

**VUKANI 15KM - PORT ELIZABETH - 2022/11/26**

| POS | RNO   | LICNO | NAME          | SURNAME       | CLUB     | SEX | AGE | CAT    | HMS     | PTS |
|-----|-------|-------|---------------|---------------|----------|-----|-----|--------|---------|-----|
| 1   | 319   | 1433  | BONGANI       | BANDA         | NEDBANK  | M   | 23  | SM     | 0.47.28 | 5   |
| 2   | 111   | 1361  | ANDILE        | MOTWANA       | NEDBANK  | M   | 25  | SM     | 0.47.47 | 5   |
| 3   | 277   | 1037  | ADRIAAN       | GERWEL        | XCEL     | M   | 26  | SM     | 0.49.44 | 5   |
| 4   | 278   | 1440  | MARIANO       | EESOU         | NEDBANK  | M   | 30  | SM     | 0.50.59 | 5   |
| 5   | 1336  | 1336  | MELIKHAYA     | KEPE          | NEDBANK  | M   | 46  | 45-49M | 0.51.54 | 5   |
| 6   | 2639  | 2363  | MZOLISI       | MAKHANDA      | NEDBANK  | M   | 40  | 40-44M | 0.52.15 | 5   |
| 7   | 20014 | 20014 | SIYABO        | RHAFUZA       | NEDBANK  | M   | 18  | JM     | 0.52.25 | 5   |
| 8   | 341   | 1335  | ANELE         | MALIZA        | NEDBANK  | M   | 44  | 40-44M | 0.52.36 | 5   |
| 9   | 284   | 1915  | ZAMUBUNTU     | TEYISE        | SIBALEKA | M   | 46  | 45-49M | 0.53.53 | 5   |
| 10  | 172   | 1339  | MILA          | PASIYA        | NEDBANK  | M   | 43  | 40-44M | 0.54.01 | 5   |
| 11  | 213   | 1413  | TUMELO        | MOCHELENYANE  | NEDBANK  | M   | 40  | 40-44M | 0.55.05 | 5   |
| 12  | 368   | 537   | BATHANDWA     | MOOI          | RUN4C    | M   | 38  | 35-39M | 0.55.15 | 5   |
| 13  | 1     | 1728  | NOEL          | ADAMS         | GELVAN   | M   | 50  | 50-54M | 0.55.56 | 5   |
| 14  | 163   | 860   | CHARLES       | SEGALO        | CHARLO   | M   | 35  | 35-39M | 0.56.29 | 5   |
| 15  | 234   | 472   | RYAN          | PETER         | PRAC     | M   | 38  | 35-39M | 0.57.10 | 4   |
| 16  | 115   | 1405  | NTOMBESINTU   | MFUNZI        | NEDBANK  | F   | 40  | 40-44F | 0.57.15 | 5   |
| 17  | 222   | 20222 | SINELIZWI     | VENENE        | CHILLIEP | M   | 15  | JM     | 0.57.47 | 4   |
| 18  | 218   | 20139 | AKHONA        | TEMBANI       | CHILLIEP | M   | 16  | JM     | 0.57.49 | 4   |
| 19  | 5161  | 5161  | ONATHI        | STUURMAN      | TEMP     | M   | 23  | SM     | 0.58.18 | 0   |
| 20  | 190   | 2059  | AUGUST        | ESAU          | NEDBANK  | M   | 51  | 50-54M | 0.58.30 | 5   |
| 21  | 5162  | 5162  | GODFREY       | STUURMAN      | TEMP     | M   | 22  | SM     | 0.58.41 | 0   |
| 22  | 114   | 1398  | MUTEKILE      | RASMENI       | NEDBANK  | M   | 57  | 55-59M | 0.58.48 | 5   |
| 23  | 337   | 1344  | CHRISTOPHER   | MABENGEZA     | NEDBANK  | M   | 56  | 55-59M | 0.59.02 | 5   |
| 24  | 121   | 1359  | THEMBINKOSI   | HAMBIYANI     | NEDBANK  | M   | 50  | 50-54M | 1.00.11 | 5   |
| 25  | 161   | 858   | SHAUN         | ATTENBOROUGH  | CHARLO   | M   | 54  | 50-54M | 1.00.39 | 5   |
| 26  | 123   | 1406  | REFELOE       | SOLOMONS      | NEDBANK  | F   | 41  | 40-44F | 1.00.44 | 5   |
| 27  | 225   | 865   | DEAN          | HOYLE         | CHARLO   | M   | 52  | 50-54M | 1.01.10 | 5   |
| 28  | 298   | 1353  | MZUKISI       | KLAAS         | NEDBANK  | M   | 54  | 50-54M | 1.01.11 | 5   |
| 29  | 7     | 20040 | REECE         | FREEMAN       | ACT AC   | M   | 15  | JM     | 1.01.26 | 3   |
| 30  | 188   | 681   | GAVIN         | THORNE        | NMBMUN   | M   | 41  | 40-44M | 1.01.39 | 3   |
| 31  | 8     | 396   | STANTON       | FREEMAN       | ACT AC   | M   | 45  | 45-49M | 1.01.46 | 4   |
| 32  | 5077  | 5077  | LYLE          | ROCKMAN       | TEMP     | M   | 28  | SM     | 1.02.00 | 0   |
| 33  | 243   | 993   | THEMBEKILE    | MSIPA         | CHARLO   | M   | 48  | 45-49M | 1.02.46 | 4   |
| 34  | 294   | 1642  | NICO          | SMITH         | MADIBA   | M   | 37  | 35-39M | 1.03.04 | 3   |
| 35  | 5042  | 5042  | JORDAN        | HOYLE         | TEMP     | M   | 18  | JM     | 1.03.13 | 0   |
| 36  | 5165  | 5165  | JOSH          | WENTZEL       | TEMP     | M   | 15  | JM     | 1.03.14 | 0   |
| 37  | 1395  | 1395  | MICHAEL       | MAGSON        | NEDBANK  | M   | 46  | 45-49M | 1.03.22 | 4   |
| 38  | 139   | 908   | KAYLA         | NELL          | CHARLO   | F   | 28  | SF     | 1.03.23 | 4   |
| 39  | 169   | 898   | PATRIC        | MAKWENKWE     | CHARLO   | M   | 56  | 55-59M | 1.03.28 | 5   |
| 40  | 5031  | 5031  | MALWANDE      | MBATHA        | TEMP     | M   | 29  | SM     | 1.04.09 | 0   |
| 41  | 5585  | 1439  | SIMPIWE       | MASELE        | NEDBANK  | M   | 34  | SM     | 1.04.24 | 2   |
| 42  | 227   | 20015 | RONAN         | VAN DER VAART | NEDBANK  | M   | 17  | JM     | 1.04.39 | 2   |
| 43  | 301   | 1652  | HEIN          | LODEWYKS      | MADIBA   | M   | 40  | 40-44M | 1.04.50 | 3   |
| 44  | 276   | 1039  | CRAIG         | RENSBURG      | XCEL     | M   | 46  | 45-49M | 1.04.53 | 3   |
| 45  | 316   | 1131  | TAWFEEQ       | VYVER         | NEDBANK  | M   | 24  | SM     | 1.04.54 | 2   |
| 46  | 307   | 706   | STEPHEN       | MCCARTHY      | CRUSADE  | M   | 61  | 60-64M | 1.04.57 | 5   |
| 47  | 5050  | 5050  | INGE          | WILLIAMS      | TEMP     | F   | 33  | SF     | 1.05.00 | 0   |
| 48  | 5059  | 5059  | GRANT         | MISKIN        | TEMP     | M   | 28  | SM     | 1.05.27 | 0   |
| 49  | 269   | 565   | SEBASTIAN     | KLEU          | RUN4C    | M   | 46  | 45-49M | 1.05.31 | 3   |
| 50  | 197   | 414   | MNQWENO       | TYOKOLO       | CHILLIEP | M   | 39  | 35-39M | 1.05.36 | 2   |
| 51  | 238   | 1869  | KESETSELEMANG | THAGAKANE     | HOLLYWOO | M   | 39  | 35-39M | 1.05.38 | 2   |
| 52  | 5061  | 885   | TIMOTHY       | HEINE         | CHARLO   | M   | 31  | SM     | 1.05.50 | 2   |
| 53  | 5008  | 5008  | LEIGH         | CALLAGHAN     | TEMP     | F   | 27  | SF     | 1.06.01 | 0   |
| 54  | 246   | 640   | SAMKELO       | SINYONGO      | ASPEN    | M   | 41  | 40-44M | 1.06.12 | 3   |
| 55  | 1394  | 1394  | DAVERA        | MAGSON        | NEDBANK  | F   | 48  | 45-49F | 1.06.13 | 5   |
| 56  | 317   | 1758  | JOHANNES      | ARRIES        | TRANSNET | M   | 49  | 45-49M | 1.06.16 | 3   |
