

THE LAST RUN OF 2022

RUNNERS MEMORIAL RACE



DATE: SATURDAY, 31 DECEMBER 2022

VENUE: GREEN POINT LIGHTHOUSE, MOUILLE POINT

START: 07h00

(new start time - Due to rugby at the Cape Town Stadium we have changed to a morning run starting at 07h00)

DISTANCE: 8KM

NAMES OF RUNNERS WHO HAVE PASSED AWAY WILL BE READ OUT @ 06h45
(Please contact organisers to add additional names to the memorial list)

ENTRY FEE: R85 ONLINE ENTRIES (www.webtickets.co.za)

R80 ENTRIES ON THE DAY (FROM 06H00)

CUT-OFF TIME: 90 MINS

COMMEMORATIVE DRINKING GLASSES TO FIRST 1500 FINISHERS

THIS WILL BE A CARRY YOUR OWN RACE

No sachets, only cups will be available at water tables #RunClean

NO POSITION PRIZES WILL BE AWARDED.

LUCKY DRAW PRIZES @ 08h30

NO CLUB COLOURS OR LICENSES REQUIRED

ENQUIRIES: FRANCOIS GOUWS – 083 236 8265

raceconvener@edgemeanrunners.org.za



Race flyers and results
www.wpa.org.za

RUN IN ACCORDANCE WITH WPA AND ASA RULES

- No Race numbers will be issued.
- For safety reasons the use of personal music players with headphones is not allowed.
- Dogs and prams are allowed but must please start at the back of the field so as to not cause an inconvenience for other runners.
- There will be refreshments stations available.
- Wheelchair athletes must please contact the organisers timeously to discuss arrangements for their participation.

Do not litter. Dispose of cups responsibly by using the boxes provided or carrying them to the Finish. Report offenders to the referees.

