

**HEARTBREAK HILL 21.1KM - GQEBERHA - EP CHAMPIONSHIPS - 2022/03/26**

POS	RNO	LIC	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
1	696	355	MELIKHAYA	FRANS	IKHAMVA	M	32	SM	1.06.42	5
2	697	51207	THABANG	MOSIAKO	BOXER AC	M	27	SM	1.06.43	0
3	5	1361	ANDILE	MOTWANA	NEDBANK	M	25	SM	1.07.27	5
4	2	356	LUYANDA	TSHANGANA	IKHAMVA	M	38	35-39M	1.08.32	5
5	310	1433	PACKSON	BANDA	NEDBANK	M	22	SM	1.09.31	5
6	50	1440	MARIANO	EESOU	NEDBANK	M	30	SM	1.10.33	5
7	1815	1338	SIBAHLE	MAQWARA	NEDBANK	M	20	SM	1.10.46	5
8	4	1836	XOLISA	NDLUMBINI	VUKANI	M	39	35-39M	1.10.59	5
9	62	1825	KHAYA	GQWETHA	VUKANI	M	36	35-39M	1.11.03	5
10	141	1458	GEORGE	NTSHILIZA	NEDBANK	M	42	40-44M	1.12.05	5
11	366	1369	ABDI	MOHAMED	NEDBANK	M	32	SM	1.12.16	5
12	105	358	MZWANELE	MAPHEKULA	IKHAMVA	M	45	45-49M	1.12.46	5
13	30	1376	GIFT	CHIGOMARAWA	NEDBANK	M	34	SM	1.12.57	5
14	101	1335	ANELE	MALIZA	NEDBANK	M	44	40-44M	1.13.20	5
15	819	578	SICELO	MASHABA	MADIBAZ	M	21	SM	1.15.01	5
16	31	1364	TAWANDA	CHIKOTI	NEDBANK	M	23	SM	1.15.03	5
17	369	178	BULELANI	NIWA	SPAREC	M	38	35-39M	1.15.56	5
18	659	1739	TANDISILE	XOSHOMBA	ACT AC	M	26	SM	1.16.07	5
19	290	370	DESMOND	ZIBI	IKHAMVA	M	58	55-59M	1.16.42	5
20	147	1339	MILA	PASIYA	NEDBANK	M	42	40-44M	1.16.46	5
21	73	376	HOPEWELL	JABAVU	IKHAMVA	M	38	35-39M	1.17.41	5
22	515	5515	MUSA	ZWENI	TEMP	M	31	SM	1.18.39	0
23	660	20037	APHELELE	SEPTEMBER	ACT AC	M	17	JM	1.19.14	4
24	613	61	SINATHI	MAFANGA	SAPPE	M	31	SM	1.19.56	4
25	311	1066	PATRIDGE	CHIMWENDO	ACH	M	19	JM	1.20.19	4
26	710	5926	MELIKHAYA	JANDICK	GUGS	M	37	35-39M	1.20.22	0
27	429	1400	KELLY	VAN VLIET	NEDBANK	F	34	SF	1.20.28	5
28	702	50147	LLEWELLYN	BARNARD	MURRYROB	M	32	SM	1.20.30	0
29	374	1810	XOLANI	NTEYI	VUKANI	M	43	40-44M	1.21.08	5
30	123	1413	TUMELO	MOCHELENYANE	NEDBANK	M	39	35-39M	1.21.27	4
31	287	1415	MANDISI	ZAMANI	NEDBANK	M	29	SM	1.21.54	4
32	627	699	SANDISO	NGXISHE	NMBMUN	M	51	50-54M	1.22.11	5
33	816	20127	SIBUSISO	COLEPI	MOTHER	M	17	JM	1.22.23	4
34	285	1443	DENYS	WOLMARANS	NEDBANK	M	43	40-44M	1.22.33	5
35	365	994	MASANDE	MLONYENI	CHARLO	M	41	40-44M	1.22.56	5
36	115	1423	ANDRE	KETCHEM	NEDBANK	M	38	35-39M	1.23.36	4
37	391	1398	MUTEKILE	RASMENI	NEDBANK	M	57	55-59M	1.23.51	5
38	434	1365	SITHEMBISO	YOZO	NEDBANK	M	57	55-59M	1.24.34	5
39	8	1728	NOEL	ADAMS	GELVAN	M	49	45-49M	1.24.41	5
40	300	1344	CHRISTOPHER	MABENGEZA	NEDBANK	M	55	55-59M	1.25.23	5
41	666	1357	MALIBONGWE	MBELU	NEDBANK	M	49	45-49M	1.25.24	5
42	368	993	THEMBEKILE	MSIPA	CHARLO	M	47	45-49M	1.25.35	5
43	395	1345	JEAN-PIERE	ROUX	NEDBANK	M	34	SM	1.25.48	3
44	441	1493	OLWETHU	NOBATANA	32GI	M	36	35-39M	1.25.52	3
45	648	1808	LEBOHANG	SENTI	VUKANI	M	35	35-39M	1.26.39	3
46	324	999	GRAHAM	ESHMADE	CHARLO	M	44	40-44M	1.26.43	4
47	346	565	SEBASTIAN	KLEU	RUN4C	M	46	45-49M	1.26.57	5
48	636	20015	RONAN	VAN DER VAART	NEDBANK	M	16	JM	1.26.59	3
49	523	5523	ANDRE	WHYTE	TEMP	M	33	SM	1.27.05	0
50	603	1405	NTOMBESINTU	MFUNZI	NEDBANK	F	40	40-44F	1.27.17	5
51	280	1255	ERROL	WHITTAL	ELITEAC	M	46	45-49M	1.27.25	5
52	601	1346	HENRY	CRAUSE	NEDBANK	M	39	35-39M	1.27.57	3
53	623	1216	WESSEL	WOLMARANS	ELITEAC	M	44	40-44M	1.28.15	3
54	175	1642	NICO	SMITH	MADIBA	M	36	35-39M	1.28.49	3
55	439	282	ABDUL	WICOMB	MUIRITE	M	43	40-44M	1.28.56	3
56	703	1747	PHAPHAMA	GLADILE	HOLLYWOO	M	32	SM	1.29.40	3
57	110	173	LUYANDA	MATIWANA	SPAREC	M	43	40-44M	1.30.02	3
58	681	385	MELIKHAYA	DYUBELE	BATHURST	M	42	40-44M	1.30.06	3
59	817	1340	WELCOME	LOLIWE	NEDBANK	M	57	55-59M	1.30.09	5
60	437	396	STANTON	FREEMAN	ACT AC	M	44	40-44M	1.30.26	3
61	637	1127	BRADLEY	MACKENZIE	ACH	M	50	50-54M	1.31.09	5
62	393	1039	CRAIG	RENSBURG	XCEL	M	46	45-49M	1.31.29	4
63	371	908	KAYLA	NELL	CHARLO	F	27	SF	1.31.31	4

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64	679	1270	MUHAMMED	PETERSEN	VWAC	M	38	35-39M	1.31.48	3
65	413	218	FRANCISCO	VAN DER BERG	CSEP	M	45	45-49M	1.32.35	3
66	355	1395	MICHAEL	MAGSON	NEDBANK	M	45	45-49M	1.32.39	3
67	678	20225	VUSEKANI	NOMTSHATSHO	CHILLIEP	M	18	JM	1.33.00	2
68	357	898	PATRIC	MAKWENKWE	CHARLO	M	55	55-59M	1.33.04	5
69	631	1046	JEMAIN	WILSON	XCEL	M	34	SM	1.33.10	2
70	408	800	GRAHAM	TERBLANCHE	MADIBAZ	M	57	55-59M	1.33.48	3
71	260	51818	SONGELA	KOLOKU	TITAN	M	44	40-44M	1.33.58	0
72	376	1324	LINDEN	NZEZA	NEDBANK	M	38	35-39M	1.34.01	2
73	86	1426	LIZA-MARIE	KINGSTON	NEDBANK	F	40	40-44F	1.34.06	5
74	124	366	LIZO	MOHAPI	IKHAMVA	M	32	SM	1.34.09	2
75	447	1652	HEIN	LODEWYKS	MADIBA	M	39	35-39M	1.34.27	2