| 57  | 21    | 1719  | ANDRE         | OWNHOUSE      | GELVAN   | M   | 55  | 55-59M | 1.06.19 | 5   |
| 58  | 26    | 2134  | SIZWE         | SOLANI        | HOLLYWOO | M   | 47  | 45-49M | 1.06.30 | 3   |
| 59  | 134   | 970   | MALCOLM       | BLANDY        | CHARLO   | M   | 40  | 40-44M | 1.06.30 | 3   |
| 60  | 77    | 1659  | HANNES        | ELS           | MADIBA   | M   | 72  | 70+M   | 1.06.35 | 5   |
| 61  | 5036  | 5036  | MKHUSELI      | DAMINSA       | TEMP     | M   | 28  | SM     | 1.06.35 | 0   |
| 62  | 4000  | 4000  | VUYISILE      | SIMAYILE      | NEDBANK  | M   | 35  | 35-39M | 1.06.48 | 2   |
| 63  | 1457  | 1457  | RICHARD       | MAZUNGULA     | NEDBANK  | M   | 45  | 45-49M | 1.07.13 | 3   |

| POS | RNO  | LICNO | NAME         | SURNAME            | CLUB     | SEX | AGE | CAT    | HMS     | PTS |
|-----|------|-------|--------------|--------------------|----------|-----|-----|--------|---------|-----|
| 64  | 1436 | 1436  | NTSIKELELO   | SEBE               | NEDBANK  | M   | 40  | 40-44M | 1.07.13 | 2   |
| 65  | 203  | 1968  | HENRY        | PIENAAR            | BLUEBAY  | M   | 51  | 50-54M | 1.07.51 | 3   |
| 66  | 299  | 800   | GRAHAM       | TERBLANCHE         | MADIBAZ  | M   | 57  | 55-59M | 1.08.00 | 4   |
| 67  | 192  | 1501  | ROMMANY      | ROGERS             | 32GI     | F   | 40  | 40-44F | 1.08.17 | 4   |
| 68  | 282  | 1516  | THERESA      | BUCHNER            | 32GI     | F   | 37  | 35-39F | 1.08.21 | 3   |
| 69  | 292  | 1358  | BISHO        | NOMBEWU            | NEDBANK  | M   | 56  | 55-59M | 1.08.35 | 4   |
| 70  | 95   | 259   | THABELA      | NTOMO              | TINARHA  | M   | 37  | 35-39M | 1.08.45 | 2   |
| 71  | 5056 | 5056  | GIFT         | MBEDZI             | TEMP     | M   | 26  | SM     | 1.08.47 | 0   |
| 72  | 211  | 127   | ABDUL        | LILLAH             | MALABAR  | M   | 32  | SM     | 1.09.01 | 2   |
| 73  | 5047 | 5047  | MATTHEW      | MYERS              | TEMP     | M   | 19  | JM     | 1.09.15 | 0   |
| 74  | 361  | 1263  | KAHN         | LANGFORD           | VWAC     | M   | 44  | 40-44M | 1.09.27 | 2   |
| 75  | 212  | 2333  | DANNY        | SAULS              | RUN4C    | M   | 35  | 35-39M | 1.09.30 | 2   |
| 76  | 5007 | 5007  | EDUAN        | JAMES              | TEMP     | M   | 32  | SM     | 1.09.37 | 0   |
| 77  | 286  | 1612  | BRUCHANE     | WILLIAMS           | GELVAN   | M   | 36  | 35-39M | 1.09.46 | 2   |
| 78  | 369  | 1422  | TSIETSI      | RAMATSASA          | NEDBANK  | M   | 47  | 45-49M | 1.09.54 | 2   |
| 79  | 122  | 1441  | MARTIN       | JANSEN             | NEDBANK  | M   | 54  | 50-54M | 1.09.56 | 3   |
| 80  | 339  | 554   | PETRUS       | RADEMEYER          | RUN4C    | M   | 48  | 45-49M | 1.10.03 | 2   |
| 81  | 12   | 2331  | CHRISTI      | JANSE VAN RENSBURG | SAPPE    | M   | 24  | SM     | 1.10.34 | 2   |
| 82  | 250  | 1742  | ZANDISILE    | NGXONONO           | HOLLYWOO | M   | 49  | 45-49M | 1.10.34 | 2   |
| 83  | 210  | 132   | FUARD        | DE JAGER           | MALABAR  | M   | 44  | 40-44M | 1.11.09 | 2   |
| 84  | 120  | 1010  | JAN          | VAN EEDEN          | NEDBANK  | M   | 64  | 60-64M | 1.11.12 | 4   |
| 85  | 281  | 51411 | THAMSANQA    | JACK               | KHULANI  | M   | 45  | 45-49M | 1.11.12 | 0   |
| 86  | 178  | 1385  | KOOS         | OLIVIER            | NEDBANK  | M   | 64  | 60-64M | 1.11.19 | 4   |
| 87  | 200  | 1489  | REBECCA      | JORDAAN            | 32GI     | F   | 31  | SF     | 1.11.36 | 2   |
| 88  | 324  | 2058  | MARIETTE     | HATTINGH           | NEDBANK  | F   | 57  | 55-59F | 1.11.38 | 5   |
| 89  | 5006 | 5006  | ERICH        | VERSFELD           | TEMP     | M   | 27  | SM     | 1.11.38 | 0   |
| 90  | 191  | 1334  | SUZETTE      | VICTOR             | NEDBANK  | F   | 52  | 50-54F | 1.11.52 | 5   |
| 91  | 186  | 1370  | WERNER       | MEYER              | NEDBANK  | M   | 49  | 45-49M | 1.11.55 | 2   |
| 92  | 600  | 1282  | SEBASTIAN    | HAARHOFF           | VWAC     | M   | 45  | 45-49M | 1.12.04 | 2   |
| 93  | 106  | 20153 | JULIAN       | VAN DER SCHYFF     | PRAC     | M   | 15  | JM     | 1.12.40 | 2   |
| 94  | 256  | 561   | DARRYL       | CALVERT            | RUN4C    | M   | 47  | 45-49M | 1.12.44 | 2   |
| 95  | 357  | 1876  | NTOMBAMAZIZI | MATOLE             | HOLLYWOO | F   | 41  | 40-44F | 1.13.05 | 2   |
| 96  | 365  | 1862  | SIMPHIWE     | SOCI               | HOLLYWOO | M   | 57  | 55-59M | 1.13.06 | 3   |
| 97  | 2260 | 1265  | ANDILE       | DLAMINI            | VWAC     | M   | 49  | 45-49M | 1.13.26 | 2   |
| 98  | 253  | 50969 | SITHA        | SIGENU             | REALGIJ  | F   | 39  | 35-39F | 1.13.38 | 0   |
| 99  | 20   | 51190 | MTHUTHELELI  | NONGALO            | ALIWAL   | M   | 40  | 40-44M | 1.13.52 | 0   |
| 100 | 241  | 1052  | ASHWELL      | JONAS              | ACH      | M   | 49  | 45-49M | 1.13.55 | 2   |
| 101 | 10   | 1872  | AYANDA       | GROOTBOOM          | HOLLYWOO | M   | 37  | 35-39M | 1.13.56 | 2   |
| 102 | 237  | 1848  | DENVER       | PETERSEN           | GELVAN   | M   | 39  | 35-39M | 1.14.01 | 2   |
| 103 | 70   | 508   | OLWETHU      | BOMVANA            | MOTHER   | F   | 36  | 35-39F | 1.14.07 | 2   |
| 104 | 136  | 952   | CINDY        | MARAIS             | CHARLO   | F   | 45  | 45-49F | 1.14.11 | 3   |
| 105 | 187  | 887   | LYNNE        | NEUBERT            | CHARLO   | F   | 50  | 50-54F | 1.14.22 | 4   |
| 106 | 5017 | 5017  | JOANNE       | HOYLE              | TEMP     | F   | 53  | 50-54F | 1.14.23 | 0   |
| 107 | 142  | 978   | CHRISTOPHER  | AYERST             | CHARLO   | M   | 55  | 55-59M | 1.14.23 | 2   |
| 108 | 102  | 534   | MIEKE        | SCHOLTZ            | RUN4C    | F   | 27  | SF     | 1.14.34 | 2   |
| 109 | 346  | 1283  | URAN         | LE ROUX            | VWAC     | M   | 56  | 55-59M | 1.14.39 | 2   |
| 110 | 264  | 1761  | SLULAMI      | JACK               | TRANSNET | M   | 47  | 45-49M | 1.14.45 | 2   |
| 111 | 5038 | 5038  | KATHERINE    | VAN DER WALT       | TEMP     | F   | 46  | 45-49F | 1.14.46 | 0   |
