



AECI[®]

**PROUDLY
PRESENTS THE
43RD MIELIE
MARATHON**



Event manager: Pedrie Erasmus 083 478 3886
Technical Manager: Annelize Strydom 082 820 9641
Safety Manager: Johan Cronje 083 262 5750

PRE ENTRIES ONLY:
www.finishtime.co.za / www.webtickets.co.za
Facebook: goudveld multisport
Email direct entries: goudveldmultisport@yahoo.com

SATURDAY 26 FEBRUARY 2022

42,2KM 05:30 PRE-ENTRIES R180 FS CHAMPIONSHIPS	21,1KM 06:00 PRE-ENTRIES R150	10KM 06:00 PRE-ENTRIES R120	5KM 07:00 ENTRIES on 25 FEB 17:00 - 20:00 R50 COLOUR RUN
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**WALKERS
WELCOME
10KM & 21,1KM**

**TEMPORARY LICENSE
AVAILABLE @ R70**

**COVID 19
PROTOCOLS
MUST BE ADHERE
TO A BUFF OR
MASK MUST BE
WORN AT
START &
FINISH AREA**



**START & FINISH AT
TECHNICAL HIGH SCHOOL
SPORTS GROUND IN
VOLKSROAD, WELKOM**



**RACE HELD ACCORDING TO WA, ASA AND AFS RULES
THE MIELIE MARATHON IS A COMRADES & TWO OCEANS QUALIFIER
GPS CO-ORDINATES: jdd°mm.mmm' (S27 58 508 & 026 44 838)
THE 42,2KM MARATHON IS A QUALIFIER FOR FREE STATE CHAMPIONSHIPS**

General Information - Mielie Marathon

26 FEBRUARY 2022

1. Entry Fee (Pre Entries Only)			9. Medals for all runners / Silver and cut off times:
Marathon 42,2km	R180		Marathon 42,2km 3:00 (6ure) 11H30
Half Marathon 21,1km	R150		Half Marathon 21,1km 1:24 (3ure) 9H00
10km	R120		10km (2ure) 8H00
5km Fun Run (Entries on 25 Feb 17h00 - 20h00)	R50		10. Race registration and Race Packs can be collected at
2. Cut off for Pre Entries - Wednesday, 23 Feb 2022			Technical High School (HTS) Hostel
3. Late Entries will be allowed on 25 Feb 2022			25 Jan from 17:00 - 20:00
from 17h00 - 20h00)			26 Jan from 04:00
4. No late entries on Race Day			11. Race Start times:
5. Temporary licenses available at R70 each			Marathon 42,2km 5:30
for 42,2km, 21,1km & 10km			Half Marathon 21,1km 06:00
6. Start/Finish: Technical High School			10km 06:00
Sport Grounds, Volks Road, Welkom			5km Fun Run 07:00
7. Refreshment stations every 3km			12. Pre Entries:
8. Prize Giving 10:00 -			www.finishtime.co.za
Only Prize Winners Informed by AFS Ref.			Facebook: Goudveld Multi Sport
			Email direct entries to goudveldmultisport@yahoo.com

Rules:

- The race is held under the rules of WA, ASA and AFS
- Athletes indemnify the national, provincial and regional bodies, sponsors and organisers of the race against any or all actions of whatsoever nature, whatever the same may arise out of their participation in the race.
- All athletes participate at their own risk. Athletes acknowledge that by entering the event they are medically fit to participate.
- All athletes must supply the name and contact number of their next of kin on both the race number and entry form.
- Licensed athletes must wear club colours and the 2021/2022 licence number on the back and front of their vest with the race number worn on the front of the vest. Note that the race number may not cover the ASA and sponsor logos at the top of the 2021/2022 license.
- Temporary Licenses will be available for R70 (excluding no 5-license athlete). To be worn in front-(according ASA ruling.)
No insurance coverage on the Temp no.
- No blades, cyclist or mechanically operated devices allowed in the race
- Foreign athletes are to comply with ASA rules. Before entering the race.
- Wheelchair athletes will NOT be permitted to participate
- No animals/pets are allowed to participate
- Minimum age participation 10km -14 years, 21,1km -16 years, 42,2km - 20 years
Distance Fun run/walk Child/ren-under supervision of parent/s /guardian/s -9 years and older
- Prize giving ceremony will take place under strict COVID-19 regulation, winners to provide all informed to race organiser. Prize money to paid per hand at 10h00 on the day of the event. No prize money will be paid if random Drug testing was done on the any distance on the day of the event, up to such time ASA receive the results from the South African Institution for Drug Free Sport (SAIDFS).
- No refunds will be given once an entry is purchased. In the event that the race is cancelled due to reason outside the organisers control. (Option - the race can be converted to a virtual run. In such a case, arrangements will be made for medals to be countered to entrants. Note that this might incur extra postage fees/costs.
- Athletes may not run with another athlete's race number.
- No earphones, iPods and similar devices are allowed, as they are in contravention of NEW WA rule- WA Rule T6.3.2 and will lead to disqualification.
- The race organiser retains the rights to refuse entry and reject persons under the influence of drugs or alcohol, who are disorderly, or engage in inappropriate behaviour, vandalism or evade paying for admission.
- Athletes who participate without buying a race entry will be disqualified, will not be entitled to any benefits associated with the race and will be liable for a double entry fee charge. Runners who allow their race number to be duplicated will be held liable and will face AFS disciplinary with the possibility of a ban.
- Habitual offenders (those who regularly participate without purchasing a race entry) will be called to an AFS disciplinary.
- Littering is not allowed. Athletes are to dispose of any litter in appropriate bins and can be disqualified if they litter.
An AFS Clean RUN.
- Cut off time for the event is hour (per distance for example 3hours (09h00) for 21,1km) Athletes will not be allowed to finish any distance races after the cut off time.
- No late starters will be allowed. That is later than 5 minutes from the group start time.
- Results - made available in 72hours.
- Safe parking available
- Toilet facilities (no dressing or showers to be used)
- Route map - hand out at registration

ALL PARTICIPANTS MUST ADHERE TO THE COVID-19 HEALTH AND SAFETY PROTOCOLS IMPLEMENTED BY ASA, INCLUDING SCREENINGS, SANITISING, COMPLETING OF ONLINE/MANUAL MEDICAL QUESTIONNAIRE, SOCIAL DISTANCING AND THE WEARING OF MASKS. MASKS MAY ONLY BE REMOVED ONCE THE RACE HAS STARTED AND MUST ONCE AGAIN BE WORN AT THE FINISH.

ENQUIRIES:	Bankbesonderhede:
www.finishtime.co.za	Bank: Standard Bank · Cheque Acc: 040168069
Facebook: Goudveld Multi Sport	Branch Code: 055535 · Reference: Name & Mielie Marathon
Event manager: Pedrie Erasmus 083 478 3886	Email proof of payment with name & Mielie Marathon
Emergency no: 083 262 5720	to goudveldmultisport@yahoo.com