## **RACE RULES AND INFORMATION**

- 1. The race is held under the rules of WA, ASA and AFS
- 2. Athletes indemnify the national, provincial and regional bodies, sponsors and organisers of the race against any or all actions of whatsoever nature, whatever the same may arise out of their participation in the race.
- 3. All athletes participate at their own risk. Athletes acknowledge that by entering the event they are medically fit to participate.

  4. All athletes must supply the name and contact number of their next of kin on both the race
- number and entry form.
- 5. Licensed athletes must wear club colours and the 2022 licence number on the back and front of their vest with the race number worn on the front of the vest. Note that the race number may not cover the ASA and sponsor logos at the top of the 2022 license.
- 6. Temporary Licenses will be available for R70 (excluding no 5-license athlete). To be worn in front - (according ASA ruling.) No insurance coverage on the Temp no.
  7. No seconding allowed. Sufficient water points.
- 8. No blades, cyclist or mechanically operated devices allowed in the race.
- 9. Foreign athletes are to comply with ASA rules. Before entering the race.
- 10. Wheelchair athletes will NOT be permitted to participate.
- 11. No animals / pets are allowed to participate.
- 12. Minimum age participation 10km 14 years, 21,1km 16 years, 42,2km 20 years
- 13. Distance Fun run/walk Child(ren)-under supervision of parent/s /guardian/s -9 years and older 14. Prize giving ceremony will take place under strict COVID -19 regulation, winners to provide all information to race organiser. Prize money to be paid per EFT on the same day of the event. No prize money will be paid if random Drug testing was done on any distance on the day of the event, up to such time ASA receive the results from the South African Institution for Drug Free Sport (SAIDFS).
- 15. No refunds will be given once an entry is purchased. In the event that the race is cancelled due to reason outside the organisers control. (Option - the race can be converted to a virtual run. In such a case, arrangements will be made for medals to be countered to entrants. Note that this might incur extra postage fees / costs.
- 16. Athletes may not run with another athlete's race number.
- 17. No earphones, IPods and similar devices are allowed, as they are in contravention of NEW WA rule- WA Rule T6.3.2 and will lead to disqualification.
- 18. The race organiser retains the rights to refuse entry and reject persons under the influence of drugs or alcohol, who are disorderly, or engage in inappropriate behaviour, vandalism or evade paying for admission.
- 19. Athletes who participate without buying a race entry will be disqualified, will not be entitled to any benefits associated with the race and will be liable for a double entry fee charge. Runners who allow their race number to be duplicated will be held liable and will face AFS disciplinary with the possibility of a ban.
- 20. Habitual offenders (those who regularly participate without purchasing a race entry) will be called to an AFS disciplinary.
- 21. Littering is not allowed. Athletes are to dispose of any litter in appropriate bins and can be disqualified if they litter. An AFS Clean RUN.
- 22. Cut -off time Athletes will not be allowed to finish any distance races after the cut off
- 23. No late starters will be allowed. That is later than 5minutes from the group start time.
- 24. Results- made available in 72hours. (www.raceresults.co.za and https://results.finishtime.co.za/startpage.aspx?c=13) Distance ( ) not registered thereforthe results cannot be used as official results.
- 25. ALL PARTICIPANTS MUST ADHERE TO THE COVID-19 HEALTH AND SAFETY PROTOCOLS IMPLEMENTED BY ASA, INCLUDING SCREENINGS, SANITISING, COMPLETING OF ONLINE /MANUAL MEDICAL QUESTIONNAIRE, SOCIAL DISTANCING AND THE WEARING OF MASKS. MASKS MAY ONLY BE REMOVED ONCE THE RACE HAS STARTED AND MUST ONCE AGAIN BE **WORN AT THE FINISH**





# SOL MARATHON

Be part of the endurance race

# **Comrades and Two Ocean qualifier**

Saturday, 26 March 2022 Date

**DP de Villiers Stadium, Sasolburg Venue** 

Time 06:00 - 42.2 km, 21.1 km

06:15 - 10 km

06:30 - 5 km fun run

10:00 - prize giving

42.2 km - 6 hours **Cut-off time** 

> 21.1 km - 3 hours **10 km – 2 hours**

5 km fun run – 1 hour

Presented by the Sasolburg Athletics Club and sponsored by Sasol for the 27th year

## **ENTRY FEES - Online entries limit 1700**

Online entries close on 21 March 2022

42.2 km Marathon	Pre-entries only   R180 (online entries only)	No late entries				
21.1 km half marathon	Pre-entries only   R150 (online entries only)	No late entries				
10 km race	Pre-entries only   R80 (online entries only)	No late entries				
5 km fun run	R40 (online entries and late entries)					
Temporary license	R70 – to be worn by individual participants (not belonging to a club) for the 42.2 km marathon, 21.1 km half marathon and 10 km race.					
Minimum age requirement		21.1 km half marathon 5 km fun run				

Pre-entries can be done on www.entryninja.com

T-shirts to the first 500 online entries for the 42.2 km marathon and first 300 online entries for the 21.1 km half marathon.