| 112 | 3650 | 2015  | SILAS        | KHANYUNDI          | VUKANI   | M   | 44  | 40-44M | 1.14.54 | 2   |
| 113 | 283  | 263   | LINDIKHAYA   | NTEYI              | TINARHA  | M   | 43  | 40-44M | 1.14.56 | 2   |
| 114 | 84   | 1235  | PHILLIP      | KEMP               | ELITEAC  | M   | 40  | 40-44M | 1.14.56 | 2   |
| 115 | 143  | 853   | CLINTON      | SMITH              | CHARLO   | M   | 37  | 35-39M | 1.15.02 | 2   |
| 116 | 229  | 721   | FIONA        | FLEUR              | CRUSADE  | F   | 37  | 35-39F | 1.15.18 | 2   |
| 117 | 265  | 836   | ANTHONY      | BUTTON             | MADIBAZ  | M   | 60  | 60-64M | 1.15.23 | 3   |
| 118 | 231  | 2145  | TANIA        | KITCHING           | BODYCON  | F   | 44  | 40-44F | 1.15.28 | 2   |
| 119 | 313  | 1360  | SITHEMBILE   | MPAKO              | NEDBANK  | M   | 62  | 60-64M | 1.16.00 | 2   |
| 120 | 314  | 1450  | NKHATHALLENG | KHIBA              | NEDBANK  | F   | 41  | 40-44F | 1.16.04 | 2   |
| 121 | 69   | 1316  | SERGEI       | BENJAMIN           | VUKANI   | M   | 35  | 35-39M | 1.16.13 | 2   |
| 122 | 257  | 1453  | NJONGO       | COKOTHO            | NEDBANK  | M   | 34  | SM     | 1.16.30 | 1   |
| 123 | 360  | 692   | GODFREY      | GELDERBLOEM        | NMBMUN   | M   | 54  | 50-54M | 1.16.31 | 2   |
| 124 | 291  | 700   | THEMBA       | GXABEKA            | NMBMUN   | M   | 47  | 45-49M | 1.16.34 | 2   |
| 125 | 82   | 1839  | REBECCA      | GATANGI            | VUKANI   | F   | 37  | 35-39F | 1.16.47 | 2   |
| 126 | 5057 | 2002  | LUVUYO       | BANGAZI            | IKHAMVA  | M   | 46  | 45-49M | 1.16.48 | 2   |
| 127 | 258  | 1300  | VERNON       | NAIDOO             | VWAC     | M   | 53  | 50-54M | 1.16.51 | 2   |

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|-----|------|-------|--------------|--------------|----------|-----|-----|--------|---------|-----|
| 128 | 103  | 555   | BURNITA      | STRYDOM      | RUN4C    | F   | 54  | 50-54F | 1.16.54 | 3   |
| 129 | 171  | 1458  | GEORGE       | NTSHILIZA    | NEDBANK  | M   | 43  | 40-44M | 1.16.59 | 2   |
| 130 | 374  | 949   | COLBEN       | NGCUPE       | CHARLO   | M   | 59  | 55-59M | 1.17.03 | 2   |
| 131 | 5045 | 5045  | THABISO      | NGCONGO      | TEMP     | M   | 23  | SM     | 1.17.14 | 0   |
| 132 | 5156 | 5156  | ORETTE       | MOODALEY     | TEMP     | F   | 49  | 45-49F | 1.17.18 | 0   |
| 133 | 201  | 765   | LESLIE       | FERREIRA     | CRUSADE  | M   | 27  | SM     | 1.17.26 | 1   |
| 134 | 156  | 851   | DANNY        | DARNE        | CHARLO   | M   | 44  | 40-44M | 1.17.39 | 1   |
| 135 | 5030 | 5030  | SINALO       | PITOI        | TEMP     | M   | 21  | SM     | 1.17.46 | 0   |
| 136 | 98   | 2008  | SIYABONGA    | PANDLE       | XCEL     | M   | 53  | 50-54M | 1.17.50 | 2   |
| 137 | 312  | 1267  | ANAND        | NAIDOO       | VWAC     | M   | 52  | 50-54M | 1.17.53 | 2   |
| 138 | 90   | 1225  | SUSANNA      | KEMP         | ELITEAC  | F   | 39  | 35-39F | 1.18.06 | 2   |
| 139 | 327  | 1250  | PETER        | VAN RENSBURG | ELITEAC  | M   | 64  | 60-64M | 1.18.06 | 2   |
| 140 | 151  | 855   | GREGORY      | ROSS         | CHARLO   | M   | 49  | 45-49M | 1.18.17 | 2   |
| 141 | 152  | 953   | CYNTHIA      | HEYNS        | CHARLO   | F   | 39  | 35-39F | 1.18.18 | 2   |
| 142 | 124  | 883   | LINDI        | VAN TONDER   | CHARLO   | F   | 44  | 40-44F | 1.18.32 | 2   |
| 143 | 137  | 905   | JANET        | VAN NIEKERK  | CHARLO   | F   | 46  | 45-49F | 1.18.33 | 2   |
| 144 | 228  | 501   | VUSIKAYA     | MANCAPA      | MOTHER   | M   | 57  | 55-59M | 1.18.37 | 2   |
| 145 | 184  | 1420  | GRAEME       | TING CHONG   | NEDBANK  | M   | 54  | 50-54M | 1.18.43 | 2   |
| 146 | 220  | 4442  | BANELE       | MTABA        | CHILLIEP | M   | 15  | JM     | 1.18.45 | 1   |
| 147 | 5015 | 5015  | LUTHANDO     | NDZAMBO      | TEMP     | M   | 39  | 35-39M | 1.18.53 | 0   |
| 148 | 71   | 546   | CHARLES      | CORBY        | RUN4C    | M   | 52  | 50-54M | 1.18.55 | 2   |
| 149 | 5020 | 5020  | MONGOWESIZWE | NKANUNU      | TEMP     | M   | 39  | 35-39M | 1.18.57 | 0   |
| 150 | 5062 | 5062  | LUNGA        | TUKANI       | TEMP     | M   | 40  | 40-44M | 1.18.58 | 0   |
| 151 | 167  | 928   | ALLISTER     | MARRAN       | CHARLO   | M   | 46  | 45-49M | 1.19.23 | 1   |
| 152 | 174  | 1575  | LESLEY-ANN   | BUSH         | DESPATCH | F   | 50  | 50-54F | 1.19.25 | 2   |
| 153 | 354  | 1546  | ISCHKE       | LAMBRECHTS   | DESPATCH | F   | 39  | 35-39F | 1.19.26 | 2   |
| 154 | 176  | 1586  | MAUDY        | BOTES        | DESPATCH | F   | 40  | 40-44F | 1.19.27 | 2   |
| 155 | 634  | 634   | JO-ANNE      | FORSON       | ASPEN    | F   | 35  | 35-39F | 1.19.43 | 2   |
| 156 | 232  | 1738  | IVO          | MEYER        | BODYCON  | M   | 47  | 45-49M | 1.19.47 | 1   |
| 157 | 100  | 1233  | CURT         | ROBERTS      | ELITEAC  | M   | 37  | 35-39M | 1.19.52 | 1   |
| 158 | 27   | 1560  | PIETER       | STRYDOM      | DESPATCH | M   | 61  | 60-64M | 1.19.57 | 2   |
| 159 | 367  | 374   | NTOMBENTSHA  | NAZO         | IKHAMVA  | F   | 38  | 35-39F | 1.20.38 | 2   |
| 160 | 215  | 1478  | LUCILLE      | COCK         | 32GI     | F   | 40  | 40-44F | 1.20.39 | 2   |
| 161 | 255  | 1700  | ELIZE        | ADAMS        | GELVAN   | F   | 48  | 45-49F | 1.20.59 | 2   |
| 162 | 5024 | 5024  | WARREN       | KNOTT        | TEMP     | M   | 45  | 45-49M | 1.21.04 | 0   |
| 163 | 185  | 1481  | WAYNE        | SCHOLTZ      | 32GI     | M   | 42  | 40-44M | 1.21.10 | 1   |
| 164 | 17   | 1500  | JONATHAN     | MANDELL      | 32GI     | M   | 58  | 55-59M | 1.21.11 | 2   |
| 165 | 5010 | 5010  | MARTIN       | BUDAY        | TEMP     | M   | 45  | 45-49M | 1.21.21 | 0   |
| 166 | 5021 | 5021  | ANTON        | VERWEY       | TEMP     | M   | 48  | 45-49M | 1.21.21 | 0   |
| 167 | 194  | 1043  | DAVID        | BAINS        | XCEL     | M   | 56  | 55-59M | 1.21.38 | 2   |
| 168 | 363  | 327   | ELWIN        | WOODS        | MUIRITE  | M   | 59  | 55-59M | 1.21.50 | 2   |
| 169 | 94   | 611   | HAYLEY       | NEWING       | ASPEN    | F   | 38  | 35-39F | 1.21.58 | 1   |
