZELI	BODO	TEMP	M	52	50-54M	1.18.47	0
205	405	1378	THEMBELANI	MABONGO	NEDBANK	M	44	40-44M	1.18.57	1
206	577	887	LYNNE	NEUBERT	CHARLO	F	50	50-54F	1.18.58	2
207	624	20227	NOMANDLA	TOLWANA	CHILLIEP	F	15	JF	1.19.00	2
208	653	411	SIYABONGA	ZULU	CHILLIEP	M	41	40-44M	1.19.01	1
209	433	1300	VERNON	NAIDOO	VWAC	M	53	50-54M	1.19.08	2
210	220	554	PETRUS	RADEMEYER	RUN4C	M	48	45-49M	1.19.20	1
211	442	1282	SEBASTIAN	HAARHOFF	VWAC	M	45	45-49M	1.19.25	1
212	675	327	ELWIN	WOODS	MUIRITE	M	59	55-59M	1.19.29	2
213	664	5664	LUYANDA	NOTWANA	TEMP	M	37	35-39M	1.19.34	0
214	254	317	JEAN-PIERRE	VAN DER MERWE	MUIRITE	M	25	SM	1.19.40	1
215	482	5482	DISEMBA	BLOU	CHARLO	M	64	60-64M	1.19.44	2
216	698	2224	YANDISA	FAKU	MADIBAZ	M	35	35-39M	1.19.53	1
217	309	2397	STEPHAN	SCHUTTE	RUN4C	M	50	50-54M	1.19.54	2
218	656	5656	ARTHUR	WEBB	TEMP	M	51	50-54M	1.20.04	0
219	406	1111	GRAHAM	CHANNON	ACH	M	73	70+M	1.20.06	3
220	332	2008	SIYABONGA	PANDLE	XCEL	M	53	50-54M	1.20.10	2
221	455	601	MBULELO	KITAS	YOUTH	M	53	50-54M	1.20.13	2
222	790	20123	Sinethemba	Ngabase	SIBALEKA	M	20	SM	1.20.18	1
223	371	5871	CHUMA	POTI	TEMP	M	26	SM	1.20.18	0
224	559	1876	NTOMBAMAZIZI	MATOLE	HOLLYWOO	F	41	40-44F	1.20.19	2
225	686	721	FIONA	FLEUR	CRUSADE	F	37	35-39F	1.20.28	2
226	68	5968	MVULELI	MAGAWULANA	TEMP	M	46	45-49M	1.20.35	0
227	449	1597	EDVIN	DONLEY	DESPATCH	M	45	45-49M	1.20.38	1
228	684	5684	DEANDRE	VAN DER MERWE	ELITEAC	M	22	SM	1.20.51	1
229	397	50331	SIYABONGA	GADU	ENGCOBO	M	40	40-44M	1.21.00	0
230	412	1258	MARTIN	LANGLEY	ELITEAC	M	42	40-44M	1.21.02	1
231	658	374	NTOMBENTSHA	NAZO	IKHAMVA	F	38	35-39F	1.21.03	1
232	237	283	LORENZO	SAMUELS	MUIRITE	M	37	35-39M	1.21.07	1
233	670	5804	NATALIE	VAN DER LINDE	TEMP	F	38	35-39F	1.21.10	0
234	471	288	WARREN	GRIFFITHS	MUIRITE	M	57	55-59M	1.21.11	2
235	623	1420	GRAEME	TING CHONG	NEDBANK	M	54	50-54M	1.21.16	1
236	142	1430	CHARL	GERBER	32GI	M	46	45-49M	1.21.18	1
237	662	5662	ZUKISANI	BOTHA	TEMP	M	38	35-39M	1.21.20	0
238	151	619	BRETT	HOLMES	ASPEN	M	48	45-49M	1.21.23	1
239	228	1233	CURT	ROBERTS	ELITEAC	M	37	35-39M	1.21.23	1
240	238	934	HERMAN	SCHEEPERS	DESPATCH	M	47	45-49M	1.21.25	1
241	245	1001	AMANDA	SHAW	BODYCON	F	58	55-59F	1.21.29	2
242	425	278	CATHY	CURTAIN	MUIRITE	F	52	50-54F	1.21.32	2
243	443	1824	VUYILE	TIKWAYO	VUKANI	M	41	40-44M	1.21.40	1
244	97	5997	JANE	KEMP	TEMP	F	46	45-49F	1.21.40	0
245	423	1946	MICHAEL	SMITH	BLUEBAY	M	49	45-49M	1.21.41	1
246	178	1448	THELMA	MCOPELO	NEDBANK	F	40	40-44F	1.21.43	2
247	326	2007	GRIZELDA	PIETERSEN	GELVAN	F	54	50-54F	1.21.48	2
248	119	1949	LEONARD	CONRADIE	BLUEBAY	M	68	65-69M	1.21.52	2
249	473	1043	DAVID	BAINS	XCEL	M	56	55-59M	1.22.11	2
250	301	220	BENNIE	THYSSE	DESPATCH	M	65	65-69M	1.22.13	2
251	161	1396	BUYELWA	KOBOKANA	NEDBANK	F	57	55-59F	1.22.16	2
252	143	1635	DORIS	GERBER	MADIBA	F	52	50-54F	1.22.17	2
253	791	501	VUSIKAYA	MANCAPA	MOTHER	M	57	55-59M	1.22.20	1
254	135	634	JO-ANNE	FORSON	ASPEN	F	35	35-39F	1.22.21	1
255	302	637	MARK	GODDARD	ASPEN	M	26	SM	1.22.22	1

POS	RNO	LICNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
256	595	922	Sherwin	Plaattjies	CHARLO	M	41	40-44M	1.22.28	1
257	526	551	RODGER	GYSMAN	RUN4C	M	49	45-49M	1.22.31	1
258	758	1131	TAWFEEQ	VYVER	NEDBANK	M	24	SM	1.22.35	1
259	268	205	LUDINE	WILLIAMS	XCEL	F	35	35-39F	1.22.37	1
260	351	1125	MICHAEL	PRINCE	NEDBANK	M	49	45-49M	1.22.37	1
261	311	5311	JIMMY	HEADBUSH	TEMP	M	52	50-54M	1.22.38	0
262	121	904	MATTHEW	CULLIS	CHARLO	M	41	40-44M	1.22.38	1
263	503	894	TONY	CLARKE	CHARLO	M	62	60-64M	1.22.40	2
264	280	851	GILROY	DOMINGO	GELVAN	M	50	50-54M	1.22.42	1
265	159	1225	SUSANNA	KEMP	ELITEAC	F	39	35-39F	1.22.48	1
266	318	556	ARTHUR	WILLIAMS	RUN4C	M	60	60-64M	1.22.50	2
267	420	1236	STEPHEN	KLUE	ELITEAC	M	64	60-64M	1.22.50	2
268	695	50080	LA-AFRIKA	NGWENZE	CHEETAH	F	40	40-44F	1.22.51	0
269	428	1473	KEVIN	ATTWELL	32GI	M	54	50-54M	1.22.52	1
270	128	5734	ANNEMIE	DU TOIT	ELITEAC	F	38	35-39F	1.22.56	1
