



THE
WINELANDS
MARATHON & HALF MARATHON

**Sportsmans
Warehouse**

IN ASSOCIATION WITH STELLENBOSCH MUNICIPALITY

Saturday, 26 November 2022

42.2km Full Marathon
@ 05h30

21.1km Half Marathon
@ 05h50

5km Fun Run
@ 06h30

Start & Finish Venue: Eikestad Primary School, Stellenbosch
Closing date: Sunday 13 November 2022.

This is a plastic free event and we encourage you to #ICarryMyOwn.
We will have water & cups at 3km intervals, as well as coke
at every second refill station but no plastic sachets.

ENTRY FEES

42.2km Licensed:	R220
42.2km unlicensed:	R290
21.1km (licensed):	R180
21.1km (unlicensed):	R240
5km Fun Run/Walk:	R50

Event T-shirts will be sold online at R250.
Running cap will be sold online at R169.



Please note the full marathon and half marathon are an online entry event only.

Enter online at www.topevents.co.za

Entries for the 5km fun run will be taken on race day.



**Sportsmans
Warehouse**
winning starts here!

BROOKS

CITY OF CAPE TOWN
ISIXEKO SASEKAPA
STAD KAAPSTAD

STELLENBOSCH
WINE & FOOD FESTIVAL
WINE & FOOD FESTIVAL

WESTERN PROVINCE ATHLETICS

Coca-Cola
Peninsula
Beverages

SA Home Loan
BOND WITH US

FEEDING IN ACTION
VOEDINGSAKSIE

TOPEVENTS
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www.topevents.co.za

Sportsmans Warehouse Winelands Marathon 2022

This is a #ICarryMyOwn race and is plastic-free.

NO SACHETS WILL BE SUPPLIED! Bring your own reusable water bottle or cup to refill at our well stocked water stations.

NUMBER COLLECTION BEFORE RACE DAY IS COMPULSORY FOR ALL ENTRANTS!

Number collection will take place on Friday 25 November 2022 from 10:00 - 18:00 at:

- Sportsmans Warehouse Rondebosch
- Sportsmans Warehouse Somerset West
- Sportsmans Warehouse Stellenbosch
- Sportsmans Warehouse Tygervalley

Should you be unable to collect during this time, someone else can collect on your behalf, by providing your Race collection reference number & a copy of your ID number.

There will be NO collections on race day.

- The 42,2km & 21,1km are pre-entry events, only. Enter online at www.topevents.co.za until midnight - Sunday 13 November 2022.
- Unlicensed Athletes must purchase a temporary license, which is R70-00 for the 42.2km distance and R60-00 for the 21.1km distance.
- **Race Cancellation:** There will be no refunds, but should the event be cancelled for reasons beyond our control, then your basic entry fee for the 2022 event will be transferred to the 2023 event.
- **The 5km FUN RUN** is an open event for licensed and unlicensed athletes. Children under 9 years must be accompanied by a parent or guardian. The start will be at 06:30 at Eikestad Primary School. For safety reasons, young competitors are requested to start near the back. Entries at R50.00 each are taken on the morning of the run from 05:00. The time limit is 1 hour and the first 200 finishers will receive a medal. No dogs allowed.
- Tog bag security facilities will be provided at your own risk. (Please ensure that your bag is clearly labelled)
- Helderberg Harriers and WPA do not take responsibility for lost or stolen items.
- Remember to #RunGreen #RunClean #ICarryMyOwn #PlasticFree.
- Coke & Water at the finish.
- Enquiries – Email info@topevents.co.za

TIMING AND RESULTS

The results will be electronically produced on race day by the official chip timing system.

Your timing chip will be placed on your race number. The race number must be worn on the front of your vest and visible at the finish line. There is a foam strip on the back of the race number. Please do not remove the timing chip and foam strip from the race number – doing so will result in NO finish time. For safety and timing purposes, ONLY the person assigned to this race number may use it. Results will be available online at www.finishtime.co.za.

PARKING

Parking is provided for 1200 vehicles at various venues near the race venue at a fee. Marshals will direct participants to parking. Security officials will patrol the venues; however, runners make use of the parking facilities at own risk and must ensure they do not leave any valuable items in their vehicles.