| 170 | 219  | 4419  | AKHONA       | ZAKE         | CHILLIEP | F   | 17  | JF     | 1.22.03 | 1   |
| 171 | 146  | 922   | Sherwin      | Plaatjies    | CHARLO   | M   | 41  | 40-44M | 1.22.21 | 1   |
| 172 | 287  | 1346  | IVAN         | MOSES        | NEDBANK  | M   | 60  | 60-64M | 1.22.32 | 2   |
| 173 | 5055 | 5055  | PAKISO       | MOEKETSI     | TEMP     | M   | 42  | 40-44M | 1.22.33 | 0   |
| 174 | 5060 | 5060  | ANNEMIE      | DU TOIT      | TEMP     | F   | 38  | 35-39F | 1.22.33 | 0   |
| 175 | 270  | 277   | DE WET       | WILLIAMS     | MUIRITE  | M   | 60  | 60-64M | 1.22.34 | 2   |
| 176 | 150  | 921   | MXOLISI      | SIZIBA       | CHARLO   | M   | 52  | 50-54M | 1.22.35 | 1   |
| 177 | 248  | 741   | MARGARET     | LLOYD        | CRUSADE  | F   | 59  | 55-59F | 1.22.37 | 2   |
| 178 | 5002 | 5002  | JADE         | MORRIS       | TEMP     | F   | 23  | SF     | 1.22.38 | 0   |
| 179 | 223  | 758   | WERNER       | DE LANGE     | CRUSADE  | M   | 34  | SM     | 1.22.39 | 1   |
| 180 | 275  | 220   | BENNIE       | THYSSE       | CSEP     | M   | 65  | 65-69M | 1.23.09 | 2   |
| 181 | 175  | 1585  | GEORGE       | BOTES        | DESPATCH | M   | 48  | 45-49M | 1.23.10 | 1   |
| 182 | 5033 | 5033  | IZEL         | JACOBS       | TEMP     | F   | 34  | SF     | 1.23.11 | 0   |
| 183 | 5032 | 5032  | NATALIE      | BOSHOFF      | TEMP     | F   | 35  | 35-39F | 1.23.12 | 0   |
| 184 | 157  | 967   | MIKE         | BURGER       | CHARLO   | M   | 63  | 60-64M | 1.23.26 | 2   |
| 185 | 5    | 471   | MALCOLM      | FIGG         | NMBMUN   | M   | 64  | 60-64M | 1.23.31 | 2   |
| 186 | 305  | 1877  | XOLILE       | MBALI        | HOLLYWOO | M   | 47  | 45-49M | 1.23.32 | 1   |
| 187 | 166  | 904   | MATTHEW      | CULLIS       | CHARLO   | M   | 41  | 40-44M | 1.23.45 | 1   |
| 188 | 5005 | 5005  | ALEX         | SCHOOMBIE    | TEMP     | M   | 27  | SM     | 1.23.50 | 0   |
| 189 | 199  | 1509  | JEANDRE      | JORDAAN      | 32GI     | M   | 39  | 35-39M | 1.24.05 | 1   |
| 190 | 323  | 2118  | Thandisile   | Nube         | DPWEC    | M   | 26  | SM     | 1.24.07 | 1   |
| 191 | 245  | 750   | PIETER       | ROUX         | CRUSADE  | M   | 67  | 65-69M | 1.24.08 | 2   |

| POS | RNO  | LICNO | NAME       | SURNAME       | CLUB     | SEX | AGE | CAT    | HMS     | PTS |
|-----|------|-------|------------|---------------|----------|-----|-----|--------|---------|-----|
| 192 | 601  | 831   | BIANCA     | BOTHA         | MADIBAZ  | F   | 27  | SF     | 1.24.09 | 1   |
| 193 | 272  | 781   | BERNARD    | PETERSEN      | MADIBAZ  | M   | 57  | 55-59M | 1.24.10 | 1   |
| 194 | 263  | 723   | ALETTA     | JOUBERT       | CRUSADE  | F   | 61  | 60-64F | 1.24.35 | 2   |
| 195 | 602  | 830   | MTETELELI  | BIKO          | MADIBAZ  | M   | 31  | SM     | 1.24.36 | 1   |
| 196 | 5040 | 5040  | CHANTE     | BISSCHOFF     | TEMP     | F   | 26  | SF     | 1.24.41 | 0   |
| 197 | 255  | 255   | CINGA      | NOHAJI        | MUTUAL   | M   | 33  | SM     | 1.24.54 | 0   |
| 198 | 5051 | 5051  | LUKE       | BINNEMAN      | TEMP     | M   | 30  | SM     | 1.25.02 | 0   |
| 199 | 259  | 1291  | ASHENDA    | MAKONIE       | VWAC     | F   | 46  | 45-49F | 1.25.23 | 1   |
| 200 | 74   | 1033  | SALWYN     | DENNIS        | XCEL     | M   | 44  | 40-44M | 1.25.23 | 1   |
| 201 | 355  | 1214  | BENITA     | GERBER        | ELITEAC  | F   | 58  | 55-59F | 1.25.39 | 2   |
| 202 | 193  | 75    | DESTIN     | SAUER         | VWAC     | M   | 41  | 40-44M | 1.25.43 | 1   |
| 203 | 217  | 2309  | NKOSINATHI | CLAY          | CHILLIEP | M   | 57  | 55-59M | 1.25.47 | 1   |
| 204 | 130  | 926   | TREVOR     | VAN RENSBURG  | CHARLO   | M   | 70  | 70+M   | 1.25.50 | 2   |
| 205 | 268  | 1590  | ANNEKE     | MOORE         | DESPATCH | F   | 38  | 35-39F | 1.25.55 | 1   |
| 206 | 351  | 1547  | STEPHANUS  | LAMBRECHTS    | DESPATCH | M   | 39  | 35-39M | 1.25.55 | 1   |
| 207 | 173  | 1588  | JACQUES    | BOTHA         | DESPATCH | M   | 48  | 45-49M | 1.25.56 | 1   |
| 208 | 207  | 14730 | PHUNYEZWA  | NDEVU         | SABC     | F   | 56  | 55-59F | 1.26.00 | 0   |
| 209 | 262  | 746   | JOHAN      | BARNARD       | CRUSADE  | M   | 67  | 65-69M | 1.26.25 | 1   |
| 210 | 333  | 1299  | MICHAEL    | SLATER        | VWAC     | M   | 52  | 50-54M | 1.26.32 | 1   |
| 211 | 5025 | 5025  | LYNELL     | KLEINENBERG   | TEMP     | F   | 38  | 35-39F | 1.26.57 | 0   |
| 212 | 230  | 740   | TALITHA    | SEDDON        | CRUSADE  | F   | 38  | 35-39F | 1.26.57 | 1   |
| 213 | 73   | 1479  | TENIELLE   | DE ANDRADE    | 32GI     | F   | 37  | 35-39F | 1.27.08 | 1   |
| 214 | 216  | 422   | Bomkazi    | Tshefu        | HOLLYWOO | F   | 35  | 35-39F | 1.27.16 | 1   |
| 215 | 267  | 1234  | DEWALD     | DEYSEL        | ELITEAC  | M   | 40  | 40-44M | 1.27.22 | 1   |
| 216 | 5029 | 5029  | WILFRED    | MANGEZI       | TEMP     | M   | 39  | 35-39M | 1.27.32 | 0   |
| 217 | 289  | 1297  | THANDEKILE | GAXAMBA       | VWAC     | M   | 52  | 50-54M | 1.27.50 | 1   |
| 218 | 177  | 1962  | DANIEL     | PIETERSE      | BLUEBAY  | M   | 60  | 60-64M | 1.28.03 | 1   |
| 219 | 5023 | 5023  | CHARMELLE  | MAY           | TEMP     | F   | 41  | 40-44F | 1.28.09 | 0   |
| 220 | 359  | 1271  | LEZELL     | HARRIS        | VWAC     | F   | 49  | 45-49F | 1.28.09 | 1   |
| 221 | 349  | 1704  | KEITH      | SEZOE         | GELVAN   | M   | 52  | 50-54M | 1.28.11 | 1   |
| 222 | 5001 | 5001  | NORMAN     | SILKE         | TEMP     | M   | 44  | 40-44M | 1.28.12 | 0   |
| 223 | 356  | 1201  | CATHY      | ALLERS        | ELITEAC  | F   | 60  | 60-64F | 1.28.32 | 2   |
| 224 | 183  | 1087  | FRANCOIS   | SMIT          | ACH      | M   | 63  | 60-64M | 1.28.57 | 1   |
| 225 | 107  | 1269  | SIMON      | LELAKA        | VWAC     | M   | 49  | 45-49M | 1.29.01 | 1   |
| 226 | 358  | 1264  | LAVINIA    | PIETERSE      | VWAC     | F   | 47  | 45-49F | 1.29.02 | 1   |
| 227 | 226  | 1689  | GEROME     | MINTOOR       | ATLANTIC | M   | 55  | 55-59M | 1.29.08 | 1   |