76	456	345	NOKHOLO	HLEZUPONDO	SANDFEP	F	43	40-44F	1.34.32	5
77	401	1851	BASIL	STEVENS	GELVAN	M	50	50-54M	1.35.12	4
78	247	5247	BRAD	SAUNDERS	TEMP	M	59	55-59M	1.35.14	0
79	320	20004	JAY-DEE	DEERLING	NEDBANK	M	18	JM	1.35.37	2
80	239	5239	RIEDA AH	NORDIEN	TEMP	M	34	SM	1.35.43	0
81	356	1394	DAVERA	MAGSON	NEDBANK	F	47	45-49F	1.36.01	5
82	182	1083	ALAN	TAYLOR	ACH	M	64	60-64M	1.36.01	5
83	76	1441	MARTIN	JANSEN	NEDBANK	M	53	50-54M	1.36.12	3
84	544	50938	TINASHE	MUMBIRE	REALGIJ	M	39	35-39M	1.36.17	0
85	117	1637	CHARL	MEISTRE	MADIBA	M	37	35-39M	1.36.20	2
86	440	127	ABDUL	LILLAH	MALABAR	M	32	SM	1.36.54	2
87	675	1754	FREEK	DANIELS	TRANSNET	M	55	55-59M	1.37.53	4
88	530	5530	BERNHARD	KAPP	TEMP	M	31	SM	1.38.01	0
89	298	1392	GIRMA	DODAMO	NEDBANK	M	35	35-39M	1.38.05	2
90	146	1719	ANDRE	OWNHOUSE	GELVAN	M	54	50-54M	1.38.05	3
91	301	1758	JOHANNES	ARRIES	TRANSNET	M	48	45-49M	1.38.08	3
92	127	1803	ABELANG	MOSWEU	VUKANI	M	37	35-39M	1.38.09	2
93	90	1263	KAHN	LANGFORD	VWAC	M	43	40-44M	1.38.20	2
94	344	1436	NTSIKELELO	SEBE	NEDBANK	M	39	35-39M	1.38.52	2
95	138	262	SIMTHILE	NQOKO	TINARHA	M	32	SM	1.38.55	2
96	166	1944	MUSA	SENTI	BLUEBAY	M	29	SM	1.39.05	2
97	134	1943	LUYANDA	NGESI	BLUEBAY	M	29	SM	1.39.06	2
98	386	1968	HENRY	PIENAAR	BLUEBAY	M	50	50-54M	1.39.13	3
99	496	5496	PAUL	MARE	TEMP	M	29	SM	1.39.30	0
100	629	1283	URAN	LE ROUX	VWAC	M	55	55-59M	1.39.35	3
101	635	1049	SHAUN	COETZEE	XCEL	M	52	50-54M	1.39.42	3
102	426	1564	LEON	WEITSZ	DESPATCH	M	48	45-49M	1.39.44	2
103	350	1545	EVAN	LABUSCHAGNE	DESPATCH	M	34	SM	1.39.44	2
104	218	5218	STUART	GILLMER	TEMP	M	29	SM	1.39.58	0
105	684	1811	AYANDA	FAKU	VUKANI	M	35	35-39M	1.40.05	2
106	428	1649	DARRELL	WICHT	MADIBA	M	58	55-59M	1.40.11	3
107	360	1457	RICHARD	MAZUNGULA	NEDBANK	M	45	45-49M	1.40.26	2
108	438	1822	MZWANELE	NQOQO	VUKANI	M	44	40-44M	1.40.38	2
109	338	700	THEMBA	GXABEKA	NMBMUN	M	46	45-49M	1.40.50	2
110	51	1633	ENRICO	ELS	MADIBA	M	43	40-44M	1.41.07	2
111	292	174	SONWABILE	ZOKOZA	SPAREC	M	40	40-44M	1.41.27	2
112	194	545	RUHAN	VAN RENSBURG	RUN4C	M	30	SM	1.41.37	2
113	328	1626	GERRIT	FYVER	MADIBA	M	37	35-39M	1.41.44	2
114	47	1032	CHRISTIAN	DU PREEZ	XCEL	M	52	50-54M	1.41.53	3
115	160	731	GAVIN	ROGERS	CRUSADE	M	57	55-59M	1.41.53	3
116	10	1718	CHARLES	BAATJIES	GELVAN	M	65	65-69M	1.42.07	5
117	254	51445	ADRIAAN	BADENHORST	NEDBSWD	M	51	50-54M	1.42.17	0
118	617	281	ANDREW	JONAS	MUIRITE	M	57	55-59M	1.42.24	3
119	24	1516	THERESA	BUCHNER	32GI	F	36	35-39F	1.42.26	2
120	620	1651	SIYABONGA	MANYUBE	MADIBA	M	28	SM	1.42.41	2
121	52	1659	HANNES	ELS	MADIBA	M	72	70+M	1.42.48	5
122	671	1908	ASANDA	ZAMISA	SIBALEKA	F	38	35-39F	1.42.53	2
123	314	1517	JAY	CORNEY	32GI	M	33	SM	1.43.03	2
124	126	537	BATHANDWA	MOOI	RUN4C	M	37	35-39M	1.43.06	2
125	658	758	WERNER	DE LANGE	CRUSADE	M	34	SM	1.43.30	2
126	645	706	STEPHEN	MCCARTHY	CRUSADE	M	61	60-64M	1.43.59	3
127	694	1477	DEON	CARELSEN	32GI	M	37	35-39M	1.44.01	2

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128	207	132	FUARD	DE JAGER	MALABAR	M	43	40-44M	1.44.03	2
129	352	1058	KRISTEN	LAWSON	ACH	F	29	SF	1.44.05	2
130	690	1467	CLIFFORD	HICKEN	NEDBANK	M	64	60-64M	1.44.06	3
131	294	1366	ZUKILE	PIPE	NEDBANK	M	44	40-44M	1.44.07	2
132	424	1138	MICHAEL	WALLIS	ACH	M	43	40-44M	1.44.21	2
133	322	1760	MELVIN	ERASMUS	TRANSNET	M	52	50-54M	1.44.24	2
134	178	1862	SIMPHIWE	SOCI	HOLLYWOO	M	56	55-59M	1.45.46	2
135	449	1789	LITHA	LUGWALA	NMMUMAD	M	20	SM	1.46.05	0
136	93	540	JACQUES	LANGLEY	RUN4C	M	33	SM	1.46.05	2
137	628	1080	HAYLEY	MASON	ACH	F	37	35-39F	1.46.11	2
138	377	1385	KOOS	OLIVIER	NEDBANK	M	64	60-64M	1.46.13	3
139	436	411	SIYABONGA	ZULU	CHILLIEP	M	40	40-44M	1.46.22	2
140	998	1326	ZOLILE	MADYO	NEDBANK	M	44	40-44M	1.46.29	2
141	812	511	ERIC	SIGXASHE	MOTHER	M	43	40-44M	1.46.32	2
142	451	671	JODY	BAMBIE	NMBMUN	M	27	SM	1.46.35	2
143	165	534	MIEKE	SCHOLTZ	RUN4C	F	26	SF	1.46.36	2
144	74	1151	NELIA	JACOBS	JBAY	F	43	40-44F	1.46.41	2
145	274	1173	DEON	VERSTER	JBAY	M	33	SM	1.46.43	2
146	406	1850	LIONEL	TERBLANCHE	GELVAN	M	46	45-49M	1.46.45	2
147	193	1010	JAN	VAN EEDEN	NEDBANK	M	63	60-64M	1.46.48	3
148	624	1742	ZANDISILE	NGXONONO	HOLLYWOO	M	48	45-49M	1.46.56	2
149	116	1448	THELMA	MCOPELO	NEDBANK	F	39	35-39F	1.47.02	2
150	268	51137	MARIE	PETRELIS	NEDBSWD	F	46	45-49F	1.47.13	0
151	531	5531	SIBUSISO	ZEELAND	TEMP	M	37	35-39M	1.47.21	0
152	318	1621	CHARL	DE LANGE	MADIBA	M	37	35-39M	1.47.24	2
153	48	733	ALEX	DU TOIT	CRUSADE	M	57	55-59M	1.47.29	2
154	362	1370	WERNER	MEYER	NEDBANK	M	48	45-49M	1.47.52	2
