

## **BLOUBERG MARATHON**

The famous West Coast AC coastal road race is back!

Now with the addition of the marathon distance. The route takes you through the captivating coastal fynbos coastline and quaint villages of Blouberg and Melkbos. The fast & flat route provides an excellent opportunity for your best race results, and the

race is the last **Comrades qualifier** on the running calendar.

Extra Comrades milage? Check our site for additional 8-20km loops

**EVENT** ENTER: online only via Entry Ninja, entries close 1 July 2022 START / FINISH: Table Bay Mall, c/o R27 and Berkshire Blvd, Sunningdale **DETAILS** ample secure parking | toilet facilities | restaurants for coffee & breakfast

category prizes & lucky draw

all finishers

unique race T-shirt R199 medals for

42.2km

7h30am R230

7h30am R120

10km

8h00am R80 (R50 juniors)





Organised by West Coast Athletic Club, and held under the rules and regulations of ASA and WPA

OAST ATHLETIC

Peninsula

21.1km

bloubergmarathon.co.za

## RULES OF ENTRY:

- 1. Race to be run under the rules of the ASA and WPA.
- 2. Participants must be 20 years or older on the day of the race to participate in the marathon, 16 years or older for the half marathon and 14 years or older for the 10km.
- 3. Licensed athletes should run in full club colours and 2022 licenses must be worn on the front and the back of the vest. Race numbers will be issued, to be worn on the front, ensuring ASA license sponsor remains visible. Temporary licensed athletes should run in clothing without bold advertising.
- 4. Number collection at the Table Bay Mall on Saturday 9 July from 10am to 1pm and on race day Sunday 10 July from 6am.
- 5. Temporary licenses are available at R70 (42.2km), R60 (21km), R40 (Senior 10km), R25 (Junior 10km). Unregistered participants must purchase a Temporary License which must be worn on the back of the vest.
- 6. Juniors born 2003 or later wearing a junior or senior license must display age tags 'J' to qualify for age group prizes.
- 7. In addition to overall (open) prizes, participants will only be eligible for an age category prize in the age category they enter. Corresponding numerical age category tags must be worn on the front & back of their club vest. Participants may enter the age category corresponding to their chronological age or younger down to senior.
- 8. All participants must obey traffic officers, race marshals & officials at all times.
- 9. There will be refreshment stations every 3km with water and Coca Cola, as well as carry your own fill-up facilities.
- 10. No personal seconding permitted, except at official refreshment stations.
- 11. Time limit for marathon: 5h30. Time limit for half marathon: 3h30. Time limit for 10km: 2h00.
- 12. Participants participate at their own risk. The organizers, sponsors, WPA, ASA and all persons assisting in staging the event will not be held responsible or liable for costs relating to any accident or injuries or loss of any belongings of whatever nature, however caused, resulting directly or indirectly from the athlete's participation.
- 13. Prize giving will start at 10am for the 10km participants, 10h30am for 21km participants, and at 12pm for the marathon participants.
- 14. The results will be available on the WPA Website (www.wpa.org.za).
- 15. Tog bag facilities will be provided at participants own risk.
- 16. The use of headphones is not allowed and may result in disqualification. This is for your own safety and for those around you!
- 17. Please do not litter. Dispose of litter responsibly by using the bins provided or carrying them to the Finish. Report offenders to the referees.
- 18. Medals to all participants!
- 19. Temporary licensed participants are eligible for age category prizes provided they enter the relevant age group, wear the appropriate age tags and provide proof of age.

Wheelchair athletes must please contact the organizers timeously to discuss arrangements for their participation.

Detailed rules are available on <a href="http://www.wpa.org.za/">http://www.wpa.org.za/</a> or on request from the organizers or the WPA office.

## **PRIZE MONEY** (Male & Female prizes are equal):

42.2km:	Junior	Open	40 - 49	50 - 59	60 - 69	70+
First		R1500	R750	R750	R750	R750
Second		R1000	R500	R500	R500	R500
Third		R750	R300	R300	R300	R300
Fourth		R500				
Fifth		R250				
21.1km:						
First		R1000	R600	R400	R400	R400
Second		R750	R300	R250	R250	R250
Third		R600	R200	R150	R150	R150
10km:						
First	R300	R750	R300	R250	R250	R250
Second	R200	R500	R200	R150	R150	R150
Third	R150	R250	R150	R100	R100	R100