

Leon Bezuidenhout **SPRINGBOK VASBYT**

21 km, 10 km, 5 km fun run: **Distances:**

Saturday 16 July 2022 Date:

Commemoration Ceremony - 07:20

Starting Times: 21 km & 10 km - 07:30

5 km - 07:40

Voortrekker Monument, use the Eeufees Rd entrance Venue:

Leon Bezuidenhout 14 September 1966 - 2 August 2020

"As ek die grondpad onder my voete voel weet ek, ek is tuis"



THIS IS A GREEN RACE. WATER WILL BE SUPPLIED IN BULK CONTAINERS, BRING YOUR OWN CUP OR BOTTLE.

ENTRY FEES

21 km: R140 | 10 km: R115 | 5 km: R60

70+ athletes (ID required): Free

Temporary License: R40

Entry fees are non-refundable

GENERAL INFORMATION

Guarded parking available

Ample toilet facilities

Water stations

No tog bag area

Only 2000 entries on the 10 km and 21 km. Only 800 entries on the 5 km. UNFORTUNATELY NO PRIZE MONEY.

- 10 km and 21 km: Running categories' 1st and 2nd places receives gold and silver medals, respectively.
 - The rest of the field finishing within the cut-off time receives bronze medals.
 - Gun to mat timing.

MORE INFORMATION

No entries or temporary licenses are available on race day.

Online pre-entries at www.entryninja.com - Online entries close 10 July 2022.

Pre-entries at Run-A-Way Sports - opens 20 June 2022 & closes 14 July 2022 at 16:00.

Pre-entries at Voortrekker Monument - opens 20 June 2022 & closes 15 July 2022 at 16:00.

Entry collection at the Voortrekker Monument on Friday 15 July 2022 from 13:00 until 17:00 or on race day from 05:00 until

Time limit - 3h30. This is a venue imposed time limit. All athletes with 3km or more to go and 25 minutes or less remaining, will be diverted to the finish.

No pets allowed

The Safety at Sports and Recreational Events Act 2 of 2010 will be strictly adhered to.

The organizing club is obliged to pay the required % of the entry fee to AGN as a levy

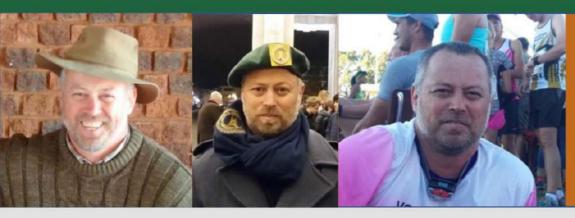
The 10 km and 21 km race terrains are unsuitable for baby strollers and wheelchairs.

The 5 km fun run does not include any off-tar sections; baby strollers and wheelchairs are welcome.

No vuvuzelas or hooters are allowed. There are wild animals in a confined space.

Rules:

- 1. The race is run in accordance with AGN and ASA rules.
- 2. All licensed athletes competing for category medals must wear clearly visible numeric category tags.
- 3.All athletes indemnify the national, provincial and regional bodies, sponsors and organisers of the race against any claims of whatsoever nature, which may arise due to participation in the race. The organisers are indemnified from any claims should the race not take place. If the race is cancelled due to bad weather, political unrest or any other reason whatsoever, all paid entry fees will be forfeited.
- 4. Age restriction 10 km: 14 years; 21 km: 16 years.
- 5. No iPods or listening devices are allowed. Transgressors WILL be disqualified.
- 6.2022 ASA license numbers or a temporary license number is compulsory on the 10 km & 21km.
- 7. Temporary license can be purchased with all of the above pre-entries.
- 8. Pirate/non-registered participants will be removed by the referees and organizers assisted by security. This rule will be strictly enforced at the start, during the race and at the finish.
- 9. Rubbish may only be discarded in the road in the first 50 m after any refreshment station. Athletes must either leave unwanted material at refreshment stations or carry it to the next station. This is necessary to protect the animals on the Monument premises. Please be disciplined.
- 10. No late starters will be allowed.
- 11. Runners must adhere to all COVID protocols.
- 12. **CLUB GAZEBOS It is compulsory to book in advance.** Contact Yolandi strictly via SMS or WhatsApp at 083 650 0021 to make arrangements, for club gazebos only.



In honour of **Leon Bezuidenhout**

The 2022 version of the Afriforum Springbok Vasbyt is dedicated in honour of Leon Bezuidenhout.

Leon was a founding member of the Voortrekker Monument Draf & Stap Klub in 2006, where he masterminded the club's uniquely memorable races until his untimely passing in 2020.

Commemorating military events and honouring military veterans came easy for Leon. He was a runner and a military historian at heart, and he brought these two passions beautifully in the races he organised.

His passion would also lead to the beginning of off-road running in South Africa's inland region. The first Springbok Vasbyt in 2006 was his brainchild, with the race being presented consecutively each year, except for 2021 due to COVID restrictions.

We salute a man that has changed countless lives and has left a worthy legacy.











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