| 228 | 214  | 419   | AMANDA     | NOHAJI        | CHILLIEP | F   | 34  | SF     | 1.29.40 | 1   |
| 229 | 5019 | 5019  | KEVIN      | GARDNER       | TEMP     | M   | 42  | 40-44M | 1.29.53 | 0   |
| 230 | 5004 | 5004  | LINDSEY    | DREW          | TEMP     | M   | 30  | SM     | 1.30.08 | 0   |
| 231 | 5016 | 5016  | RODNEY     | BUTTERS       | TEMP     | M   | 60  | 60-64M | 1.30.16 | 0   |
| 232 | 1292 | 1292  | ANNARLI    | ABRAHAMS      | VWAC     | F   | 43  | 40-44F | 1.30.17 | 1   |
| 233 | 328  | 1293  | NEIL       | ABRAHAMS      | VWAC     | M   | 44  | 40-44M | 1.30.18 | 1   |
| 234 | 338  | 40    | KEVIN      | HOLMES        | PEAAC    | M   | 67  | 65-69M | 1.30.20 | 1   |
| 235 | 261  | 50514 | CLAUDETTE  | LE ROUX       | WORC     | F   | 38  | 35-39F | 1.30.30 | 0   |
| 236 | 293  | 1627  | NATASHA    | SMITH         | MADIBA   | F   | 36  | 35-39F | 1.30.36 | 1   |
| 237 | 335  | 1636  | LISTIA     | NEL           | MADIBA   | F   | 47  | 45-49F | 1.30.36 | 1   |
| 238 | 300  | 1637  | CHARL      | MEISTRE       | MADIBA   | M   | 37  | 35-39M | 1.30.37 | 1   |
| 239 | 2740 | 52604 | SIVIWE     | MEVENI        | REALGIJ  | M   | 36  | 35-39M | 1.30.47 | 0   |
| 240 | 273  | 1554  | HELGARD    | POTGIETER     | DESPATCH | M   | 50  | 50-54M | 1.30.52 | 1   |
| 241 | 332  | 934   | HERMAN     | SCHEEPERS     | CHARLO   | M   | 47  | 45-49M | 1.30.54 | 1   |
| 242 | 350  | 1542  | ARUSHKE    | HAEFELE       | DESPATCH | F   | 42  | 40-44F | 1.30.55 | 1   |
| 243 | 274  | 1555  | LYDIA      | POTGIETER     | DESPATCH | F   | 47  | 45-49F | 1.30.56 | 1   |
| 244 | 144  | 924   | GRAHAM     | BROOM         | CHARLO   | M   | 52  | 50-54M | 1.30.58 | 1   |
| 245 | 5063 | 5063  | LIYEMA     | NDLONDLO      | TEMP     | M   | 16  | JM     | 1.31.00 | 0   |
| 246 | 101  | 1665  | JACQUELINE | SCHOEMAN      | MADIBA   | F   | 32  | SF     | 1.31.05 | 1   |
| 247 | 132  | 903   | KESVAL     | CHETTY        | CHARLO   | M   | 58  | 55-59M | 1.31.28 | 1   |
| 248 | 240  | 191   | THUTHUKA   | SONGELWA      | COEGA    | F   | 43  | 40-44F | 1.31.34 | 1   |
| 249 | 242  | 365   | SEKI       | MANDABA       | IKHAMVA  | F   | 47  | 45-49F | 1.31.34 | 1   |
| 250 | 252  | 1505  | ASHTON     | JACOBS        | 32GI     | F   | 26  | SF     | 1.31.42 | 1   |
| 251 | 5049 | 5049  | SIVIWE     | NOHAJI        | TEMP     | M   | 32  | SM     | 1.31.44 | 0   |
| 252 | 129  | 974   | PAULA      | PEARCE        | CHARLO   | F   | 54  | 50-54F | 1.31.47 | 1   |
| 253 | 5067 | 5067  | MARIANE    | VAN DER LINDE | TEMP     | F   | 44  | 40-44F | 1.31.50 | 0   |
| 254 | 5083 | 5083  | NDLONDLO   | SINDILE       | TEMP     | F   | 43  | 40-44F | 1.31.51 | 0   |
| 255 | 5164 | 5164  | ADEL       | VAN RENSBURG  | TEMP     | F   | 44  | 40-44F | 1.31.57 | 0   |

| POS | RNO  | LICNO | NAME        | SURNAME     | CLUB     | SEX | AGE | CAT    | HMS     | PTS |
|-----|------|-------|-------------|-------------|----------|-----|-----|--------|---------|-----|
| 256 | 5011 | 5011  | THELMA      | NORTJE      | TEMP     | F   | 25  | SF     | 1.31.58 | 0   |
| 257 | 5014 | 5014  | THERA       | BOTHA       | TEMP     | F   | 24  | SF     | 1.31.58 | 0   |
| 258 | 118  | 1424  | SAM         | ERASMUS     | NEDBANK  | M   | 65  | 65-69M | 1.31.59 | 1   |
| 259 | 364  | 528   | JOEL        | HUMAN       | RUN4C    | M   | 49  | 45-49M | 1.31.59 | 1   |
| 260 | 315  | 1128  | DEON        | VYVER       | NEDBANK  | M   | 55  | 55-59M | 1.32.00 | 1   |
| 261 | 3    | 972   | GANIEF      | DAVIDS      | NMBMUN   | M   | 56  | 55-59M | 1.32.11 | 1   |
| 262 | 18   | 679   | THEMBELA    | MANYA       | NMBMUN   | F   | 39  | 35-39F | 1.32.11 | 1   |
| 263 | 5163 | 5163  | CLAUDEAN    | VAN GREUNEN | TEMP     | F   | 41  | 40-44F | 1.32.17 | 0   |
| 264 | 5073 | 5073  | JESSICA     | HAZELL      | TEMP     | F   | 26  | SF     | 1.32.30 | 0   |
| 265 | 352  | 1600  | YVETTE      | JONKER      | DESPATCH | F   | 50  | 50-54F | 1.32.42 | 1   |
| 266 | 344  | 1582  | MARINET     | VAN TONDER  | DESPATCH | F   | 44  | 40-44F | 1.32.43 | 1   |
| 267 | 331  | 1680  | JANI        | DEYZEL      | MADIBA   | F   | 28  | SF     | 1.33.06 | 1   |
| 268 | 330  | 1648  | KEITH       | VALENTINE   | MADIBA   | M   | 31  | SM     | 1.33.07 | 1   |
| 269 | 76   | 1277  | DENVER      | ELLIE       | VWAC     | M   | 42  | 40-44M | 1.33.09 | 1   |
| 270 | 334  | 213   | SHARON      | SMUTS       | CSEP     | F   | 56  | 55-59F | 1.33.12 | 1   |
| 271 | 326  | 560   | SILKE       | BOTHA       | MADIBA   | F   | 25  | SF     | 1.33.13 | 1   |
| 272 | 135  | 948   | THOMAS      | MARAI       | CHARLO   | M   | 35  | 35-39M | 1.33.24 | 1   |
| 273 | 5003 | 5003  | PHAKAMISA   | BAKENI      | TEMP     | M   | 32  | SM     | 1.33.25 | 0   |
| 274 | 309  | 745   | KATHLEEN    | FLANAGAN    | CRUSADE  | F   | 36  | 35-39F | 1.33.32 | 1   |
| 275 | 308  | 705   | OCTAVIA     | BOSHOFF     | CRUSADE  | F   | 52  | 50-54F | 1.33.33 | 1   |
| 276 | 310  | 1333  | MBULELO     | SOBIKWA     | NEDBANK  | M   | 68  | 65-69M | 1.33.36 | 1   |
| 277 | 141  | 976   | LOUISE      | AXON        | CHARLO   | F   | 44  | 40-44F | 1.33.40 | 1   |
| 278 | 140  | 915   | LUCA        | LA MONICA   | CHARLO   | M   | 21  | SM     | 1.33.41 | 1   |
| 279 | 5155 | 5155  | APHIWE      | MGIJIMA     | TEMP     | M   | 25  | SM     | 1.33.47 | 0   |
| 280 | 78   | 1632  | JOS         | ELS         | MADIBA   | F   | 70  | 70+F   | 1.33.52 | 1   |
| 281 | 110  | 50215 | ZIBONGILE   | MNYAMANA    | BALEKANI | F   | 33  | SF     | 1.34.07 | 0   |
| 282 | 247  | 726   | KEITH       | VOSLOO      | CRUSADE  | M   | 59  | 55-59M | 1.34.24 | 1   |
| 283 | 5160 | 5160  | MONIQUE     | RICHARDSON  | TEMP     | F   | 27  | SF     | 1.34.29 | 0   |
| 284 | 318  | 361   | JULIUS      | SHOGOLE     | IKHAMVA  | M   | 70  | 70+M   | 1.34.49 | 1   |
| 285 | 279  | 595   | MANDISA     | SALMAN      | YOUTH    | F   | 41  | 40-44F | 1.35.01 | 1   |
| 286 | 80   | 1220  | ANDRE       | FOURIE      | ELITEAC  | M   | 75  | 70+M   | 1.35.06 | 1   |
