



**21km  
10km  
4.9km**

**Dullstroom Attitude @  
Altitude 3 in 1**

**PRIZE MONEY  
to all category  
winners**

**SATURDAY 4 DECEMBER 2021**

## **EVENT DETAILS**

Start / Finish Point:  
Epilepsy Hall , Beelaerts Street, Dullstroom  
Out and back route.

21.1 km Start at: 6:00 (3 hour cut-off time)  
10 km Start at: 6:00 (2 hour cut-off time)  
4.9km Start at : 6:30

### **ENTRY FEE**

**21km**

**R120**

**10km**

**R80**

**4.9km**

**R50**

**TEMPORARY LICENCE R40  
COVID RULES APPLY  
NO MASK, NO ENTRY**

Online entry only. Entries close 21 November 2021  
[www.entrygeek.com](http://www.entrygeek.com)

Race Enquiries:  
Organiser: Monique Murray: 060 977 2771  
[dullstroomroadrunners@gmail.com](mailto:dullstroomroadrunners@gmail.com)

Main Sponsor:  
New Communications



*Dullstroom  
Roadrunners*

# PRIZE MONEY

Male and Female

## 21km

1st Open	R800	R800
2nd Open	R500	R500
3rd Open	R400	R400
1st Junior	R350	R350
2nd Junior	R250	R250
40+ 1st	R250	R250
50+ 1st	R250	R250
60+ 1st	R250	R250
1st Walker	R200	R200

## 10km

1st Open	R500	R500
2nd Open	R400	R400
3rd Open	R300	R300
1st Junior	R250	R250
2nd Junior	R150	R150
40+ 1st	R150	R150
50+ 1st	R150	R150
60+ 1st	R150	R150
1st Walker	R100	R100

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Altitude 3 in 1**

### ASA Rules apply:

- REFEREES' DECISION IS FINAL
- Obey all Traffic Officials and Race Marshals.
- All Covid-19 protocols need to be adhered to.
- The race will be run according to the rules of ASA, WA & AMPU House rules.
- No seconding will be allowed. No pacing of any kind.
- Ages: Athletes for 10km must be 14 years or older on the day of the race.
- Proof of age (ID) to be produced upon request on day of race.
- All athletes will participate at their own risk.
- Registered athletes must wear full club colours.
- 2021 license numbers on the front and back of the vest.
- Temporary license at the front on the vest.
- Remember to complete the Temporary license tear off slip immediately and hand it back to the organizer.
- Age category ID tags must be clearly displayed for the duration of the event (back and front) by athletes competing for a category prize AND must be fixed on all 4 corners and not be covered by rain jacket or any shirt.
- ASA license numbers must not be covered with any paper race numbers /race bib.
- This is a close competition for runners, walkers with a fix "W" welcome.
- There will be no prize giving. Prize money will be transferred electronically in order to comply with COVID19 protocols
- Any foreign athlete must have a conformation letter or permit from their Sport federation required under WA Rule 4 from taking part in the event.
- 12% levy on entry fee must be paid over to Athletics Mpumalanga by race organizer.
- No littering, please make use of waste boxes on the route – RUN CLEAN
- All participants must take note that photographs might be taken at the event and placed on social media.