

## WILLEM POSHOFF MEMORIAL 4-IN-1 MARATHON O3 JULY 2022 ON THE DAY ENTRY FORM



SURNAME	NAME	
ID NUMBER	NATIONALITY	
EMAIL	CELL NUMBER	
TEL HOME	TEL WORK	
CLUB	2022 LICENCE	
MALE/FEMALE	PROVINCE	

AGE CATEGORY: indicate with X					AGE ON THE DAY:	
14-19	20-34	35-39	40-49	50-59	60+	

## Mark blocks with X and insert total

Distance	42.2km	21.1km	10km	Fun Run	MTB
PRE ENTER	R250	R200	R100	R50	R250
ON THE	R350	R300	R100	R100	R300
DAY					
Temp	-	R80	R80	-	-
Licence					
TOTAL					

## BANKING DETAILS: Vryheid Athletic Club, FNB 62856711603, Cheque Account, Branch Code 270524 Ref: NAME & SURNAME

INDEMNITY: All entrants to be medically fit and understand that participation is at own risk and that the organizer, officials and all sponsors of this event cannot be held responsible or liable for any claim or injury incurred as a result of the race or for any property lost or damaged. If I am competing with a temporary licence I am not covered by the ASA Athletic Medical Insurance Policy.

RACE RULES: This race is run under the rules of WA, ASA & KZNA. All foreign athletes must comply with WA Rule 4.2, 22,1 & 142 & ASA Rule 9. 2022 licences to be worn on front and back of vest — not on shorts, must wear Club kit. Unlicensed entrants must purchase a templicence (available at registration) which must be worn on the front of the vest. Must wear plain clothes. No advertising, New ASA/KZNA age category (60mm to 80mm) tags to be worn front & back of vest — NO CATEGORY TAG — NO PRIZE!! Proof of age must be produced upon request on race day. No personal seconding. Obey Traffic officials, Technical officials & Marshalls. Minimum age limit: 5km-9 years / 10km — 14 years / 21,1km — 16 years / 42,2km — 20 years. Cut off time for the 42,2km — 11:00. Cut off time for the 21,1km — 09:30.

Enquiries: Melissa 064 007 3924