| 287 | 345  | 1407  | BUKEKA      | HELA        | NEDBANK  | F   | 49  | 45-49F | 1.35.19 | 1   |
| 288 | 5018 | 5018  | DARREN      | GEORGE      | TEMP     | M   | 38  | 35-39M | 1.35.29 | 0   |
| 289 | 14   | 1331  | JAN         | LE ROUX     | NEDBANK  | M   | 63  | 60-64M | 1.35.37 | 1   |
| 290 | 303  | 1724  | AMEERA      | CAMPBELL    | GELVAN   | F   | 49  | 45-49F | 1.35.43 | 1   |
| 291 | 304  | 1860  | DESIREE     | TITUS       | GELVAN   | F   | 57  | 55-59F | 1.35.44 | 1   |
| 292 | 239  | 571   | SYLVAN      | BLIGNAUT    | MADIBAZ  | M   | 63  | 60-64M | 1.35.49 | 1   |
| 293 | 179  | 1136  | CATHY       | IVES        | ACH      | F   | 69  | 65-69F | 1.35.58 | 1   |
| 294 | 182  | 1094  | MARIETJIE   | PIETERSEN   | ACH      | F   | 65  | 65-69F | 1.36.00 | 1   |
| 295 | 97   | 1967  | SONJA       | OLIVIER     | BLUEBAY  | F   | 55  | 55-59F | 1.36.16 | 1   |
| 296 | 5052 | 5052  | SISEKO      | MKUMLA      | TEMP     | M   | 38  | 35-39M | 1.36.23 | 0   |
| 297 | 96   | 1248  | EULIDA      | OELOFSE     | ELITEAC  | F   | 49  | 45-49F | 1.36.28 | 1   |
| 298 | 347  | 2266  | YVETTE      | DE VILLIERS | ASPEN    | F   | 37  | 35-39F | 1.36.31 | 1   |
| 299 | 5159 | 5159  | GERALD      | PIETERSEN   | TEMP     | M   | 42  | 40-44M | 1.36.35 | 0   |
| 300 | 153  | 956   | NEELESH     | BHANA       | CHARLO   | M   | 51  | 50-54M | 1.36.56 | 1   |
| 301 | 5048 | 2142  | MVELELI     | MBANDE      | COEGA    | M   | 36  | 35-39M | 1.37.06 | 1   |
| 302 | 280  | 53    | RICHARD     | ZUNGU       | SAPPE    | M   | 56  | 55-59M | 1.37.11 | 1   |
| 303 | 5022 | 5022  | RUBERTO     | MAY         | TEMP     | M   | 45  | 45-49M | 1.37.21 | 0   |
| 304 | 251  | 631   | CHRISTINE   | WALE        | ASPEN    | F   | 42  | 40-44F | 1.37.24 | 1   |
| 305 | 5009 | 5009  | BRAD        | WALE        | TEMP     | M   | 41  | 40-44M | 1.37.25 | 0   |
| 306 | 148  | 990   | KIM         | VENTER      | CHARLO   | F   | 38  | 35-39F | 1.37.26 | 1   |
| 307 | 149  | 992   | PETER       | VENTER      | CHARLO   | M   | 41  | 40-44M | 1.37.26 | 1   |
| 308 | 79   | 1935  | XENOPHON    | FERREIRA    | BLUEBAY  | M   | 61  | 60-64M | 1.37.28 | 1   |
| 309 | 6    | 200   | ERIKA       | FOREMAN     | CSEP     | F   | 52  | 50-54F | 1.37.29 | 1   |
| 310 | 321  | 1232  | SONIKA      | NEL         | ELITEAC  | F   | 22  | SF     | 1.37.39 | 1   |
| 311 | 320  | 1224  | SHAUN       | NEL         | ELITEAC  | M   | 47  | 45-49M | 1.37.40 | 1   |
| 312 | 5053 | 5053  | CHARMELL    | KOOPMAN     | TEMP     | F   | 42  | 40-44F | 1.38.06 | 0   |
| 313 | 5152 | 5152  | CLARENCE    | MANUEL      | TEMP     | M   | 28  | SM     | 1.38.09 | 0   |
| 314 | 131  | 923   | EVA         | CHETTY      | CHARLO   | F   | 54  | 50-54F | 1.38.10 | 1   |
| 315 | 158  | 856   | LOGAMURTHIE | ATHIEMOOLAM | CHARLO   | M   | 60  | 60-64M | 1.38.10 | 1   |
| 316 | 109  | 509   | XHANDI      | MANTSHIYO   | MOTHER   | M   | 55  | 55-59M | 1.38.17 | 1   |
| 317 | 181  | 1051  | LIZ         | AUSTIN      | ACH      | F   | 64  | 60-64F | 1.38.33 | 1   |
| 318 | 198  | 1352  | VOLENTI     | MEYER       | NEDBANK  | F   | 45  | 45-49F | 1.38.41 | 1   |
| 319 | 322  | 2149  | BRITTANY    | CILLIERS    | RUN4C    | F   | 29  | SF     | 1.38.53 | 1   |

| POS | RNO  | LICNO | NAME       | SURNAME            | CLUB     | SEX | AGE | CAT    | HMS     | PTS |
|-----|------|-------|------------|--------------------|----------|-----|-----|--------|---------|-----|
| 320 | 75   | 82    | LETA       | DOS SANTOS         | INFINITY | F   | 58  | 55-59F | 1.38.56 | 1   |
| 321 | 86   | 1936  | MARKUS     | KUNNEKE            | BLUEBAY  | M   | 53  | 50-54M | 1.39.02 | 1   |
| 322 | 224  | 1861  | SIMANGILE  | SOLWANDLE          | HOLLYWOO | F   | 31  | SF     | 1.39.03 | 1   |
| 323 | 87   | 552   | BERNADETTE | LOOCK              | RUN4C    | F   | 43  | 40-44F | 1.39.09 | 1   |
| 324 | 138  | 961   | LARA       | VAN HEERDEN        | CHARLO   | F   | 46  | 45-49F | 1.39.12 | 1   |
| 325 | 5078 | 5078  | CAILYN     | VAN HEERDEN        | TEMP     | F   | 22  | SF     | 1.39.12 | 0   |
| 326 | 93   | 959   | LYNDLE     | NAIDOO             | GELVAN   | F   | 31  | SF     | 1.39.17 | 1   |
| 327 | 288  | 1995  | WAYNE      | MAC GEAR           | MADIBAZ  | M   | 59  | 55-59M | 1.40.01 | 1   |
| 328 | 112  | 1349  | CAROLINE   | ZINTO              | NEDBANK  | F   | 42  | 40-44F | 1.40.13 | 1   |
| 329 | 180  | 713   | DENISE     | FERREIRA           | CRUSADE  | F   | 60  | 60-64F | 1.40.20 | 1   |
| 330 | 5151 | 5151  | ANDISWA    | CINGO              | TEMP     | F   | 36  | 35-39F | 1.40.23 | 0   |
| 331 | 145  | 914   | ETIENNE    | GERBER             | CHARLO   | M   | 52  | 50-54M | 1.41.28 | 1   |
| 332 | 5054 | 5054  | MARIUS     | BESTER             | TEMP     | M   | 51  | 50-54M | 1.41.28 | 0   |
| 333 | 311  | 388   | BONGA      | MBIZELA            | CSEP     | M   | 39  | 35-39M | 1.41.34 | 1   |
| 334 | 5013 | 5013  | KHULISO    | NEPHALAMA          | TEMP     | M   | 32  | SM     | 1.41.35 | 0   |
| 335 | 5041 | 5041  | LUNGELO    | MAHLUMBA           | TEMP     | M   | 32  | SM     | 1.41.35 | 0   |
| 336 | 372  | 1421  | ANNELINE   | RAUTENBACH         | NEDBANK  | F   | 54  | 50-54F | 1.41.46 | 1   |
| 337 | 5046 | 5046  | MANDY      | MYERS              | TEMP     | F   | 49  | 45-49F | 1.42.00 | 0   |
| 338 | 170  | 889   | PETER      | POHLMANN           | CHARLO   | M   | 59  | 55-59M | 1.42.22 | 1   |
| 339 | 206  | 1321  | NOMATEMBA  | GUM                | NEDBANK  | F   | 48  | 45-49F | 1.42.47 | 1   |
| 340 | 266  | 1298  | MPHATHISI  | MJADU              | VWAC     | M   | 51  | 50-54M | 1.42.57 | 1   |
| 341 | 348  | 1997  | JOHANN     | VAN DER MERWE      | MADIBAZ  | M   | 58  | 55-59M | 1.43.13 | 1   |
| 342 | 5080 | 5080  | THEMBANI   | TODLO              | TEMP     | M   | 41  | 40-44M | 1.43.30 | 0   |
| 343 | 249  | 748   | MELINDA    | ROIG-VARELA        | CRUSADE  | F   | 52  | 50-54F | 1.43.52 | 1   |
| 344 | 285  | 2291  | JACQUES    | KOOPMAN            | COEGA    | M   | 38  | 35-39M | 1.44.16 | 1   |
