

Hoërskool Hoogenhout

80's Fun Run



By Bethal Marathon Club

10 KM NAGWEDLOOP/NIGHT RACE R70
TEMPORARY LICENCES R40

4.9KM COLOUR RUN R50

9 Maart 2022

@
Hoërskool Hoogenhout
19:00



PRIZES (MANS & DAMES)					
PLACE	OPEN	JUNIOR	40+	50+	60+
1.	R400	R200	R200	R200	R100
2.	R300	-	-	-	-
3.	R200	-	-	-	-
	BEST DRESSED		R500		

Remember!

Headlamp

Reflector jacket or strip

Te Koop:

- Worsbroodjies R25
- Koeldrank R15
- Water R10
- Slushies R10
- Ysies R5
- Glow sticks R5 - R15



Aanlyn Inskrywings Vorm:

https://docs.google.com/forms/d/e/1FAIpQLSdkrarp_n8dYE9iwR0QZDtw970cMNGu6wbUrNSM649awcRN9Q/viewform?vc=0&c=0&w=1&flr=0

Contact:
Bethal Marathon Club
Pieter Botes:
082 920 7555

Rindert Wyma:
082 836 7073

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The race will be run according to AMPU & ASA rules

REFEREES' DECISION IS FINAL

- Obey all Traffic Officials and Race Marshals.
- All Covid 19 protocols need to be adhered to.
- The race will be run according to the rules of ASA, WORLD ATHLETICS (WA) & AMPU House rules.
- Ages: Athletes for 10km must be 14 years or older on the day of the race.
- Proof of age (ID) to be produced upon request on day of race.
- All athletes will participate at their own risk and by entering the event they acknowledge that they are medically fit to participate.
- Registered athletes must wear full club colours.
- 2022 license numbers on the front and back of the vest.
- Temporary license must be fixed on the back of the vest.
- Age category ID tags must be clearly displayed for the duration of the event (back and front) by athletes competing for a category prize AND must be fixed on all 4 corners and not be covered by rain jacket or any shirt.
- Only athletes with a race number and licensed numbers will be allowed into event area. Race number must be worn on the front of the vest. Next of kin name and contact number must appear on the entry form and race number.
- ASA license numbers must not be covered with any paper race numbers /race bib.
- Walkers competing for Walkers prize must have the "W" fixed on the left front and back of the vest, all 4 corners must be fixed.
- There will be no prize giving. Prize money will be transferred electronically.
- No littering, please make use of waste boxes at the start/finish – RUN CLEAN
- All participants must take note that photographs might be taken at the event and placed on social media.
- The use of earphones during the race is not allowed and may lead to disqualification.

Athletes participate at their own risk, club will not be held responsible for any injuries occurred during the race.



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