



RISING SUN
CHATSWORTH A.C

10KM RUN

**11 SEPTEMBER
2022**

START: 6AM

VENUE: CHATSWORTH CENTRE ROOF TOP

ENTRY FEE

R100 Pre-entry • R120 (Late Entry)

Temporary Licence R60

ONLINE ENTRY

www.eventtiming.co.za

PRE-ENTRY CLOSING DATE: 7 September 2022

Late Entries Saturday: 10 September 2022

10am Till 3pm

Chatsworth Centre Roof Top

No Entries On Race Day

Contact

Dan Palliam: 082 877 0400

Ishara Dhanraj: 084 887 8695



**FIRST
500
ENTRIES
RECEIVE
T-SHIRTS**

RISING SUN CHATSWORTH A.C

PERSONAL DETAILS

FIRST NAME

SURNAME

DATE OF BIRTH

AGE

GENDER

ID NUMBER

RUNNING DETAILS

CLUB NAME

LICENCE NO

PROVINCE

CONTACT DETAILS

EMAIL

CELL NO

EVENT DETAILS

ENTRY FEE

R100

TEMP LICENCE

R60

LATE ENTRY FEE

R120

TOTAL AMOUNT PAYABLE

INDEMNITY

I am medically fit to compete and fully understand that I enter at my own risk and the organisers and their sponsors will not be held responsible for any loss or injury during or as a result of the event . I agree to comply with the rules of the World Athletics, Athletics South Africa and KwaZulu-Natal Athletics for my participation in this event. If I am competing with a temporary licence, I am not covered by the ASA Athletic Medical Insurance Policy.

SIGNATURE

DATE _____

GENERAL RACE INFORMATION

1. All Traffic Officials, Technical officials and marshalls must be obeyed.
2. The race number contains a chip and must under no circumstance be folded.
3. Timing will be done from gun to mat.
4. Athletes must be licensed members of a club affiliated to ASA, and should wear club colours. The race is run in accordance with and subject to WA, ASA and KZNA Rules, All foreign athletes must abide by WA rules 4.2, 22.1 & 142 and ASA rule 9. 2022 Provincial license numbers must be worn at the front and back of vest/crop top. Proof of age may be required for all age category winners, KZNA approved age category tags must be worn at the front and back of vest/crop top and must be clearly visible.
YOUR ENTRY FEE WILL NOT BE REFUNDED IF YOU DO NOT PARTICIPATE.
5. Water tables provided giving out water sachets to runners. Strictly no seconding & spectators allowed on route.
6. There will be no interaction whatsoever between managers, coaches or any other person and the athletes. Coaches will not be allowed on the route. Any contravention will result in disqualification of the athletes
7. Athletes must at least be 14 years or older to participate in the 10km race.
8. The cut off time for the 10km is 2 hours (8:00 am).
9. Junior athletics, 19 years or younger on 31 December in the year of competition, must wear a “J” on the upper front & back of the vest/crop top in order to be eligible for prizes & must provided proof of age on race day.
10. Full results will be available on event timing.

ENTRIES

11. Early bird entries online using Event Timing.
12. Banking Details :
- ATM Deposits @ Capitec can be made
- Bank : Capitec
- Account Holder : Eventtiming (K H Bradfield)
- Account Number : 1543764345
- Clearing code : 470010
- Account Type : Savings
- Branch : Pavillion
- Use your Identity Number as reference
- Whatsapp the slip with your reference endorsed on it to 061 505 1416
13. Late Entries - Manual only Saturday 10 September 2022 - 10am to 3pm

PRIZE MONEY

GENDER	MALES	FEMALES
1ST	R1000	R1000
2ND	R750	R750
3RD	R500	R500
AGE	MALES	FEMALES
40-49	R300	R300
50-59	R300	R300
60+	R300	R300
JUNIOR	BOYS	GIRLS
1ST	R500	R500
2ND	R300	R300
3RD	R200	R200

RACE NUMBER COLLECTION

Saturday 10 September at Chatsworth Centre 10am to 3pm. Tog Bag Facilities will be provided