



## Coaldust Clock-the-Kilos Circuit Challenge

YOU decide how long you would like to run, enter for that time, run around our flat, all tar circuit of 1km as many times as you can or wish in your time and receive a certificate to confirm all of that! Waterpoint every km!

## **Enter per hour**

All races start at 06:00

2 hours - R80 (finish at 08:00)

4 hours - R120 (finish at 10:00)

6 hours - R160 (finish at 12:00)

8 hours - R200 (finish at 14:00)

10 hours - R220 (finish at 16:00)

Enter on the Day from 05:00

Event presented on a 1 km Circuit

**No Prize Money** 

Saturday 8 October 2022, 06:00 - 16:00

Elkana Educational Centre, Witbank

Enquiries: Lesley Vermeulen - 072 1181 385