



## **SUNDAY 08 MAY 2022**

Entries Open 04 March 2022 - Will Close 30 April 2022

To enter please visit; www.finishtime.co.za or going to





Collection 06 - 07 May 2022 at Kings Park Athletics Stadium From 12:00 pm - 1600 pm

A shuttle bus will transport athletes to the Starting area from Kings Park Athletics Stadium @ 3:30 am - 05:00 am at a cost of R60.00 pp.

Medals will be awarded to all finishers

10 000 permitted participants will be allowed to enter the race.

(All covid-19 protocols will be observed)

For more info: Mdu Khumalo 061 436 3967 | Sihle Shange 073 470 9842













## **INDEMNITY**

I acknowledge that any payments not honored by my bank will render me liable for any costs incurred as well as disqualifying me from participation. I'm medically fit to run and fully understand that I now enter at my own risk and indemnify race sponsors and organizers against any claim which may arise from my participation.

## **RULES**

- Race held in accordance with WA, ASA and KZNA rules.
- The license number may be covered with the competition issued number.
- Both provincial licenses MUST be worn on the upper part of the vest /crop top (front and back)
- Please bring proof of payment when collecting race number.
- Post hydration provided.
- Tog bag facilities will be provided use of them is at participant's own risk (race officials / organizers are not liable for loss of personal belongings)
- All participants must wear ASA-approved licenses and relevant age category tags on the upper part of vest / crop top (front and back) to qualify for prizes.
- All relevant age categories must be clearly visible.
- No refunds
- No pacing permitted
- Club kit to be worn
- Participants must obey Marshalls, traffic officials, and race officials.
- All foreign athletes must comply with WA rules 4.2, 22.1, 142 and ASA rule 9
- 10km participants must be from 14 years of age / 42.2km participants must be from 20 years of age and above.
- Please note, Only athletes who are of age 19 yrs by the 31st December 2022 are eligible for a jnr prize money.
- Proof of ID required for prize giving.



## **CATEGORY PRIZES**

MALE / FEMALE 42.2KM	OPEN	35 - 39	40 - 49	50 - 59	60+
	1. R 50 000	1. R 750	1. R 750	1. R 750	1. R 750
	2. R 25 000	2. R 500	2. R 500	2. R 500	2. R 500
	3. R 10 000				
	4. R 5 000				
	5. R 3 000				

MALE / FEMALE 10KM RUNNERS	OPEN	JNR	35 - 39	40 - 49	50 - 59	60+
	1. R 5 000	1. R 1500	1. R 500	1. R 500	1. R 500	1. R 500
	2. R 3 000	2. R 1000	2. R 300	2. R 300	2. R 300	2. R 300
	3. R 1 500	3. R 500				

MALE / FEMALE 10KM WALKERS	OPEN
	1. R 1 000
	2. R 750
	3. R 500