



KWAZULU NATAL ATHLETICS



PRE-ENTRY ONLY | COVID PROTOCOLS ENFORCED | PRE-ENTRY ONLY | COVID PROTOCOLS ENFORCED

YELLOWWOOD PARK ATHLETIC CLUB

47th YWP STAINBANK CUP 2021

05 DECEMBER 2021

The route will AGAIN go through the beautiful Stainbank Nature Reserve

Distance:	15km run
Start:	Barbet Road, next to YWP Primary
Entry & Finish:	Yellowwood Park Sports Club
Prize Giving:	09h00 sharp
Entrance Fee:	R180,00
Time:	Start at 06h00
Route:	One undulating lap around YWP and partly through the Nature Reserve
Pre-Entry:	www.eventtiming.co.za
Race Results:	www.eventtiming.co.za and www.ywpac.co.za
Medals:	First 500 entrants
Tog Bags:	Facility at entry / finish
Time Limit:	2 ½ hours
Temporary License:	R40,00 if applicable
Seconding:	Pre/post hydration and Covid compliant tables en-route with no personal seconding

GENERAL INSTRUCTIONS:

- The race will be run subject to IAAF, ASA & KZNA rules.
- Pre – entries only and closing date is Wednesday 1st December 2021.
- Temporary licences at R40,00 each will be available online and collected at registration.
- Temporary licences to be worn on the back of a plain vest with no advertising & race number on the front
- Minimum age to enter 15Km Run – 15 years old on race day.
- All entrants must ensure they are medically fit to run and fully understand that they run at their own risk and the organisers will not be held responsible for any injury or illness incurred during or as a result of the race, or for any property lost or damaged on the course or in the changing area.
- Winners of lucky dip prizes must be present to collect their prizes and proof of ID may be required. *All participants must wear club colours and their KZNA approved 2021 provincial licences on front & back of the club vest/crop tops
- New ASA/KZNA age category (60mm to 80mm) & walker tags must be worn on front & back of the club vest and must be clearly visible to qualify for age category prizes – Men & Woman: 35 -39, 40-49, 50-59, 60-69, 70+*Foreign Athletes must comply with IAAF rule 4.2, 22.1 and 142 and ASA rule 9.
- Category winner's must be able to provide proof of age on requested. *Walkers must wear ASA/KZNA New Approved Walker tags on front & back of the club vest/crop top and must be clearly visible.
- Athletes MUST obey Marshalls, Technical Officials, and traffic officers.

DIRECTIONS: (GPS 29 55'22"S – 30 56'26"E)

- Going south bound proceed along Southern freeway. Take Jacobs /Clairwood / Montclair (Exit 6) turn –off. Turn right go under the freeway to South Coast Road. Turn left and proceed About 2Km. Turn 1st right into Kenyon Howden Road, go up Kenyon Howden Road and keep going straight, over the outer ring road and into Yellowwood Park where marshalls will direct you.
- Alternatively, proceeding southbound on the N2 outer-ring road take the glide off into Higginson Highway and turn left. Heading down Higginson Highway for about 2Km turn left into South Coast Road. Proceed for 2Km and turn left into Kenyon Howden Road (refer to above).

IMPORTANT INFORMATION

- Enter early to avoid disappointment, 1st 500 entries will secure a race Medal.
- Enter on-line: www.ywpac.co.za Or www.eventtiming.co.za/YWP (credit card and EFT payment options available).
- Pre- Entry Chips MUST be collected at YWPAC on Saturday 4th December 2021 from 11h00 to 17h00 and Sunday 5th December 2021 – 05h00 to 06h00.

PRIZE MONEY

Men & Ladies	15km Run	15km Run	15km Run	15km Run	15km Run	15km Run	15km Run
AGE GROUPS	Open	35-39	40-49	50-59	60-69	70+	19yrs + under
1st	R600	R250	R250	R250	R250	R250	R250
2nd	R400	R 200	R 200	R 200	R 200		R 200
3rd	R250	R150	R150	R150			



CONTACT DETAILS FOR FURTHER INFORMATION

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