

10KM 21KM 42KM

BNAC



MARATHON

SPONSORED BY



03 JULY 2022

START TIMES

42.2KM | 06h30

21.1KM | 06h45

10KM | 07h00

BENONI NORTHERNS SPORTS CLUB

CNR O'REILLY & BRODIGAN STREET
NORTHMEAD, BENONI

GPS CO-ORDINATES
LATITUDE: 26 10'23.16"S
LONGITUDE: 28 19'42.33"E

**CLICK HERE TO
ENTER ONLINE**
www.entryninja.com

ONLINE ENTRIES CLOSE 26 JUNE 2022

WWW.BNAC.CO.ZA | RACES@BNAC.CO.ZA | 📞 066 468 3689

- The race is run in accordance with the rules of ASA and CGA. Athletes indemnify the national, provincial and regional bodies, sponsors and organisers of the race against all or any actions of whatsoever nature: what may be arising out of their participation in the race.
- Registered athletes, who must be members of a club affiliated to A.S.A to wear their club colours and 2022 licence number (front and back).
- Race number to be worn on the front of the vest on top of the provincial A.S.A licence number not concealing "the sponsors' logos" at the top of the licence.
- 10km minimum age is 15 years; 21.1km minimum age is 16 years and 42.2km minimum age is 20 years. Numeric age category ID tags to be worn on the back and front of the vest and clearly visible. Proof of age must be produced on request on the day.
- Temporary licenses can be purchased with entries online. No temporary licenses will be sold on race day. Temporary licenced athletes to wear plain clothing with the issued temporary licence numbers.
- Walkers welcome for the 10km and 21.1km. Walkers to comply with international walking rules.
- Walkers have to wear identifying W's clearly visible back and front.
- Wheelchair athletes are welcome but due to safety reasons may only participate in the 21.1 km race. Only the following wheelchair makes may compete; a normal athlete chair or a rugby, basketball and tennis wheelchair. Other types of wheelchairs will not be accepted due to safety reasons.
- No seconding allowed. 5 hour cut-off for the marathon.
- Proof of age for prize winners may be required and to be presented to referees before prize-giving. Prizes will be withheld until all necessary details of the winners are confirmed.
- No blades, cyclists or mechanically operated devices are allowed in the race.
- Regrettably, no animals will be allowed on the route of the race.
- No refunds will be entertained.
- International athletes must provide a clearance letter from the country of origin to the referee in the event of them winning a prize.
- Foreign athletes may not run with a provincial license unless they are domiciled within the Republic. All foreign athletes will be required to purchase a temporary license or face disqualification.

- Foreign athletes are not allowed to run in South African club colours unless such Club exists in their country of origin or they are in possession of a refugee status permit or are naturalized citizens of RSA. (Refer to IAAF Rule 4).
- Wearing headphones/earphones is prohibited.
- Athletes may not run with another athletes race number unless by prior arrangement with the race organiser.
- The race organiser retains the right to refuse entry and eject persons under the influence of drugs or alcohol who are disorderly or engage in inappropriate behaviour vandalism or evade paying for admission.
- Licensed athletes who do not wear their 2022 licence numbers must purchase a temporary licence or face disqualification. Runners participating without buying a race entry will also face disqualified and will not be entitled to any benefits associated with the race and will be liable for a double entry fee charge.
- Habitual offenders (those who regularly participate without purchasing a race entry) will be called to a CGA disciplinary.
- Licensed athlete's not wearing Club colours may face disqualification.
- Objections must be lodged within 30 minutes before or after prize-giving in writing to the chief referee accompanied by R500, which is refundable if the appeal is upheld.
- Athletes are only eligible for prize money for the race they have entered.
- All athletes participate at their own risk. Athletes acknowledge by entering the event that they are medically fit to participate. All athletes must supply the name and contact number of their next of kin on both the race numbers and entry form.
- Littering is not allowed. Athletes are to dispose of any litter in appropriate bins. Athletes can be disqualified if they litter.
- Electronic timing will be done by Chamberlains Timekeeping in partnership with FinishTime on the 42.2km, 21.1km and 10km events. The timing chips will be fixed to race numbers.
- To ensure that you are accurately recorded in the Race Results it is important that you wear the race number supplied which is associated with the details you provided during the entry process.
- NO CHIP. NO RESULTS.
- The Marathon qualifying times are automatically submitted to Comrades.

PRIZE GIVING

10KM & 21.1KM AT 9AM | 42.2KM AT 11AM

GOLD MEDALS

Positions in each category for Marathon, Half Marathon and 10km as above.

SILVER MEDALS

All finishers under 3 hours for the Marathon.
All finishers under 86 minutes for the Half Marathon.

PRIZES AND MEDALS

OPEN MEN & WOMAN

1st	R800	FULL MARATHON
2nd	R600	FULL MARATHON
3rd	R500	FULL MARATHON
1st	R800	21KM RUNNERS & 21 KM WALKERS
2nd	R500	21KM RUNNERS & 21KM WALKERS
3rd	R300	21KM RUNNERS & 21KM WALKERS
1st	R500	10KM & 10KM WALKERS
2nd	R300	10KM & 10KM WALKERS
3rd	R250	10KM & 10KM WALKERS

VETERAN MEN & WOMAN (EACH)

1st	R400	FULL MARATHON
1st	R300	HALF MARATHON

MASTER MEN & WOMAN (EACH)

1st	R350	FULL MARATHON
1st	R450	HALF MARATHON

GRANDMASTER MEN & WOMAN (EACH)

1st	R300	FULL MARATHON & HALF MARATHON
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TYPE OF ENTRY

	MARATHON	HALF MARATHON	10KM
Pre-Entry	R 300	R 250	R 200
Late Entry	R 350	R 300	R 250
Temporary Licence	R 100	R 35	R 30
Runners 60+ Blind Runner & Seconder Pre-Entry	R 200	R 200	R 150
Runners 60+ Blind Runner & Seconder Late Entry	R 300	R 250	R 200
VITALITY POINTS	3000 POINTS	1500 POINTS	600 POINTS

Late entries will be taken at BNAC on Saturday, 2 July from 09:00 to 12:00.

NO REFUNDS. Medals to all finishers.

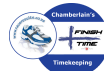
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