155	757	1809	Sibongile	Mgqeba	VUKANI	F	35	35-39F	1.48.10	2
156	293	1267	ANAND	NAIDOO	VWAC	M	52	50-54M	1.48.29	2
157	272	1042	EUGENE	VAN WYK	XCEL	M	50	50-54M	1.48.31	2
158	653	1300	VERNON	NAIDOO	VWAC	M	53	50-54M	1.48.36	2
159	528	5528	MATTHEW	MYERS	TEMP	M	18	JM	1.48.55	0
160	654	1869	KESETSELEMANG	THAGAKANE	HOLLYWOO	M	38	35-39M	1.48.58	2
161	421	1334	SUZETTE	VICTOR	NEDBANK	F	51	50-54F	1.49.13	3
162	201	5201	SHANE	ANNANDALE	TEMP	M	38	35-39M	1.49.21	0
163	370	1328	BENNETT	NAPOLEON	NEDBANK	M	47	45-49M	1.49.23	2
164	652	1265	ANDILE	DLAMINI	VWAC	M	48	45-49M	1.49.25	2
165	95	1515	PAIGE	LEE	32GI	F	55	55-59F	1.49.37	4
166	102	501	VUSIKAYA	MANCAPA	MOTHER	M	56	55-59M	1.49.40	2
167	316	1088	PERCY	DALTON	ACH	M	73	70+M	1.49.43	4
168	321	1408	EDDIE	EADES	NEDBANK	M	73	70+M	1.50.03	4
169	45	1597	EDVIN	DONLEY	DESPATCH	M	44	40-44M	1.50.12	2
170	647	1444	MFUNDISO	LUVALO	NEDBANK	M	52	50-54M	1.50.19	2
171	84	1450	NKHATHALLEN	KHIBA	NEDBANK	F	40	40-44F	1.50.24	2
172	256	50561	DARRYL	CALVERT	RUN4C	M	46	45-49M	1.50.44	2
173	103	1500	JONATHAN	MANDELL	32GI	M	57	55-59M	1.50.47	2
174	158	1422	TSIETSI	RAMATSASA	NEDBANK	M	46	45-49M	1.50.54	2
175	15	1260	Nicolette	Blignault	ELITEAC	F	33	SF	1.50.59	2
176	701	1506	MATHEW	JACOBY	32GI	M	43	40-44M	1.51.02	1
177	604	50969	SITHA	SIGENU	REALGIJ	F	38	35-39F	1.51.08	0
178	336	1702	LEONARD	GROVES	GELVAN	M	58	55-59M	1.51.12	2
179	453	52144	IGSHAAN	KENNY	OMMIE	M	40	40-44M	1.51.14	0
180	414	317	JEAN-PIERRE	VAN DER MERWE	MUIRITE	M	24	SM	1.51.41	1
181	700	1748	Seve	Rademeyer	XCEL	M	37	35-39M	1.51.47	1
182	607	1224	SHAUN	NEL	ELITEAC	M	47	45-49M	1.51.50	2
183	212	5212	WYNAND	DU PREEZ	TEMP	M	49	45-49M	1.51.55	0
184	390	1377	TSHIIDZI	RASITHITHI	NEDBANK	M	30	SM	1.51.58	1
185	41	621	KIRWIN	DE KLERK	ASPEN	M	40	40-44M	1.51.59	1
186	633	765	LESLIE	FERREIRA	CRUSADE	M	26	SM	1.52.01	1
187	226	5226	SILAS	KHANYUNDI	TEMP	M	43	40-44M	1.52.06	0
188	125	8031	CHANTELLE	MOLL	NEDAGN	F	22	SF	1.52.07	0
189	516	5516	WARREN	BAARTZES	TEMP	M	51	50-54M	1.52.16	0
190	420	130	AMIR	VENTER	MALABAR	M	41	40-44M	1.52.26	1
191	692	1118	BRUCE	KING	ACH	M	55	55-59M	1.52.40	2

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192	404	555	BURNITA	STRYDOM	RUN4C	F	53	50-54F	1.52.41	2
193	157	554	PETRUS	RADEMEYER	RUN4C	M	47	45-49M	1.52.45	2
194	705	1870	THOBELA	MTANGA	HOLLYWOO	M	35	35-39M	1.52.58	1
195	148	1521	GRANT	PATTINSON	32GI	M	46	45-49M	1.53.03	2
196	281	556	ARTHUR	WILLIAMS	RUN4C	M	59	55-59M	1.53.05	2
197	347	1396	BUYELWA	KOBOKANA	NEDBANK	F	57	55-59F	1.53.07	3
198	252	5252	GERHARD	VERMAAK	TEMP	M	27	SM	1.53.42	0
199	649	1876	NTOMBAMAZIZI	MATOLE	HOLLYWOO	F	40	40-44F	1.53.57	2
200	446	1848	DENVER	PETERSEN	GELVAN	M	38	35-39M	1.54.20	1
201	217	5217	KIRSTEN	GILLMER	TEMP	F	25	SF	1.54.53	0
202	442	51415	GCOBANI	GANTSHO	KHULANI	M	41	40-44M	1.54.56	0
203	325	721	FIONA	FLEUR	CRUSADE	F	37	35-39F	1.55.21	2
204	229	5229	MOMELEZI	MAHAMBA	TEMP	M	35	35-39M	1.55.24	0
205	721	1034	ALBERT	NGCANGA	XCEL	M	71	70+M	1.55.29	3
206	706	5706	BRUCE	LE GRANGE	TEMP	M	29	SM	1.55.38	0
207	612	1874	PAPAMA	MBABA	HOLLYWOO	M	39	35-39M	1.56.00	1
208	88	91	DENZIL	KOOPMAN	INFINITY	M	51	50-54M	1.56.02	1
209	140	263	LINDIKHAYA	NTEYI	TINARHA	M	42	40-44M	1.56.04	1
210	815	506	MPUMELELO	NDLUMBINI	MOTHER	M	50	50-54M	1.56.17	1
211	519	5519	JENNA	PARRY	TEMP	F	21	SF	1.56.18	0
212	241	5241	NATALIE	PARRY	TEMP	F	50	50-54F	1.56.19	0
213	187	1420	GRAEME	TING CHONG	NEDBANK	M	53	50-54M	1.56.26	1
214	326	634	JO-ANNE	FORSON	ASPEN	F	34	SF	1.56.28	1
215	61	637	MARK	GODDARD	ASPEN	M	25	SM	1.56.29	1
216	482	5482	ALEXANDER	DALEMAN	TEMP	M	22	SM	1.56.41	0
217	71	1150	REINHARDT	HILLS	JBAY	M	31	SM	1.56.42	1
218	255	50950	WELCOME	BASKITI	OTHER	M	54	50-54M	1.56.54	0
219	688	624	BANDLAKAZI	CABA	ASPEN	F	34	SF	1.56.56	1
220	814	508	OLWETHU	BOMVANA	MOTHER	F	35	35-39F	1.57.11	1
221	707	5707	ALLAN	VAN DEN BERG	TEMP	M	32	SM	1.57.13	0
222	485	5485	JABULANI	DUBE	TEMP	M	51	50-54M	1.57.19	0
223	663	1360	SITHEMBILE	MPAKO	NEDBANK	M	61	60-64M	1.57.28	2
224	400	1323	VUSUMZI	SIMAKUHLE	NEDBANK	M	56	55-59M	1.57.34	2
225	646	119	THEMALETHU	MANA	VARSITY	M	46	45-49M	1.57.40	1
226	410	1866	DELANI	THUSI	HOLLYWOO	M	39	35-39M	1.57.44	1
227	60	1430	CHARL	GERBER	NEDBANK	M	45	45-49M	1.57.44	1
228	27	1575	LESLEY-ANN	BUSH	DESPATCH	F	49	45-49F	1.57.45	2
229	348	1368	SIPHO	KONA	NEDBANK	M	55	55-59M	1.57.47	2
230	179	1454	WENDY	SORENSEN	NEDBANK	F	47	45-49F	1.57.52	2
231	43	1033	SALWYN	DENNIS	XCEL	M	44	40-44M	1.57.52	1
