

SPUR Night Race

Presented by: Eskom Athletics Club

16 March 2022

Misty Creek Spur Ben Fleur Boulevard - Emalahleni

> 17h00 - Entries Start 19h00 - Race starts 4.9KM Fun Run & 10KM (ASA Rules apply)

> > Entry Fee: 4.9KM R40 10KM R60 Temp Licence R40

10KM	Men Runner	Women Runner
1st Open	R500	R500
2 nd Open	R350	R350
3rd Open	R250	R250
1 st 40+	R250	R250
2 nd 40+	R200	R200
1 st 50+	R200	R200
1 st 60+	R200	R200
1 st Junior	R200	R200
1st Walker	R200 Walker	R200 Walker

All Covid-19 protocol will apply



Ben Fleur boulevard





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Misty Creek Spur – Ben Fleur Boulevard 17h00 – Entries Start 19h00 – Race starts

ASA Rules apply:

- ✓ No seconding will be allowed.
- ✓ No earphones or Walkman's allowed.
- √No dogs.
- ✓ Obey traffic officials and race marshals.
- ✓ Athletes for 10km must be 14 years or older on the day of the race.
- √ Races presented according to the rules of ASA & WA.
- ✓ All athletes will participate at their own risk.
- √ Walkers to have a W on their vest and can only qualify for a walker prize
- ✓ Age category ID. tags must be worn according to ASA rules (back and front) &
 it must be clearly displayed for the duration of the event by athletes competing
 for a category prize and not be covered with rain jackets, hydration pack etc.
- ✓ ASA 2022 License No. on the FRONT and back of the vest.
- √ Parking at own Risk.
- VNO TOG BAG AREA.
- √ Temp License at the front on the vest. Tear of slip must be completed.
- ✓ Race number should not cover the valid ASA licence logo.
- ✓ Age category Tags must we warn to compete for a category prize.
- ✓I declare that I run at my own risk and indemnify the organisers, sponsors of any responsibility for injury or loss.
- ✓ Category winners must be present at the prize giving ceremony or make prior
 arrangements to collect the award, failing to do so the athlete will forfeit
 his/her prize money.
- ✓ Cut-off time: 01:50 hours

Contact Details:

Paul - 082 966 7767

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