



Comrades
Qualifier

TOP RUNNERS
ATHLETICS CLUB



PRESENTS

Sponsored by Macron

FIRST 1000
ENTRANTS
RECEIVE A T-SHIRT

T-SHIRT SIZE
SUBJECT TO
AVAILABILITY

SEDIBENG MARATHON

16 JUNE 2022

VAAL
SHOW GROUNDS

Boy Louw & Van
Riebeeck street Vereeniging,
Leeuwkuil, Gauteng

ENTRIES OPEN
15 FEBRUARY 2022

Enter at Sportsman Warehouse, Vanderbijlpark, Eastgate,
Woodmead, Fourways and Eastrand Mall

START TIME: 06:00 AM

ENTRIES: 42.2km, 21.1km, 10km & 5km Fun Run

Contacts:

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SHOULD THE RACE BE
CANCELED, RUNNERS
WILL GET AUTOMATIC
ENTRY FOR THE
NEW RACE DATE

1. ONLINE ENTRIES

Open 15 February 2022

Closing date for online entries: **30 May 2022**

Enter and pay at : www.entryninja.co.za

Pre entry only:

Entry fees:

42.2kms - R400

21.1kms - R300

10kms - R200

5km - R80

Prize money: Open 42.2km

Male:

1. R3000

2. R2000

3. R1000

Veteran:

1. R1000

Prize money: Open 21.2km

Male:

1. R1500

2. R800

3. R500

Junior:

1. R500

Masters: R500

Prize money: Open 10km

Male:

1. R800

2. R500

3. R400

Junior:

1. R400

Masters: R400

Female:

1. R3000

2. R2000

3. R1000

Masters:

1. R1000

Female:

1. R1500

2. R800

3. R500

Veteran

1. R500

Female:

1. R800

2. R500

3. R400

Veteran:

1. R400

2. MANUAL/STORE ENTRIES

All store entries can be collected at Sportsman Warehouse Vanderbijlpark from 14-15 June 2022.

3. NO LATE ENTRIES

4. RACE NUMBER COLLECTION

Race entries can be delivered at the runner's cost

All above mentioned Sportmans warehouse outlets
NOTE: The total maximum number of entries permitted across all events will be 5000

(subject to change based on covid 19 restrictions and regulations)

PARKING

Parking for the race is available at the venue

Race Rules

42.2km and 21.1km start at 06:00

10km and 5km. run start at 06:15

1. Race under the rules of WA, ASA and AVT.

2. Age restriction:

42.2km and 21.1 km: The participant must be 16 years or older on race day.

10 km: The participant must be 14 years or older on race day.

3. All foreign athletes must abide by WA rules 4.2, 22.1 and 142 ASA rule 9.

4. ASA/AVT approved age tags to be worn on upper front and back of vest/crop top, to be eligible for age category prizes.

5. 2022 license number must be worn on the back and front of vest.

6. The race number must be worn over the permanent license number on the front of the upper body clothing and be placed so that the ASA province year remain visible above the race number (ASA Rule 26.1) Temporary license athletes must wear the race number on the front upper body clothing.

7. Race numbers and license numbers must not be worn on shorts/tights.

8. Temporary license must be worn on back of vest and the **completed tear-off slip** must be lodged with the organizers at the end of the race.

9. Cut-off times:

42.2 km: 6 hours

21.1 km: 3hrs 30 min

10 km: 2hr 00 min

10. Results will be sent via sms and Finish Time website. www.entryninja.co.za

11. Disqualified athletes will not be eligible for any incentives/giveaways

12. Participants must obey the **race officials, marshals and traffic officers.**

13. Entry fee is non-refundable

14. Prize money only for the race you enter.

15. Refreshment stations every 3 km and no personal seconding will be allowed.

16. All participants to abide by the rules and regulations of the event. You participate in the event at own risk and hereby indemnify the national and provincial bodies, sponsors and organizers of the race against any action or claim of whatever nature, which may result from my participation in the event.

17. All covid-19 regulations will be followed as per current restrictions.