

15KM MALE RACE STARTS AT 07H00 15KM FEMALE RACE STARTS AT 07H10

Medals to the first 1 500 finishers 2h30 cut-off

6KM FAMILY FUN RUN/WALK STARTS AT 07H25

Medals to the first 400 finishers

Note: Children under 14 years old must be accompanied by an adult

RACE COSTS:

15km Race: Licensed Athletes (including Juniors) R100.00
Unlicensed Athletes R150.00
6km Family Fun Run/Walk: R40.00

ONLINE REGISTRATION:

Webtickets Active www.webtickets.co.za

Entries close 4 May 2022

Pre-Race Number collection will take place at Brackenfell Centre Entrance 1 from 14h00 to 19h00 on Friday 6 May 2022

ALTERNATIVE REGISTRATION:

On the morning of the race from **05h00** at Brackenfell Hyper Centre, Entrance 3

PRIZE MONEY:

| | 15-19 | OPEN | 40-49 | 50-59 | 60-69 | 70+ |
|-----|-------|--------|-------|-------|-------|------|
| 1st | R400 | R1 000 | R600 | R500 | R500 | R500 |
| 2nd | R250 | R600 | R450 | R350 | R350 | R350 |
| 3rd | R150 | R400 | R300 | R200 | R200 | R200 |













RACE INFORMATION

1. Enguiry – Ashley Johnson on 083 546 4520.

Enter on the day from 05h00, alternatively enter online: www.webtickets.co.za, Pick n Pay, Pick n Pay Clothing, Pick n Pay Liquor and BP Express Store (After registration online, once you've confirmed your selection to pay at Pick n Pay and partners, a 12 digit booking reference number will be displayed on screen. Simply present your booking reference number to the cashier to make payment).

To view stores where you can enter for the 15km and 6km event please visit https://www.webtickets.co.za/ pnpoutlets.aspx, email info@webtickets.co.za or Webtickets WhatsApp line on +27721371226.

15Km Race male start @ 07h00, females start @07H10 and ends in the Hypermarket PnP parking area.

6Km Family run / walk starts at 07h25 and ends in the Hypermarket PnP parking area.

There will be NO tog bag facility.

- Licensed athletes (including juniors) entry fee is R100.00.
- Unlicensed athletes R100.00 + R50.00 for a temporary license.

Family 6km fun run / walk R40.

10. Social walkers welcome. Walkers to start at the back and to keep to the side of the road.

11. No club gazebos are permitted.

12. Online entries collection will be available on the morning of race.

13. NO gathering at the finish area once you have completed the event. PLEASE BE COVID 19 COMPLIANT AT ALL TIMES.

14. Entry fees are non-refundable.

ENTRY RULES

1. The race is run according to the rules of ASA & WPA.

Runners must obey traffic officers, race marshals, race officials and the COVID-19 Officer at all times.

Participants must be 15 years or older on the day of the race. Children under the age of 14 participating in the 6km must be accompanied by a parent or guardian. No personal seconding permitted except at official refreshment stations.

The time limit is 2 hours 40 minutes. Cut off 08h40.

Licensed runners should run in club colours and a license valid for 2022 must be worn on the front and back of the vest or purchase a temporary license to be worn on the front of the vest.

Unlicensed (non-club member) participants must, in addition to the race entry fee, purchase a temporary license which must be worn on the front. Temporary licence holders when registering must complete and hand in the tear off strip from the number to be eligible to compete.

8. Age category tags must be worn (front and back) and visible for the entire race to be eligible for any age

category prize including Juniors.

Runners with a temporary licence must wear plain clothing, no advertising.

10. No race numbers will be issued.

11. The use of music players with headphones is not allowed and may result in disqualification.

12. Entry cards must be carried throughout the race and handed in at the finish.

13. This is a carry-your-own water event. There will be two water refill station on the route and Coca-Cola and water at the finish area of the event. There will be NO water sachets.

14. Prize giving will be soon after 08h45.

15. Participants in this event do so at their own risk and release and discharge the organisers, sponsors, provincial and national athletics bodies, and all persons assisting in staging the event from any responsibility, liability, or costs relating to any injury, loss or damage of whatever nature, however, caused, arising directly or indirectly from their participation in the event.

16. The organisers, sponsors, landlord, and its employees, agents, representatives, contractors, managers, WPA or any other acting under the landlord's control (collectively called "the owner") shall not be responsible or liable for any claim, loss or damage arising or suffered by any person participating in this activity, including but not limited to personal injury or death, or any harm caused to any person or for damages, loss or destruction of any person arising from negligence by the owner or theft or from any other cause whatsoever.

17. Do not litter. Dispose of any refuse or cups responsibly using the boxes provided or carry them to the

finish. Report offenders to the referees. #RunClean

18. Wheelchair athletes must please contact the organizers timeously to discuss arrangements for their participation.

19. Detailed rules are available on www.wpa.org.za or on request from the organisers or the WPA office.

PRIZES

- 1. In addition to Overall (Open) prizes, participants will only be eligible for an age category prize in the age category they enter.
- Corresponding numerical age category tags must be worn on the front and back of their Club vest.
- 3. Participants may enter the age category corresponding to their chronological age or any younger category down to senior.
- Temporary licensed participants are eligible for age category prizes provided they enter the relevant age group, wear the appropriate age tags, and provide proof of age.

 Juniors born 2003 or after, must display age tags "J" to qualify for age group prizes.