232	122	1801	LUNGISA	MKOSI	VUKANI	M	34	SM	1.57.58	1
233	510	5510	CECILE	VAN SCHALKWYK	TEMP	F	31	SF	1.57.59	0
234	112	1877	XOLILE	MBALI	HOLLYWOO	M	46	45-49M	1.58.03	1
235	656	20051	MAZALENI	TEYISE	ACT AC	M	17	JM	1.58.04	1
236	6	121	YASEEN	ABRAHAMS	MALABAR	M	50	50-54M	1.58.09	1
237	431	1347	BENEDICT	WILSON	NEDBANK	M	43	40-44M	1.58.21	1
238	351	1546	ISCHKE	LAMBRECHTS	DESPATCH	F	38	35-39F	1.58.31	1
239	511	5511	ANITA	VISAGIE	TEMP	F	44	40-44F	1.58.51	0
240	329	1746	SIYABONGA	GAZIYA	HOLLYWOO	M	37	35-39M	1.58.52	1
241	682	1821	MKOKELI	MALGHAS	VUKANI	M	40	40-44M	1.58.54	1
242	244	1797	SHIRLEY	PURDON	VOLO	F	56	55-59F	1.58.57	2
243	650	1861	SIMANGILE	SOLWANDLE	HOLLYWOO	F	30	SF	1.59.04	1
244	502	5502	GAVIN	SCHONKNECHT	TEMP	M	54	50-54M	1.59.05	0
245	191	1427	RYAN	VAN DER MESCHT	NEDBANK	M	41	40-44M	1.59.06	1
246	411	220	BENNIE	THYSSE	CSEP	M	64	60-64M	1.59.18	2
247	626	1656	SCHOOMBEE	PRETORIUS	MADIBA	M	64	60-64M	1.59.19	2
248	358	86	WAYNE	MARAIS	INFINITY	M	36	35-39M	1.59.21	1
249	223	5223	DARREN	HOWE	TEMP	M	37	35-39M	1.59.32	0
250	307	770	WINSLOW	BOUWER	CRUSADE	M	37	35-39M	1.59.50	1
251	642	1863	DAVID	MAMA	HOLLYWOO	M	46	45-49M	1.59.53	1
252	454	1043	DAVID	BAINS	XCEL	M	55	55-59M	2.00.00	1
253	820	203	NDODOMZI	TAKANE	CSEP	M	39	35-39M	2.00.14	1
254	306	1586	MAUDY	BOTES	DESPATCH	F	40	40-44F	2.00.24	1
255	270	10397	REGAN	SAUNDERS	VITALITY	F	23	SF	2.00.31	0

POS	RNO	LIC	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
256	7	1382	SAMIER	ABRAHAMS	NEDBANK	M	51	50-54M	2.00.40	1
257	392	322	ROGER	REDCLIFFE	MUIRITE	M	31	SM	2.00.52	1
258	96	1647	JUSTIN	LEESON	MADIBA	M	36	35-39M	2.00.54	1
259	150	36	LANCE	PETERSEN	PEAAC	M	49	45-49M	2.00.57	1
260	282	448	INGE	WILLIAMSON	PROFILES	F	28	SF	2.01.00	1
261	432	327	ELWIN	WOODS	MUIRITE	M	58	55-59M	2.01.12	1
262	227	5227	PIERRE	KOK	TEMP	M	51	50-54M	2.01.19	0
263	240	5240	SIERAAGH	NORDIEN	TEMP	M	58	55-59M	2.01.24	0
264	214	5214	ILSE	FOURIE	TEMP	F	38	35-39F	2.01.30	0
265	119	1428	TANYA	MEYER	NEDBANK	F	37	35-39F	2.01.37	1
266	26	1476	DEIDRE	BURGER	32GI	F	48	45-49F	2.01.39	1
267	687	1011	KEN	CRAIG	BODYCON	M	47	45-49M	2.01.53	1
268	162	1262	SABIR	SALIE	VWAC	M	34	SM	2.01.55	1
269	133	260	RONALD	NDIZA	TINARHA	M	62	60-64M	2.01.57	1
270	279	1256	JANINE	WHITTAL	ELITEAC	F	40	40-44F	2.02.03	1
271	606	1459	MICHELE	MOOLMAN	NEDBANK	F	37	35-39F	2.02.08	1
272	6001	6001	DISQUALIFIED		TEMP	M	34	SM	2.02.11	0
273	58	1635	DORIS	GERBER	MADIBA	F	51	50-54F	2.02.12	2
274	289	1675	MARIUS	ZEELIE	MADIBA	M	56	55-59M	2.02.16	1
275	243	5243	RENIER	POTTS	TEMP	M	37	35-39M	2.02.18	0
276	9	1700	ELIZE	ADAMS	GELVAN	F	47	45-49F	2.02.35	1
277	195	1250	PETER	VAN RENSBURG	ELITEAC	M	63	60-64M	2.02.48	1
278	698	50331	SIYABONGA	GADU	ENGCOBO	M	39	35-39M	2.03.04	0
279	641	12	YOLANDI	KLINKENBURG	PEAAC	F	44	40-44F	2.03.23	1
280	345	601	MBULELO	KITAS	YOUTH	M	52	50-54M	2.03.31	1
281	821	222	Lulama	Tanatu	CSEP	M	42	40-44M	2.03.32	1
282	269	19188	CHANELLE	RETIEF	KEMPTON	F	32	SF	2.03.33	0
283	114	5114	SIYABONGA	PANDLE	TEMP	M	53	50-54M	2.03.39	0
284	1188	1867	THABO	TIRO	HOLLYWOO	M	35	35-39M	2.03.42	1
285	161	727	ANGELA	ROGERS	CRUSADE	F	52	50-54F	2.03.43	1
286	521	5521	CAILIN-JADE	BOYERS	TEMP	F	33	SF	2.03.46	0
287	537	5537	SHAFIK	RASIEN	TEMP	M	50	50-54M	2.03.51	0
288	220	5220	KURT	GROENER	TEMP	M	40	40-44M	2.03.54	0
289	136	1931	CONROY	NOTLEY	BLUEBAY	M	41	40-44M	2.03.55	1
290	524	5524	SIYAMTHANDA	GANTSHO	TEMP	F	33	SF	2.04.21	0
291	513	5513	SARAH	WEETMAN	TEMP	F	22	SF	2.04.28	0
292	490	5490	ANNABELLE	HIFT	TEMP	F	24	SF	2.04.28	0
293	197	1389	MARTIE	VAN SCHALKWYK	NEDBANK	F	57	55-59F	2.04.31	2
294	209	5209	JOHN	DE SWARDT	TEMP	M	59	55-59M	2.04.38	0
295	245	5245	TEGAN	PURDON	TEMP	F	29	SF	2.04.53	0
296	143	1551	WERNER	OLIVIER	DESPATCH	M	37	35-39M	2.04.59	1
297	611	1054	LIZ	PRINS	ACH	F	52	50-54F	2.05.00	1
298	699	1036	MBONGENI	MCETYWA	XCEL	M	38	35-39M	2.05.08	1
299	487	5487	MICHELLE	ELFICK	TEMP	F	51	50-54F	2.05.08	0
300	507	5508	ROBYN	STEYN	TEMP	F	50	50-54F	2.05.09	0
301	625	1534	LEON	VOULTSOS	32GI	M	47	45-49M	2.05.10	1
302	405	1559	RENE	SWART	DESPATCH	F	51	50-54F	2.05.14	1
303	367	1590	ANNEKE	MOORE	DESPATCH	F	38	35-39F	2.05.14	1
304	263	51710	THANDEKA	MHLANGA	OTHER	F	31	SF	2.05.25	0
305	616	1354	LAURIKA	VON ALLEMANN	NEDBANK	F	38	35-39F	2.05.26	1
306	494	5494	SIPHAMANDLA	KOKO	TEMP	M	32	SM	2.05.30	0
307	72	1717	ANTOINETTE	HUMAN	GELVAN	F	53	50-54F	2.05.57	1
308	145	1552	THERESA	OOSTHUIZEN	DESPATCH	F	50	50-54F	2.06.00	1