271	562	1067	MTHETHELI	MBETHE	ACH	M	43	40-44M	1.23.01	1
272	359	5848	JAMAL	ASANI	TEMP	M	36	35-39M	1.23.16	0
273	673	664	JUANITA	FULLER	ALBANY	F	46	45-49F	1.23.17	2
274	199	611	HAYLEY	NEWING	ASPEN	F	38	35-39F	1.23.21	1
275	115	1575	LESLEY-ANN	BUSH	DESPATCH	F	50	50-54F	1.23.32	2
276	448	277	DE WET	WILLIAMS	MUIRITE	M	60	60-64M	1.23.48	1
277	361	5866	RELTON	BARENDSE	TEMP	M	45	45-49M	1.23.49	0
278	320	1042	EUGENE	VAN WYK	XCEL	M	51	50-54M	1.23.51	1
279	655	2309	NKOSINATHI	CLAY	CHILLIEP	M	58	55-59M	1.23.56	1
280	180	1637	CHARL	MEISTRE	MADIBA	M	37	35-39M	1.24.08	1
281	558	928	ALLISTER	MARRAN	CHARLO	M	46	45-49M	1.24.09	1
282	346	1346	IVAN	MOSES	NEDBANK	M	60	60-64M	1.24.11	1
283	229	727	ANGELA	ROGERS	CRUSADE	F	53	50-54F	1.24.22	2
284	165	119	THEMALETHU	MANA	VARSITY	M	46	45-49M	1.24.28	1
285	633	1389	MARTIE	VAN SCHALKWYK	NEDBANK	F	58	55-59F	1.24.31	2
286	677	66	ANITA	VISAGIE	SAPPE	F	44	40-44F	1.24.35	1
287	374	5739	NATALIE	BOSHOFF	32GI	F	36	35-39F	1.24.54	1
288	27	5927	WENDELL	ZEALAND	TEMP	M	36	35-39M	1.25.11	0
289	201	51708	TABO	NOMBUTUMA	MUTUAL	M	42	40-44M	1.25.13	0
290	284	1222	KELLY	NAIDOO	ELITEAC	F	41	40-44F	1.25.14	1
291	338	1626	GERRIT	FYVER	MADIBA	M	38	35-39M	1.25.16	1
292	581	1878	MELUMZI	NORUSHU	HOLLYWOO	M	54	50-54M	1.25.24	1
293	234	750	PIETER	ROUX	CRUSADE	M	67	65-69M	1.25.29	1
294	383	5815	ESTEE	COCKROFT	TEMP	F	38	35-39F	1.25.30	0
295	392	5840	AVETTE	BOTHA	TEMP	F	36	35-39F	1.25.37	0
296	295	1031	CHESTER	BROOKS	XCEL	M	64	60-64M	1.25.38	1
297	44	1907	SONWABISO	JIKA-JIKA	SIBALEKA	M	37	35-39M	1.25.44	1
298	508	695	DAVID	HUMAN	NMBMUN	M	63	60-64M	1.25.48	1
299	610	930	IMKE	SMIT	CHARLO	F	34	SF	1.25.50	1
300	65	5965	PIERRE	KOK	TEMP	M	52	50-54M	1.25.50	0
301	632	926	TREVOR	VAN RENSBERG	CHARLO	M	70	70+M	1.25.51	2
302	46	862	SAMANTHA	MUKHEIBIR	CHARLO	F	44	40-44F	1.25.53	1
303	197	1636	LISTIA	NEL	MADIBA	F	47	45-49F	1.25.55	1
304	101	696	SERGIO	BAARTZES	NMBMUN	M	38	35-39M	1.25.57	0
305	208	1552	THERESA	OOSTHUIZEN	DESPATCH	F	51	50-54F	1.25.59	1
306	255	284	ESTELLE	VAN DER MERWE	MUIRITE	F	57	55-59F	1.26.01	2
307	685	1259	HEINZ	CONRAD	ELITEAC	M	44	40-44M	1.26.06	1
308	277	1201	CATHY	ALLERS	ELITEAC	F	61	60-64F	1.26.09	2
309	375	5875	GIFT	MBEDZI	TEMP	M	26	SM	1.26.16	0
310	523	1214	BENITA	GERBER	ELITEAC	F	58	55-59F	1.26.31	2
311	14	5914	ALEXANDER	KROMHOUT	TEMP	M	40	40-44M	1.26.35	0
312	617	1560	PIETER	STRYDOM	DESPATCH	M	61	60-64M	1.26.38	1
313	5	2002	LUVUYO	BANGAZI	IKHAMVA	M	46	45-49M	1.26.45	1
314	352	1129	TOEGEDA	VYVER	NEDBANK	F	50	50-54F	1.26.50	1
315	722	5722	KAHNGELANI	HALOM	TEMP	M	41	40-44M	1.26.52	0
316	241	1481	WAYNE	SCHOLTZ	32GI	M	42	40-44M	1.26.54	1
317	696	1590	ANNEKE	MOORE	DESPATCH	F	39	35-39F	1.26.56	1
318	518	765	LESLIE	FERREIRA	CRUSADE	M	27	SM	1.27.00	1
319	543	1515	PAIGE	LEE	32GI	F	56	55-59F	1.27.01	2

POS	RNO	LICNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
320	179	674	YENZILE	MDODANA	NMBMUN	F	30	SF	1.27.02	1
321	388	5844	SIBUSISO	DLAMINI	TEMP	M	41	40-44M	1.27.03	0
322	107	1585	GEORGE	BOTES	DESPATCH	M	49	45-49M	1.27.04	1
323	110	1588	JACQUES	BOTHA	DESPATCH	M	48	45-49M	1.27.05	1
324	281	9003	LUISA	MALAVE VINK	ASPEN	F	31	SF	1.27.08	1
325	235	1211	SANETTE	RYAN	ELITEAC	F	52	50-54F	1.27.14	1
326	693	1006	BRUCE	GIE	BODYCON	M	49	45-49M	1.27.17	1
327	317	1648	KEITH	VALENTINE	MADIBA	M	32	SM	1.27.26	1
328	681	143	LUVUYO	CAMAGU	PEAAC	M	32	SM	1.27.35	1
329	723	5895	NKULULEKO	CETYWAYO	TEMP	M	46	45-49M	1.27.42	0
330	108	1586	MAUDY	BOTES	DESPATCH	F	41	40-44F	1.27.43	1
331	357	5846	RIAN	DELPORT	DESPATCH	M	37	35-39M	1.27.45	1
332	536	1731	STANTON	JANTJIES	GELVAN	M	45	45-49M	1.27.49	1
333	21	5921	NATALIE	RAW	TEMP	F	36	35-39F	1.27.56	0
334	400	1700	ELIZE	ADAMS	GELVAN	F	48	45-49F	1.27.57	1
335	6001	6001	DQ		TEMP	M	43	40-44M	1.28.00	0
336	709	5899	WARREN	KNOTT	TEMP	M	45	45-49M	1.28.05	0
337	674	2005	KHANGELANI	NGQATIYA	HOLLYWOO	M	42	40-44M	1.28.06	1
338	605	935	BRENTON	SCHNETLER	CHARLO	M	48	45-49M	1.28.11	1
