

Germiston Callies

present the

Fred Morrison 21km & 10km races

Sunday 16 October 2022
at 6:30 am

Germiston Stadium
Delville Rd North, Germiston

GPS S26 13 38.2 E28 10 23.2



This race honours Fred Morrison known as "The Father of Callies" and also a top runner and a contemporary of Wally Hayward and Jackie Mekler. He was chairman of Callies for many years.

Pre-entries only

Entries online only at www.peaktiming.co.za

21km R200
10km R150

Grandmasters R100
Grandmasters R80

Great Grandmasters and Blind Runners Free (Both Races)

Temp Licence 21km R35 Temp Licence 10km R30

Medals to all finishers
Silver Medals to first 50 in both races

400 Germiston Callies Buffs to first 400 entrants

Entry Fees

Race numbers may be collected at Callies offices, Germiston Stadium on Saturday 15 October 2022 from 9am to 1pm and on the day of the race from 5:30am at the kiosk
A limited number of entries will be taken at the Callies offices on Saturday morning.

No entries will be taken on the day of the race

Cut off time 10h30. This will be strictly enforced and participants must withdraw from the race if so requested by a race official. Marshals and traffic officials may be withdrawn after cut off.
Walkers welcome but must comply with cut off time.

Fred Morrison 21km and 10km races



Race Rules

1. Run in accordance with ASA and CGA rules.
2. No seconding allowed - ample water points available.
3. Registered athletes must be a member of a club affiliated to ASA and wear club colours with both their provincial 2022 licence numbers and the issued race number on the front of their running vest.
4. Unlicensed runners must purchase a temporary licence. Temporary licensed athletes must wear plain clothing together with the temporary licence on their back and the issued race number on the front of the vest.
5. Athletes indemnify National, Provincial, Regional bodies, organizers and sponsors against all or any actions of whatever nature arising out of their participation in the race.
6. Numeric age category ID tags (including juniors) must be worn (front and back) and be clearly visible. Proof of age for prizewinners will be required and to be presented to referees before prize giving. Prizes will be withheld until confirmed.
7. Only athletes of 16 years and older on 16 October 2022 may enter the 21km race.
8. Only athletes of 15 years and older on 16 October 2022 may enter the 10km race.
9. No 2, 3 or 4 wheel carts/prams that are mechanically or manually operated by participants, or wheelchair athletes will be permitted to participate without the special permission of the race organizer and traffic authorities. All such participants MUST start at the back of the field.
10. No pets are allowed to accompany runners.
11. International athletes to provide clearance letter to referees in the event of winning a prize.
12. Temp licensed athletes are eligible for open and category prizes, provided they have the age category tags clearly visible front and back.
13. Athletes are only eligible for prizes if ALL information is filled in clearly on the race number tear off.
14. No I-pods, headphones or portable radios are allowed.
15. Athletes participate at their own risk.
16. Entries are not refundable.
17. Only athletes who have completed all required information on the race number are eligible for prizes.
18. Objections to be lodged within 30 minutes (before or after prize giving) in writing accompanied by R300 which is refundable if appeal is upheld.

Prizes

10km Prize Money	1st	2nd	3rd	21km Prize Money	1st	2nd	3rd
Open Men and Women	R1000	R700	R500	Open Men and Women	R1500	R800	R600
Men and Women 40 - 49	R500	R200	R100	Men and Women 40 - 49	R700	R400	R200
Men and Women 50 - 59	R200			Men and Women 50 - 59	R300		
Men and Women 60 +	R150			Men and Women 60 +	R200		
Men and Women Junior	R100			Men and Women Junior	R150		

10km Prize giving at 9h00

21km Prize giving at 10h00

**No littering beyond marked points at water points.
Carry any litter to next water point.
Do your part to care for the environment.**

Parking, Tog Bags and Enquiries

Callies parking marshalls and car guards will be clearly identifiable. Please adhere to their guidance to ensure a smooth flow of traffic. Please park only in the designated areas.

Tog bag area available – PLEASE NOTE; whilst best care will be taken at the tog bag area, Germiston Callies will not be held liable for any losses.

Enquiries Brian Machill 083 700 5977 or Les Black 082 552 7866
or email gch@germistoncallies.co.za