309	46	82	LETA	DOS SANTOS	INFINITY	F	57	55-59F	2.06.03	1
310	394	1645	RORY	RICHTER	MADIBA	M	39	35-39M	2.06.25	1
311	174	1627	NATASHA	SMITH	MADIBA	F	35	35-39F	2.06.28	1
312	237	5237	KELLY	NAIDOO	TEMP	F	40	40-44F	2.06.29	0
313	231	5231	REFILOE	MASIPA	TEMP	F	19	JF	2.06.50	0
314	630	51708	TABO	NOMBUTUMA	MUTUAL	M	41	40-44M	2.07.00	0
315	111	1356	JEROME	MAY	NEDBANK	M	55	55-59M	2.07.03	1
316	107	1495	CHRISTOPHER	MARLIN	32GI	M	46	45-49M	2.07.06	1
317	137	1932	LIZELLE	NOTLEY	BLUEBAY	F	39	35-39F	2.07.16	1
318	234	5234	DENVER	MOODLEY	TEMP	M	40	40-44M	2.07.17	0
319	457	422	Bomkazi	Tshefu	HOLLYWOO	F	34	SF	2.07.51	1

POS	RNO	LIC	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
320	425	1565	BONITA	WEITSZ	DESPATCH	F	49	45-49F	2.08.08	1
321	331	1601	ANIZE	GERBER	DESPATCH	F	49	45-49F	2.08.09	1
322	373	412	NOSITO	NQWATA	CHILLIEP	F	39	35-39F	2.08.25	1
323	19	1284	DEAN	BOSMAN	VWAC	M	39	35-39M	2.08.42	1
324	522	5522	DELME	REDCLIFFE	TEMP	M	38	35-39M	2.08.42	0
325	104	181	TINASHE	MANDIZVIEZA	SPAREC	M	40	40-44M	2.08.43	1
326	167	1587	LISA	SHARP	DESPATCH	F	41	40-44F	2.08.57	1
327	384	1285	KESHANI	PETERSEN	VWAC	F	37	35-39F	2.09.16	1
328	538	5538	DARRYL	JARVIS	TEMP	M	36	35-39M	2.09.31	0
329	354	1065	DANIELLE	LUDEN	ACH	F	37	35-39F	2.09.31	1
330	39	1479	TENIELLE	DE ANDRADE	32GI	F	36	35-39F	2.09.38	1
331	518	5518	ANNEMIE	DU TOIT	TEMP	F	37	35-39F	2.09.55	0
332	266	694	LIKHAYA	NCOKO	NMBMUN	M	34	SM	2.10.01	1
333	529	5529	NATHI	DWAYI	TEMP	M	29	SM	2.10.03	0
334	341	17	KATIE	JAMNECK	PEAAC	F	33	SF	2.10.05	1
335	399	5	LANCE	SHORTT	PEAAC	M	70	70+M	2.10.06	1
336	176	213	SHARON	SMUTS	CSEP	F	55	55-59F	2.10.07	1
337	501	5501	CARINA	O'NEILL	TEMP	F	28	SF	2.10.14	0
338	65	1541	ZIRK	HAEFELE	DESPATCH	M	44	40-44M	2.10.15	1
339	602	1708	DEON	SMITH	GELVAN	M	54	50-54M	2.10.21	1
340	389	1937	AMANDA	PRIDEAUX	BLUEBAY	F	46	45-49F	2.10.22	1
341	172	543	VERONICA	SMITH	RUN4C	F	55	55-59F	2.10.26	1
342	423	1115	ANNE	WALLIS	ACH	F	40	40-44F	2.10.46	1
343	56	1484	MICHAEL	FOWLER	32GI	M	55	55-59M	2.10.55	1
344	380	1164	ELSABE	OWEN	JBAY	F	46	45-49F	2.11.00	1
345	381	1165	MORNE	OWEN	JBAY	M	49	45-49M	2.11.03	1
346	491	5491	SACHA	JONES	TEMP	F	47	45-49F	2.11.04	0
347	540	50540	BANELE	NGOZA	TEMP	M	36	35-39M	2.11.06	0
348	415	284	ESTELLE	VAN DER MERWE	MUIRITE	F	56	55-59F	2.11.16	1
349	622	1778	RUAAN	GELDENHUYS	ALBANY	M	35	35-39M	2.11.23	1
350	230	5230	PRINCE	MANGANYI	TEMP	M	41	40-44M	2.11.27	0
351	503	5503	SARAH AIMEE	SHAND	TEMP	F	33	SF	2.11.46	0
352	638	46	CRAIG	PETERSEN	SAPPE	M	48	45-49M	2.12.09	1
353	273	1510	INA	VAN WYK	32GI	F	34	SF	2.12.09	1
354	517	5517	NATALIE	JONAS	TEMP	F	51	50-54F	2.12.11	0
355	267	1872	AYANDA	GROOTBOOM	HOLLYWOO	M	37	35-39M	2.12.15	1
356	605	1319	MZUKISI	SALIWA	HOLLYWOO	M	38	35-39M	2.12.34	1
357	308	835	CHARMAINE	BUTTON	MADIBAZ	F	58	55-59F	2.12.35	1
358	22	1280	CHRISTOPHER	BRUINTJIES	VWAC	M	49	45-49M	2.12.43	1
359	527	5527	ZANDILE	SIYATA	TEMP	F	43	40-44F	2.12.45	0
360	152	1962	DANIEL	PIETERSE	BLUEBAY	M	59	55-59M	2.12.49	1
361	85	1942	IAN	KILLIAN	BLUEBAY	M	32	SM	2.12.54	1
362	313	1949	LEONARD	CONRADIE	BLUEBAY	M	67	65-69M	2.12.55	1
363	286	1567	JACOBUS	WYATT	DESPATCH	M	58	55-59M	2.12.56	1
364	704	1878	MELUMZI	NORUSHU	HOLLYWOO	M	53	50-54M	2.12.59	1
365	66	1542	ARUSHKE	HAEFELE	DESPATCH	F	42	40-44F	2.13.04	1
366	205	5205	GANIEF	DAVIDS	TEMP	M	55	55-59M	2.13.04	0
367	676	5676	HENNIE	VAN DER KOLF	TEMP	M	63	60-64M	2.13.22	0
368	109	180	SHEPARD	MASASA	SPAREC	M	39	35-39M	2.13.24	1
369	153	1264	LAVINIA	PIETERSE	VWAC	F	47	45-49F	2.13.24	1
370	144	1163	JANENE	OOSTHUIZEN	JBAY	F	43	40-44F	2.13.33	1
371	758	22	DENVER	ANDERSON	PEAAC	M	48	45-49M	2.13.34	1
372	291	176	WALTER	ZIMBEVA	SPAREC	M	42	40-44M	2.13.35	1
373	506	5506	IMKE	SMIT	TEMP	F	33	SF	2.13.39	0
374	509	5509	TESSA	VAN DER MERWE	TEMP	F	28	SF	2.13.41	0
375	483	5483	FADEELAH	DAVIDS	TEMP	F	38	35-39F	2.13.47	0
376	215	5215	KEVIN	GARDNER	TEMP	M	42	40-44M	2.13.49	0
377	396	595	MANDISA	SALMAN	YOUTH	F	40	40-44F	2.13.50	1
378	128	751	NICK	MULLINS	CRUSADE	M	65	65-69M	2.14.04	1
379	651	1271	LEZELL	HARRIS	VWAC	F	48	45-49F	2.14.17	1
380	685	307	DENVER	HUME	MUIRITE	M	44	40-44M	2.14.56	1
381	689	1807	MZI	BALENI	VUKANI	M	50	50-54M	2.14.58	1
382	709	365	SEKI	MANDABA	IKHAMVA	F	46	45-49F	2.15.09	1
383	156	1497	MICHAEL	PRICE	32GI	M	47	45-49M	2.15.25	1

POS	RNO	LIC	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
384	249	5249	SUSAN	SCOTT	TEMP	F	57	55-59F	2.15.45	0
385	407	1849	LELACHE	TERBLANCHE	GELVAN	F	38	35-39F	2.15.53	1