339	409	51473	PHUNYEZWA	NDEVU	SABC	F	56	55-59F	1.28.17	0
340	435	1565	BONITA	WEITSZ	DESPATCH	F	50	50-54F	1.28.22	1
341	775	1431	GIDEON	MENGO	NEDBANK	M	45	45-49M	1.28.23	1
342	441	1299	MICHAEL	SLATER	VWAC	M	52	50-54M	1.28.24	1
343	445	50968	ANELISA	MAGAMA	REALGIJ	F	36	35-39F	1.28.27	0
344	665	5798	TEMBILE	MANGESI	BLUEBAY	M	54	50-54M	1.28.28	1
345	26	5926	CANDICE	VAN ROOYEN	TEMP	F	36	35-39F	1.28.29	0
346	666	5666	KIRK	HELLIKER	TEMP	M	66	65-69M	1.28.35	0
347	94	5994	NYAKALLO	KHIBA	TEMP	F	34	SF	1.28.40	0
348	182	51710	THANDEKA	MHLANGA	TRANSFOR	F	32	SF	1.28.41	0
349	516	697	DEON	ENGELBRECHT	NMBMUN	M	55	55-59M	1.28.43	1
350	22	5922	NORMAN	SILKE	MADIBA	M	44	40-44M	1.28.44	1
351	354	151	SIPHOKAZI	NOJOKO	ACT AC	F	28	SF	1.28.47	1
352	350	20048	LIMIKHAYA	NGQANDU	ACT AC	M	15	JM	1.28.49	1
353	601	982	PRISHEN	RYAN	CHARLO	M	32	SM	1.28.50	1
354	390	1837	MADODA	BAMBALAZA	VUKANI	M	40	40-44M	1.28.53	1
355	583	412	NOSITO	NQWATA	CHILLIEP	F	40	40-44F	1.28.58	1
356	244	189	THABISO	SETHUOA	CHILLIEP	M	33	SM	1.28.58	1
357	676	5676	KEVIN	MAGNUS	TEMP	M	52	50-54M	1.28.59	0
358	164	1269	SIMON	LELAKA	VWAC	M	50	50-54M	1.29.00	1
359	555	1500	JONATHAN	MANDELL	32GI	M	58	55-59M	1.29.01	1
360	444	1601	ANIZE	GERBER	DESPATCH	F	50	50-54F	1.29.11	1
361	535	1071	HEIDI	JANSEN	ACH	F	56	55-59F	1.29.19	1
362	643	880	WENDY	VENTER	CHARLO	F	51	50-54F	1.29.20	1
363	166	741	MARGARET	LLOYD	CRUSADE	F	59	55-59F	1.29.35	1
364	99	5999	SANGE	MTHINTELWA	TEMP	M	19	SM	1.29.36	0
365	98	5998	PHILANI	XABADIYA	TEMP	M	23	SM	1.29.36	0
366	227	7324	MONIQUE	RICHARDSON	MUIRITE	F	27	SF	1.29.40	1
367	263	1115	ANNE	WALLIS	ACH	F	41	40-44F	1.29.49	1
368	683	4417	Christiaan	Van der Merwe	ELITEAC	M	16	JM	1.29.51	1
369	707	1227	CLAUDETTE	LE ROUX	ELITEAC	F	38	35-39F	1.29.54	1
370	85	5985	MARTIN	TSHABANGU	TEMP	M	36	35-39M	1.29.59	0
371	124	1234	DEWALD	DEYSEL	ELITEAC	M	40	40-44M	1.30.02	1
372	654	9010	RYAN	BURTON	CHARLO	M	38	35-39M	1.30.04	1
373	531	307	DENVER	HUME	MUIRITE	M	45	45-49M	1.30.10	1
374	402	665	CAROLYN	GRANT	ALBANY	F	57	55-59F	1.30.12	1
375	376	5858	ZANDILE	SIYATA	TEMP	F	34	SF	1.30.12	0
376	692	2277	SUSAN	ALCOCK	MADIBA	F	57	55-59F	1.30.13	1
377	403	1283	URAN	LE ROUX	VWAC	M	56	55-59M	1.30.16	1
378	613	213	SHARON	SMUTS	CSEP	F	56	55-59F	1.30.17	1
379	733	5733	LUNGA	TUKANI	TEMP	M	41	40-44M	1.30.29	0
380	439	5439	ENVER	VOGEL	TEMP	M	31	SM	1.30.31	0
381	305	1567	JACOBUS	WYATT	DESPATCH	M	59	55-59M	1.30.39	1
382	589	46	CRAIG	PETERSEN	SAPPE	M	48	45-49M	1.30.51	1
383	678	1678	ADELE	SLABBERT	MADIBA	F	52	50-54F	1.30.52	1

POS	RNO	LICNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
384	429	1472	NICOLA	ATTWELL	32GI	F	43	40-44F	1.30.55	1
385	73	5973	XOLA	MBATSHA	NMBMUN	M	42	40-44M	1.31.03	1
386	297	967	MIKE	BURGER	CHARLO	M	63	60-64M	1.31.08	1
387	395	78	HENRY	PRAHALADH	INFINITY	M	55	55-59M	1.31.18	1
388	474	176	WALTER	ZIMBEVA	SPAREC	M	42	40-44M	1.31.20	1
389	504	444	VANESSA	COETZEE	MUIRITE	F	46	45-49F	1.31.22	1
390	513	50	MICHAEL	DEKKER	SAPPE	M	50	50-54M	1.31.22	1
391	586	470	HEINRICH	OBERHOLZER	WALMER	M	29	SM	1.31.23	1
392	41	51	MELISSA	DU RANDT	SAPPE	F	32	SF	1.31.23	1
393	202	1826	AKHONA	NTANJANA	VUKANI	F	35	35-39F	1.31.24	1
394	468	745	KATHLEEN	FLANAGAN	CRUSADE	F	37	35-39F	1.31.25	1
395	648	876	GEORGE	WINSHIP	CHARLO	M	57	55-59M	1.31.26	1
396	466	1702	LEONARD	GROVES	GELVAN	M	58	55-59M	1.31.27	1
397	524	1716	DERICK	GOLIATH	GELVAN	M	59	55-59M	1.31.29	1
398	363	5851	ARNEY	MCCARTHY	TEMP	M	16	JM	1.31.32	0
399	364	5852	GIFT	RAMATSASA	GELVAN	M	18	JM	1.31.33	1
400	200	419	AMANDA	NOHAJI	CHILLIEP	F	34	SF	1.31.35	1
401	5891	1846	ZOLANI	MQOQI	VUKANI	M	46	45-49M	1.31.36	1
402	483	5433	KHAKA	NJOZELA	TEMP	M	36	35-39M	1.31.37	0
403	184	50215	ZIBONGILE	MNYAMANA	BALEKANI	F	34	SF	1.31.50	0
404	750	5344	LUTHANDO	NDZAMBO	MADIBAZ	M	39	35-39M	1.32.03	1
405	467	705	OCTAVIA	BOSHOFF	CRUSADE	F	53	50-54F	1.32.10	1
406	53	5953	RODNEY	BUTTERS	TEMP	M	60	60-64M	1.32.12	0