Please note that the owners of vehicles that park illegally, will be held liable by the local Traffic Officials. Routes to venue and parking information will be available at www.topevents.co.za

RACE RULES

1. This event is held in accordance with the rules of ASA and WPA. All participants must comply with the rules, regulations and instructions given by officials, marshals and traffic officials. Non-compliance may lead to disqualification. The race organiser reserves the right to accept / reject any entry received.
2. Entrants for the marathon must be 20 years or older and for the half marathon, 16 years or older on race day, Saturday 26 November 2022.
3. One race number (bib) will be issued. Registered athletes must wear their 2022 ASA licences on the front and back of their vest. The race number must be worn on the front of the vest, partially covering the ASA licence, so that the ASA licence sponsor remains visible. **Temporary licensed runners must wear the race number on the front of their vest and the temporary licence on the back.**
4. Licensed athletes should wear club colours. Temporary licensed athletes must run in clothing without advertising.
5. The race number and temporary timing chip are linked to your name and finishing time – Allowing another person to compete with your number will result in disqualification.
6. No changing from the marathon to the half marathon or vice versa will be allowed.

7. No personal seconding, vehicles or bicycles will be allowed on the route.
8. Kilometer markers will be placed at each kilometer mark.
9. **The time limit is 6 hours for the marathon and 3½ hours for the half marathon.**
10. Age category tags (e.g. 40 / Junior) must be worn on the front and back of the vest, if runners wish to be eligible for category prizes. Runners should enter the age category corresponding to their chronological age but may enter a younger category down to senior.
11. Temporary licensed runners are eligible for age category prizes provided they enter the relevant age group, wear the appropriate age tags and provide proof of age.
12. Juniors (born in 2003 or later) wearing a junior or senior licence, must display age tags to qualify for age group prizes.
13. Wheelchair athletes must please contact the organisers timeously to discuss arrangements for their participation.
14. Foreign athletes must comply with IAAF rule 4.2 and all relevant race and domestic rules. The athletes must be able to produce the letter from his/her federation permitting participation on race day.
15. The use of music players with headphones is not allowed and may result in disqualification.
16. Marshals and traffic officials must be obeyed at all times. If participants are instructed by any race, medical, traffic or police official to stop, they shall do so immediately.
17. **Do not litter.** Dispose of cups responsibly by using the bins provided or carry them to the finish. Report offenders to the referees. **#RunClean.**
18. Detailed rules are available on www.wpa.org.za or on request from the organisers or the WPA office.

PERMANENT NUMBERS

The following awards will be handed out to runners who qualify as they finish the race:

Permanent numbers for a 10th completed run; Unique "Wingerdstompie" trophies after 15 completed runs and Double laurel permanent numbers after 20 completed runs.

Entrants who have completed 9 Winelands marathons will qualify for a permanent number, must please indicate this on the entry form. Virtual events do not count towards completed races.

The following awards will be awarded at prize giving:

Permanent numbers for winning one of the categories (open, 40-49, 50-59, 60-69, 70+) for a 3rd time, Unique "Wynvat" trophies after 25 completed runs, Triple laurel permanent numbers after 30 completed runs and a special unique trophy after 40 completed runs.

PRIZE GIVING will take place at Eikestad Primary School.

For the half marathon it will start between 09:30 and 10:00 and for the marathon it will start between 11.30 and 12:00. A prize is awarded to the first person who breaks the Half / Marathon record.

42.2KM - MARATHON MEN AND WOMEN

	1	2	3
OPEN	R 3,300.00	R 1,700.00	R1,200.00
40-49	R1,000.00	R 900.00	R 700.00
50-59	R1,000.00	R 800.00	R 600.00
60-69	R1,000.00	R 800.00	R 600.00
70+	R1,000.00	R 800.00	R 600.00

42.2km race record:

Men: Mluleki Nobanda 2hr.18min.47 secs - 1996.
Women: Isavel Roche-Kelly 2hr.42min.27 secs – 1981.

R1,200.00

21.1KM - HALF MARATHON MEN AND WOMEN

	1	2	3
OPEN	R 2,800.00	R1,500.00	R 1,000.00
40-49	R 900.00	R 750.00	R600.00
50-59	R 900.00	R 650.00	R500.00
60-69	R 900.00	R 650.00	R500.00
70+	R 900.00	R 650.00	R500.00

21.1km race record:

Men: Men - Reinhold Iliata 1hr.5mins.16 secs - 2000.
Women: Annie Bothma 1hr.15mins.13 secs - 2018.

R1,000.00