

# Join Maximus on the Lion Run

30 July 2022 Hoërskool Kanonkop

Entries from 6:00 on Race Day

## Start Times:

21.1km 7:00 - R120

(+R40 for unlicensed entrants)

10km 7:05 - R80

(+R40 for unlicensed entrants)

4.9km 7:10 - R40

**Medals to  
All Finishers**

## Men & Ladies Prize Money

21.1km	10km
1st R500	1st R300
2nd R250	2nd R200
3rd R200	3rd R100
40+ R200	40+ R100
50+ R200	50+ R100
60+ R200	60+ R100
70+ R200	70+ R100
1st Jr R200	1st Jr R100
4.9km Hamper	

*Food and Beverages  
available*



**MMC**

**Contact:**  
Kobus 082 800 6169



# Race Rules:

- The race will be run according to the rules of the AMPU and ASA.
- Obey all Traffic Officials and Race Marshals.
- No seconding will be allowed.
- **Ages: Athletes for 10km must be 14 years or older, 21.1km must be 16 years or older on the day of race day.**
- All athletes participate at their own risk.
- Proof of age (ID) to be produced upon request on race day.
- Registered athletes must wear full club colours, with their 2022 ASA license on the front and back of their vest.
- The event race number to be worn on the front and must not cover the ASA sponsor.
- Temp Licence on the back and Race number on the front.
- Age category ID tags / walker tags must be worn on the front and back by athletes competing for category prizes and must be fixed on all 4 corners.
- Walkers welcome and a "W" tag must be worn on the front and back of the running vest.
- No earphones allowed during the race.
- No refunds.
- REFEREES DECISION IS FINAL
- I declare that I run at my own risk and indemnify the organisers / sponsors of any responsibility for injuries or loss.
- Athletes entering for this race, who make use of medication to treat an illness or condition which fall under the PROHIBITED LIST, should complete a THERAPEUTIC USE EXEMPTION (TUE) form before entering the race and must obtain authorisation from SAIDS to take the needed medicine or method.
- All Covid 19 Protocols need to be adhered to.