407	743	5975	YUSUF	ADAM	TEMP	M	43	40-44M	1.32.20	0
408	133	469	RIANA	FIGG	NMBAC	F	32	SF	1.32.22	0
409	132	471	MALCOLM	FIGG	NMBAC	M	64	60-64M	1.32.22	0
410	103	746	JOHAN	BARNARD	CRUSADE	M	67	65-69M	1.32.26	1
411	501	903	KESVAL	CHETTY	CHARLO	M	58	55-59M	1.32.31	1
412	150	618	KELLY	HOLMES	ASPEN	F	46	45-49F	1.32.36	1
413	330	191	THUTHUKA	SONGELWA	COEGA	F	43	40-44F	1.32.43	1
414	213	1264	LAVINIA	PIETERSE	VWAC	F	48	45-49F	1.32.45	1
415	715	5887	RUSHDA	JAPPIE	TEMP	F	52	50-54F	1.32.46	0
416	252	1429	RIKA	TERBLANCHE	NEDBANK	F	45	45-49F	1.32.57	1
417	716	5888	FAIQ	JAPPIE	TEMP	M	50	50-54M	1.33.00	0
418	438	6438	ANTHONY	DELPOR	TEMP	M	46	45-49M	1.33.01	0
419	358	5847	SIOBHAN	NEWCOMBE	TEMP	F	33	SF	1.33.11	0
420	661	1933	CARLA	YORK	BLUEBAY	F	32	SF	1.33.12	1
421	286	5870	WILLEM	PIETERS	MADIBA	M	31	SM	1.33.18	1
422	711	5882	WILLEM	SCHOEMAN	MADIBA	M	33	SM	1.33.18	1
423	239	1665	JACQUELINE	SCHOEMAN	MADIBA	F	33	SF	1.33.20	1
424	356	5865	DELME	REDCLIFFE	TEMP	M	39	35-39M	1.33.23	0
425	292	1284	DEAN	BOSMAN	VWAC	M	40	40-44M	1.33.24	1
426	11	5991	SIPHIWO	YONKE	TEMP	M	42	40-44M	1.34.20	0
427	452	1819	ANDILE	BOVUNGANA	VUKANI	M	56	55-59M	1.34.20	1
428	126	82	LETA	DOS SANTOS	INFINITY	F	58	55-59F	1.34.21	1
429	249	543	VERONICA	SMITH	BODYCON	F	56	55-59F	1.34.24	1
430	458	1544	NOLEEN	AMBRAAL	DESPATCH	F	52	50-54F	1.34.25	1
431	611	1708	DEON	SMITH	GELVAN	M	55	55-59M	1.34.29	1
432	430	1704	KEITH	SEZOE	GELVAN	M	52	50-54M	1.34.33	1
433	114	1476	DEIDRE	BURGER	32GI	F	49	45-49F	1.34.45	1
434	560	896	GAVIN	MATTHEWS	CHARLO	M	47	45-49M	1.34.46	1
435	93	5993	MZUVUKILE	ZENDILE	TEMP	M	39	35-39M	1.34.49	0
436	25	5925	CELESTE	SWART	32GI	F	53	50-54F	1.34.52	1
437	641	990	KIM	VENTER	CHARLO	F	38	35-39F	1.34.54	1
438	561	1356	JEROME	MAY	NEDBANK	M	56	55-59M	1.34.59	1
439	464	1271	LEZELL	HARRIS	VWAC	F	49	45-49F	1.35.10	1
440	619	61850	LIONEL	TERBLANCHE	GELVAN	M	46	45-49M	1.35.13	1
441	767	388	BONGA	MBIZELA	CSEP	M	39	35-39M	1.35.14	1
442	66	5966	MEG	LYLE	TEMP	F	30	SF	1.35.15	0
443	344	9975	SIZAKELE	DAMBA	GUGS	M	45	45-49M	1.35.20	0
444	485	5821	KEVIN	GARDNER	TEMP	M	42	40-44M	1.35.26	0
445	276	986	MEGAN	ALBERTS	CHARLO	F	26	SF	1.35.38	1
446	82	5982	MARY-ANNE	STOTT	TEMP	F	45	45-49F	1.35.48	0
447	534	1628	NELESH	JAGANATH	MADIBA	M	42	40-44M	1.35.50	1

POS	RNO	LICNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
448	271	1197	FREDERIKA	Woolley	JBAY	F	23	SF	1.35.54	1
449	261	1198	GERHARD	VERMAAK	JBAY	M	28	SM	1.35.55	1
450	528	1407	BUKEKA	HELA	NEDBANK	F	50	50-54F	1.36.00	1
451	278	5832	CRAIG	ADAMS	GELVAN	M	45	45-49M	1.36.00	1
452	437	1689	GEROME	MINTOOR	ATLANTIC	M	55	55-59M	1.36.03	1
453	322	1087	FRANCOIS	SMIT	ACH	M	63	60-64M	1.36.04	1
454	766	6766	YAMELA	JACOBS	TEMP	M	25	SM	1.36.05	0
455	496	5810	DIEGO	JEGELS	TEMP	F	15	JF	1.36.07	0
456	10	5910	LINDI-ANNE	HILLIAR	TEMP	F	44	40-44F	1.36.11	0
457	138	1484	MICHAEL	FOWLER	32GI	M	56	55-59M	1.36.14	1
458	520	989	ALEXANDRA	FLEMMING	CHARLO	F	30	SF	1.36.27	1
459	310	5310	NTHATO	HEADBUSH	MANONI	F	21	SF	1.36.48	0
460	599	997	NOLUVUYOLWETHU	QOKWENI	CHARLO	F	41	40-44F	1.36.51	1
461	109	560	SILKE	BOTHA	MADIBA	F	26	SF	1.36.52	1
462	258	1638	SHELLEY ANNE	VAN RENSBURG	MADIBA	F	53	50-54F	1.36.53	1
463	459	1807	MZI	BALENI	VUKANI	M	51	50-54M	1.36.54	1
464	421	1680	JANI	DEYZEL	MADIBA	F	29	SF	1.37.02	1
465	389	5845	NCEDIWE	STEMELE	TEMP	F	42	40-44F	1.37.07	0
466	156	723	ALETTA	JOUBERT	CRUSADE	F	61	60-64F	1.37.09	1
467	17	5917	WILFRED	MANGEZI	NMBMUN	M	39	35-39M	1.37.13	1
468	198	608	DAVID	NEL	ASPEN	M	35	35-39M	1.37.14	1
469	593	1962	DANIEL	PIETERSE	BLUEBAY	M	60	60-64M	1.37.19	1
470	385	5877	LEANDRE	SMITH	TEMP	F	48	45-49F	1.37.40	0
471	757	1128	DEON	VYVER	NEDBANK	M	56	55-59M	1.37.41	1
472	79	5979	BULALI	QOSE	TEMP	M	27	SM	1.37.44	0
473	573	925	NADIA	MULLER	CHARLO	F	33	SF	1.37.47	1
474	139	1598	LERENZO	FRANCIS	DESPATCH	M	36	35-39M	1.37.48	1
475	713	1997	JOHANN	VAN DER MERWE	MADIBAZ	M	58	55-59M	1.37.49	1
476	307	1832	ANELE	MESANI	VUKANI	M	42	40-44M	1.38.01	1
