



# VALENTINE'S NIGHT RACE



10 KM: R60 - START: 19:00 - CUT-OFF: 21:00  
2 KM FUN RUN: R20 - START: 19:05  
TEMPORARY LICENCE: R40  
60+: 50% DISCOUNT

ENTRIES OPEN ON RACE DAY FROM  
17:00 AT SASOL RECREATION CLUB,  
NELSON MANDELA DRIVE, SECUNDA

JOLENE CARSTENS  
079 49 44886  
CHARMAINE NEL  
072 125 8919



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FEBRUARY  
2022

## MENS & LADIES PRIZE MONEY

1ST JUNIOR  
1ST OPEN  
2ND OPEN  
3RD OPEN  
1ST 40+  
2ND 40+  
1ST 50+  
2ND 50+  
1ST 60+



PRIZE  
R200.00  
R250.00  
R250.00  
R150.00  
R250.00  
R250.00  
R250.00  
R150.00  
R200.00

## REFEREES' DECISION IS FINAL

THIS IS NOT A TIMED EVENT. OBEY ALL INSTRUCTIONS FROM TRAFFIC OFFICIALS AND RACE MARSHALS. THE RACE WILL BE RUN ACCORDING TO THE RULES OF ASA, WA & AMP, AMPU HOUSE RULES. NO SECONDING AND PACING WILL BE ALLOWED. ATHLETES PARTAKING IN THE 10KM MUST BE 14 YEARS OR OLDER ON THE DAY OF THE RACE. PROOF OF IDENTITY (ID) MUST BE PRODUCED UPON REQUEST ON THE DAY OF THE RACE. ALL ATHLETES WILL PARTICIPATE AT THEIR OWN RISK. REGISTERED ATHLETES MUST WEAR FULL CLUB COLOURS WITH LICENSE NUMBERS DISPLAYED ON THE FRONT AND BACK OF THE VEST. TEMPORARY LICENSES MUST BE WORN AT THE FRONT OF THE VEST. PLEASE REMEMBER TO COMPLETE THE TEMPORARY LICENSE TEAR OFF SLIP IMMEDIATELY AFTER PURCHASE AND HAND BACK TO THE ORGANISERS AT REGISTRATION. WHEN COMPETING FOR AGE CATEGORY PRIZES, THE AGE CATEGORY ID TAGS MUST BE CLEARLY DISPLAYED AND FIXED ON ALL FOUR CORNERS (AT THE BACK AND FRONT OF THE VEST) FOR THE DURATION OF THE EVENT. THE TAG MUST NOT BE COVERED BY ANY RAIN JACKETS OR SHIRTS. ASA LICENSE NUMBERS MUST NOT BE COVERED WITH ANY PAPER RACE NUMBERS OR RACE BIB. THIS IS A CLOSED COMPETITION FOR RUNNERS AND WALKERS. WALKERS ARE TO WEAR 'W' TAG TO BE ELIGIBLE FOR A PRICE CATEGORY. WINNERS MUST BE PRESENT AT THE PRIZE GIVING CEREMONY OR MAKE THE NECESSARY ARRANGEMENTS TO COLLECT THE AWARD ON THEIR BEHALF. FAILING TO DO SO, THE ATHLETE WILL FORFEIT HIS/HER PRIZE MONEY. FOREIGN ATHLETES MUST HAVE A CONFIRMATION LETTER OR PERMIT FROM THEIR SPORTS FEDERATION, AS REQUIRED UNDER IAAF RULE, FOR TAKING PART IN THE EVENT. NO LITTERING ALONG THE ROUTE. PLEASE MAKE USE OF THE BINS PROVIDED # RUN CLEAN. ALL PARTICIPANTS MUST TAKE NOTE THAT PHOTOGRAPHS MAY BE TAKEN AT THE EVENT AND PLACED ON SOCIAL MEDIA. THE USE OF EARPHONES DURING THE RACE IS NOT ALLOWED AND WILL LEAD TO DISQUALIFICATION. STRICT COVID REGULATIONS WILL BE APPLIED. WEARING OF MASK IS COMPULSORY. SANITIZE AND SOCIAL DISTANCING APPLY.