#MY 2022

WHAT ARE YOU **GUNNING FOR?**

- Gunning for glory? Test your limits with the 21.1km half marathon.
- Gunning for your health? Build up your fitness with the 10km run.
- Gunning for adventure? Try the 15km trail run.
- Gunning for a great day out? Jog the 5km fun run, or walk your furry friends in the all-new 5km pet walk.

Plus, the fun doesn't stop at the finish lines. There'll be loads of awesome food stalls and a great play area for the kids.

Saturday, 17 September 2022

15км

Trail Run @07:30

Van Riebeeck Park, Oranjezicht

5км

Fun Run @08:00

Fritz Sonnenberg Road, Green Point

5км

Pet Walk @08:30

Fritz Sonnenberg Road, Green Point

Sunday 18, September 2022

21.1_{KM}

Half Marathon @06:30

Fritz Sonnenberg Road, Green Point Race

Fritz Sonnenberg Road, Green Point

10 км

@07:30

Scan the QR-code or enter online at

www.topevents.co.za

Please note this is only an online entry event. Closing date: 28 August 2022 or when the limits have been reached.

Stand to WIN every week!

Get an automatic entry to our competition when you enter any of the 2022 Gun Run races. There are three R1 000 cash prizes up for grabs every week, plus a grand prize weekend for two people at The President Hotel worth R10 000.





2022 ENTRY FEES:

R230.00 - 21.1km (licensed)	R290.00 - 21.1km (unlicensed)
R190.00 - 10km (licensed)	R230.00 - 10km (unlicensed)
R90.00 - 10km Junior (licensed)	R115.00 - 10km Junior (unlicensed)
R90.00 - 5km Fun Run/Walk	R90.00 - 5km Pet Walk

R470.00 - 15km Trail Run (includes T-shirt, SANParks fee and disposable timing chip) Technical embroidered running cap will be sold online at **R169.00**

Jetline Action Photo **R185.00**



2022 T-SHIRT

Gun for greatness and charity, in an official OUTsurance Gun Run T-shirt.

Event T-shirts for the road race will be sold online at **R250.00**

R10 from each sale will be donated to the Animal Welfare Society of SA charity.





ANIMAL WELFARE SOCIETY OF SOUTH AFRICA

The AWS clinic is open seven days a week, including weekends and public holidays. We have fully equipped theatres where we do sterilisations, orthopaedic and other operations. At any given time, we can house more than one hundred sick or injured animals. We are committed to sterilising every animal that comes through our hospital in order to contribute to reducing the number of strays. Our Inspectorate team also respond to calls for any animal in distress, including injured strays, dog fighting and animal abuse.

We also have an adoption department. We take in strays and unwanted pets to find them suitable and loving homes. Each animal is medically assessed, vaccinated, dewormed, treated for ticks and fleas, microchipped and sterilised and we do very strict home checks. We have a growing number of happy adopters and pets in the greater Cape Town community.



Visit outsurance.co.za/gunrun for any additional race info.