477	152	528	JOEL	HUMAN	RUN4C	M	49	45-49M	1.38.09	1
478	77	5977	ZUKISANI	NJOKWENI	TEMP	M	33	SM	1.38.12	0
479	319	361	JULIUS	SHOGOLE	IKHAMVA	M	70	70+M	1.38.17	1
480	419	197	VUYISILE	DELIWE	CSEP	M	47	45-49M	1.38.18	1
481	456	1566	RUAN	WELGEMOED	DESPATCH	M	28	SM	1.38.20	1
482	88	5988	ADEL	VAN RENSBURG	TEMP	F	44	40-44F	1.38.24	0
483	642	992	PETER	VENTER	CHARLO	M	42	40-44M	1.38.25	1
484	512	1624	ESTELLE	DE KLERK	MADIBA	F	56	55-59F	1.38.27	1
485	691	831	BIANCA	SWALWELL	MADIBAZ	F	27	SF	1.38.33	1
486	384	5816	CARINA	O'NEILL	TEMP	F	29	SF	1.38.40	0
487	339	830	MTETELELI	BIKO	MADIBAZ	M	31	SM	1.38.41	1
488	484	5820	OWAMI	GWAMANDA	TEMP	M	13	JM	1.38.41	0
489	60	5960	SIPHESIHLE	DLWATI	TEMP	M	32	SM	1.38.41	0
490	434	1607	ILANA	BOSHOFF	DESPATCH	F	43	40-44F	1.38.42	1
491	118	1557	CARIN	COETZEE	DESPATCH	F	46	45-49F	1.38.43	1
492	260	1582	MARINET	VAN TONDER	DESPATCH	F	44	40-44F	1.38.44	1
493	125	2315	AMANDLA	DIDIZA	CHILLIEP	M	30	SM	1.38.45	1
494	40	956	NEELESH	BHANA	CHARLO	M	51	50-54M	1.38.55	1
495	236	1045	YUSUF	SAMUELS	XCEL	M	63	60-64M	1.38.56	1
496	321	1094	MARIETJIE	PIETERSEN	ACH	F	66	65-69F	1.39.03	1
497	87	5987	CLAUDEAN	VAN GREUNEN	TEMP	F	41	40-44F	1.39.18	0
498	730	5729	KIM-LIN	JONES	TEMP	F	30	SF	1.39.24	0
499	530	716	DIANA	HODGSON	CRUSADE	F	56	55-59F	1.39.25	1
500	262	726	KEITH	VOSLOO	CRUSADE	M	59	55-59M	1.39.29	1
501	774	679	THEMBELA	MANYA	NMBMUN	F	39	35-39F	1.39.37	1
502	688	5806	LULAMILE	PHONGOLA	NMBMUN	M	65	65-69M	1.39.48	1
503	770	1291	ASHENDA	MAKONIE	VWAC	F	47	45-49F	1.39.48	1
504	112	1280	CHRISTOPHER	BRUINTJIES	VWAC	M	50	50-54M	1.39.52	1
505	461	1860	DESIREE	TITUS	GELVAN	F	57	55-59F	1.39.56	1
506	436	1724	AMEERA	CAMPBELL	GELVAN	F	49	45-49F	1.40.08	1
507	542	1331	JAN	LE ROUX	NEDBANK	M	63	60-64M	1.40.08	1
508	495	349	REUBEN	RALANE	SANDFEP	M	60	60-64M	1.40.14	1
509	706	5888	MVELELI	MBANDE	TEMP	M	36	35-39M	1.40.15	0
510	78	5978	GERALD	PIETERSEN	TEMP	M	42	40-44M	1.40.20	0
511	487	5825	TEMBISA	BANGISO	TEMP	F	50	50-54F	1.40.25	0



POS	RNO	LICNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
512	411	2049	NCUMISA	KEPE	CHILLIEP	F	42	40-44F	1.40.41	1
513	465	2310	BANOYOLO	GQOLI	CHILLIEP	F	41	40-44F	1.40.52	1
514	579	407	JABU	NGUBANE	CHILLIEP	M	53	50-54M	1.40.52	1
515	768	122	SIHAAM	ALLISON	MALABAR	F	37	35-39F	1.40.54	1
516	293	298	SANET	BOUCHER	MUIRITE	F	43	40-44F	1.41.02	1
517	51	5951	SHAEEL	BALIRAM	TEMP	M	28	SM	1.41.18	0
518	130	1632	JOS	ELS	MADIBA	F	70	70+F	1.41.26	1
519	380	5886	TSHIKOVHI	KHATHUSHELO	TEMP	M	24	SM	1.41.31	0
520	596	889	PETER	POHLMANN	CHARLO	M	59	55-59M	1.41.53	1
521	63	5963	LISE	JOUBERT	32GI	F	24	SF	1.41.53	1
522	546	1514	BIANCA	LEONARD	32GI	F	33	SF	1.41.56	1
523	372	5886	XOLA	NJOKWENI	TEMP	M	59	55-59M	1.41.56	0
524	282	509	XHANTI	MANTSHIYO	MOTHER	M	55	55-59M	1.42.12	1
525	69	5969	SIPHOKAZI	MANI	TEMP	F	33	SF	1.42.13	0
526	47	9009	LUZAAN	POTGIETER	CHARLO	F	26	SF	1.42.15	1
527	525	1348	XOLILE	GOMOMO	NEDBANK	M	70	70+M	1.42.18	1
528	15	5915	BABALO	MAKALIMA	TEMP	M	39	35-39M	1.42.24	0
529	49	882	ARMIN	BRANDLE	CHARLO	M	71	70+M	1.42.26	1
530	177	1670	HELEN	MCLEAN	MADIBA	F	62	60-64F	1.42.34	1
531	760	1712	BRAMWELL	FLEURS	GELVAN	M	44	40-44M	1.42.37	1
532	564	1539	BRONWIN	MEYER	32GI	F	50	50-54F	1.42.51	1
533	540	969	GARY	KELLEHER	CHARLO	M	65	65-69M	1.42.59	1
534	205	1248	EULIDA	OELOFSE	ELITEAC	F	49	45-49F	1.43.00	1
535	414	36	LANCE	PETERSEN	PEAAC	M	50	50-54M	1.43.04	1
536	283	9004	RICHELLE	MEISTRE	VITALITY	F	38	35-39F	1.43.05	0
537	291	9007	DARIUS	SWIEGELAAR	NEDBANK	M	27	SM	1.43.06	1
538	323	540	JACQUES	LANGLEY	RUN4C	M	34	SM	1.43.08	1
539	131	1424	SAM	ERASMUS	NEDBANK	M	65	65-69M	1.43.13	1
540	731	1452	CAITLYN	FERREIRA	NEDBANK	F	33	SF	1.43.13	1
541	106	1579	JHANINEN	BOSHOFF	DESPATCH	F	56	55-59F	1.43.32	1
542	154	1543	ADELE	JANSE VAN RENSBURG	DESPATCH	F	52	50-54F	1.43.37	1
543	189	31611	NOLUBABALO	MTSHAKAZI	MUTUAL	F	43	40-44F	1.43.37	0
544	507	1380	BANDILE	CUNTU	NEDBANK	M	58	55-59M	1.43.42	1