Half price for athletes 60 years and over-all distances

Every participant that finishes the race entered for will receive a medal.

#### **INFORMATION:**

- 1. Parking Safe parking available
- 2. Water tables km refreshment hand out, Participants can make use own water bottle filled with water / refilled at water points. Carried from start to finish as part of athletes equipment.
- 3. Description Route out and back /circle route /flat and fast/hilly etc.
- 4. Incentives Medals at finish (Goodie bag etc.)
- **5.** Covid-19 Screening before race
- **6.** Runners must adhere to all Covid-19 protocols including the wearing of face masks OR buff & social distancing
- 7. All entrants MUST complete the questionnaire, or you will not be granted access to the venue on race day
- 8. We ask your cooperation in this regard as non-adherence will cause delays and crowding at the entrance
- 9. No tog bag area and No Club Tents due to Covid-19 regulations
- **10.** Medical Service providers-station route / finish

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Category	Maie	Female	category	Male	Female	Category	Male	Female
Open			Open			Open		
1st	R2 500	R2 500	1st	R1 500	R1 500	1st	R500	R500
2nd	R1 500	R1 500	2nd	R1 000	R1 000	2nd	R400	R400
3rd	R1 000	R1 000	3rd	R500	R500	3rd	R300	R300
40 to 49 years			Junior			Junior		
1st	R700	R700	1st	R600	R600	1st	R400	R400
2nd	R600	R600	2nd	R400	R400	2nd	R300	R300
3rd	-	-				3rd	R200	R200
			40 to 49 years					
50 to 59 years			1st	R500	R500	40 to 49		
1st	R500	R500	2nd	R400	R400	1st	R400	R400
2nd	R400	R400				2nd	R300	R300
3rd	-	-	50 to 59 years			50 to 59 years		
			1st	R400	R400	1st	R300	R300
60+ years			2nd	R300	R300	2nd	R200	R200
1st	R400	R400						
2nd	1	-	60+ years			60+ years		
3rd	-	-	1st	R300	R300	1st	R200	R200
			2nd	-	-	2nd	-	-
70+ years								
1st	-	-	Walker			Walker		
2nd	-	-	1st	R300	R300	1st	R200	R200
3rd	-	-	2nd	-	-	2nd	-	-

TIME KEEPING AND RESULTS
Time keeping will be done by
Chamberlains Timekeeping. All
results will be posted on
www.raceresults.co.za and
https://results.finishtime.co.z
a/startpage.aspx?c=13

#### **CONTACT DETAILS**

Inquiries
Race Office
078 501 7638
sasolburgathletics@gmail.com

Event manager Dolf Binneman 073 339 6809

Safety official Haig Fourie 083 311 97 22

Technical official James Language 082 771 4597

COVID official Willem Jooste 071 114 9698

Ambulance 073 370 6995 082 734 5161 016 976 7887

## **27th SASOL MARATHON**

Saturday, 26 March 2022 Entry form Race number

42.2 km 21.1 km **Entry fee** 5 km fun run **10** km Temp license **R40 R80 R150 R180 R70 Pre-entry** Late entry **R40** N/A N/A N/A N/A on race day **Indicate race being** 42.2 km 21.1 km 10 km 5 km fun run entered for with an X

entered for with an X

Name & Surname

ID / DOB

Contact number

E-mail address

Gender

Age Group

Emergency Contact no

ASA License / Temp no

Club name

Province

Indicate T-shirt size with an X

**SA** citizen / Foreigner

T-shirt	SS	XS	S	М	L	XL	XXL	XXXL
Sizes	94	98	102	106	110	114	118	122
Chest	47cm	49cm	51cm	53cm	55cm	57cm	59cm	61cm

#### WAIVER BY ENTERING THIS EVENT

By entering the event I understand to be bound by the rules and regulations of the event including those of WA, ASA and AFS. I warrant that I am in a good health and aware of the risk and endanger of physical nature of the sporting event, and do not claim ignorance of these risk and dangers. I hereby accept that I participate in the event entirely at my own risk and I release an discharge, to the fullest extend allowed in law, the organiser of the event, provincial and national athletic bodies and all local authorities from the responsibility, liability or costs relation to any in injury, loss of damage of whatever nature, including pre-and post-race activities. I further agree and warrant that if at any time I believe conditions to be unsafe, I will immediately discontinue further participation in activity.

Name of athlete \_\_\_\_\_\_
Phone

MINOR RELEASE (for participants under 18 years of age)
I, the minor's parents and/or legal guardian, understand the
nature of athletics activity and the minor's experience and
capabilities and believe the minor to be qualified, in good
health, and in proper physical condition to participate in such
activity and I enter into this indemnity /waver on behalf of:

Name of parent / guardian \_\_\_\_\_\_

Phone \_\_\_\_\_\_

Signature \_\_\_\_\_

Emergency number: 073 370 6995

071 660 2963 (Elsabe) Vaal Emergency Care

Event Organiser: Dolf Binneman 073 339 6809

Signature