

RUNNERS RULES & REGULATIONS

1. ENTRIES

1.1 Online: www.championchip.co.za Closing date 30th September 2019 midnight.

1.2 In store: Deliver your entry form and cash to the cashier and you will receive two proof of payments.

Attach one to your entry form and keep the other as proof of payment. Bring this along to number collection. You can enter at Sportsman Warehouse Rondebosch, Tyger Valley, Canal Walk, Somerset Mall.

Closing date 23th September 2019.

1.3 If you run your 10th half or full marathon, you qualify for a permanent number, please indicate it on your entry form.

2. CONFIRMATION OF ENTRY

2.1 Shop and online entries will receive an email, if you provide an address.

2.2 Prior to number collection days you will receive an SMS indicating your race number and collection date and time.

2.3 Please bring proof of entry, email confirmation or SMS confirmation to registration.

3. NUMBER COLLECTION

3.1 Number collection takes place at Sportsmans Warehouse, Canal Walk, on Thursday, 10 October 2019 from 12:00 to 17:00.

3.2 Number collection will also take place on 11 & 12 October at Bredasdorp Sport Grounds from Friday 14:00 until 21:00 and Saturday from 04:00.

3.3 Temporary licences are available at Bredasdorp Sport Grounds.

4. ROUTE

4.1 Refreshment tables will be placed at regular intervals along the routes and will supply water and/or Coke/Powerade.

4.2 Distance markers indicate the kilometres to be completed.

5. FINISH

5.1 All races will finish at Bredasdorp Sport Grounds.

5.2 Parking is available at the finish. Security is available, but vehicles are parked at the owner's risk.

6. PRIZE GIVING

6.1 You must be present at the prize giving ceremony to receive your prize. No prizes will be forwarded by mail or bank deposits.

6.2 42.2km, 21.1km and 10km prize giving start 15 minutes after marathon cut off time.

6.3 Only club members qualify for Team Prizes in 42.2km and 21.1km

7. RESULTS

7.1 All results will be available on www.championship.co.za

8. RACE RULES

8.1 Race will be run on 12 October 2019 under the auspices of Bredasdorp Athletics Club and according to the rules of ASA and Boland Athletics.

8.2 Competitors must run in club colours with a 2019 licence number or a temporary number displayed on their vests. Temporary licences are available at Bredasdorp Sport Grounds.

8.3 The official event race number must be worn on the front and your club or temp licence number on the back of your garment.

8.4 Age category tags must be worn on the runner's front and back in a visible position to qualify for age category prizes.

8.5 Athletes may qualify for the age category and/or the open category in the 21.1km and 42.2km events.

8.6 Category groups are as follows: 10km: Junior and Senior. 42.2km and 21.1km: Open, Master 40+, Master 50+, Master 60+ and Master 70+

8.7 All competitors must abide by the rules, regulations and instructions given by officials. Non-compliance may lead to disqualification.

8.8 No seconding will be allowed.

8.9 The entry fee is non-refundable. If the event is cancelled for reasons beyond our control entry fees will be donated to Bredasdorp Hospital.

9. TOG BAGS

9.1 Tog bags are loaded onto the trucks at the start of the 42.2km and 21.1km respectively and can be collected at the tog bag area at the finish with your athlete number as identification.

9.2 Tog bag facilities for the 10km race are at the finish.

9.3 Tog bag facilities are used at your own risk.

10. SPECIAL INFO 42.2KM

10.1 Start at 06:00 on the Elim road. (\pm 8.5km from Bredasdorp)

10.2 Transport to the start will depart from Bredasdorp Sport Ground at 04:45.

10.3 King of the Mountain: First man at the water table next to the FM tower on top of the mountain and to complete the race.

10.4 Last Runner Home: Last runner to reach the finish before the cut-off.

10.5 Participants must be 20 years and older.

10.6 First cut-off at the 21km mark (10km from the start) at 7:20.

10.7 Second cut-off in Napier at the "Bo-dorp Huisie" (16.5km to go) at 10:30.

10.8 Final cut-off at 12:00 at finish. Time limit of 6 hours.

SPECIAL INFO 42.2KM CONTINUED

10.9 Race officials will enforce the cut-off times.

10.10 Failure to obey with the officials can result in disqualification and banning from future entry to the Voet van Afrika Marathon.

10.11 Refreshment stations every 3km.

10.12 No late entries will be taken.

10.13 No secure parking is available at the start, please use the transport provided by the organizers.

11. SPECIAL INFO 21.1KM

11.1 Start at Grashoek at 07:30. Transport to the start will depart from Bredasdorp Sport grounds at 05:45

11.2 Final cut-off 12:00 at finish. Time limit of 4½ hours.

11.3 Queen of the Mountain: First lady at the BM Ford water table at the 12.8 km to go mark and to complete the race.

11.4 Participants must be 16 years and older.

11.5 Walkers are welcome.

11.6 Refreshment stations every 3km.

11.7 No late entries will be taken.

11.8 No secure parking is available at the start, please use transport provided by the organizers

12. SPECIAL INFO 10KM

12.1 Start at Bredasdorp Sport ground at 08:00.

12.2 Final cut-off 10:00 at finish.

12.3 Participants must be 15 years and older. Juniors to wear a “J” category tag on the front and back in a visible position to qualify for age category prizes.

SPECIAL INFO 10KM CONTINUED

12.4 Juniors are those who are under the age of 20 on 31 Dec in the year of the competition.

12.5 Walkers and pram friendly.

12.6 All participants qualify for prizes (Temp and Club athletes). There is no “open” category.

Participants who are under 20 qualify for the “junior prizes only, those older than 20 years qualify for “senior” prizes only. No team prizes available in this race.

12.7 Refreshment stations every 3km.

12.8 Entries for 10km close Friday 12 October 2018 at 21:00.

12.9 No entries will be taken on race day.

13. 4KM FUN RUN/WALK

13.1 The race will take place on Friday 11 October 2019 at 18:00.

13.2 Entries will be taken from 15:00 until 17:45 on race day.

13.3 Entry fee R30 for all participants.

13.4 Registration, start and finish at Bredasdorp Sport Grounds.

13.5 Medals to the first 700 finishers.

13.6 Time limit of 1 hour.

14. TIMING CHIP

14.1 The event will be used using ChampionChip. Participants are required to be in possession of their own

ChampionChip for the event. Participants not owning a ChampionChip may purchase or hire one with their entry. No results will be inserted due to incorrect or non attachment.

14.2 The race number must be worn on the front of your vest and visible at the finish line.

14.3 For safety and timing purpose, ONLY the person assigned to this race number may use it.

For all results or result queries please call, email results@peaktiming.co.za.