

DANGERPOINT HALF MARATHON



21.1 Km - Half Marathon ,10.0 Km & 5 Km Fun Run

31 DESEMBER 2018

Starting Time 07h00

WEGSPRING: LAERSKOOL GANSBAAI

ONDER DIE REËLS VAN BOLAND ATLETIEK & ASA



INSKRYWINGS/ENTRIES

GANSBAAI TOURISM OFFICE

028 384 1439

Aangebied deur: GANSBAAI LIONS KLUB
In samewerking met WHALERS ATLETIEKKLUB
Sel Nr: 072 789 3627 Boats van Staden

DRUKWERK GEBORG DEUR:

TOSHIBA Boland

Tel: 023 342 6606

GANSBAAI - DANGER POINT

HALF MARATHON

Laaste Half-Marathon van die Jaar

'n Skilderagtige roete langs 'n bewarings kusstreek rondom Danger Point. Met die uitsig oor die hele Walkerbaai, omring deur die Kaapse berge in die verte. Die roete is uniek en strek soms tot aan die hoogwatermerk langs die kus waar die Birkenhead gestrand het – speelplek van die Groot Witdoodhaai & die Noordkapper Walvis

Last Half Marathon of the Year

A unique race through the coastal fynbos in a conservation area around Danger Point. The route has magnificent views over the sea and mountains surrounding Walker Bay – the play and breeding ground of the Great White Shark and the Southern Right Whale.

RULES / REËLS

For 21.1 Km and 10.0 Km / Vir 21.1 Km and 10.0 Km

- 1 Deelnemers moet aan 'n erkende atletiekkklub behoort en in besit wees van 'n geldige lisensienommer vir 2018 - TYDELIKE LISENSIENOMMERS R40.00
Competitors must run in club colours with 2018 license number displayed on vest. TEMPORARY LICENCE NUMBERS R40.00
- 2 INSKRYWINGSFOOI/ ENTRY FEE 21.1 Km = R70.00, 10.0 Km = R50.00 & 5 Km = R30.00
- 3 Inskrywings vanaf 16h00 - 19h00 op 30/12/2018 te Laerskool Gansbaai
Entries from 16h00 - 19h00 on 30/12/2018 at Gansbaai Primary
- 4 Laat inskrywings word aanvaar vanaf 05h00 tot 06h45 op 31 Desember
Late entries are allowed from 05h00 till 06h45 on 31 December 2018
BEGINTYD/ STARTING TIME: 21.1 Km at 07h00 & 10.0 Km at 07h30
- 5 Water en Coke word langs die pad verskaf.
Water and Coke will be supplied along the route
- 6 Afsnytyd/ Cut-off time 10h30

Danger Point Half Marathon

Inskrywingsvorm / Entry Form

Licence no:	2018		Temp No	T						Official use	Race No		
First Name											Cat code		
Surname													
Birth Date				Age			on	31/12/2018			Gender M/F		
Postal Address											Team code		
											Club		
											Code		
e-mail											Prov		
Tel (W)				—				Tel (H)					
Mobile							Fax						
Emergency Contact Person													
Mobile							Tel Home						
Med Aid							Tel						
Athletic Club													
Province											Province Code		

Please CIRCLE the category you are entering below

	Half Marathon		10 Km Run	
	Women	Men	Women	Men
Cat - Description	Age Yrs	Age Yrs	Age Yrs	Age Yrs
Junior	under 20	under 20	under 20	under 20
Open				
Veteran	40 +	40 +	40 +	40 +
Master	50 +	50 +	50 +	50 +
Grand Master	60 +	60 +	60 +	60 +
G-Grand Master	70 +	70 +	70 +	70 +
	Minimum age of participation Men & Women - 16 yrs and older		Minimum age of participation Men & Women - 16 yrs and older	

INDEMNITY and WAIVER: I declare that I am an amateur and undertake to participate in the above event entirely at my own risk. I agree that I shall have no claim whatsoever against the organisers, officials, marshals, sponsors and any local authority or any landowner or servants or employees of any of the above parties for any loss, damage or injury whatsoever which I may suffer as a result of my participation in this event including my arrival there and departure there from and any ceremonies or functions thereof. In the event of my signing this form as a guardian of a minor, I hereby consent to such minor being bound by the waiver including to the extent to which he/she is not capable of waiving his/her rights as stipulated above.

Prize Money / Prysgeel – Men & Women

	1st	2nd	3rd	10 Km	21.1 Km Men & Ladies
20 - 39	R400	R250	R200	R100	Gold – 1st 10 Places Goud 1ste 10 Plekke Silver 10 – 100 Silwer 11 - 100 Bronze 101 – 1000 Brons 101 - 1000
40 +	R250	R150	R100	R100	
50 +	R250	R150	R100	R100	
60 +	R250	R150	R100	R100	
70 +	R250	R150	R100	R100	
Under 20	R100	-	-	R100	

Inligting / Information

1. Wedloop begin en eindig op Laerskool Gansbaai se sportgronde.
Race start and finish at Gansbaai Primary, next to main road.
2. Registrasie en laat inskrywings vanaf 05h00 tot 06h45.
Registration and late entries from 05h00 to 06H45.
3. Posinskrywings tot / Postal entries till – 22.12.2018
Stuur aan / Send to: LIONS CLUB GANSBAAI Half Marathon, PO Box 549,
Gansbaai. 7220
4. Die organiseerders neem geen verantwoordelikheid vir verlore inskrywingsvorme nie.
The organisers will not take responsibility for lost entry forms.
5. Inligting/ Information: Boats van Staden 072 789 3627
6. Inligtingskantoor / Information Centre: 028 384 1439

Verversings te koop / Refreshments on sale