| 345 | 233  | 145   | ROBIN      | NOMDOE             | GELVAN   | M   | 35  | 35-39M | 1.44.41 | 1   |
| 346 | 271  | 1466  | AT         | SCHOEMAN           | NEDBANK  | M   | 66  | 65-69M | 1.44.47 | 1   |
| 347 | 340  | 562   | JUDITH     | NIENABER           | RUN4C    | F   | 62  | 60-64F | 1.45.03 | 1   |
| 348 | 260  | 1     | KEVIN      | BENADE             | PEAAC    | M   | 54  | 50-54M | 1.45.09 | 1   |
| 349 | 22   | 21    | JEANETTE   | PIENAAR            | PEAAC    | F   | 74  | 70+F   | 1.45.17 | 1   |
| 350 | 325  | 320   | JENNY      | VAN DER WALT       | MUIRITE  | F   | 40  | 40-44F | 1.45.25 | 1   |
| 351 | 105  | 292   | CHANTELL   | VAN BAALEN         | MUIRITE  | F   | 46  | 45-49F | 1.45.30 | 1   |
| 352 | 165  | 943   | DENISE     | DARLOW             | CHARLO   | F   | 54  | 50-54F | 1.45.39 | 1   |
| 353 | 5037 | 5037  | AIMEE      | TAYLOR             | TEMP     | F   | 28  | SF     | 1.45.45 | 0   |
| 354 | 195  | 753   | PLACXEDES  | NDHLOVU            | CRUSADE  | F   | 48  | 45-49F | 1.47.00 | 1   |
| 355 | 5034 | 5034  | ZAHEERA    | NANABHAY           | TEMP     | F   | 41  | 40-44F | 1.47.22 | 0   |
| 356 | 244  | 624   | BANDLAKAZI | CABA               | ASPEN    | F   | 35  | 35-39F | 1.47.28 | 1   |
| 357 | 11   | 216   | SUNET      | HARRIS             | CSEP     | F   | 49  | 45-49F | 1.47.37 | 1   |
| 358 | 343  | 1556  | RIAANA     | BOUWER             | DESPATCH | F   | 46  | 45-49F | 1.47.53 | 1   |
| 359 | 373  | 1634  | TANIA      | TRUTER             | MADIBA   | F   | 50  | 50-54F | 1.48.09 | 1   |
| 360 | 208  | 1725  | PEARL      | DAMONS             | GELVAN   | F   | 59  | 55-59F | 1.48.13 | 1   |
| 361 | 353  | 468   | IRMA       | DE JAGER           | WALMER   | F   | 62  | 60-64F | 1.49.08 | 1   |
| 362 | 5043 | 5043  | MARLON     | MOPP               | TEMP     | M   | 45  | 45-49M | 1.49.57 | 0   |
| 363 | 5044 | 5044  | AVIAN      | BARNETT            | TEMP     | M   | 47  | 45-49M | 1.49.58 | 0   |
| 364 | 2    | 973   | TEGAN      | BEER               | NMBMUN   | F   | 27  | SF     | 1.50.35 | 1   |
| 365 | 168  | 969   | GARY       | KELLEHER           | CHARLO   | M   | 65  | 65-69M | 1.50.36 | 1   |
| 366 | 370  | 1231  | HELENE     | OPPEL              | ELITEAC  | F   | 72  | 70+F   | 1.50.48 | 1   |
| 367 | 290  | 1604  | HENRY      | HULME              | DESPATCH | M   | 57  | 55-59M | 1.50.53 | 1   |
| 368 | 72   | 761   | NTOKOZO    | DAMBUZA            | CRUSADE  | F   | 43  | 40-44F | 1.50.57 | 1   |
| 369 | 160  | 871   | RICHARD    | DE ANDRADE         | CHARLO   | M   | 62  | 60-64M | 1.51.02 | 1   |
| 370 | 5028 | 5028  | ILZE       | ALEXANDER          | TEMP     | F   | 39  | 35-39F | 1.51.32 | 0   |
| 371 | 236  | 638   | NOKUZOLA   | NTWASA             | ASPEN    | F   | 44  | 40-44F | 1.52.11 | 1   |
| 372 | 25   | 1343  | BERENICE   | SMITH              | NEDBANK  | F   | 57  | 55-59F | 1.52.49 | 1   |
| 373 | 362  | 196   | AUBREY     | LE ROUX            | CSEP     | M   | 69  | 65-69M | 1.52.50 | 1   |
| 374 | 5027 | 5027  | FRANSI     | JANSE VAN RENSBURG | TEMP     | F   | 50  | 50-54F | 1.53.02 | 0   |
| 375 | 5039 | 5039  | SANDRA     | BUTTERS            | TEMP     | F   | 57  | 55-59F | 1.54.06 | 0   |
| 376 | 128  | 917   | VICKY      | TSOUKNIDAS         | CHARLO   | F   | 44  | 40-44F | 1.55.34 | 1   |
| 377 | 133  | 935   | BRENTON    | SCHNETLER          | CHARLO   | M   | 48  | 45-49M | 1.56.03 | 1   |
| 378 | 5072 | 5072  | PHUMELELA  | NTUNGWA            | TEMP     | F   | 36  | 35-39F | 1.56.22 | 0   |
| 379 | 209  | 1722  | JASMINE    | JACK               | GELVAN   | F   | 51  | 50-54F | 1.56.36 | 1   |
| 380 | 371  | 1403  | JOHAN      | FERREIRA           | NEDBANK  | M   | 61  | 60-64M | 1.56.39 | 1   |
| 381 | 254  | 1266  | DAVID      | CHENGWE            | VWAC     | M   | 44  | 40-44M | 1.58.13 | 1   |
| 382 | 4    | 1668  | SHANTE     | DU PLESSIS         | RUN4C    | F   | 30  | SF     | 2.00.18 | 1   |
| 383 | 5012 | 5012  | HAPPY      | MAGWAI             | TEMP     | M   | 50  | 50-54M | 2.03.00 | 0   |

| POS                | RNO  | LICNO | NAME        | SURNAME    | CLUB     | SEX | AGE | CAT    | HMS     | PTS |
|--------------------|------|-------|-------------|------------|----------|-----|-----|--------|---------|-----|
| 384                | 108  | 1215  | HELEN       | FOURIE     | ELITEAC  | F   | 52  | 50-54F | 2.03.23 | 1   |
| 385                | 9    | 1661  | PIETER      | GERBER     | RUN4C    | M   | 64  | 60-64M | 2.05.55 | 1   |
| 386                | 19   | 453   | JO-ANNE     | MUIR       | WALMER   | F   | 53  | 50-54F | 2.06.15 | 1   |
| 387                | 23   | 452   | SHARON      | POTGIETER  | WALMER   | F   | 58  | 55-59F | 2.06.16 | 1   |
| 388                | 5158 | 5158  | ODETTE      | NELL       | TEMP     | F   | 49  | 45-49F | 2.06.20 | 0   |
| 389                | 295  | 51301 | MBALI       | ZUMA       | DEPTLA   | F   | 40  | 40-44F | 2.08.35 | 0   |
| 390                | 302  | 1723  | REHANA      | DE MAINE   | GELVAN   | F   | 55  | 55-59F | 2.08.49 | 1   |
| 391                | 196  | 712   | NDILEKA     | THOMPSON   | CRUSADE  | F   | 45  | 45-49F | 2.11.01 | 1   |
| 392                | 2031 | 2031  | SEIPATE     | MZANANDA   | NMBMUN   | F   | 43  | 40-44F | 2.11.06 | 1   |
| 393                | 126  | 916   | SHARON      | VAN ZYL    | CHARLO   | F   | 46  | 45-49F | 2.12.06 | 1   |
| 394                | 159  | 998   | ROBERT      | GALLOWAY   | CHARLO   | M   | 71  | 70+M   | 2.13.25 | 1   |
| 395                | 125  | 962   | MILE        | VERMAAK    | CHARLO   | F   | 55  | 55-59F | 2.13.28 | 1   |
| 396                | 127  | 910   | RAE         | LUCKMAN    | CHARLO   | F   | 52  | 50-54F | 2.14.39 | 1   |
| 397                | 296  | 672   | ANDISWA     | JAFTA      | NMBMUN   | F   | 30  | SF     | 2.14.55 | 1   |
| 398                | 366  | 1657  | SANDRA      | SHARE      | MADIBA   | F   | 57  | 55-59F | 2.14.55 | 1   |
| 399                | 306  | 210   | Lumanyano   | Sodo       | CSEP     | M   | 34  | SM     | 2.16.02 | 1   |