545	223	1421	ANNELINE	RAUTENBACH	NEDBANK	F	55	55-59F	1.43.50	1
546	81	5981	TIMNA	SOMANA	TEMP	F	44	40-44F	1.43.52	0
547	477	98	AMANDA	WOLMARANS	INFINITY	F	64	60-64F	1.44.16	1
548	242	1938	JENN	SEADY	BLUEBAY	F	50	50-54F	1.44.18	1
549	511	871	RICHARD	DE ANDRADE	CHARLO	M	62	60-64M	1.44.28	1
550	454	1073	THERESA	LILLIS	ACH	F	66	65-69F	1.44.32	1
551	194	959	LYNDLE	NAIDOO	GELVAN	F	31	SF	1.44.49	1
552	391	5862	CHARMELL	KOOPMAN	TEMP	F	43	40-44F	1.44.51	0
553	514	1312	HERMAN	DEKKER	SAPPE	M	78	70+M	1.45.14	1
554	70	5970	THUTHUZELA	MAPOMA	TEMP	F	28	SF	1.45.30	0
555	7	5907	ANDISWA	CINGO	TEMP	F	37	35-39F	1.45.34	0
556	651	1399	NIKIWE	YOYO	NEDBANK	F	50	50-54F	1.45.34	1
557	682	1253	ANNELIE	VAN DER MERWE	ELITEAC	F	44	40-44F	1.45.54	1
558	6002	6002	DQ		TEMP	M	43	40-44M	1.45.55	0
559	541	62	ALEX	KHUZWAYO	SAPPE	M	60	60-64M	1.45.55	1
560	519	713	DENISE	FERREIRA	CRUSADE	F	61	60-64F	1.45.59	1
561	724	5897	ZOLANI	MASWANA	TEMP	M	45	45-49M	1.46.09	0
562	566	403	XOLISA	MHULUHULU	CHILLIEP	M	44	40-44M	1.46.20	1
563	324	2012	THEMBANI	MKAPA	VUKANI	M	38	35-39M	1.46.20	1
564	532	1136	CATHY	IVES	ACH	F	69	65-69F	1.46.21	1
565	61	5961	WARRICK	EMMANUEL	TEMP	M	23	SM	1.46.37	0
566	146	1287	BANDILE	GWAMANDA	VWAC	M	53	50-54M	1.46.37	1
567	29	571	SYLVAN	BLIGNAUT	MADIBAZ	M	63	60-64M	1.46.38	1
568	700	1725	PEARL	DAMONS	GELVAN	F	59	55-59F	1.46.58	1
569	345	1733	MFUNDO	MACINGWANE	HOLLYWOO	M	45	45-49M	1.46.59	1
570	134	200	ERIKA	FOREMAN	MADIBA	F	52	50-54F	1.47.00	1
571	231	748	MELINDA	ROIG-VARELA	CRUSADE	F	53	50-54F	1.47.01	1
572	275	52186	LUBABALO	ZWELIBANZI	STUT	M	40	40-44M	1.47.19	0
573	168	1802	THOBEKA	MABUSELA	VUKANI	F	61	60-64F	1.47.30	1
574	398	1194	KOOT	SWANEPOEL	JBAY	M	69	65-69M	1.47.32	1
575	752	52604	SIVIWE	MEVENI	REALGIJ	M	36	35-39M	1.47.36	0

POS	RNO	LICNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
576	296	924	GRAHAM	BROOM	CHARLO	M	52	50-54M	1.47.50	1
577	191	186	NANDIPA	MYELEYELE	SPAREC	F	35	35-39F	1.47.54	1
578	620	1849	LELACHE	TERBLANCHE	GELVAN	F	39	35-39F	1.48.01	1
579	62	5962	THANDO	FRANS	TEMP	M	45	45-49M	1.48.03	0
580	117	742	TRACY	COCKROFT	CRUSADE	F	60	60-64F	1.48.03	1
581	529	299	JOHANNES	HERBST	MUIRITE	M	77	70+M	1.48.05	1
582	646	1311	MADRE	WELMANS	HEATAC	F	54	50-54F	1.48.20	1
583	111	1556	RIAANA	BOUWER	DESPATCH	F	46	45-49F	1.48.21	1
584	16	5916	DOROTHY	MALULEKA	TEMP	F	45	45-49F	1.48.23	0
585	35	1051	LIZ	AUSTIN	ACH	F	64	60-64F	1.48.24	1
586	300	923	EVA	CHETTY	CHARLO	F	54	50-54F	1.49.09	1
587	548	552	BERNADETTE	LOOCK	CHARLO	F	43	40-44F	1.49.16	1
588	545	1857	GERALDINE	LEO	GELVAN	F	65	65-69F	1.49.17	1
589	510	943	DENISE	DARLOW	CHARLO	F	54	50-54F	1.49.32	1
590	714	5885	ZOLISWA	MBANGE	NMBMUN	F	43	40-44F	1.50.15	1
591	607	1005	ECKART	SCHUMANN	BODYCON	M	77	70+M	1.50.17	1
592	499	5813	DOLLY	NDUDE	TEMP	F	50	50-54F	1.50.37	0
593	285	50409	NONDUMISO	PHAKATHI	ZWELONKE	F	41	40-44F	1.50.41	0
594	591	21	JEANETTE	PIENAAR	PEAAC	F	74	70+F	1.50.42	1
595	333	562	JUDITH	NIENABER	RUN4C	F	63	60-64F	1.50.45	1
596	233	620	MARK	ROSS	ASPEN	M	57	55-59M	1.50.47	1
597	219	1497	MICHAEL	PRICE	32GI	M	48	45-49M	1.50.53	1
598	289	1686	ROUXLE	HORN	MADIBA	F	29	SF	1.50.56	1
599	34	1605	VERONICA	BOSHOFF	DESPATCH	F	62	60-64F	1.50.58	1
600	668	5801	TIKWAYO	PHINDIWE	TEMP	F	39	35-39F	1.51.01	0
601	689	5805	SIVUYILE	JAMA	VUKANI	M	36	35-39M	1.51.23	1
602	594	884	KRISH	PILLAY	CHARLO	M	61	60-64M	1.51.29	1
603	136	1220	ANDRE	FOURIE	ELITEAC	M	75	70+M	1.51.46	1
604	37	984	BELINDA	BAIN	CHARLO	F	60	60-64F	1.51.50	1
605	67	5967	AZIZITA	MADASA	TEMP	F	25	SF	1.51.53	0
606	625	1634	TANIA	TRUTER	MADIBA	F	50	50-54F	1.51.55	1
607	147	216	SUNET	HARRIS	MADIBA	F	49	45-49F	1.52.16	1
608	500	960	XABISO	KROQWANA	GELVAN	M	32	SM	1.52.16	1
609	386	5842	SIVUYILE	MPONDONKULU	TEMP	M	35	35-39M	1.52.20	0
610	755	1048	CHANTEL	MILBORROW	XCEL	F	49	45-49F	1.52.35	1
611	265	776	CHANDRE	WEST	CRUSADE	F	47	45-49F	1.52.40	1
612	259	780	SHAVONNE	VAN STADEN	CRUSADE	F	41	40-44F	1.52.44	1
