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CENTURY CITY EXPRESS WITH DISCOVERY VITALITY 10KM & 5KM



ENTER ONLINE WWW.TOPEVENTS.CO.ZA | NO ENTRIES ON THE DAY
ONLINE ENTRIES CLOSE: **22 FEBRUARY 2022**

RACE PACK COLLECTION: 4th March 2022 10h00 – 18h00
Sportsmans Warehouse Rondebosch, Tygervalley, Canal Walk, Somerset West

SATURDAY | 5 MARCH 2022 | CENTRAL PARK, CENTURY CITY

10KM EXPRESS | 7:00AM

5KM FUN RUN | 7:30AM

SNR LICENSED: R140 | SNR UNLICENSED: R180

SNR | JNR: R90

JNR LICENSED: R75 | JNR UNLICENSED: R95

NO LICENSE REQUIRED

ENTRY FEE INCLUDES COMPULSORY TIMING CHIP

WWW.CENTURYCITY.CO.ZA | WWW.DISCOVERY.CO.ZA/VITALITY/RUNSERIES

For more information visit www.topevents.co.za to enter online.

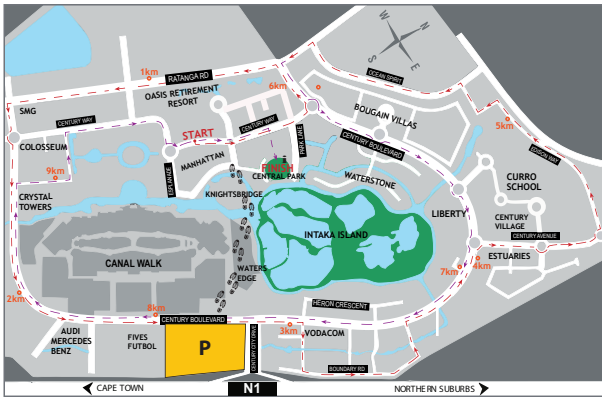
For Discovery Vitality visit www.discovery.co.za/vitality/runseries

This event is held under the rules and regulations of ASA and Western Province Athletics.

RACE RULES



1.) The race is run according to the rules of ASA & WPA. (2.) Runners must obey traffic officers, race marshals, race officials and the COVID-19 Officer at all times. (3.) Nobody under the age of 14 years may participate in the 10 km race. (4.) No personal seconding permitted. (5.) The time limit is 2 hours. (5.) One race number (bib) will be issued. Registered athletes must wear their ASA licences on the front and back of their vest. The race number must be worn on the front of the vest, partially covering the ASA licence, so that the ASA licence sponsor remains visible. Temporary licenced runners must wear the race number on the front of their vest and the temporary licence on the back. (7.) Age category tags must be worn (front and back) and visible for the entire race to be eligible for any age category prize including Juniors. (8.) Temporary licenced runners to wear plain clothing, no advertising. (9.) The use of music players with headphones is not allowed and may result in disqualification. (10.) Do not litter. Dispose of any refuse or cups responsibly using the boxes provided or carry them to the finish. Report offenders to the referees. (11.) This is a carry-your-own water event. There will be one water refill station on the route and Coca-Cola and water at the finish area of the event. There will be NO water sachets. (12.) Participants in this event do so at their own risk and release and discharge the organisers, sponsors, provincial and national Athletics bodies and all persons assisting in staging the event from any responsibility, liability or costs relating to any injury, loss or damage of whatever nature, however caused, arising directly or indirectly from their participation in the event. (13.) Detailed rules are available on www.wpa.org.za or on request from the organisers or the WPA office. (14.) Wheelchair athletes must please contact the organisers timeously to discuss arrangements for their participation.



THE CENTURY CITY EXPRESS FORMS PART OF THE **DISCOVERY VITALITY RUN SERIES**

EARN UP TO **300 POINTS** FOR ENTERING AND COMPLETING THE **5KM**, AND

UP TO **600 POINTS** FOR ENTERING AND COMPLETING THE **10KM**

COMPLETE ALL RACES IN THE SERIES FOR ADDITIONAL POINTS AND PRIZES!

FOR MORE INFORMATION PLEASE VISIT www.discovery.co.za/vitality/runseries

GENERAL ENQUIRIES:

For more information about, please contact **Top Events** on info@topevents.co.za or visit their website www.topevents.co.za

PRIZE MONEY

10KM MALE AND FEMALE			
	1st	2nd	3rd
JUNIOR	R700	R500 CANAL WALK VOUCHER	R300 CANAL WALK VOUCHER
OPEN	R10 000 + R2 000 CANAL WALK VOUCHER	R1 500 + R1 500 CANAL WALK VOUCHER	R1 000 + R1 000 CANAL WALK VOUCHER
40 - 49	R1 500	R800	R600
50 - 59	R1 000	R600	R400
60 - 69	R600	R400 CANAL WALK VOUCHER	R200 CANAL WALK VOUCHER
70+	R500	R300 CANAL WALK VOUCHER	R200 CANAL WALK VOUCHER



FALKE