386	79	1600	YVETTE	JONKER	DESPATCH	F	49	45-49F	2.16.01	1
387	142	1550	MARISKA	OLIVIER	DESPATCH	F	34	SF	2.16.02	1
388	388	1555	LYDIA	POTGIETER	DESPATCH	F	47	45-49F	2.16.03	1
389	304	300	CAROL	BOOYSEN	MUIRITE	F	53	50-54F	2.16.04	1
390	402	242	MARIANNE	STIGLINGH	KOWIE	F	56	55-59F	2.16.05	1
391	539	5539	LUTHANDO	NDZAMBA	TEMP	M	38	35-39M	2.16.05	0
392	32	742	TRACY	COCKROFT	CRUSADE	F	59	55-59F	2.16.15	1
393	512	5512	ANSA	VON HAGEN	TEMP	F	49	45-49F	2.16.16	0
394	497	5497	ANNEMARIE	MATTHEUS	TEMP	F	49	45-49F	2.16.17	0
395	29	1724	AMEERA	CAMPBELL	GELVAN	F	48	45-49F	2.16.36	1
396	383	781	BERNARD	PETERSEN	MADIBAZ	M	56	55-59M	2.16.37	1
397	337	1321	NOMATEMBA	GUM	NEDBANK	F	47	45-49F	2.16.53	1
398	49	738	SAM	DU TOIT	CRUSADE	F	52	50-54F	2.16.58	1
399	677	38	JANETTE	VAN DER KOLF	PEAAC	F	62	60-64F	2.16.59	1
400	639	1673	COLIN	INGRAM	MADIBA	M	62	60-64M	2.17.06	1
401	489	5489	NANETTE	GRUNDLING	TEMP	F	61	60-64F	2.17.09	0
402	662	1333	MBULELO	SOBIKWA	NEDBANK	M	67	65-69M	2.17.29	1
403	75	1543	ADELE	JANSE VAN RENSBURG	DESPATCH	F	51	50-54F	2.18.04	1
404	813	505	ELSABE	NDLUMBINI	MOTHER	F	38	35-39F	2.18.12	1
405	53	200	ERIKA	FOREMAN	CSEP	F	51	50-54F	2.18.17	1
406	379	1464	DAVID	O'REILLY	NEDBANK	M	74	70+M	2.18.21	1
407	669	1445	NOYISE	LUVALO	NEDBANK	F	42	40-44F	2.18.23	1
408	492	5492	DUMZA	KAYINGANA	TEMP	F	38	35-39F	2.18.38	0
409	412	1860	DESIREE	TITUS	GELVAN	F	56	55-59F	2.18.42	1
410	708	1446	SYLMA	WATKINS	NEDBANK	F	53	50-54F	2.19.09	1
411	100	1291	ASHENDA	MAKONIE	VWAC	F	46	45-49F	2.19.16	1
412	339	29	ROGER	HANNINGTON	PEAAC	M	67	65-69M	2.19.28	1
413	21	1031	CHESTER	BROOKS	XCEL	M	64	60-64M	2.19.38	1
414	691	1503	Dwain	Strydom	32GI	M	39	35-39M	2.19.42	1
415	221	5221	ANDREW	HART	TEMP	M	53	50-54M	2.19.45	0
416	525	5525	JOANNE	TUCKER	TEMP	F	54	50-54F	2.19.47	0
417	640	1654	IRMA	INGRAM	MADIBA	F	56	55-59F	2.19.49	1
418	192	320	JENNY	VAN DER WALT	MUIRITE	F	39	35-39F	2.19.57	1
419	80	1153	KOBA	JOUBERT	JBAY	F	57	55-59F	2.20.10	1
420	526	5526	DARIO	BROCCARDO	TEMP	M	46	45-49M	2.20.14	0
421	534	5534	NTOBEKO	MKUMLA	TEMP	M	46	45-49M	2.20.19	0
422	674	1819	ANDILE	BOVUNGANA	VUKANI	M	55	55-59M	2.20.20	1
423	139	1826	AKHONA	NTANJANA	VUKANI	F	34	SF	2.20.31	1
424	498	5498	XOLISA	MHULUHULU	CHILLIEP	M	43	40-44M	2.20.56	1
425	621	1779	DALEEN	FERREIRA	ALBANY	F	33	SF	2.21.00	1
426	57	664	JUANITA	FULLER	ALBANY	F	45	45-49F	2.21.05	1
427	418	1582	MARINET	VAN TONDER	DESPATCH	F	43	40-44F	2.21.07	1
428	204	5204	BRENDON	BOSCH	TEMP	M	27	SM	2.21.18	0
429	228	5228	BREDON	KRIEL	TEMP	M	27	SM	2.21.18	0
430	242	5242	SAMANTHA	POTGIETER	TEMP	F	25	SF	2.21.19	0
431	17	1579	JHANINEN	BOSHOFF	DESPATCH	F	56	55-59F	2.21.32	1
432	238	145	ROBIN	NOMDOE	GELVAN	M	34	SM	2.21.39	1
433	422	15	BEVERLEY	VILJOEN	PEAAC	F	50	50-54F	2.21.45	1
434	427	7	BIANCA	WELGEMOED	PEAAC	F	43	40-44F	2.21.45	1
435	481	5481	RODNEY	BUTTERS	TEMP	M	59	55-59M	2.21.49	0
436	610	1293	NEIL	ABRAHAMS	VWAC	M	43	40-44M	2.22.07	1
437	711	581	ZAMILE	FUTA	YOUTH	M	63	60-64M	2.22.10	1
438	28	801	WENDY	CAMERON	MADIBAZ	F	44	40-44F	2.22.29	1
439	164	1466	AT	SCHOEMAN	NEDBANK	M	65	65-69M	2.22.31	1
440	500	5500	HLUMELA	NTSHOTSHO	TEMP	F	35	35-39F	2.22.40	0
441	683	1820	ABONGILE	PEZA	VUKANI	M	38	35-39M	2.22.53	1
442	261	1300	YENZILE	MDODANA	NMBAC	F	30	SF	2.23.02	0
443	609	1292	ANNARLI	ABRAHAMS	VWAC	F	42	40-44F	2.23.06	1
444	83	135	WARDAH	KAFAAR	MALABAR	F	42	40-44F	2.23.42	1
445	34	100	LYNETTE	CRAUSE	INFINITY	F	62	60-64F	2.23.44	1
446	67	1859	KEITH	HARRIS	GELVAN	M	51	50-54M	2.24.08	1
447	520	5520	MAUREEN	ROGERS	TEMP	F	64	60-64F	2.24.09	0

POS	RNO	LIC	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
448	634	1072	SAVANNAH	LILLIS	ACH	F	25	SF	2.24.13	1
449	363	1689	GEROME	MINTOOR	ATLANTIC	M	54	50-54M	2.24.36	1
450	632	1073	THERESA	LILLIS	ACH	F	65	65-69F	2.24.54	1
451	18	1605	VERONICA	BOSHOFF	DESPATCH	F	61	60-64F	2.25.34	1
452	450	504	ONESIMO	TENGILE	MOTHER	F	27	SF	2.26.19	1
453	113	238	LULAMA	MCEKA	KOWIE	F	60	60-64F	2.26.26	1
454	118	1352	VOLENTI	MEYER	NEDBANK	F	44	40-44F	2.27.01	1
455	276	1174	JOHAN	VOSLOO	JBAY	M	70	70+M	2.27.04	1
456	448	5015	CWAYI	MAPEKULA	DEPTLA	F	38	35-39F	2.27.32	0
457	250	5250	BRESLER	SWANEPOEL	TEMP	M	29	SM	2.28.11	0
458	508	5508	YOLANDE	LOUW	TEMP	F	43	40-44F	2.28.42	0
459	323	1424	SAM	ERASMUS	NEDBANK	M	64	60-64M	2.28.43	1
460	81	1154	BEN	JOUBERT	JBAY	M	57	55-59M	2.28.44	1
461	667	1776	DAVID	STOLOFF	ALBANY	M	50	50-54M	2.28.54	1
462	151	21	JEANETTE	PIENAAR	PEAAC	F	73	70+F	2.28.59	1
