2021 YOUTH CHAUENGE & PAINT POT MILE

SATURDAY, 19 JUNE 2021 | NKOWANKOWA STADIUM

GENERAL INFORMATION: Under Strict COVID19 Compliance Requirements

- 1. All rules and conditions of ASA/ LIMA will apply.
- 2. Traffic officers and Marshalls must be obeyed at all times.
- 3. In the event that indemnity is not signed athlete is still liable for whatever happen.
- 4. **Pre entry** CLOSE <u>07 June 2021</u>, entries available at <u>www.entrytime.co.za</u> (**FREE T shirt for the first 200 entries**). **Late entries** take place on Saturday, 19 June 2021at the venue.
- 5. Late entry desk 15km & 5km will close 10 minutes before the race and mile will remain open until the race starts.
- 6. Starting time: 15km race & 5km fun run | 07h00; 1 Mile race | 09h00.
- 7. Entry fee: 15km race R150.00; Mile/fun run R50.00. (Not refundable) *Free entries* above the age of 70+
- 8. PRIZE MONEY
 - 8.1. Events with prize money on offer, will award Open (as prescribed in prize money table) category prize money to both male and female athletes. The events will have the same prize money for male and female athletes.
 - 8.2. Prize money for disabled athletes will only be awarded if there are three athletes racing in the same specification category.

Prize	1 st	2 nd	3 rd	4 th	5 th	1 st	2^{nd}	1 st	1 st	1 st	2^{nd}	1^{st}	1 st	1 st
Category	Open	Open	Open	Open	Open	40-49	40-49	50-59	60 +	Junior	Junior	U/10	U/11-12	U/13
15km	R800	R550	R400	R300	R250	R400	R250	R300	R300	R400	R250			
Mile	R300					R200		R200		R200		R150	R150	R150

- 9. Minimum age: 15km race 15 years; Mile/fun run 9 years. No athlete under the age will be allowed to participate.
- 10. Numerical age group tags must be display front and back on the running vest.
- 11. Walkers are welcome but will be treated as "Slow runners" No walker prizes.
- 12. All licensed athletes must wear a valid license numbers in front and at the back of the vest.
- 13. Temporary licensed athletes must wear temporary license numbers at the back of the vest. Temporary licenses will available at R30.00 each.
- 14. Entrants in all races must wear acceptable athletics clothes. Official race numbers must be displayed on front of the vest.
- 15. Water point in every ±3km. Medical support will be available.
- 16. Draw & official price giving will take place after the race. Winners must attend the prize giving, proof of age for price winners may be required. Prices will be withheld until confirmed.
- 17. The school with most entries will qualify for prize.
- 18. Appeals must be lodge with the organizers within 30 minutes of the finish of the race together with the compulsory fee of R400.00.

PAYMENT DETAILS

Bank Name: NEDBANK Account Number: 2010676955

Account Name: NKOWANKOWA ATHLETICS CLUB Code: 141949 Ref: Name & Surname

PARKING, TOILETS & REFRESHMENTS AVAILABLE

ALL ENQUIRIES:

Lillian @ 082 680 7009| Conride @ 082 736 1361| Sam @ 084 592 9825

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