| 400                | 155  | 966   | SONJA       | BOSCH      | CHARLO   | F   | 60  | 60-64F | 2.16.28 | 1   |
| 401                | 154  | 945   | DEON        | BOSCH      | CHARLO   | M   | 65  | 65-69M | 2.16.28 | 1   |
| 402                | 91   | 689   | NOMSASA     | MCAKO      | NMBMUN   | F   | 47  | 45-49F | 2.20.54 | 1   |
| 403                | 1135 | 1135  | MOF         | BOTHA      | ACH      | M   | 66  | 65-69M | 2.25.52 | 1   |
| 404                | 5153 | 5153  | CLAUDIUS    | MARAIS     | TEMP     | M   | 58  | 55-59M | 2.29.11 | 0   |
| <b>HELPERS RUN</b> |      |       |             |            |          |     |     |        |         |     |
| H1                 | 1836 | 1836  | XOLISA      | NDLUMBINI  | VUKANI   | M   | 40  | 40-44M | 1.00.14 | 4   |
| H2                 | 1317 | 1317  | TRUST       | MTETWA     | VUKANI   | M   | 32  | SM     | 1.00.15 | 3   |
| H3                 | 1618 | 1618  | MASTER      | DANIEL     | ADVEN    | M   | 39  | 35-39M | 1.02.31 | 3   |
| H4                 | 1825 | 1825  | KHAYA       | GQWETHA    | VUKANI   | M   | 37  | 35-39M | 1.04.56 | 3   |
| H5                 | 1810 | 1810  | XOLANI      | NTEYI      | VUKANI   | M   | 44  | 40-44M | 1.06.00 | 3   |
| H6                 | 1262 | 1262  | SABIR       | SALIE      | VWAC     | M   | 35  | 35-39M | 1.06.02 | 2   |
| H7                 | 3001 | 3001  | MCEBISI     | MPONDO     | TEMP     | M   | 39  | 35-39M | 1.12.10 | 0   |
| H8                 | 1179 | 179   | LONWABO     | MTSHAKE    | SPAREC   | M   | 52  | 50-54M | 1.13.20 | 2   |
| H9                 | 1411 | 411   | SIYABONGA   | ZULU       | CHILLIEP | M   | 40  | 40-44M | 1.13.21 | 2   |
| H10                | 1746 | 1746  | SIYABONGA   | GAZIYA     | HOLLYWOO | M   | 37  | 35-39M | 1.14.20 | 2   |
| H11                | 2018 | 2018  | JABULANI    | DUBE       | VUKANI   | M   | 52  | 50-54M | 1.14.49 | 2   |
| H12                | 1490 | 490   | MELUSI      | SIBANDA    | ADVEN    | M   | 42  | 40-44M | 1.16.00 | 2   |
| H13                | 1483 | 483   | SBONGILE    | MCETYWA    | ADVEN    | M   | 42  | 40-44M | 1.16.37 | 2   |
| H14                | 1617 | 1617  | LAWRENCE    | MAFUZE     | ADVEN    | M   | 49  | 45-49M | 1.17.47 | 2   |
| H15                | 147  | 876   | GEORGE      | WINSHIP    | CHARLO   | M   | 56  | 55-59M | 1.17.47 | 2   |
| H16                | 2362 | 2362  | Sivenathi   | Sodladla   | SIBALEKA | M   | 15  | JM     | 1.17.56 | 1   |
| H17                | 3003 | 3003  | MPUMELELO   | DUMA       | TEMP     | M   | 50  | 50-54M | 1.18.07 | 0   |
| H18                | 556  | 556   | ARTHUR      | WILLIAMS   | RUN4C    | M   | 59  | 55-59M | 1.20.02 | 2   |
| H19                | 1809 | 1809  | Sibongile   | Mgqeba     | VUKANI   | F   | 35  | 35-39F | 1.22.56 | 1   |
| H20                | 1455 | 455   | JODI        | PIENAAR    | WALMER   | M   | 28  | SM     | 1.23.44 | 1   |
| H21                | 1496 | 496   | VUYO        | PHEKANA    | ADVEN    | M   | 40  | 40-44M | 1.23.45 | 1   |
| H22                | 50   | 50    | MICHAEL     | DEKKER     | SAPPE    | M   | 50  | 50-54M | 1.23.45 | 1   |
| H23                | 3004 | 3004  | NOLIKHANYO  | MADLINGOZI | TEMP     | F   | 29  | SF     | 1.24.59 | 0   |
| H24                | 1803 | 1803  | ABELANG     | MOSWEU     | VUKANI   | M   | 37  | 35-39M | 1.25.41 | 1   |
| H25                | 2011 | 2011  | CARLY       | LOUW       | VUKANI   | F   | 40  | 40-44F | 1.26.49 | 1   |
| H26                | 1261 | 1261  | FRANKLIN    | HUMAN      | VWAC     | M   | 47  | 45-49M | 1.26.50 | 1   |
| H27                | 1412 | 412   | NOSITO      | NQWATA     | CHILLIEP | F   | 40  | 40-44F | 1.26.50 | 1   |
| H28                | 3005 | 3005  | MARTIN      | TSHABANGU  | TEMP     | M   | 36  | 35-39M | 1.27.31 | 0   |
| H29                | 3006 | 3006  | UTHANDO     | BADUZA     | TEMP     | M   | 41  | 40-44M | 1.35.55 | 0   |
| H30                | 801  | 801   | WENDY       | CAMERON    | MADIBAZ  | F   | 45  | 45-49F | 1.39.42 | 1   |
| H31                | 1826 | 1826  | AKHONA      | NTANJANA   | VUKANI   | F   | 35  | 35-39F | 1.40.14 | 1   |
| H32                | 1100 | 100   | LYNETTE     | CRAUSE     | INFINITY | F   | 62  | 60-64F | 1.40.44 | 1   |
| H33                | 104  | 1325  | SHANNON     | THEOBALD   | NEDBANK  | F   | 47  | 45-49F | 1.41.44 | 1   |
| H34                | 1280 | 1280  | CHRISTOPHER | BRUINTJIES | VWAC     | M   | 50  | 50-54M | 1.46.43 | 1   |
| H35                | 2007 | 20007 | KHUSELWA    | MJONGILE   | SIBALEKA | F   | 18  | JF     | 1.54.24 | 1   |
| H36                | 1481 | 481   | SIMISO      | THEBE      | ADVEN    | F   | 45  | 45-49F | 1.55.52 | 1   |
| H37                | 530  | 530   | ANDRE       | PIENAAR    | RUN4C    | M   | 60  | 60-64M | 1.56.28 | 1   |
| H38                | 482  | 482   | THANDEKA    | MENTYIES   | ADVEN    | F   | 55  | 55-59F | 1.56.57 | 1   |
| H39                | 1901 | 1901  | SICELO      | THABETHE   | SIBALEKA | M   | 49  | 45-49M | 1.57.26 | 1   |
| H40                | 492  | 492   | FEZEKA      | MKHWA      | ADVEN    | F   | 45  | 45-49F | 1.59.52 | 1   |
| H41                | 1334 | 334   | NEIL        | GROBLER    | MUIRITE  | M   | 62  | 60-64M | 2.00.38 | 1   |
| H42                | 1417 | 1417  | GENEVIEVE   | LAYCOCK    | NEDBANK  | F   | 53  | 50-54F | 2.02.01 | 1   |

| <b>POS</b> | <b>RNO</b> | <b>LICNO</b> | <b>NAME</b> | <b>SURNAME</b> | <b>CLUB</b> | <b>SEX</b> | <b>AGE</b> | <b>CAT</b> | <b>HMS</b> | <b>PTS</b> |
|------------|------------|--------------|-------------|----------------|-------------|------------|------------|------------|------------|------------|
| H43        | 4412       | 4412         | Hadigah     | Fulani         | SIBALEKA    | F          | 19         | JF         | 2.15.46    | 1          |
| H44        | 3007       | 3007         | LIZIWE      | SKEYI          | TEMP        | F          | 46         | 45-49F     | 2.15.48    | 0          |