613	637	10	RENIER	VAN VUUREN	PEAAC	M	65	65-69M	1.52.45	1
614	183	1298	MPHATHISI	MJADU	VWAC	M	51	50-54M	1.53.07	1
615	470	1757	THEMBISILE	VETSHEZA	TRANSNET	F	43	40-44F	1.53.28	1
616	490	5828	TRENTON	MATTHEWS	NMBMUN	M	31	SM	1.53.35	1
617	780	2133	JOHN	RAMABOEA	CHILLIEP	M	40	40-44M	1.53.43	1
618	592	530	ANDRE	PIENAAR	RUN4C	M	60	60-64M	1.53.52	1
619	303	5015	CWAYI	MAPEKULA	DEA	F	39	35-39F	1.53.53	0
620	127	1668	SHANTE	DU PLESSIS	RUN4C	F	30	SF	1.54.12	1
621	544	1868	TUMELO	LEHASA	HOLLYWOO	M	35	35-39M	1.54.14	1
622	616	1861	SIMANGILE	SOLWANDLE	HOLLYWOO	F	31	SF	1.54.25	1
623	578	2091	VUYOKAZI	NGALO	VUKANI	F	41	40-44F	1.54.29	1
624	42	4412	HADIGAH	FULANI	SIBALEKA	F	19	SF	1.54.37	1
625	206	1713	LYDIA	OLIVER	GELVAN	F	54	50-54F	1.54.53	1
626	694	1333	MBULELO	SOBIKWA	NEDBANK	M	68	65-69M	1.55.02	1
627	781	1274	TIMOTHY	HERMANUS	VWAC	M	55	55-59M	1.55.13	1
628	80	5980	STEPHANIE	SCHEEPERS	TEMP	F	26	SF	1.55.14	0
629	215	1856	THOMAS	PLAATJIES	GELVAN	M	45	45-49M	1.55.19	1
630	45	1908	NOMBUYISELO	MBAVA	SIBALEKA	F	52	50-54F	1.55.24	1
631	257	1386	JOHLI	VAN EEDEN	NEDBANK	F	53	50-54F	1.56.46	1
632	751	5345	SABELO	STUURMAN	TEMP	M	47	45-49M	1.56.47	0
633	43	1850	NOMFUNDO	GWEGWE	HOLLY	F	48	45-49F	1.58.01	1
634	537	1753	RONALD	JANTJIES	TRANSNET	M	50	50-54M	1.58.10	1
635	574	753	PLACXEDES	NDHLOVU	CRUSADE	F	48	45-49F	1.58.13	1
636	298	759	MIKE	BURGER	CRUSADE	M	69	65-69M	1.58.13	1
637	54	5954	SANDRA	BUTTERS	TEMP	F	57	55-59F	1.58.14	0
638	413	50109	SANELE	FUNANI	MTHATHA	M	39	35-39M	1.58.20	0
639	153	672	ANDISWA	JAFTA	NMBMUN	F	31	SF	1.58.22	1

POS	RNO	LICNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
640	612	1343	BERENICE	SMITH	NEDBANK	F	58	55-59F	1.58.45	1
641	450	803	ROCHELLE	THORNE	MADIBAZ	F	53	50-54F	1.58.49	1
642	580	369	MPO	NOMPALWENI	IKHAMVA	M	40	40-44M	1.58.50	1
643	426	1840	MSUTUKAZI	NDIMBA	VUKANI	F	43	40-44F	1.59.09	1
644	424	2361	JOHNDAVID	METCALF	MUIRITE	M	65	65-69M	1.59.14	1
645	57	5957	MARY-ANNE	DE KLERK	TEMP	F	67	65-69F	1.59.44	0
646	170	1156	ERNST	MARAIS	JBAY	M	73	70+M	1.59.46	1
647	446	196	AUBREY	LE ROUX	CSEP	M	70	70+M	1.59.55	1
648	116	1606	FANIE	CLAASSEN	DESPATCH	M	65	65-69M	1.59.57	1
649	188	1351	THEMBELA	MPUSHE	NEDBANK	F	39	35-39F	2.00.14	1
650	721	5893	LUYANDA	JACK	TEMP	M	54	50-54M	2.00.37	0
651	232	607	CHANTEL	ROSS	ASPEN	F	46	45-49F	2.01.04	1
652	56	5956	GERT	DE KLERK	TEMP	M	67	65-69M	2.01.07	0
653	712	5883	NELISWA	MZAZA	TEMP	F	33	SF	2.01.15	0
654	708	5877	NAOMI	BAKKER	DESPATCH	F	45	45-49F	2.01.17	1
655	527	1434	DIANNE	HARTZENBERG	NEDBANK	F	64	60-64F	2.01.22	1
656	9	5909	PHILA	HENGE	TEMP	F	37	35-39F	2.01.53	0
657	288	229	SARAH	AVIS	KOWIE	F	35	35-39F	2.01.58	1
658	193	1572	NANDIPHA	NAIDOO	DESPATCH	F	44	40-44F	2.01.59	1
659	671	5807	WELILE	MERELE	TEMP	M	56	55-59M	2.02.11	0
660	157	1492	LOUIS	JOUBERT	32GI	M	53	50-54M	2.02.12	1
661	382	5814	BONGANI	FALTEIN	TEMP	M	42	40-44M	2.02.40	0
662	84	5984	EYETHU	TISO	TEMP	F	30	SF	2.02.43	0
663	8	5908	AZANDA	DLADLA	TEMP	F	27	SF	2.02.52	0
664	762	1823	NOKUZOLA	JAM JAM	VUKANI	F	41	40-44F	2.02.53	1
665	736	5970	ZININZI	ZANGQA	TEMP	F	32	SF	2.03.19	0
666	769	1816	KHAYA	MTI	VUKANI	M	43	40-44M	2.03.19	1
667	626	917	VICKY	TSOUKNIDAS	CHARLO	F	45	45-49F	2.03.20	1
668	72	5972	LIRIKEN	MATTHEWS	TEMP	F	28	SF	2.03.24	0
669	221	314	CHARLENE	RADEMEYER	RUN4C	F	41	40-44F	2.03.33	1
670	207	1658	NIEKIE	OOSTHUIZEN	RUN4C	F	52	50-54F	2.03.46	1
671	370	5855	YOLISA	NKQAYANA	TEMP	F	36	35-39F	2.03.46	0
672	325	1722	JASMINE	JACK	GELVAN	F	51	50-54F	2.04.35	1
673	621	1901	SICELO	THABETHE	SIBALEKA	M	49	45-49M	2.04.39	1
674	718	5889	MOTSHABI	MOKOLOBATE	TEMP	F	43	40-44F	2.04.56	0
675	746	445	MTHANDAZO	MAKAMISA	CHILLIEP	M	33	SM	2.04.57	1
676	251	94	DENISE	TERBLANCHE	INFINITY	F	75	70+F	2.05.19	1
677	18	5918	LOTTA	MJEKULA	TEMP	F	41	40-44F	2.05.29	0
678	144	1661	PIETER	GERBER	RUN4C	M	64	60-64M	2.05.52	1
679	50	1913	LINDIWE	TOKWE	SIBALEKA	F	50	50-54F	2.06.03	1