463	202	5202	WENDY	BARKHUIZEN	TEMP	F	35	35-39F	2.29.01	0
464	131	730	KAREN	NDHLOVU	CRUSADE	F	22	SF	2.29.15	1
465	63	707	CHARL	GRIESSEL	CRUSADE	M	58	55-59M	2.29.32	1
466	170	563	LINDA	SILLS	RUN4C	F	40	40-44F	2.30.00	1
467	169	564	GAVIN	SILLS	RUN4C	M	48	45-49M	2.30.01	1
468	673	546	CHARLES	CORBY	RUN4C	M	51	50-54M	2.30.02	1
469	64	1287	BANDILE	GWAMANDA	VWAC	M	52	50-54M	2.30.13	1
470	312	1655	ANITA	COETZER	MADIBA	F	48	45-49F	2.30.29	1
471	499	5499	SANET	NIIT	TEMP	F	53	50-54F	2.30.30	0
472	189	541	GIANNI	TISTELLI	RUN4C	M	50	50-54M	2.30.50	1
473	536	509	XHANTI	MANTSHIYO	MOTHER	M	54	50-54M	2.31.29	1
474	680	1261	FRANKLIN	HUMAN	VWAC	M	46	45-49M	2.32.04	1
475	397	1005	ECKART	SCHUMANN	BODYCON	M	76	70+M	2.32.20	1
476	505	5505	ALWYN	SINGLETON	TEMP	M	33	SM	2.32.45	0
477	135	1741	BUYISWA	NGXONONO	HOLLYWOO	F	45	45-49F	2.32.52	1
478	275	1757	THEMBISILE	VETSHEZA	TRANSNET	F	42	40-44F	2.32.58	1
479	288	1674	ELZETTE	ZEELIE	MADIBA	F	54	50-54F	2.33.13	1
480	608	196	AUBREY	LE ROUX	CSEP	M	69	65-69M	2.33.16	1
481	208	5208	ANNE	DE SWARDT	TEMP	F	53	50-54F	2.33.39	0
482	82	126	SHUKRY	KAFAAR	MALABAR	M	36	35-39M	2.33.42	1
483	657	539	VINCENT	SWART	RUN4C	M	48	45-49M	2.33.47	1
484	216	5216	ROESTOFF	GEYSER	TEMP	M	34	SM	2.33.50	0
485	235	5235	ANJA	MYBURGH	TEMP	F	44	40-44F	2.34.00	0
486	435	1349	CAROLINE	ZINTO	NEDBANK	F	41	40-44F	2.34.11	1
487	334	1348	XOLILE	GOMOMO	NEDBANK	M	69	65-69M	2.34.12	1
488	484	5484	SBONELO	DLAMINI	TEMP	M	42	40-44M	2.34.23	0
489	443	1629	ARINDA	VAN DER LINDE	MADIBA	F	32	SF	2.34.35	1
490	672	1812	BONGEKA	FUZILE	VUKANI	F	36	35-39F	2.34.51	1
491	330	719	MICHELLE	GEIGER	CRUSADE	F	48	45-49F	2.35.13	1
492	264	362	PHATHEKA	MOKGWETSI	IKHAMVA	F	30	SF	2.36.20	1
493	409	803	ROCHELLE	THORNE	MADIBAZ	F	52	50-54F	2.36.22	1
494	661	677	ZOLISWA	MBANGE	NMBMUN	F	42	40-44F	2.36.55	1
495	219	5219	ILANA	GOUWS	TEMP	F	41	40-44F	2.37.01	0
496	251	5251	DARRYL	VAN DER BERG	TEMP	M	40	40-44M	2.37.01	0
497	54	1220	ANDRE	FOURIE	ELITEAC	M	74	70+M	2.38.10	1
498	378	1967	SONJA	OLIVIER	BLUEBAY	F	54	50-54F	2.38.13	1
499	198	780	SHAVONNE	VAN STADEN	CRUSADE	F	40	40-44F	2.38.15	1
500	535	5535	KWANELE	LUDZIYA	TEMP	M	35	35-39M	2.38.27	0
501	278	776	CHANDRE	WEST	CRUSADE	F	46	45-49F	2.38.51	1
502	99	552	BERNADETTE	LOOCK	RUN4C	F	42	40-44F	2.39.05	1
503	364	1840	MSUTUKAZI	MKUNQWANA	VUKANI	F	42	40-44F	2.40.09	1
504	375	638	NOKUZOLA	NTWASA	ASPEN	F	43	40-44F	2.40.31	1
505	433	1765	NOLIZWI	XABADIYA	TRANSNET	F	40	40-44F	2.41.21	1
506	203	5203	CHRISTIAAN	BLIGNAUT	TEMP	M	67	65-69M	2.42.13	0
507	416	1253	ANNELIE	VAN DER MERWE	ELITEAC	F	43	40-44F	2.42.24	1
508	121	1298	MPHATHISI	MJADU	VWAC	M	50	50-54M	2.42.50	1
509	319	1723	REHANA	DE MAINE	GELVAN	F	54	50-54F	2.42.54	1
510	196	1563	YOLANDE	VAN ROOYEN	DESPATCH	F	42	40-44F	2.43.17	1
511	444	1556	RIAANA	BOUWER	DESPATCH	F	45	45-49F	2.43.18	1



POS	RNO	LIC	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
512	253	51550	GILES	ALEXANDER	ESKOM	M	49	45-49M	2.43.22	0
513	173	1343	BERENICE	SMITH	NEDBANK	F	57	55-59F	2.44.08	1
514	92	1257	CHARLENE	LANGLEY	ELITEAC	F	39	35-39F	2.44.24	1
515	91	1258	MARTIN	LANGLEY	ELITEAC	M	42	40-44M	2.44.25	1
516	315	1380	BANDILE	CUNTU	NEDBANK	M	57	55-59M	2.44.48	1
517	108	531	NEVILLE	MARTIN	RUN4C	M	62	60-64M	2.44.53	1
518	385	530	ANDRE	PIENAAR	RUN4C	M	59	55-59M	2.45.04	1
519	504	5504	TATUM	SHAND	TEMP	F	26	SF	2.45.08	0
520	44	1204	YOLANDA	DEYSEL	ELITEAC	F	46	45-49F	2.45.15	1
521	25	759	MIKE	BURGER	CRUSADE	M	68	65-69M	2.45.19	1
522	68	216	SUNET	HARRIS	CSEP	F	48	45-49F	2.45.25	1
523	210	5210	AYANDA	DELIWE	TEMP	F	39	35-39F	2.46.01	0
524	37	761	NTOKOZO	DAMBUZA	CRUSADE	F	43	40-44F	2.46.23	1
525	419	10	RENIER	VAN VUUREN	PEAAC	M	65	65-69M	2.46.46	1
526	132	753	PLACXEDES	NDHLOVU	CRUSADE	F	47	45-49F	2.49.05	1
527	265	52217	NOLUBABALO	MTSHAKAZI	MUTUAL	F	42	40-44F	2.49.59	0
528	184	94	DENISE	TERBLANCHE	INFINITY	F	74	70+F	2.50.07	1
529	257	6259	LINDY	DLADLA	MARITZBU	F	37	35-39F	2.50.18	0
530	417	297	DEBBY	VAN DYK	MUIRITE	F	42	40-44F	2.50.28	1
531	455	343	SAAMIYAH	KAPOTOE	SANDFEP	F	40	40-44F	2.50.29	1
532	670	1901	SICELO	THABETHE	SIBALEKA	M	48	45-49M	2.50.48	1
533	89	1759	SIZIWE	KOSI	TRANSNET	F	42	40-44F	2.52.33	1
534	69	1434	DIANNE	HARTZENBERG	NEDBANK	F	63	60-64F	2.53.26	1
535	349	1936	MARKUS	KUNNEKE	BLUEBAY	M	52	50-54M	2.54.04	1
536	302	1475	Pamela	Black	32GI	F	49	45-49F	2.54.50	1
537	668	5668	YOLANDE	DE VOS	TEMP	F	47	45-49F	2.54.51	0
538	283	532	ANIKA	WILSON	RUN4C	F	32	SF	2.54.52	1
