

NEWSLETTER NO 4



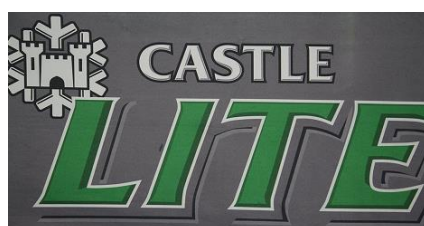
October 2018

READ ABOUT:-

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❖ ROAD WORKS

Roads works are being done on the ROAD BETWEEN OUDTSHOORN AND DE RUST. Participants travelling on this route are requested to add at least 60 minutes to your travelling time. This will allow for the Stop/Go's and congestion. The last transport leaves De Rust at 05h30. Not negotiable as the race start cannot be delayed. This is a requirement of Provincial Traffic authorities. **SO PLEASE, PLAN, PLAN, PLAN AHEAD!!**



❖ REGISTRATION PROCESS !!!!

Friday, 12 October 11:00 TO 21:00 at the Dutch Reformed Church Grounds in De Rust.
Saturday, 13 October 04:30 TO 05:30 at the Dutch Reformed Church Grounds in De Rust.

Please take careful note of the registration process. The volunteers working at registration will not deviate from these arrangements.

- Race number bibs and timing chips (in need) will only be **handed over against positive ID**. (Drivers license, ID document or Passport)
- Your envelope will contain a personalized, colour coded, license number and timing chip in need.
- **As stated in the rules upon entering, NO 3rd party collections will be accommodated.**
- There will be eight, clearly signed, queues at registration – your surname determines your queue.
- **NO ID – NO ENVELOPE!!!!!!!**
- **T-shirts need to be collected in person at Registration BEFORE the start of the event. Those not collected by 07h00 on 13 October will be sold in aid of our local charities. No T-shirts will be posted or kept for entrants not collecting at registration.**
- **If you are collecting your registration pack and not intending to run then PLEASE REMOVE the timing chip from your pack and return to the organizers. It helps to speed up reconciliation of results. THANK YOU.**
- At registration you will also be offered an elephant's food shrub (spekboom). Meiringspoort21 organiseerders ondersteun die veldtog om mense bewus te maak van waterbesparing, varser lug en ander maniere om die koolstofspoor te verklein. Shrubs not taken along will be used at a local nursery at the entrance to De Rust for tourists and visitors to view.

❖ LATE SUBSTITUTIONS

As stated in the Race Rules upon entering we most definitely will NOT be entertaining any late substitutions at Registration. Nor can any request to up or downgrade be accommodated. This is not negotiable and is a requirement from safety and insurance regulations apart from the gross misuse of this in the past. The safety of our participants remains paramount.

❖ TRANSPORT

Transport will be done from 04h45 to 05h30.

12.5km - Transport will leave from Le Roux Street in front of the church.

21.1km - Transport is in the Main Street.



Race number bibs are colour coded and a 21.1km bib will not be allowed onto the 12.5km transport and vice versa. Parking can be a challenge so plan to arrive early (**Remember ROAD WORKS!!**). Tea, coffee and rusks will be on offer at the start, at no cost.

We will offer a Car Key Deposit Box at the registration table on Saturday morning. The use thereof, storage and collection, however remains at the risk of the depositor. The organizers will not take any responsibility for lost or stolen keys. **Collection point at the finish is next to the Coke Stand.**

❖ **PHOTOGRAPHER**

No professional photographer on the route this year. This is due to the poor take up and purchase of photos by participants in the recent past events. There will, however, be a Mirror Booth in the finish area. Cost will be R30 per photograph.

❖ **START LINE**

12.5km START TIME 07:00

21.1km START TIME 07:15

The assembly area for the 12.5km will be in the rest area at the waterfall. Participants will not be allowed onto the road. The race will start from the assembly area on the side of the road from where you will move into the right hand lane, facing on-coming traffic, as you proceed to the Finish line.

Similarly the 21.1km start will be on the side of the road in the assembly area. Nobody will be allowed onto the road before the start. You will need to stay on the right, facing on-coming traffic, for the duration of the event.

It is a requirement by Traffic Authorities that one lane will remain open to traffic at all times. **Please listen to and obey officials at the signposted area to cross lanes.**

We need everybody's co-operation. Failing which we could find the traffic and disaster management officials reducing the numbers of participants to future events.

A FRIENDLY REQUEST – In recent years the start has attracted a growing number of opportunists wanting to collect discards. This poses a security threat. Let us not encourage these folk by dropping surplus clothing and fleecies, etc alongside the road at the start. Please place these in the designated drop zone. We will ensure that supported charities receive these donations in an organized and controlled manner.



J&E Communications
044 272 8053



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❖ TOG BAGS

A limited “tog-bag” facility will be available. **The organizers**, while offering this service, **cannot be held responsible for any losses suffered**. Please do not leave valuables in your tog bag. Collection point at the finish is next to the Coke Stand. Items not collected by 11h00 will be donated to local charities.

❖ RUN CLEAN Campaign

You will all agree that we are running in a picturesque environment. The Modern Athlete Run Clean Campaign will be supporting us.



Garbie Bins will be placed at water points and at every km marker. Please use these and do not discard your cups and sachets on the road surface. This is an earnest appeal – let us show other events what we are made off – **keep Meiringspoort clean!!!!**

❖ LUCKY DRAWS

In the finish area, a bin will be provided for you to drop one of your personalised race number bibs in. Lucky draws will then be drawn from this bin and handed over by you identifying yourself with your remaining personalized race number bib.

PLEASE do not place your race number bib in the bin if you are not attending the prize giving.

❖ PRIZEGIVING

Takes place at 11H00. Sponsors of the prize money want to be photographed with the category prize winners. If you as a category prize winner cannot afford them this courtesy then you will need to make a suitable arrangement with the event organiser. Failing to make this arrangement and not being present will result in a forfeiture of prize money (ASA Rule 2.10). Such monies will then be handed to a charity of the organizers choice.



OUDTSHOORN
044 272 6261

DE RUST
044 241 2261

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❖ IN CLOSING

The organizers look forward to welcoming you to De Rust. Bring your wallet along. The bazaar promises to be bigger and better this year!! The bazaar will open at 11h00 on Friday. Breakfast will also be available from 06H00 on Saturday for supporters. Come and enjoy the local hospitality before and after the event.

2019 RACE DATE

12 October 2019

LOYALTY ENTRIES open 1 June 2019 / BALANCE being sold from 8 June onwards.

Happy Training – see you on 13 October.

Meiringspoort Organising Committee.

PLEASE SUPPORT OUR GENEROUS SPONSORS!!!!!!!

OUR 2018 SPONSORS

WE ACKNOWLEDGE:-

- | | |
|------------------------------|---------------------------------|
| 1. Klein Karoo International | 2. Klein Karoo Agri |
| 3. Klein Karoo Toyota | 4. De Zeekoe Guest Farm/Reserve |
| 5. Lumenrock | 6. Sakata |
| 7. Wildehondekloof | 8. Rawson |
| 9. Debbie Hartley Properties | 10. De Rustica |
| 11. J King & Badenhorst | 12. Getwine |
| 13. FTTX | 14. Spar |
| 15. J & E Communications | 16. South Cape Wireless |
| 17. SAB | 18. Run Clean/ Garbie |

GETWINE & liquors

