

Dullstroom Attitude @ Altitude 3 in 1 to all catergory winners

SATURDAY 4 DECEMBER 2021

## EVENT DETAILS

Start / Finish Point:

Epilepsy Hall, Beelaerts Street, Dullstroom Out and back route.

21.1 km Start at: 6:00 (3 hour cut-off time) 10 km Start at: 6:00 (2 hour cut-off time)

4.9km Start at: 6:30

ENTRY FEE

**21km** 

R120

10km

**R80** 

4.9km

**R50** 

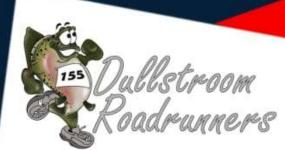
TEMPORARY LICENCE R40 COVID RULES APPLY NO MASK, NO ENTRY

Online entry only. Entries close 21 November 2021 www.entrygeek.com

Race Enquiries:

Organiser: Monique Murray: 060 977 2771 dullstroomroadrunners@gmail.com

Main Sponsor: New Communications



## PRIZE MONEY

Male and Female

21km			10km		
1st Open	R800	R800	1st Open	R500	R500
2nd Open	R500	R500	2nd Open	R400	R400
3rd Open	R400	R400	3rd Open	R300	R300
1st Junior	R350	R350	1st Junior	R250	R250
2nd Junior	R250	R250	2nd Junior	R150	R150
40+ 1st	R250	R250	40+ 1st	R150	R150
50+ 1st	R250	R250	50+ 1st	R150	R150
60+ 1st	R250	R250	60+ 1st	R150	R150
1st Walker	R200	R200	1st Walker	R100	R100

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## ASA Rules apply:

- REFEREES' DECISION IS FINAL
- . Obey all Traffic Officials and Race Marshals.
- · All Covid-19 protocols need to be adhered to.
- The race will be run according to the rules of ASA, WA & AMPU House rules.
- No seconding will be allowed. No pacing of any kind.
- Ages: Atheletes for 10km myst be 14 years or older on the day of the race.
- . Proof of age (ID) to be produced upon request on day of race.
- All athletes will participate at their own risk.
- Registered athletes must wear full club colours.
- 2021 license numbers on the front and back of the vest.
- . Temporary license at the front on the vest.
- Remember to complete the <u>Temporary license tear off slip</u> immediately and hand it back to the organizer.
- Age category ID tags must be <u>clearly displayed for the duration of the event</u> (back and front) by athletes competing for a category prize AND must be fixed on all 4 corners and not be covered by rain jacket or any shirt.
- ASA license numbers must not be covered with any paper race numbers / race bib.
- This is a close competition for runners, walkers with a fix "W" welcome.
- There will be no prize giving. Prize money will be transferred electronically in order to comply with COVID 19 protocols
- Any foreign athlete must have a conformation letter or permit from their Sport federation required under WA Rule 4 from taking part in the event.
- 12% levy on entry fee must be paid over to Athletics Mpumalanga by race organizer.
- No littering, please make use of waste boxes on the route RUN CLEAN
- All participates must take note that photographs might be taken at the event and placed on social media.