539	284	1640	CHERYL	WITTE	MADIBA	F	59	55-59F	2.54.53	1
540	532	5532	KEITH	STRYDOM	TEMP	M	42	40-44M	2.55.13	0
541	533	5533	ZELDA	STRYDOM	TEMP	F	40	40-44F	2.55.19	0
542	618	1853	VOLENTE	RENSBURG	GELVAN	F	46	45-49F	2.55.59	1
543	619	1715	DAVID	RENSBURG	GELVAN	M	56	55-59M	2.55.59	1
544	70	93	STEPHANIE	HAY	INFINITY	F	66	65-69F	2.56.49	1
545	59	1661	PIETER	GERBER	MADIBA	M	63	60-64M	2.56.50	1
546	514	5514	LYNN	WILLIAMS	TEMP	F	37	35-39F	2.58.35	0
547	458	1745	BONELWA	GAZIYA	HOLLYWOO	F	38	35-39F	2.58.57	1
548	259	51807	GCOBISA	JOXO	VUKANI	F	44	40-44F	2.59.35	1
549	55	1215	HELEN	FOURIE	ELITEAC	F	52	50-54F	2.59.43	1
550	332	804	DEIDRE	GERBER	MADIBAZ	F	50	50-54F	3.01.04	1
551	664	98	AMANDA	WOLMARANS	INFINITY	F	63	60-64F	3.02.27	1
552	665	99	MARIUS	WOLMARANS	INFINITY	M	64	60-64M	3.02.28	1
553	248	5248	MARIANA	SCHOLTZ	TEMP	F	45	45-49F	3.03.07	0
554	155	452	SHARON	POTGIETER	WALMER	F	57	55-59F	3.03.10	1
555	655	48	ABEGAIL	TEYISE	SAPPE	F	49	45-49F	3.04.35	1
556	186	712	NDILEKA	THOMPSON	CRUSADE	F	44	40-44F	3.07.40	1
557	335	334	NEIL	GROBLER	MUIRITE	M	62	60-64M	3.08.10	1
558	398	1657	SANDRA	SHARE	MADIBA	F	56	55-59F	3.11.19	1
559	20	1135	MOF	BOTHA	ACH	M	66	65-69M	3.12.23	1
560	277	550	LIEZEL	WAIT	RUN4C	F	49	45-49F	3.16.25	1
561	343	1703	GODFREY	KARIEM	GELVAN	M	81	70+M	3.18.41	1
562	23	566	MEGAN	BRUNSDON	RUN4C	F	31	SF	3.28.41	1
<b>HELPERS RUN</b>										
H1	901	999	GRAHAM	ESHMADE	CHARLO	M	44	40-44M	1.34.09	3
H2	902	1195	JACQUES	LEANDER	JBAY	M	38	35-39M	1.37.21	2
H3	904	854	FRANK	PIRON	CHARLO	M	58	55-59M	1.41.55	3
H4	905	919	KELVIN	JOOSTE	CHARLO	M	35	35-39M	1.45.17	2
H5	906	865	DEAN	HOYLE	CHARLO	M	52	50-54M	1.45.40	2
H6	907	858	SHAUN	ATTENBOROUGH	CHARLO	M	53	50-54M	1.45.42	2
H7	908	957	PIERRE	RENSHAW	CHARLO	M	48	45-49M	1.48.05	2
H8	909	937	WARREN	PARIS	CHARLO	M	39	35-39M	1.48.27	2
H9	910	952	THOMAS	MARAIS	CHARLO	M	35	35-39M	1.50.29	1
H10	911	914	ETIENNE	GERBER	CHARLO	M	52	50-54M	1.54.44	2
H11	912	879	DAVID	MASTERTON	CHARLO	M	51	50-54M	1.55.35	2
H12	913	893	HISHAAN	BHANA	CHARLO	M	25	SM	1.56.33	1

POS	RNO	LIC	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
H13	914	948	CINDY	MARAIS	CHARLO	F	44	40-44F	1.58.59	1
H14	915	903	KESVAL	CHETTY	CHARLO	M	57	55-59M	1.59.35	1
H15	916	1666	Julia	Hofart	MADIBA	F	38	35-39F	2.01.13	1
H16	917	875	STEPHAN	ELS	CHARLO	M	44	40-44M	2.03.07	1
H17	918	876	GEORGE	WINSHIP	CHARLO	M	56	55-59M	2.04.02	1
H18	919	934	HERMAN	SCHEEPERS	CHARLO	M	46	45-49M	2.04.36	1
H19	920	883	LINDI	VAN TONDER	CHARLO	F	44	40-44F	2.05.00	1
H20	921	928	ALLISTER	MARRAN	CHARLO	M	46	45-49M	2.08.45	1
H21	922	967	MIKE	BURGER	CHARLO	M	62	60-64M	2.09.25	1
H22	923	723	ALETTA	JOUBERT	CRUSADE	F	60	60-64F	2.10.09	1
H23	924	951	JACKIE	GROBLER	CHARLO	F	46	45-49F	2.10.28	1
H24	925	746	JOHAN	BARNARD	CRUSADE	M	67	65-69M	2.10.53	1
H25	926	881	LISA	HEN-BOISEN	CHARLO	F	48	45-49F	2.13.06	1
H26	927	961	LARA	VAN HEERDEN	CHARLO	F	46	45-49F	2.16.27	1
H27	403	825	SIMON	STRIMLING	MADIBAZ	M	60	60-64M	2.18.36	1
H28	928	923	EVA	CHETTY	CHARLO	F	53	50-54F	2.20.01	1
H29	183	1429	RIKA	TERBLANCHE	NEDBANK	F	44	40-44F	2.21.35	1
H30	1745	745	KATHLEEN	FLANAGAN	CRUSADE	F	36	35-39F	2.22.08	1
H31	42	50	MICHAEL	DEKKER	SAPPE	M	49	45-49M	2.23.36	1
H32	387	455	JODI	PIENAAR	WALMER	M	28	SM	2.24.02	1
H33	929	935	BRENTON	SCHNETLER	CHARLO	M	47	45-49M	2.25.06	1
H34	930	895	CHANTALL	SAUER	CHARLO	F	43	40-44F	2.26.40	1
H35	40	1624	ESTELLE	DE KLERK	MADIBA	F	55	55-59F	2.26.58	1
H36	931	1631	AMANDA	BLIGNAULT	MADIBA	F	62	60-64F	2.26.59	1
H37	932	857	DELWYN	NEL	CHARLO	M	50	50-54M	2.30.03	1
H38	933	969	GARY	KELLEHER	CHARLO	M	64	60-64M	2.30.03	1
H39	934	882	ARMIN	BRANDLE	CHARLO	M	70	70+M	2.30.28	1
H40	935	956	NEELESH	BHANA	CHARLO	M	50	50-54M	2.30.39	1
H41	936	990	KIM	VENTER	CHARLO	F	37	35-39F	2.32.20	1
H42	937	992	PETER	VENTER	CHARLO	M	41	40-44M	2.31.02	1
H43	185	1325	SHANNON	THEOBALD	NEDBANK	F	46	45-49F	2.38.16	1
H44	13	567	DOMINIQUE	BLIGNAULT	RUN4C	M	32	SM	2.38.55	1
H45	94	1417	GENEVIEVE	LAYCOCK	NEDBANK	F	52	50-54F	2.43.16	1
H46	190	1634	TANIA	TRUTER	MADIBA	F	49	45-49F	2.48.30	1
H47	1901	901	EUSENTHA	PILLAY	CHARLO	F	56	55-59F	2.49.10	1
H48	1331	1331	JAN	LE ROUX	NEDBANK	M	62	60-64M	2.52.27	1
H49	938	929	ANUSHA	NAIDU	CHARLO	F	55	55-59F	2.53.29	1
H50	87	1239	YOLANDE	KNOETZE	ELITEAC	F	54	50-54F	2.56.22	1
H51	1902	884	KRISH	PILLAY	CHARLO	M	60	60-64M	2.59.33	1
H52	939	984	BELINDA	BAIN	CHARLO	F	59	55-59F	3.02.10	1
H53	940	917	VICKY	TSOUKNIDAS	CHARLO	F	44	40-44F	3.07.47	1