



BLISTERS FOR BREAD
 CHARITY FAMILY FUN WALK

PENINSULA SCHOOL FEEDING ASSOCIATION
You can't teach a hungry child
 www.psf.org.za

IN ASSOCIATION WITH **LUCKY STAR**



YOUR ENTRY FEE WILL ENABLE PSFA TO FEED 33 IMPOVERISHED SCHOOL CHILDREN FOR A DAY.

Sunday 28 August 2022

Start Venue: Fritz Sonnenberg Road, Green Point

Finish Venue: Green Point Cricket Club

Entries are limited to 2 000 across both distances

Entry Fee: R100.00 pp > 5km & 10km Charity Fun Walk

Start Time: 10km - 07:45 > Start Time: 5km - 08:00 > Staggered Starts

Online entries: www.psf.org.za > Entries close: Midnight 18 August 2022



25 967 CHILDREN FED AT 170 SCHOOLS DAILY



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IN ASSOCIATION WITH



Entries are limited to 2 000 across both distances.
This is an online entry only event.

ENTER ON: www.pfsa.org.za

ENTRY FEE R100.00 pp
Your entry fee will enable PSFA to feed 33 impoverished schoolchildren for a day.

T-SHIRT (BLACK) R150.00

CONFIRMATION OF ENTRY

- Entrants will receive a confirmation e-mail (if an e-mail address is provided).
- Before walk number collection (the day before the event), you will receive an SMS (if a cell number is provided), indicating your walk number and where you have selected to collect it.
- Please bring your proof of entry, email and SMS with you when collecting your walk number on **Saturday 27 August 2022**.

WALK NUMBER COLLECTION - SATURDAY 27 AUGUST 2022

- Walk Number Collection will take place on **Saturday 27 August 2022** from **09h00 - 17h00** at the **Sportsmans Warehouse** venue you selected.

THE VENUES ARE

- Sportsmans Warehouse Rondebosch
- Sportsmans Warehouse Somerset West
- Sportsmans Warehouse Tygervalley
- Sportsmans Warehouse V&A Waterfront

ABOUT PENINSULA SCHOOL FEEDING ASSOCIATION (PSFA)

Three out of four children in the Western Cape go to school hungry every day. PSFA, a registered non-profit organisation established in 1958, addresses this need by feeding hungry children at schools in the Western Cape. For many children, these will be the only meals (breakfast and lunch) that they will receive for the day.

HOW YOU CAN HELP PSFA MAKE A DIFFERENCE

- Feed a child for a month for only **R60**
- Feed a Child for a year for only **R570**
- Make a monthly, quarterly or annual donation
- Donate online at www.pfsa.org.za

ROUTE DIRECTIONS

1. Both walk distances line up at Green Point Cricket Club to start in Fritz Sonnenberg.
2. At the intersection between Fritz Sonnenberg and Beach Road (Mouille Point), cross over at the traffic lights.
3. On the pavement, turn left and proceed towards the Sea Point Promenade.
4. Walk along the promenade towards the intersection at the corner of Beach Road Mouille Point and Beach Road, Sea Point and keep left.
5. At Rocklands Beach:
 - a) 5km walkers turn around and walk back to the Green Point Cricket Club.
 - b) 10km walkers continue along the promenade towards Saunders Rocks.
6. At Saunders Rocks (refreshment station):
 - a) 10km walkers turn around and walk back to the Green Point Cricket Club via the same route.

RULES

- One refreshment station along the route.
- Medical facilities will be provided along the route and at the endpoint.

WHERE TO PARK

- The V&A Waterfront
- Green Point A Track (opposite McDonald's).
- Western Boulevard (at the designated parking areas).
- **P3:** Granger Bay Boulevard and Fritz Sonnenberg (Gravel Parking area).
- P10, P12, P13 – public.
- **NO parking in the Mc Donald's parking area.**

GENERAL

- Contact Top Events info@topevents.co.za or WhatsApp us on **0661394210**
- No dogs, skateboards, bicycles or wheelie shoes etc. are allowed.
- For group entries email nuha@topevents.co.za.

YOU CAN'T TEACH A HUNGRY CHILD