

24
SEP 2022



NEW RACE

**THUNGELA ATHLETIC CLUB
PRESENTS**

4 IN 1 Marathon

**4.9KM FUN
RUN/WALK**

Entry fee R60
Starts @ 6:30 am

*Race
T-Shirts
R185*

FREE T-SHIRT

For First 500 entries
(21.1KM & 42.2KM Only)

MEDALS

For all finishers

SPECIAL MEDAL

For 42km Sub-4hr finishers

**Venue: Witbank High School
Time: 06h00 – 12h00**

Safe Parking Available

TOM / COMRADES QUALIFIER

10KM

Entry Fee R100
Starts @ 6:30 am

21.1KM

Entry Fee R220
Starts @ 6:00 am

42.2KM

Entry Fee R320
Starts @ 06:00 am

Register >



Visit entries.raceinfo.co.za



082 759 3457 / 081 428 3128

thungela



protime

GUN-MAT TIMING

PRIZE MONEY

| Category | 42Km | 21Km | 10Km |
|--------------|-----------|-----------|---------|
| 1st Open | R2 000.00 | R1 500.00 | R500.00 |
| 2nd open | R1 500.00 | R1 000.00 | R400.00 |
| 3rd Open | R1 000.00 | R500.00 | R300.00 |
| 1st 40-49 YO | R700.00 | R500.00 | R400.00 |
| 2nd 40-49 YO | R500.00 | | |
| 1st 50-59 YO | R500.00 | R400.00 | R300.00 |
| 1st 60+ YO | R400.00 | R300.00 | R200.00 |
| 1st Junior | | R600.00 | R400.00 |
| 2nd Junior | | R400.00 | R300.00 |
| 3rd Junior | | R300.00 | R200.00 |
| 1st Walker | | R300.00 | R300.00 |

RACE RULES

- **REFEREES' DECISION IS FINAL**
- Obey all Traffic Officials and Race Marshals.
- The race will be run according to the rules of ASA, WORLD ATHLETICS (WA) & AMPU House rules.
- International athletes/Foreign athletes must provide a clearance letter from their Sport Federation to the Chief Referee prior to the start of the event (WA Rule 4)
- Ages: Athletes for 10km and 21km must be 14 years or older on the day of the race. Athletes for 42.2km must be 21 years or older on the day of the race
- Proof of age (ID) to be produced upon request on day of race.
- All athletes participate at their own risk and by entering the event they acknowledge that they are medically fit to participate.
- Registered athletes must wear full club colours.
- 2022 license numbers on the front and back of the vest.
- Temporary license must be fixed on the back of the vest.
- Age category ID tags must be clearly displayed for the duration of the event (back and front) by athletes competing for a category prize AND must be fixed on all 4 corners and not be covered by rain jacket or any shirt.
- Only athletes with a race number and license numbers will be allowed into event area. Race number must be worn on the front of the vest. Next of kin name and contact number must appear on the entry form and race number.
- ASA license numbers must not be covered with any paper race numbers /race bib.
- Walkers competing for Walkers prize must have the "W" fixed on the left front and back of the vest, all 4 corners must be fixed.
- Prize money will be transferred electronically.
- No littering, please make use of waste boxes at the start/finish – **RUN CLEAN**
- All participants must take note that photographs might be taken at the event and placed on social media.
- 12% levy on entry fee must be paid over to Athletics Mpumalanga by race organizer.
- No earphones, iPods and similar devices are allowed, as they are in contravention of the IAAF rule 144.2b and will lead to disqualification

RACE ORGANISERS:

ALFRED: 081 428 3128

TWALA: 082 759 3457

