



ASSEGAAI
MARATHON CLUB

MKHONDO | EST. 1985

23
APRIL
2022

06:00



TWK

ASSEGAAI 3-IN-1

MARATHON

10KM | 21.1KM | 42.2KM

MEDALS TO ALL FINISHERS

ONLINE ENTRIES www.entryninja.co.za (Race run in accordance to ASA rules & regulations)

CONTACT PERSON Anne Nieuwenhuizen - 082 440 2294

START 06:00 staggered start according to athletes' self seeding

VENUE Piet Retief Rugby Club, Tosen Street

FEES	Distance:	Online:	Late entry:
	10km	R70	R100
	21km	R120	R150
	42km	R170	R200

Entries on the day Strictly 04:30 - 05:30

No entries will be accommodated after this time

FREE ENTRY FOR 60+ | TEMP LICENSES R40

OFFICIAL TIMING WILL BE DONE BY **BoutTime** www.bouttime.co.za

No Mask / No Entry / Please adhere to Covid regulations on the day!

QUALIFIER for:



 **ASSEGAAIMC**

 **ASSEGAAIMARATHONCLUB**



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POSITION	10KM	21.1KM	42.2KM
1 st Male & Female	R500	R750	R1500
2 nd Male & Female	R250	R500	R750
3 rd Male & Female	R150	R250	R500
1 st Junior Male & Female	R200	R300	
1 st 40+ Male & Female	R200	R300	R500
1 st 50+ Male & Female	R200	R300	R500
1 st 60+ Male & Female	R200	R300	R500

Cut off time:12:00

REFEREES DECISION IS FINAL

Obey all Traffic Officials and Race Marshals. The race will be run according to the rules of the WA and ASA. No seconding will be allowed.

Ages:

Athletes for 10km must be 14 years or older on the day of the race.

Athletes for 21km must be 16 years or older on the day of the race.

Athletes for 42km must be 20 years or older on the day of the race.

Proof of age (ID) to be produced upon request on day of race.

All athletes will participate at their own risk. Registered athletes must wear full club colours, 2022 license number.

Temporary license at the back of the vest and race number in front. The event number must not cover the ASA sponsor.

Age category ID tags must be worn (back and front) by athletes competing for category prize AND must be fixed on the vest (all 4 corners).

No earphones allowed during the race.