680	742	5744	SABA	MNINAWA	TEMP	M	44	40-44M	2.06.14	0
681	137	1215	HELEN	FOURIE	ELITEAC	F	53	50-54F	2.06.37	1
682	337	48	ABEGAIL	TEYISE	SAPPE	F	50	50-54F	2.06.46	1
683	478	80	MARIUS	WOLMARANS	INFINITY	M	65	65-69M	2.07.02	1
684	650	1765	NOLIZWI	XABADIYA	TRANSNET	F	41	40-44F	2.07.10	1
685	533	1710	REGINALD	JACOBS	GELVAN	M	71	70+M	2.07.37	1
686	148	93	STEPHANIE	HAY	INFINITY	F	67	65-69F	2.08.34	1
687	745	418	VUYOKAZI	DUBE	CHILLIEP	F	46	45-49F	2.08.48	1
688	190	453	JO-ANNE	MUIR	WALMER	F	53	50-54F	2.08.53	1
689	216	452	SHARON	POTGIETER	WALMER	F	58	55-59F	2.08.54	1
690	460	1720	NOLEEN	NORRIS	GELVAN	F	65	65-69F	2.08.55	1
691	538	1858	JANICE	JONES	GELVAN	F	46	45-49F	2.09.23	1
692	787	1727	ACHMAT	ELLIE	GELVAN	M	63	60-64M	2.09.23	1
693	394	5936	SIVIWE	JONI	TEMP	M	32	SM	2.09.31	0
694	404	1276	Mzukisi	Benelwa	VWAC	M	50	50-54M	2.09.32	1
695	86	5986	MPHO	TSHOTHELI	TEMP	F	34	SF	2.09.44	0
696	515	331	MARGARET	DU TOIT	MUIRITE	F	61	60-64F	2.10.07	1
697	488	5826	LINDA	MATTHEWS	TEMP	F	59	55-59F	2.10.11	0
698	489	5827	THOMAS	MATTHEWS	TEMP	M	58	55-59M	2.10.11	0
699	453	1992	VINCENT	NAIR	MADIBAZ	M	59	55-59M	2.10.57	1
700	355	5864	CHANTELL	PIETERSE	TEMP	F	30	SF	2.11.34	0
701	697	294	ANNA	WELGEMOED	MUIRITE	F	53	50-54F	2.11.39	1
702	173	708	YOLISWA	MATWA	CRUSADE	F	39	35-39F	2.11.43	1
703	381	5160	ZUKISWA	MHULUHULI	TEMP	F	41	40-44F	2.12.00	0

POS	RNO	LICNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
704	756	141	THEMBISILE	NTONI	PEAAC	M	75	70+M	2.12.28	1
705	549	910	RAE	LUCKMAN	CHARLO	F	52	50-54F	2.13.07	1
706	644	962	MILE	VERMAAK	CHARLO	F	56	55-59F	2.14.09	1
707	735	5735	PUMEZA	HASHE	TEMP	F	41	40-44F	2.14.20	0
708	521	998	ROBERT	GALLOWAY	CHARLO	M	71	70+M	2.14.28	1
709	609	1657	SANDRA	SHARE	MADIBA	F	57	55-59F	2.15.05	1
710	279	5831	MARISA	CALISTE	GELVAN	F	37	35-39F	2.15.39	1
711	481	5818	SIPHOSETHU	NYATI	HOLLYWOO	F	39	35-39F	2.16.09	1
712	761	1703	GODFREY	KARIEM	GELVAN	M	82	70+M	2.16.34	1
713	649	987	SHANTE	WRIGHT	CHARLO	F	23	SF	2.16.54	1
714	638	916	SHARON	VAN ZYL	CHARLO	F	47	45-49F	2.16.55	1
715	740	5740	SINDILE	NOGQALA	TEMP	M	47	45-49M	2.17.09	0
716	773	1831	SIPHOKAZI	CUBUNGU	VUKANI	F	43	40-44F	2.17.13	1
717	550	942	EDITH	MAC GEAR	CHARLO	F	55	55-59F	2.17.21	1
718	789	210	Lumanyano	Sodo	CSEP	M	35	35-39M	2.17.27	1
719	253	712	NDILEKA	THOMPSON	CRUSADE	F	45	45-49F	2.17.42	1
720	647	2062	JACQUI	WIGHTMAN	MADIBA	F	49	45-49F	2.19.19	1
721	415	312	LISA-MARIE	PATTERSON	MUIRITE	F	51	50-54F	2.19.41	1
722	171	304	FOZA	MARTIN	MUIRITE	F	62	60-64F	2.21.18	1
723	369	5844	PUMLA	SIBALI	TEMP	F	43	40-44F	2.21.19	0
724	102	1249	RINA	BARNARD	ELITEAC	F	69	65-69F	2.21.30	1
725	48	5830	STACEY	RODGERS	GELVAN	F	28	SF	2.21.56	1
726	360	5850	ZIKHONA	RAMNCWANA	TEMP	F	54	50-54F	2.23.39	0
<b>HELPERS RUN</b>										
H1	217	1221	TERRAY	POTHIER	ELITEAC	F	32	SF	1.09.37	2
H2	4001	1952	VUSI	MSUTHWANA	IKHAMVA	M	51	50-54M	1.11.37	2
H3	631	1250	PETER	VAN RENSBURG	ELITEAC	M	64	60-64M	1.23.19	2
H4	4004	1554	HELGARD	POTGIETER	DESPATCH	M	50	50-54M	1.23.23	1
H5	4005	1261	FRANKLIN	HUMAN	VWAC	M	47	45-49M	1.25.15	1
H6	590	455	JODI	PIENAAR	WALMER	M	29	SM	1.28.42	1
H7	4007	1546	ISCHKE	LAMBRECHTS	DESPATCH	F	39	35-39F	1.29.29	1
H8	4008	1935	XENOPHON	FERREIRA	BLUEBAY	M	61	60-64M	1.37.20	1
H9	4010	4010	CHARMELLE	MAY	TEMP	F	42	40-44F	1.40.28	0
H10	4011	4011	RUBERTO	MAY	TEMP	M	45	45-49M	1.40.40	0
H11	4012	1945	Janine	Gray	BLUEBAY	F	45	45-49F	1.42.47	1
H12	4013	1600	YVETTE	JONKER	DESPATCH	F	50	50-54F	1.45.59	1
H13	4014	1542	ARUSHKE	HAEFELE	DESPATCH	F	42	40-44F	1.45.59	1
H14	4015	1967	SONJA	OLIVIER	BLUEBAY	F	55	55-59F	1.52.50	1
H15	4016	1950	Nicole	Gray	BLUEBAY	F	21	SF	2.00.00	1
H16	4017	1417	GENEVIEVE	LAYCOCK	NEDBANK	F	53	50-54F	2.02.54	1
H17	122	761	NTOKOZO	DAMBUZA	CRUSADE	F	44	40-44F	2.03.05	1
H18	4019	1954	NWABISA	MSUTHWANA	IKHAMVA	F	42	40-44F	2.04.23	1
H19	4020	1936	MARKUS	KUNNEKE	BLUEBAY	M	53	50-54M	2.04.23	1
H20	4021	334	NEIL	GROBLER	MUIRITE	M	62	60-64M	2.10.00	1